

JESSE N. VALDEZ, PHD

University of Denver,
Morgridge College of Education
Counseling Psychology Program
2450 S. Vine St., Denver, CO 80208
jevaldez@du.edu

2612 S. Saint Paul St.
Denver, CO 80210-6221
303-871-2482 office
303-957-7647 cell
303-504-4982 home

EDUCATION

University of Wisconsin, Madison
University of Texas at Austin
Sul Ross State University
Southwest Texas State University

PhD Counseling Psychology, 1985
Professional Psychology Internship, 1984
M.Ed. Counseling and Guidance, 1972
BA Spanish and History, 1969

PROFESSIONAL PSYCHOLOGY LICENSURE

Colorado PSY 1224
California PSY 13824 (inactive)

HEALTH SERVICE PROVIDER

Registrant #50600, National Register of Health Service Providers in Psychology

PROFESSIONAL EXPERTISE

Bicultural, Bilingual Spanish and English
Fluency: Speaking, Writing; Translation and Interpretation

SCHOLARSHIP and RESEARCH INTERESTS

Bicultural/bilingual (English/Spanish) mental health, psychology, and psychotherapy
Acculturation, psychological stress, self-efficacy, and coping
Multicultural counseling psychology pedagogy
Multicultural health psychology; Multicultural diversity and gender issues

CLINICAL and PRACTICE INTERESTS

Bicultural/bilingual (English/Spanish) psychotherapy, teaching, supervision, and training
Community outreach, consultation, program development, and evaluation

PROFESSIONAL ACADEMIC EXPERIENCE

Associate Professor. Counseling Psychology Program (APA accredited), College of Education,
University of Denver, Denver, Colorado, 2006

Assistant Professor. Counseling Psychology Program (APA accredited), College of Education, University
of Denver, Denver, Colorado; non-tenure track, 1995-1996; tenure track, 1996-2006

Assistant Professor. Department of Psychology, Counseling Psychology Program, Colorado State
University, Fort Collins, Colorado. Part-time non-tenure track position, 1984-1988

PROFESSIONAL SCHOLARSHIP AND RESEARCH

Publications

- Valdez, J. N. (2007). The last Mexican: Beyond the power of a privileged class. *PsycCRITIQUES*, 52, Article 20.
- Valdez, J. N. (2006). *Multicultural stress*. In J. Jackson (Ed.) *Encyclopedia of Multicultural Psychology* (pp. 445-450). Thousand Oaks, CA: Sage Publications.
- Rollins, V. & Valdez, J. N. (2006). Perceived racism in African American adolescents. *Journal of Black Psychology*, 32(2), 176-198.
- Valdez, J. N. (2003). Teaching multicultural diversity: Process, courage, and transformative learning. *Academic Exchange Quarterly*, 6(4), 165-169.
- Valdez, J. N., & Salazar, T. (2002). Community service learning as a model approach in active teaching and learning. *Academic Exchange Quarterly*, 6, (3), 69-74.
- Valdez, J. N. (2000). Psychotherapy with bicultural Hispanic clients. *Psychotherapy: Theory, Research, Practice, Training*, 37, 240-246.
- Salazar, T., & Valdez, J. N. (2000). Multicultural clinical training via service learning partnerships in Latino communities. *The Academic Exchange Quarterly*, 4(4), 92-98.
- Solberg, V. S., Valdez, J. N., & Villarreal, P. (1994). Social support, stress and Hispanic college adjustment: Test of a diathesis-stress model. *Hispanic Journal of Behavioral Sciences*, 16, 230-239.

