

## Ruth Chao

### **ADDRESS**

Ammi Hyde Building, 234  
2450 S. Vine St.  
Denver, CO 80208  
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Tel: 303-871-4456

### **EDUCATION**

Ph.D. May 2005

#### **University of Missouri-Columbia (Accredited by the APA)**

Major: Counseling Psychology  
Doctoral Comprehensive Examinations: October, 2002  
Advisor: Glenn E. Good, Ph.D.  
Dissertation: *Counselors' Multicultural Competencies: From Gender and Ethnicity Perspectives* (successfully defended at 4/5/2004)  
Doctoral Internship: Michigan State University Counseling Center (Accredited by the APA)

M.A. Program  
2000

#### **Rollins College**

Major: Counseling Psychology  
Advisor: Alan Dye, Ph.D.

M.S. June 1993

#### **National Chung-cheng University**

Major: Psychology  
Advisor: Hwa-Wei Ko, Ph.D.  
Thesis: Comparing College Students' Writing Process in Chinese and English Composition

B.A. June 1989

#### **National Taiwan University**

Major: Literature

### **EMPLOYMENT**

Assistant Professor (tenure-track), Counseling Psychology, School of Education, University of Denver, Denver, CO 80208, 2007-present.

Assistant Professor (tenure-track), Department of Psychology, Tennessee State University, Nashville, Tennessee, 2005-2007.

### **HONORS AND AWARDS**

*Marquis Who's Who in America*, 2005, 2006, 2007, 2008.

*Marquis Who's Who in American Women*, 2007.

*Marquis International Who's Who*, 2006.

*Manchester Who's Who among Executive and Professional Women in Counseling and Development "Honors Edition,"* 2005/2006

ACCA Research Award on research, "*Multicultural Sensitive Intake Checklist: Development, Factor Analysis, Reliability, and Validity*," awarded by the American College Counseling Association, 2005.

Outstanding Research Award, "*Counselors' Multicultural Counseling Competencies: Race, Training, Ethnic Identity, and Racial Attitudes*," awarded by the American Psychological Association, 2005.

Dressel Distinguished Intern Award, Michigan State University, 2004.

Student Scholarship, awarded at the 21<sup>th</sup> Annual Teachers College Winter Roundtable on Cross-Cultural Psychology and Education. 2004.

Student Scholarship, awarded at the 19<sup>th</sup> Annual Teachers College Winter Roundtable on Cross-Cultural Psychology and Education. 2002.

Superior Graduate Student Award, nominated by faculty, Department of Educational and Counseling Psychology, University of Missouri-Columbia. 2002, 2004.

Outstanding Academic Achievements Award, awarded by The International Center, University of Missouri-Columbia. 2002.

Walter Scott Monroe Research Fellowship, awarded by The College of Education's Financial Awards Committee, University of Missouri-Columbia, 2002-2003.

Honored by the Department of Educational and Counseling Psychology, University of Missouri-Columbia, 2001, 2002.

Honor Society Member, awarded by Psi Chi, The National Honor Society in Psychology, 1997-present.

## **PUBLICATIONS**

**Chao, R.** (2008). *Multicultural competencies in counseling: A statistical exploration*. Verlag Dr. Müller e. K., Germany: Saarbruecken.

**Chao, R.** (2008). *Confucianism*. In T. L. Leong (Ed.), *Encyclopedia of counseling*. Thousand Oaks, CA: Sage.

**Chao, R.** (2008). *Cross-cultural psychology*. In T. L. Leong (Ed.), *Encyclopedia of counseling*. Thousand Oaks, CA: Sage.

