

# MAXIMILLIAN WACHTEL, PH.D.

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3865 CHERRY CREEK NORTH DRIVE, STE 170 • DENVER, CO 80209

## EDUCATION

### **Doctor of Philosophy Degree**

August, 2001, University of Denver, Denver, CO

Major: Counseling Psychology

Honors: 1999 GSAC Outstanding Student

*Areas of Interest:* Group Psychotherapy, Psychological Testing, Multicultural Issues

*Dissertation Title:* Group Co-Therapist Relationship Development Training: Effects on The Co-Therapist Relationship.

### **Master of Arts Degree**

August, 1997, University of Denver, Denver, CO

Major: Counseling Psychology

### **Bachelor of Arts Degree**

May, 1995, Trinity University, San Antonio, TX

Majors: Psychology and Religious Studies

Honors: Cum Laude, Peter Keiwitt Scholar, Psi Chi Honor Fraternity

## CREENTIALS

Licensed Psychologist in Colorado (License # PSY2832)

## PROFESSIONAL EXPERIENCE

01/2004 to present

### **Private Practitioner**

3865 Cherry Creek North Drive, Ste 170, Denver, CO 80209

Provide individual therapy, supervision and consultation to clients.

Conduct psychological and neuropsychological assessments by referral. Populations: Depression, Bipolar Disorder,

Severe/Persistent Mental Illness, Disabled, Cognitive Impairments, Couples, Personality Disorders.

09/2001 to present

### **Adjunct Faculty**

University of Denver

Develop curriculum and teach Cognitive Assessment course for doctoral students in counseling psychology program. Teach

Introduction to Group Theory and Practice. Teach Field

Placement Class. Supervise students in field placement.

Supervisor: Maria Riva, Ph.D.

10/2002 to 06/2004

### **Program Manager, Adult Outpatient and Access Services**

The Mental Health Center of Denver

Managed the largest adult outpatient clinic in the Rocky Mountain

Region (750 clients, 25 staff). Supervised the single-point-of-entry call center for MHCD (7 staff). Consulted on the clinical work of homeless shelter outreach workers. Supervised 17 clinical staff in their work with clients who were disabled and/or severely and persistently mentally ill. Supervised neuropsychological testing. Managed a combined budget of \$2 million. Created a comprehensive Group Therapy Training program. Conducted and supervised forensic assessments (appropriateness for outpatient treatment). Managed the intake procedure for clients covered under a \$15 million/year class action lawsuit.  
Supervisors: Terri Hamblen, LCSW and William Milnor, MA

09/2001 to 10/2001

**Contractor to Qwest Communications**

Short-Term Contractor

Created mentorship program for new hires. Developed training materials for new engineering employees.

Supervisor: Ryan Henley

09/2000 to 09/2001

**Predoctoral Intern**

Denver Health Medical Center

Provided individual counseling to substance abusing clients through a methadone maintenance program. Conducted HIV Harm Reduction Group. Conducted psychological and neuropsychological assessment of HIV positive clients. Conducted evaluations of acutely mentally ill patients through a psychiatric emergency room. Participated on a multidisciplinary treatment team for substance abusing clients. Conducted therapy with a wide range of client diagnoses.

Supervisors: Dr. Jerry Carpenter, Psy.D., Dr. Renee Atwell, Psy.D.

09/1999 to 09/2000

**Therapist/Intern, Denver VA Hospital**

Provided individual counseling to clients living with chronic pain, clients with spinal cord injuries, and clients interested in smoking cessation. Conducted assessments of chronic pain management by clients. Assessments included several pain-specific instruments, the Personality Assessment Inventory, and the Beck Depression Inventory. Presented client cases to a multidisciplinary pain team and provided recommendations for treatment and pain management. Provided psychological assessment as part of a multidisciplinary team that assessed the overall health and well-being of clients with spinal cord injuries.

Supervisor: Dr. Michael Craine, Ph.D.

06/1999 to 09/2000

**VA Summer Traineeship/Practicum**

Denver Veterans Administration Hospital

Provided individual counseling to clients with chronic pain, spinal cord injuries, and for smoking cessation. Conducted assessments of chronic pain management by clients. These assessments included several pain-specific instruments, the Personality Assessment Inventory, and the Beck Depression Inventory. Presented assessment results to a multidisciplinary pain team and provided recommendations for treatment and pain management.

Supervisor: Dr. Michael Craine, Ph.D.

01/1998 to 08/1998

**Program Administrator**

University of Denver Counseling Clinic

Scheduled appointments for clients. Conducted initial phone screening interview sessions with prospective clients, which involved screening for presenting problem, suicidality, and mode of treatment needed. Conducted individual and family counseling. Participated in a supervision team, providing feedback to student-therapists. Coordinated counselor schedules.

Supervisor: Dr. Bobbi Vollmer, Ph.D.