Manuscripts in Progress

- Valdez, J. N., Gonzalez, C., Olsen, A., and Caspari, J. *Multicultural Counseling Pedagogy: A Qualitative study of transformational learning*. To be submitted to the *Journal of Counseling and Development*.
- Valdez, J. N., and Del Castillo, R. *Culturally Relevant Therapy and Mental Health Services: A Social Justice Response*. To be submitted to the *Hispanic Journal of Behavioral Sciences*.
- Valdez, J. N., Chaves, I. *Climate assessment: Constructing a foundation for social justice training*. To be submitted to *The Academic Exchange Quarterly*
- Valdez, J. N. *Cultural factors, social class, and Hispanic higher education success*. To be submitted to the *Journal of Hispanic Higher Education*.
- Valdez, J. N. *European American and Hispanic women's bilingualism, ethnic identity, and cultural attitudes toward women*. To be submitted to *Cultural Diversity & Ethnic Minority Psychology*.
- Valdez, J. N. *Bicultural health self-efficacy, avoidance behavior, and psychological stress*. To be submitted to the *Hispanic Journal of Behavioral Sciences*.

Research Reports

- Valdez, J. N. (1999). *Report on DSM-IV Presenting Problems 1996-1997*. Counseling and Career

Services, University of California, Santa Barbara.

Valdez, J. N. (1996). *Client satisfaction and effectiveness of counseling and career advising services*. Counseling and Career Services, University of California, Santa Barbara.

Valdez, J. N. (1995). *Psychological symptoms and problems of ethnic minority counseling center clients*. Counseling and Career Services, University of California, Santa Barbara.

Contreras, C. A., & Valdez, J. N. (1994). *Kapatirang Pilipino retention of Filipinos at UCSB survey*. Educational Opportunity Program, University of California, Santa Barbara.

Master's Degree Unpublished Manuscripts

Valdez, J. N., & Greenwood, J. (1981). *School Phobia: A literature review and clinical interventions*. Research Paper. Presented at the Psychology of Adjustment Student Conference, Department of Psychology, University of Wisconsin, Madison.

Valdez, J. N. (1972). *Teaching Spanish to Bilingual Spanish speakers*. Developed research design, survey instruments, data collection (high school students and survey of university language departments in Texas), descriptive analyses, and recommendations.

Dissertation

Valdez, J. N. (1985). *Self-efficacy, psychological stress and coping: Cognitive appraisals of a Mexican American population*. University of Wisconsin, Madison.

Videotape Development and Production

Vigil, R., Del Castillo, R., Valdez, J. N., Malah, C., & Escamilla, H., (2001). *Anger in the family/El Coraje en la familia*. Domestic violence English/Spanish language educational videotape for English- and Spanish-speaking audience. Rocky Mountain SER, Headstart Program, Denver, Colorado.

Research Participation and Contribution

Clinical Research Therapist

Participated as a psychotherapist providing individual treatment to four clinically depressed clients for 8 to 10 sessions each using three different treatment modalities: Person Centered, Cognitive, and Cognitive Behavioral. Counseling-Psychological Services Center, University of Texas, Austin, 1983-1984. Published study citation is McNamara, K., & Horan, J. J. (1986). Experimental construct validity in the evaluation of cognitive and behavioral treatments for depression. *Journal of Counseling Psychology*, 33(1), 23-30.

Translation Projects: Clinical and Research Instruments

Coordinated and lead a team of bilingual experts to translate medical research scales from English to Spanish Hospital Anxiety and Depression Scale, Patient Perception of Medication, and the Index of Incapacity of the Neck were translated to *Escala de ansiedad y depresión de hospital*, *Percepción del paciente sobre medicamento*, and *Indice de incapacidad del cuello*. The scales are published in English, Spanish, and other languages and are used by medical personnel in medical practice and scientific research (Denver, 2003, 2004)

REFEREED PROFESSIONAL PRESENTATIONS

Valdez, J. N., Gonzalez, C., Olsen, A., and Caspari, J. (August 2007). *Multicultural*