- Chao, R.** (2008). *Loss of face*. In T. L. Leong (Ed.), *Encyclopedia of counseling*. Thousand Oaks, CA: Sage.
- Chao, R.** (2006). Counselors' multicultural competencies: Race, training, ethnic identity, and color-blind racial attitudes. In G. R. Waltz and R. Yep (Eds.), *VISTAS: Perspectives on counseling 2006* (pp. 73-76). Alexandria, VA: American Counseling Association.
- Chao, R.** (2006). Ethnic minority clients' perceptions of racism in presenting problems. In *VISTAS 2006 On-Line Library*. Retrieved March 24, 2006, from <http://counselingoutfitters.com/Chao.htm>
- Chao, R.,** Metcalfe, W. E., Leuck, W. C., & Petersen, S. (2005). Clients' perceptions of mental health services. In G. R. Waltz and R. Yep (Eds.), *VISTAS: Compelling perspectives on counseling 2005* (pp. 291-294). Alexandria, VA: American Counseling Association.
- Chao, R.** (2004). Going through cultural barriers in counseling. In S. Anderson and V. Middleton (Eds.), *Explorations in privilege, oppression, and diversity* (pp. 165-169). Belmont, CA: Thomas Brooks/Cole.
- Chao, R.** (2004). Non-traditional students on counseling needs. In G. R. Waltz and R. Yep (Eds.), *VISTAS: Perspectives on Counseling 2004* (pp. 163-174). Alexandria, VA: American Counseling Association.
- Chao, R.,** & Good, G. E. (2004). Non-traditional students' perspectives on college education. *Journal of College Counseling, 7*, 5-12.
- Chao, R.** (under review). *Listen to clients' voices: Toward a holistic therapeutic environment*. Manuscript submitted for publication.

### **REVIEWS**

- Chao, R.** (2003). Rethinking fragmentation and diversity in psychology. *American Psychologist, 58*, 824-825.
- Chao, R.** (2002). Toward an integrative curriculum. *American Psychologist, 57*, 451-452.
- Chao, R.** (2002). Seeing the forest and seeing the trees in psychology. *American Psychologist, 57*, 1128-1129.
- Chao, R.** (2001). Integrating culture and attachment. *American Psychologist, 56*, 822-823.

### **GRANTS**

American Psychological Foundation Grant on “*Multiculturally Sensitive Mental Health*

*Checklist*,” 2007. Amount of Funded Grant: \$1,500.00.

Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions (ProDIGs), “*Multiculturally Sensitive Mental Health Checklist: Development, Factor Analysis, Reliability, and Validity*,” awarded by the American Psychological Association, 2006. Amount of Funded Grant: \$6,000.00.

NIDA/NIH Training Grant, 2006. Substance Abuse, Criminal Justice, and HIV in African Americans: Research Development Workshop. Amount of Funded Grant: \$2000.00

Association of College Association Grant on “*Culturally Sensitive Intake Checklist*,” 2005. Amount of Funded Grant: \$1000.00

Emerging Leader Grants, awarded at the American College Counseling Association, 2004. Amount of Funded Grant: \$1000.00

Travel Award, awarded by The Center for Multicultural Research, Training, and Consultation at the University of Missouri-Columbia. 2002. Amount of Funded Grant: \$2000.00

### **REFERRED CONFERENCE PRESENTATIONS** (\*Student co-author)

#### 2007

**Chao, R.**, \*Heiner, M., \*Hill, S., & \*Stevens, F. L. (2007, August). *Development of multicultural sensitive mental health checklist*. Poster presented at the meeting of the American Psychological Association, San Francisco, California.

\*Hill, S., \*Stevens, F. L., & \*Heiner, M., & **Chao, R.** (2007, August). *Is coping helpful? Functional and dysfunctional coping in mental health*. Poster presented at the meeting of the American Psychological Association, San Francisco, California.

\*Stevens, F. L., \*Hill, S., & \*Heiner, M., & **Chao, R.** (2007, August). *Social support, dysfunctional coping, and well-being in psychological distress*. Poster presented at the meeting of the American Psychological Association, San Francisco, California.

\*Stevens, F. L., \*Hill, S., & \*Heiner, M., & **Chao, R.** (2007, August). *Social support, coping, and mental health: Well-being as a mediator*. Poster presented at the meeting of the American Psychological Association, San Francisco, California.

#### 2006

**Chao, R.** (2006, April). *Multicultural sensitive intake checklist: Development, factor analysis, reliability, and validity*. ACA/CCA Education Sessions. American Counseling Association, Montreal, Canada.

