

Topic: *The Omnivore's Dilemma: What's on Your Plate?*
Facilitator: Carol Helstosky
Sessions: Tuesdays, January 20, 27, 2009
Time: 7-9 p.m.
Cost: \$55 per person for both sessions

In his book, *The Omnivore's Dilemma*, Michael Pollan examines the origins of three meals, traces the history of the modern food industry in the United States, and argues for understanding the moral relevance of our food choices today. As evidenced by the booming organic food industry and broad interest in local farming and food production, Americans are increasingly interested in where their food comes from and how it is produced. For many Americans, then, food consumption becomes a moral action, as well as a personal one. This Salon will discuss Pollan's book and the history of food consumption as a 'moral' act by examining the ways in which different populations (religious, health reform movements, vegetarians) have thought about the moral implications of food choice.

Carol Helstosky, PhD, is an Associate Professor in the Department of History. She is the author of *Garlic and Oil: Food and Politics in Italy*; *Pizza: A Global History*; and the forthcoming *Food Culture in the Mediterranean*. At DU, she teaches courses in modern European cultural history, as well as the history of food.