- counseling pedagogy: A qualitative study of transformational learning*. American Psychological Association Annual Convention, San Francisco, California.
- Valdez, J. N., and Del Castillo, R. (August 2007). *Culturally relevant therapy and mental health services: A social justice response*. Accepted for presentation. American Psychological Association Annual Convention, San Francisco, California.
- Valdez, J. N., Hill, S. M., and Chaves, E. (2007, January). *Climate assessment: Constructing a foundation for social justice training*. Research presentation. National Multicultural Conference and Summit, Seattle, Washington.
- Valdez, J. N., Hill, S. M., and Chaves, E. (May 2006). *Overcoming obstacles to social justice training: Assessment and strategies*. University of Denver Graduate Student Research Conference, University of Denver, Denver, Colorado.
- Valdez, J. N., Hill, S. M., and Chaves, E. (April 2006). *Overcoming obstacles to social justice training: Assessment, interventions, and strategies*. Symposium proposal accepted for presentation. *Social Justice and Mental Health*, Counselors for Social Justice Annual Conference, George Mason University, Fairfax, Virginia.
- Montgomery, S., and Valdez, J. N. (2005, August). *Assessing Latino/a and non-Hispanic white college students' homophobia*. Paper presented at the American Psychological Association 113th Annual Convention, Washington, DC.
- Valdez, J. N. (2004, November). *Relationship of avoidance behavior, acculturation, health stress and self-efficacy*. Paper presented at the Texas Psychological Association Annual Conference, San Antonio, Texas.
- Valdez, J. N., Eldridge, K., Genuchi, M., Jensen, E., & Van Arsdale, A. (2004, November). *Counseling center client mood disorders, psychosocial problems, severity, and functioning*. Paper presented at the Texas Psychological Association Annual Conference, San Antonio, Texas.
- Rollins, V., & Valdez, J. N. (2003, November). *Perceived racism in African American adolescents*. Paper presented at the Texas Psychological Association Annual Conference, Dallas, Texas.
- Salazar, T. A., & Valdez, J. N. (2003, June). *Multicultural service learning and community based research as a model approach to promote social justice*. The Society for Community Research and Action (SCRA), Division 27, American Psychological Association. Ninth Conference, Las Vegas, New Mexico.
- Salazar, T. A., & Valdez, J. N. (2002, November). *Beyond program change: Community and systemic impact of empowerment evaluation with multicultural communities*. Sixteenth Annual Convention of the American Evaluation Association, Washington, DC.
- Valdez, J. N., Gafford, J., Maley, M., Bryon, D., Chew, C., Wright, J. D., & Nguyen, J. T. (2002, August). *Relationship between counseling center client mood disorders and psychosocial problems*. Presented at the American Psychological Association, 110th Convention, Chicago.
- Valdez, J. N. (2001, August). Symposium Chair. *Multicultural counseling faculty as social change agents: Context and consequences*. American Psychological Association, 109th Convention, San Francisco.

- Valdez, J. N. (2001, August). *Moving beyond resistance: Journal writing and multicultural counseling training effectiveness*. Symposium presentation: Current practices and innovative approaches to multicultural training, Paul Priester, chair. American Psychological Association, 109th Convention, San Francisco.
- Salazar, T., & Valdez, J. N. (2001, May). *Multicultural clinical training via service learning partnerships in Latino communities*. Poster presentation, Community-Campus Partnerships for Health Conference, San Antonio.
- Valdez, J. N., Wright, J., Nguyen, J., Sanchez, L., & Buhain, J. (2001, April). *DSM-IV disorders presented by ethnic minority counseling center clients*. Poster presentation, Rocky Mountain Psychological Association Annual Convention, Reno.
- Valdez, J. N. (2000, August). Symposium Chair. *Overcoming resistance, achieving transformation: Innovations in teaching multicultural counseling skills*. Symposium presented at the American Psychological Association 108th Convention, Washington, DC.
- Aoki, D., & Valdez, J. N. (2000, August). *The impact of multicultural training on counseling psychology students*. Poster presentation at the American Psychological Association 108th Convention, Washington, DC.
- Valdez, J. N. (2000, August). *Health self-efficacy, acculturation, and bicultural Mexican Americans' health behaviors*. Poster presentation at the American Psychological Association 108th Convention, APA Division 28, Washington, DC.
- Canales, A. R., & Valdez, J. N. (1999, August). *Relationship of level of disclosure by male military veterans in therapy and perceptions of therapist effectiveness*. APA Division 17 Student Poster Session. American Psychological Association 107th Convention, Boston.
- Valdez, J. N., Huebert, S. M., & Diem, G. A., (1999, August). *Health behavior dimensions: An empirical analysis of the Quality of Life Health Behaviors Scale*. APA Division 17, Health Psychology Section, Student Poster Session. American Psychological Association 107th Convention, Boston.
- Valdez, J. N. (1999, April). *Relationship of health self-efficacy and acculturation to bicultural Mexican Americans' health behaviors*. National Association of Chicana and Chicano Studies, San Antonio.
- Valdez, J. N., Woodward, L., & Montgomery, S. (1998, April). *Psychological problems of ethnic and racial minority counseling center clients*. Presented at the Western Psychological Association and the Rocky Mountain Psychological Association Annual Conference, Albuquerque.
- Valdez, J. N., Vo, A., Montgomery, S., Thurlow-Harrison, S., Froehlich, J., Ramirez, L. M., & Graber, K. (1996, April). *American ethnic minority men and women sexual and gender roles: A scale validation study*. Presented at the Rocky Mountain Psychological Association Annual Conference, Utah.
- Betita, K. S., & Valdez, J. N. (1995, October). *The vocational choice of Asian American and Non Asian Americans: A cross comparison*. Presented at the Minority Student Today: Recruitment, Retention, and Success Conference, San Antonio.
- Valdez, J. N., & Carlisle, J. (1995, August). *Issues and trends. UCSB Counseling Center Clients*.