- Chao, R.** (2006, April). *Relationship between ethnic minority clients' racism-related stress and presenting problems*. ACA/CCA Education Sessions. American Counseling Association, Montreal, Canada.
- Chao, R.** (2006, August). *Learning from rejections: Advice from reviewers and editor*. Symposium conducted at the meeting of the American Psychological Association, New Orleans, Louisiana.
- Chao, R.** (2006, August). *White trainee's multicultural competence: Sex-role, ethnic identity, and color-blindness*. Poster presented at the meeting of the American Psychological Association, New Orleans, Louisiana.

#### 2005

- Chao, R.** (2005, April). *Clients' perspectives on counselors' interventions and therapeutic environment*. Poster session presented at the meeting of the American Counseling Association, Atlanta, Georgia.
- Chao, R.** (2005, August). *Counselors' multicultural competence: Race, training, racial identity, and color-blind racial attitudes*. Poster session presented at the meeting of the 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, D. C.
- Chao, R., Shen, Y. P., & Albraham, S.** (2005, April). *How truly multicultural are we? – Rethinking multiculturalism from minority perspective*. Poster session presented at the meeting of the American Counseling Association, Atlanta, Georgia.

#### 2004

- Chao, R.** (2004, February). *Listening to clients' voices: Toward a culturally competent therapeutic environment*. Poster session presented at the meeting of the 21<sup>th</sup> Annual Teachers College Winter Roundtable, New York, New York.
- Chao, R.** (2004, March). *Gender and smoking: A Qualitative study*. Poster session presented at the meeting of the Society of Behavioral Medicine's 25<sup>th</sup> Anniversary Annual Meeting, Baltimore, Maryland.
- Chao, R.** (2004, April). *Adult students' perspectives on counseling and education*. Poster session presented at the meeting of the American Counseling Association, Kansas City, Missouri.
- Chao, R.** (2004, August). *Minority clients' perspectives on multicultural competence*. Poster session presented at the meeting of the 112<sup>th</sup> Annual Convention of the American Psychological Association, Hawaii, USA.
- Chao, R., Guerreta, R. Brathwaite, A., & Thomson, D.** (2004, April). Revisiting counselors' multicultural awareness and competence. In R. Chao (Chair), *Counselors' multicultural self-awareness: A way to client advocacy*. Symposium

conducted at the meeting of the American Counseling Association, Kansas City, Missouri.

**Chao, R.,** Metcalfe, W. E. (2004, August). *Toward a holistic therapeutic environment: Exploring clients' satisfaction*. Poster session presented at the meeting of the 112<sup>th</sup> Annual Convention of the American Psychological Association, Hawaii, USA.

### 2003

**Chao, R.** (2003, August). *Re-thinking non-traditional college students' counseling needs*. Poster session presented at the meeting of the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Canada.

**Chao, R.** (2003, August). *Toward a successful experience at graduate school*. Poster session presented at the meeting of the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Canada.

**Chao, R.** (2003, April) How ethical is contemporary "multicultural training"? In A. Brathwaite (Chair), *Knowing that and knowing how: Four current doctoral students talk about multicultural knowledge and training*. Symposium conducted at the meeting of the Celebrating 50 Years of APA Accreditation in Counseling Psychology, Columbia, Missouri.

**Chao, R.,** Harris, K. J. (2003, March). *College smokers' perspectives on smoking and cessation: A qualitative research*. Poster session presented at the meeting of the the 24<sup>th</sup> Annual Meeting of Society of Behavioral Medicine, Salt Lake City, Utah.

**Chao, R.,** Harris, K. J., & Ahluwalia, J. S. (2003, February). *A qualitative analysis of college students' smoking: Perceptions of advantages and disadvantages*. Poster session presented at the meeting of the Society of Research on Nicotine and Tobacco, New Orleans, Louisiana.

Lapan, R. **Chao, R.** & Williams, T. (2002, May). *Preparing rural adolescents for post-high school transition*. Paper presented at the meeting of the American Educational Resources Association, New Orleans, Louisiana.