08/1998 to 06/1999

**Therapist/Intern/Drug and Alcohol Specialist**

University of Denver Counseling and Consultation Center

Provided individual counseling to clients suffering from depression, adjustment difficulties, problems with drugs and/or alcohol and interpersonal relationship difficulties. Crisis intervention with suicidal clients. Provided couples counseling. Developed treatment plans for all clients. Conducted intake interviews and assigned DSM-IV and ICD-9 diagnoses. Performed drug and alcohol abuse/dependence assessments. Provided consultation services to library staff and residence halls staff. Taught drug and alcohol remediation classes.

Supervisors: Mr. Lee Hockman, B.S., Dr. Jenny Cornish, Ph.D.

03/1997 to 09/1997

**Student Therapist**

University of Denver Counseling Clinic

Conducted individual counseling with several different types of clients including those with depression and adjustment difficulties. Provided marriage and family counseling to several couples and families. Provided career counseling to several University of Denver students, including interpretation of the Myers-Briggs Type Indicator and the Campbell Interest and Skills Survey. Participated in peer supervision. Created treatment plans and goals with all clients.

Supervisor: Dr. Bobbi Vollmer, Ph.D.

11/1996 to 09/1997

**Therapist/Intern**

Adams County Adolescent Day Treatment

Provided individual counseling to adolescents ages 11-18 surrounding behavioral issues, depression, bipolar disorder, ADHD, conduct disorder and oppositional defiant disorder. Created treatment plans for all clients. Co-led relational process groups and music therapy groups. Provided family counseling. Supervised in-school-suspension unit, and supervised classroom activities.

Supervisor: Ms. Cindy Rosa, M.A., L.P.C.

09/1996 to 09/2000

**Graduate Research Assistant**

Department of Educational Leadership and Policy Studies, College of Education, University of Denver

Headed a team that created a comprehensive assessment plan for the Department of Educational Leadership and Policy Studies. Developed the data collection and analysis procedures, both quantitative and qualitative, for the assessment of this department.

Conducted literature searches. Coordinated student registration for the Department's School Principal Licensure Program. Responsible for textbook ordering for faculty, and served as a liaison between students and faculty. Created biannual newsletter that was sent to alumni of this department.

Supervisor: Dr. Richard Laughlin, Ph.D.

## PRESENTATIONS AND PUBLICATIONS

Riva, M., & Wachtel, M.A. (2005). Field studies: A focus on group research. In Wheelan, S. (ed.) Handbook of Group Research and Practice, Thousand Oaks, CA: Sage.

Milnor, W., Wachtel, M.A., Price, J., Drucker, K. (2004, October). Group Therapist Training with the Severely and Persistently Mentally Ill Population. Paper presented at the Colorado Behavioral Healthcare Council Annual Conference, Keystone, CO.

Riva, M., Wachtel, M.A., & Lasky, G.B. (2004). Effective leadership in group counseling and psychotherapy. In DeLucia-Waack, J.L., Gerrity, D.A., Kalodner, C.R., & Riva, M.T. (eds.) Handbook of Group Counseling and Psychotherapy, Thousand Oaks, CA: Sage, pp. 37-48.

Wachtel, M.A. (2003, September). Quality Leadership: How to Effectively Manage, Motivate and Encourage Employees in Trying Times. Paper presented at the Colorado Behavioral Healthcare Council Annual Conference, Breckenridge, CO.

Wachtel, M.A. (2001, August). Supervision of Group Co-Therapists: A Developmental Approach. Paper presented at the American Psychological Association Annual Conference, San Francisco, CA.

Wachtel, M.A., Riva, M., & Butcher, G. (2000, April). Issues in The Development of The Group Co-Therapy Relationship. Paper presented at the University of Denver College of Education Research Day, Denver, CO.

Riva, M.T., Wachtel, M.A., & Butcher, G. (2000, March). Understanding Group Co-Therapy Relationships: A Developmental Approach. Paper presented at the American Counseling Association Annual Conference, Washington, D.C.

Wachtel, M. A. (1999). The Hill, Fetishes, 4, Denver, CO: University of Colorado Health Sciences Press.

Wachtel, M. A. (1999, May). A Call For Research on Group Co-Therapy. Paper presented at the University of Denver College Of Education Research Day, Denver, CO.

Wachtel, M. A. (1998, May). Teaching an adolescent to verbally express emotions through the use of lyrical improvisation in music therapy. Paper presented at the University of Denver College of Education Research Day, Denver, CO.

Wachtel, M. A. (1998, April). Co-therapist communication: Understanding the nature and practice of self-disclosure between group therapists. Paper presented at the Rocky Mountain Psychological Association Annual Conference, Albuquerque, NM.

Wachtel, M. A. (1997, May). The Test Anxiety Scale for Children: Does it really measure what it claims? Paper presented at the University of Denver College of Education Research Day, Denver, CO.