Presentation for Division 17 Symposium: Understanding diverse college students' needs for counseling and career services. American Psychological Association 103rd Annual Convention, New York.

Valdez, J. N. (1995, April). *Counseling and research with Mexican American clients*. Presented at the American Counseling Association Annual Conference, Denver.

Valdez, J. N. (1994, August). *Ethnic identity, sex roles, and sexual attitudes*. Presented at the American Psychological Association, 102nd Annual Convention, Los Angeles.

Betita, K., & Valdez, J. N. (1994, April). *Defining Asian American vocational choice through the construction of self*. Paper presented at the American Counseling Association Annual Convention, Minneapolis.

Valdez, J. N. (1992, August). *Chicana perceptions of psychological stress: Sex-role attribution and acculturation*. Poster presentation. American Psychological Association 100th Annual Convention, Division 45, Washington, DC.

Valdez, J. N. (1992, August). José Ingenieros (1877-1925). *Principios de psicología. An analysis of a Hispanic psychologist's contribution to psychology*. Paper presented at the American Psychological Association 100th Annual Convention, Div. 26, Washington, DC.

Valdez, J. N. (1992, August). Chair, *History of early psychiatric care in mental hospitals*. American Psychological Association 100th Annual Convention, Div. 26, Washington, DC.

Falk, S., Solberg, V. S., Valdez, J. N., & Villarreal, P. (1991, August). *Validation of a perceived stress measure for Hispanic students*. Poster presentation. American Psychological 99th Annual Convention, San Francisco.

Valdez, J. N. (1991, August). *Relationship between Mexican American acculturation and coping responses*. Poster presentation. American Psychological Association 99th Annual Convention, San Francisco.

Valdez, J. N. (1991, August). *Research and psychotherapy with Mexican American clients*. Paper presented for the Division 17 Symposium: Research and Psychotherapy with Ethnic/Racial Minority clients: Practitioners' perspectives. American Psychological Association 99th Annual Convention, San Francisco (planned, developed, and submitted symposium proposal; participated and presented symposium paper).

Valdez, J. N., Solberg, S., & Good, G. (1990, August). *Empirical examination of acculturation as a multidimensional process*. Presented at the American Psychological Association Annual Conference, Boston.

Valdez, J. N. (1986). *Hispanics' self-efficacy: Investigation of ethnicity, stress, and coping relationships*. Presented at Southwestern Psychological Association Convention, Fort Worth, Texas.