### 2002

**Chao, R.** (2002, February). Historical review of multiculturalism. In M. Loewy (Chair), *New opportunities for advanced multicultural counseling psychology competence: Report on the center for multicultural research, training, and consultation at the University of Missouri-Columbia*. Symposium conducted at the meeting of the 19th Annual Teachers College Winter Roundtable, February 22 and 23, 2002.

**Chao, R.** (2002, February). *Racial identity development in minority counselors: Do we have one?* Poster session presented at the meeting of the 19th Annual Teachers College Winter Roundtable, New York, New York.

2001

**Chao, R.** (2001, April). *Women's roles: Historical review and future charting*. Paper presented at the meeting of the Great Lakes Conference, Akron, Ohio.

### **TEACHING EXPERIENCE**

Assistant professor, Counseling Psychology, School of Education, University of Denver

- Courses offered
  - Diversity: Multicultural Counseling Psychology Issues
  - Psychopathology
  - Beginning Practicum

Assistant professor, Department of Psychology, Tennessee State University

- Courses offered
  - Assessment and Measurement
  - Qualitative Research Method
  - Practicum
  - Pre-Practicum
  - Counseling Theories

Co-instructor, Department of Counseling Psychology, Michigan State University, 2004

- Course: CEP963 Ethics in Counseling Psychology
- Course instructor: Ruth Chao, M.S., and Tawa Sina, Ph.D.
- Responsibilities: developing course syllable, conducting class lecture, facilitating class discussion, grading six (6) reaction papers (5 pages each), grading a term paper (25 pages), and developing exam questions.
- Students' comments: "well-organized," "clear," "balanced viewpoint," "supportive," "humorous," "straightforward in teaching," "with rich and thought-provoking discussion," "resourceful," "reflective and professionally engaging instruction," and "outstanding."

Graduate Teaching Assistant, Department of Educational and Counseling Psychology, University of Missouri-Columbia, 2001-2003

- Course: A425 Practicum
- Course instructor: Richard T. Lapan, Ph.D.
- Provided group supervision with Dr. Richard T. Lapan (instructor). Developed counselor's daily portfolio and portfolio review.
- Students' comments: "helpful," "knowledgeable," "innovative," "great job," "supportive," "combining theories and psychotherapy," and "placing students' needs on top priorities."

Project Personal Development Counselor, Center of Distant and Independent Study, MU, 2000

- Counseled at-risk students for distance learning and independent study.
- Supervisor: Richard T. Lapan, Ph.D.

- Students' comments: "efficient," "timely," "insightful," and professional."

### **FINANCIAL FUNDING**

Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions (ProDIGS), "*Multiculturally Sensitive Mental Health Checklist: Development, Factor Analysis, Reliability, and Validity*," awarded by the American Psychological Association, 2006, Amount: \$6,000.00.

Walter Scott Monroe Research Fellowship, awarded by The College of Education's Financial Awards Committee, University of Missouri-Columbia, 2002. Amount: \$750.00.

Travel Award, awarded by The Center for Multicultural Research, Training, and Consultation at the University of Missouri-Columbia. 2002. Amount: \$500.00.

Student Scholarship, awarded at the 19<sup>th</sup> Annual Teachers College Winter Roundtable on Cross-Cultural Psychology and Education. 2002. Amount: \$175.00.

Research Scholarship, awarded by the School of Medicine, University of Kansas-Kansas City, 2003. Amount: \$1000.00.

Professional and Research Development Support, awarded by the Counseling Center, Michigan State University, 2003. Amount: \$500.00.

Student Scholarship, awarded at the 21<sup>th</sup> Annual Teachers College Winter Roundtable on Cross-Cultural Psychology and Education. 2004. Amount: \$250.00.

Graduate Student Conference Registration Grant, American College Counseling Association, 2004. Amount: \$250.00

Dressel Distinguished Intern Award, Michigan State University, 2004. Amount: \$1000.00

ACCA Research Award on "*Multicultural Sensitive Intake Checklist: Development, Factor Analysis, Reliability, and Validity*," American College Counseling Association, 2005. Primary Investigator. Amount: \$500.00

Research Grant on "*Multicultural Sensitive Intake Checklist: Development, Factor Analysis, Reliability, and Validity*," American Psychological Association, 2005. Primary Investigator. Reviewers' comments: "promising and indeed commendable!"

### **PROPOSAL/MANUSCRIPT REVIEW**

*Developmental Psychology* (Ad hoc reviewer)

*Journal of College Counseling*

Active Reviewer, *PsycCRITIQUES*

American Psychological Association Division 45: Society for the Psychological Study of Ethnic Minority Issues, 2004. The 112<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, Hawaii.

American Psychological Association Division 45: Society for the Psychological Study of Ethnic Minority Issues, 2005. The 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, D. C.

American Psychological Association Division 17: Society for the Counseling Psychology, Section on Ethnic and Racial Diversity, 2005. The 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, D. C.

Asian American Psychological Association, 2003. The 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.

Asian American Psychological Association, 2004. The 112<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, Hawaii.

Asian American Psychological Association, 2005. The 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, D.C.

**SERVICES**

Committee Member, Committee on Children, Youth, and Families (CYF) Planning Committee for an Interdisciplinary Conference on Family-School Relations, American Psychological Association, Washington, D.C.

**CLINICAL EXPERIENCE****Clinical Supervisor, Tennessee State University, 2005-present**

- Provide individual and group supervision to doctoral and Master's students in counseling psychology.

**Intern, Counseling Center, Michigan State University, 2003-2004**

- Individual therapy (15-20 sessions/week), psychological diagnosis, I help clients to deal with many different issues of depression, anxiety, eating disorders, adjustment, relationships, and personality disorders.

- Group therapy (one session/week), my co-leader and I happily helped clients on issues in depression (including crisis intervention when necessary), social anxiety, self-esteem, and relationship.
- Career Counseling: facilitating clients to make decisions on career or major in individual and/or group setting.
- Multicultural counseling to clients from Hispanic, African American, Native American, Asian American cultures, and many international students, as well as clients with homosexual orientations.
- Supervising practicum counselors: supervising practicum counselors at Michigan State University. Their feedback told me that I have enhanced their conceptualization skills, intervention capacities, and multicultural sensitivity. Their positive feedback made me enjoy even more my supervision of these practicum counselors.
- Outreach project and workshops: conducted an outreach project toward international students to help them adjust to their new cultural environment in USA. I am also involved in several workshops with graduate and undergraduate students to help them manage their stress to increase productivity.
- Research: In addition to continuing my previous research projects, I have been leading a new research team to evaluate client satisfaction. We have looked at our 5-year data and have had preliminary results. Our proposal has been accepted to be included in the APA 2004 Convention. The reviewers gave us strong positive feedback and encouraged us to publish our results.
- Teaching: I served as co-instructor in a graduate class on professional ethics as part of MSU counseling programs. I enjoy integrating class lectures with discussions to holistically enhance the students' ethical knowledge, awareness, and their applications to concrete counseling cases.

**Therapist, Family Counseling Center, Columbia, Missouri, 2002-2003**

- Provided therapy to individual clients weekly for 6 sessions, presenting problems such as severe depression, anxiety, relationship issues, substance abuse, addiction, verbal and/or physical abuse, trauma, grief and loss, anger management, and family dysfunction. Reviewed notes weekly with supervisor; supervisor provided live supervision in some of my sessions. Conducted intake interview, assessment and diagnosis; wrote intake report, case notes, treatment plan, and case discharge summary. Referred to other services and completed appropriate documentation.
- Provided couple therapy weekly, presenting problems such as communication, anger management, self-control, and parenting skills.
- Provided group therapy weekly for substance abusers.

- Supervisors: Glenn Good, Ph.D. (instructor & supervisor), Louis Krucus, M.A., Licensed Counselor (individual supervisor)
- Client demographics: 7 males & 3 females, ages 19-45, 40% racial or ethnic minority
- Clinical hours: 68 (20 direct, 8 individual supervision, 20 group supervision, 20 support, estimated till 11/1/02)
- For more information about my experiences at this site, please contact Dr. Glenn Good. Tel: (573) 882-3084. E-mail: GoodG@missouri.edu.