GRADUATE STUDENT SCHOLARSHIP AND RESEARCH

Doctoral Dissertation Research Advisor and Committee Chair: Multicultural Research

Wright, J. (2008, in progress). *Stigma and mental health in a Mexican American population*.

Genuchi, M. (2007, in progress). *Men's depression, anger, and gender role conflict.*

Buhain, J. (2005). *Cultural barriers and Filipino American college students' help-seeking attitudes.*

Papirova, M. (2004). *The relationship of acculturation, gender, and previous counseling experience to attitudes toward counseling in Russian Americans.*

Montgomery, S. (2002). *Attitudes toward lesbians and gay men in a Mexican American college student population: Assessing homophobia.*

Rollins, V. (2000). *Perceived racism and career self-efficacy in African American adolescents.*

Aoki, D. (2000). *The impact of multicultural training on counseling psychology students.*

College of Education Dissertation Committee Member - Multicultural Research

Kim, J. M. (2007). *Adult attachment, attachment to god, and cultural values in Korean and Caucasian American Catholics.* C. McRae, PhD Chair

Huebert, S. (2004). *The relationship between acculturation and Mexican American women's reasons for exercise.* C. McRae, PhD, Chair.

Sampson, A. (2000). *Latino college students and reflective judgment.* K. Kitchener, Ph.D., Chair.

Sayasane, M. (1999). *An analysis of variables distinguishing Southeast Asian gang and non-gang youth.* M. Riva, PhD, Chair.

Mason, K. E. (1997). *A model of psychological distress among Hispanic male Vietnam veterans diagnosed with PTSD.* P. Sherry, PhD, Chair.

Cruz-Jensen, M. (1996). *Ethnic self-concept of adult male and female students not of combined Black/African-American and White/European-American Heritage.* College of Education, Curriculum and Instruction. N. Cutforth, PhD, Chair.

University of Denver Graduate Student Research Committees – Multicultural Research

Friedman, C. (2004, in progress). *Role of perceived spousal responsiveness on Hispanic males' pain severity and depressive symptomatology.* University of Denver, Department of Psychology.

Salazar, T. (2000). *Creating Latino outreach clinical training programs via community academic partnerships: A model for program development.* Doctoral Paper. University of Denver Graduate School of Professional Psychology, Clinical Psychology.

College of Education Dissertation Committee Member - Other Research

Anderson, Laura (2005). *Predictors of perceived treatment in a double blind placebo surgery trial.*

Yamazaki, G. (2003). *Effects of certainty of treatment on outcomes of fetal transplant surgery for Parkinson's disease.*

Ahn, R. (2003). *A study of psychosocial issues in adults with sensory modulation dysfunction using a mixed research design.*

- Godfrey, R. (2002). *Losing a sibling in adulthood*.
- Ackerman, C. (2002). *Development and validation of a leisure anxiety scale*.
- Atwood, L. (2000). *Quality of life for the treatment of Parkinson's disease in fetal transplant surgery: A double-blind placebo control trial*.
- Vo, A. H. (2000). *The efficacy of embryonic dopamine cell transplantation for the treatment of Parkinson's disease: Impact on quality of life and clinical outcome*.
- Seacat, J. M. (1999). *Psychosocial factors associated with early breastfeeding outcome*.

University of Denver Graduate Student Research Committees – Other Research

- Barton, L. (2002). *Coping response efficacy within low-control conditions across numerous domains*. University of Denver, Department of Psychology.

Master's Thesis Research Advisor and Committee Chair – Multicultural Research

- Schlosser, G. (1999). *Hispanic client's perceptions and expectancies of an Anglo counselor*.
- Sen, T. (1998). *The effects of level of ethnicity, depression, and self-efficacy on alcohol use*.
- Asbury, K. (1998). *The relationship of ethnicity and gender to alcohol use*.

Dissertation and Master's Thesis Reviewer. Walden University, Minneapolis, MN.
Reviewed doctoral dissertations and master's thesis in psychology, March 2002.

GRANTS

Grant: *Constructing Inclusive Learning Communities: Exploring Best Practice for Graduate Students of Color*. (with Tuitt, F., and Salazar-Jerez, M.). Center for Teaching and Learning, University of Denver. \$11,292. May 2006. In progress, 2008.