**Clinical Supervisor, Educational and Counseling Psychology, University of Missouri-Columbia, 2001-2003**

- Supervised counselors' professional work weekly for 10 sessions. Reviewed counselors' case notes, treatment plans, conceptualization report, and termination reports. Developed high school counselor's work portfolio and review.
- Supervised counselors (within 4 semesters) from four practicum courses: university counseling center practicum, career practicum, high school counseling practicum, and pre-practicum.
- Supervisors: Kathleen Boggs, Ph.D. (instructor and supervisor for my supervising university counseling center practicum), Norman Gysbers, Ph.D. (supervisor of my supervising career counselors), Richard T. Lapan, Ph.D. (supervisor of my supervising high school counselors), Karen Multon, Ph.D. (supervisor of my supervising pre-practicum counselors).
- Supervisee demographics: 4 males & 18 females, ages 23-37, 18% racial or ethnic minority.
- Clinical hours: 973.5 (445.5 direct, 162 individual supervision, 88 group supervision, 278 support).
- For more information about my experiences at this site, please contact Dr. Karen Multon. Tel: (785) 864-3577. E-mail: kmulton@ku.edu. Dr. Norman Gysbers. Tel: (573) 882-6386. E-mail: GysbersN@missouri.edu. Dr. Richard Lapan. Tel: (573) 882-1326. E-mail: LapanR@missouri.edu.

**Therapist, Boone Hospital Center, Columbia, Missouri, 2001-2002**

- Conducted a series of "homework" treatment in group therapy weekly for outpatients, presenting problems such as history of child abuse, severe depression, anxiety, relationship issues, substance abuse, addiction, verbal and/or physical abuse, trauma, grief and loss, PTSD, and family dysfunction. Observed three senior psychologists' therapy for these outpatients. Reported feedback weekly during team meetings. Conducted workshops for psychoeducating outpatients.
- Supervisors: James Straub, Ph.D., Steve Weddle, Ph.D., and Becky DeGraff, Ph.D.
- Outpatient demographics: 8 males & 24 females, ages 17-70, 6.25% racial or minority.
- Clinical hours: 570 (280 direct, 140 supervision, 170 support).

- For more information about my experiences at this site, please contact Dr. Rebecca De Graaf. Tel: (573) 446-5034.

**Counselor, University Counseling Center, University of Missouri-Columbia, 2000-2001**

- Provided therapy to individual clients weekly for 3-6 sessions, presenting problems such as severe depression, anxiety, relationship issues, addiction, verbal and/or physical abuse, trauma, PTSD, anger management, dysfunctional communication, self-image, eating disorders, crisis intervention, and family dysfunction. Reviewed tapes and notes weekly with supervisor. Direct observed intake interview; wrote case notes, treatment plan, and case termination summary. Referred to other services and completed appropriate documentation.
- Supervisors: Karen Multon, Ph.D. (instructor), Roger Worthington, Ph.D. (instructor), Michael Lynch Mastas, Ph.D. (individual supervisor), and Alyson Anderson, Ph.D. (individual supervisor).
- Client demographic: 3 males & 5 females, ages 18-28, 12.5% racial and ethnical minority.
- Clinical hours: 329 (71 direct, 45 individual supervision, 105 group supervision, 63 support, 45 team meeting).
- For more information about my experiences at this site, please contact Dr. Karen Multon. Tel: (573) 882-2086. E-mail: MultonK@missouri.edu.

**Assessment Trainee, Department of Educational and Counseling Psychology, University of Missouri-Columbia, 2001-2002**

- Administered and scored psychological assessments to 7 volunteer clients. Assessments include: TAT, Rorschach, Projective Drawings, MMPI-2, Strong Interest Inventory, WAIS-III, and WMS.
- Supervisors: Karen Multon, Ph.D. (instructor), Rosean Bishop, Ph.D. (instructor), Greg Frisby, Ph.D. (instructor).
- Client demographics: 7 females, ages 18-26.
- Clinical hours: 66 (16 direct, 50 support).
- For more information about my experiences at this site, please contact Dr. Karen Multon. Tel: (785) 864-3577. E-mail: MultonK@missouri.edu.