Grant: *Positive Health for Academic Success*. Curriculum Diversity Fund, Center for Multicultural Excellence, University of Denver. \$2,990. October 2005. Not funded.

Grant: *Bicultural Mexican American Health Behaviors and Health Self-Efficacy*. Center for Multicultural Excellence, University of Denver. \$3,000. March 2005.

Grant: *Minority Graduate Student Clinical Training Program*. DU Coalition of Faculty of Color in Clinical Programs (with other faculty from the Graduate School of Professional Psychology, the Graduate School of Social Work, and the Psychology Department). Center for Multicultural Excellence, University of Denver. \$10,000. 2004-2005.

Grant: *Non-laboratory-based Instruction in Undergraduate Engineering and Business Courses* (with M. Matin, Department of Engineering and V. Narapareddy, Daniels College of Business). University of Denver, Center for Teaching and Learning. \$42,822, November 2001. Not funded.

Grant: *Outcome Assessment of an Integrated Engineering, Business, and Cross-Cultural Teaching Project*. (with M. Matin, Department of Engineering and V. Narapareddy, Daniels College of Business) University of Denver, Faculty Research Fund (FRF), \$4,000. October 2001. Not funded.

Grant: *Program Development and Evaluation of the Daniels College Prep and Scholarship Program* (with G. Lichtenstein and N. Cutforth). \$39,807, June 2001.

Grant: *Evaluation of the Colorado Trust After-School Initiative*, October 2000 (with N. Cutforth, G. Lichtenstein, K. Green, D. Lisman, and T. Paskus). Withdrawn.

Grant: N. Cutforth. *WEPIC Replication Project*, DeWitt Wallace/Corporation for National Service.

Funding provided for two graduate students (\$2,500) and one course release (\$4,000). Winter Quarter, 1999.

- Grant: *Outreach training for provision of mental health services to underserved populations.* Curriculum Proposal Preparation Fund. University of Denver, University of Denver, 1999 (with N. Cutforth and T. Bendele). Not funded.
- Grant: *Enhancing Diversity and Multiculturalism in Education and Psychology.* Curriculum Diversity Proposal. Office of Minority Affairs University of Denver, 1997. Not funded.
- Grant: *The Diversity Forum.* Multicultural diversity awareness for College of Education faculty, students, and staff. Curriculum Diversity Fund. University of Denver, 1997, \$2,500 (with L. Peebles and N. Cutforth).
- Grant. *Development of a Multicultural Clinical Counseling Skills Course.* Diversity Curriculum Development. University of Denver, 1996. Not funded.
- Grant. *An Urban Education Intervention Program for at-risk Students in a Denver Elementary School,* (with N. Cutforth). Safe City Summit, Denver, Colorado, 1996. Not funded
- Grant. *Women's Etiology, Prevalence, and Consequences of Drug Use: Investigation of Ethnic Self Identity and Cultural Gender Roles, Self-Efficacy, Psychological Stress, and Coping.* Research Proposal Preparation Fund. University of Denver, 1995: \$1,715.
- Grant. Faculty Research Fund. *Cultural Gender Roles, Self-Efficacy, and Psychological Stress: Cognitive Appraisals of Bicultural Mexican American Men and Women.* University of Denver, 1995: \$1,942.
- Grant. *Awards for Undergraduate Research and Creative Projects.* With minority psychology undergraduate student. University of California, Santa Barbara, 1993: \$1,000.
- Grant. *Professional Clinical Therapy Skills Development.* Training and Development Grant. Office of Personnel, University of California, Santa Barbara, 1992: \$1,200.
- Grant Reviewer.
Workforce in Training Grants to Reduce Racial and Ethnic Disparities in Mental Health Services. Substance Abuse and Mental Health Services Administration Center for Substance Abuse Treatment. Department of Health and Human Services, Washington, DC, August 12 – 16, 2002.
- Grant Consultant, Research Team Member
- Grant: *Creative Ideas for Teaching Engineering Education.* V. Naraparedy, PI, Daniels College of Business, with M. Matin, DU Department of Engineering. National Science Foundation CCLI Educational Materials Development, 2000. Not Funded. Outcome assessment, cross-cultural consultation.
- Grant: *Developing Strategies for Promoting Professional Involvement: The case of the APA/NIGMS Ethnic Minority Biomedical Research Talent Project.* M. Montgomery, PI, Florida International University, 2001. In review. Project Consultant, Member of the Project Research Team.