**Assessment Interviewer, National Depression Screening Day, University of Missouri-Columbia, October, 2000, February, 2001**

- Administered assessment, interview, and screening depression.
- Supervisor: Alyson Anderson, Ph.D.
- Client demographics: 2 males & 7 females, ages 18-24.
- Clinical hours: 4 (2 direct, 1 individual supervision, 1 support).

**Clinical Therapist (Full Time), Good Samaritan Clinic, Chia-yi, Taiwan, 1994-1996.**

- Administered and scored psychological testing to outpatients daily, presenting problems such as ADHD, ODD, mental retardation, motor skills disorder, and

dementia. Assessments include: WAIS, WISC, Bayly Infant Developmental Scale, Leiter International Performance Scale, and MMSI.

- Provided psychotherapy for outpatients individually and family.
- Supervisor: James Wang, MD.
- Clinical hours: 5184 (3840 direct, 576 supervision, 768 support).
- For more information about my experiences at this site, please contact Dr. James Wang. Tel: 886-5-222-3174.

### **OTHER SUPERVISED CLINICAL EXPERIENCE**

Volunteer counselor for people with mental retardation or head injury, Eden Mental Retardation Foundation, Taipei, Taiwan, 1989-1990. Duties: helping people with mental retardation, job interviews, and work adjustment; conducting vocational tests; introducing employers to prospective skilled employees who are mentally retarded.

### **WORKSHOPS**

**Chao, R.** (2004). Ethnicity and mental health. Michigan State University.

**Chao, R.** (2004). International students' psychological adjustment to USA learning environment. Michigan State University.

**Chao, R.** (2002). Psychotherapy and pharmacotherapy for nicotine addiction. Boone Hospital.

**Chao, R.** (2002). Psychotherapy and pharmacotherapy for alcoholism. Boone Hospital.

**Chao, R.** (2002). Psychotherapy and pharmacotherapy for alcoholism and nicotine addiction. University of Missouri-Columbia.

### **RESEARCH EXPERIENCE**

“Clients’ perceptions of racial issues in presenting problems,” 2003-present. Duties: content analysis of qualitative research and writing manuscripts.

“Clients’ satisfaction: An evaluation of counseling center services,” 2003-present. Duties: content analysis of qualitative research and writing manuscripts.

“College students’ smoking and cessation,” 2002-present. Duties: content analysis of qualitative research and writing manuscripts.

“College students’ perspectives of advantages and disadvantages in smoking,” 2002-present. Duties: content analysis and writing manuscripts.

- “Smokers’ self-regulation on smoking,” 2002-present. Duties: Data analysis (factor analysis), coordinating research meetings, writing manuscripts.
- “Web-survey on smoking behaviors,” 2002-present. Coordinating research meetings, conducting research.
- “The Impact of school-to-work interventions on post-high school adults,” 2002-present. Duties: research design, data collection, data analysis, and writing manuscripts.
- “Counselor’s multicultural competence: From dual gender/ethnicity perspectives,” 2001-present. Duties: research design, data analysis, and finishing manuscript.
- “Missouri counseling process and outcome study,” 2001. Duties: data analysis; scoring. Supervisors: Norm Gysbers, Ph.D., Mary Heppner, Ph.D., Karen Multon, Ph.D., University of Columbia-Columbia.
- “School-to-work longitudinal evaluation,” 2001-present. Duties: phone interview, data collection, data analysis.
- Chao, R. (2002). Racial Identity Development in Minority Counselors: Do We Have One? Presentation given at the 19th Annual Teachers College Winter Roundtable, February 22 and 23, 2002.
- Chao, R. (2001). Women’s roles: Historical review and future charting. 2001 Great Lakes Conference, April 7, 2001. Akron, Ohio.
- “The causal relationship between intelligence and reading difficulty,” 1997. Duties: proposed and designed an original project, write-up and oral defense. Supervisor: Sandra A. McIntire, Ph.D., Rollins College.
- “Survey on student satisfaction at Rollins College,” 1996. Duties: conducted survey and collected-analyzed data. Supervisor: Sandra A. McIntire, Ph.D.
- “Intellectual development in children with mental retardation and its implications,” Chia-yi, Taiwan, 1996. Duties: proposed and conducted an original project, data analysis, presented at “Chia-yi Elementary Schools Teachers Conference (1996).” Advisor: Kuang Lou, Ph.D.
- “College freshmen's psychological processes in English composition and those in Chinese composition: A comparison,” 1993. Duties: proposed, designed, and conducted an original project, data collection, input and analysis, MS thesis and oral defense. Advisor: Hwa-wei Kou, Ph.D., National Chung Cheng University.

## **REFERENCES**

- Glenn Good, Ph.D., Associate Professor, Department of Educational, School, and Counseling Psychology, University of Missouri-Columbia. Tel: (573) 882-3084. E-mail: GoodG@missouri.edu.
- Michael I Loewy, Ph.D., Associate Professor/Director of Training, Counseling Psychology Program, Department of Counseling, Montgomery Room 308B, University of North Dakota, P.O. Box 8255, Grand Forks, ND 58202-8255. (701) 777-3744 (office); 3184 (fax). E-mail: michael.loewy@und.edu.
- Punky P. Heppner, Ph.D., Professor and Chair, Co-Director of the Center for Multicultural Research, Training, and Consultation, University of Missouri-Columbia. Tel: (573) 882-3523. E-mail: HeppnerP@missouri.edu.
- William E. Metcalfe, Ph.D., Director. Sam Houston State University, Counseling Center, Box 2059, Huntsville, TX 77341-2059. Tel: (936) 294-1720.
- Rebecca De Graaf, Ph.D., Licensed Psychologist, Center for Family and Individual Counseling, Columbia, Missouri. Tel: (573) 446-5034, # 25.
- Daya S. Sandhu, Ed.D., NCC, NCCC, NCSC, LPCC, Professor & Chair, Department of Educational and Counseling Psychology, 320 Education Building, University of Louisville, Louisville, KY 40292. Phone: 502.852.6646, Fax: 502.852.0629. E-mail: Dssand01@louisville.edu
- Phil Wood, Ph.D., Associate Professor, University of Missouri-Columbia, Department of Psychological Sciences, 210 McAlester Hall, Columbia, MO 65211. Phone: 573-882-6860; fax: 573-882-7710. E-mail: WoodP@missouri.edu

## **PROFESSIONAL MEMBESHIPS**

- 1998-present Student Affiliate, American Psychological Association  
 1998-present Student Member, American Counseling Association  
 2001-present Student Affiliate, Division 17 (Counseling), American Psychological Association

## **GRADUATE COURSEWORK**

### **A. Psychotherapy Theory and Practice**

- Basic counseling procedures
- Conceptual foundations of counseling psychology
- Ethical/Legal issues in psychological practice
- Advanced counseling theories
- Foundations of career psychology

- Multicultural issues in counseling
- Methods in group counseling
- Studies in supervision

**B. Practicum**

- Counseling practicum at university counseling center
- Counseling practicum at Boone Hospital
- Counseling practicum at Columbia Community Mental Health Center
- Group Practicum in interpersonal therapy group
- Multicultural Interventions
- Supervision practicum in university counseling center, career center, school counseling, and pre-practicum

**C. Assessment and Measurement**

- Foundations of educational and psychological measurement
- Psychological testing in counseling
- Projective Assessment of Adults
- Psychological Assessment of Adults

**D. Statistics and Research Methodology**

- Scientific reasoning of counseling psychology I: Introduction to professional issues
- Scientific foundations of counseling psychology II: Research design and applications
- Quantitative methods I: Multiple Regression
- Quantitative methods II: ANOVA
- Application of Multivariate Analysis
- Qualitative methods

**E. Biological / Social Bases of Behaviors**

- Psychopharmacology for psychologists
- Social development
- Psychopathology
- Advanced history of psychology