TEACHING AND CLINICAL TRAINING

Courses Taught at the University of Denver, College of Education

Teaching of master's degree students in school counseling, community counseling, and counseling psychology. Counseling Skills and Practicum courses include classroom instruction, clinical skills consultation, site supervisor meetings, and site visitations.

<i>Course Number and Title</i>	<i>Credits</i>	<i>Quarter</i>
CNP 4740 Basic Counseling Skills	4	Fall
CNP 4743 Fieldwork in Counseling Psychology	1	Fall
CNP 4772 Multicultural Counseling Seminar	3	Fall, Spring
CNP 4773 Diversity: Psychosocial Issues in Multicultural Counseling	3	Spring
CNP 4741 Intermediate Counseling Skills	4	Winter
CNP 4750 Practicum in Counseling Psychology	4-5	Winter, Spring
CNP 4772 Counseling With Latinos/as	1-2	Summer
CNP 4772 Psychology of Men	1	Spring (2007)
CNP 4700 Counseling Theory	3	Fall
CNP 4701 Advanced Counseling Theory	3	Fall
CNP 4795 M.A. Ethics and Legal Issues in Counseling	3	Winter

Invited Presentation

Valdez, J. N. (2001, January). *Psychotherapy With Bicultural Hispanic Clients*. Addictive Behavior and Behavioral Health. Twenty-seventh Annual Advanced International Winter Symposium. Colorado Springs, Colorado, January 29 to February 2, 2000.

Professional Teaching and Clinical Training Presentations and Workshops

Teaching Diversity: Examining Theoretical, Philosophical, and Practical Approaches. Panel of DU instructors at the University of Denver Third Annual Summit on Diversity. University of Denver, May, 2004.

Adjustment, Acculturation, and Intergenerational Stress: Working With Mexican Immigrant Families. Training workshop for outreach workers. Rocky Mountain SER Head Start Program, Jobs for Progress, Inc. Denver, Colorado. Sponsored by the Adolescent Counseling Exchange. Community Service Agency. Denver, April 2000.

Psychosocial Issues of Hispanic Youth and Their Families: Intervention Development and Implementation. Workshop for school personnel working with at-risk adolescents in Colorado Springs, Colorado. Sponsored by the Adolescent Counseling Exchange. Community Service Agency. Denver, Colorado, January 24, 2000.

Multicultural Organizational Development. Benzel, S., Barrios, S., Baab, D., Carlisle, J., Geer, C., Harding, S., Kempainen, D., Valdez, J. N., & Yoo, S-K. Derald Wing Sue, Ph.D. presenter. Program developed by the Counseling and Career Services Consultation Team. University of California, Santa Barbara, 1995.

Anxiety Disorders and Stress Management. Santa Barbara County Consortium for Continuing Medical Education, Student Health Services personnel, Naomi Perry, M.D. training coordinator, Student Health Services, University of California, Santa Barbara, May, 1993.

Acculturation Process and Personality Development. Counseling center professional staff. Don Lubach, Career Advisor, Professional Development Coordinator, Counseling and Career Services, University of California, Santa Barbara, February 1992.

Achieving Excellence Through Diversity. Government, industry, and business personnel. Onolee Zwicke & Associates. Lake Arrowhead, California, November 1992.

Chicano, Chicana, Mexican American, Hispanic: What's in a Name? Series on Cultural Integrity and Acculturation. Richard Jenkins, coordinator, Campus Activities Center, Division of Student Affairs. University of California, Santa Barbara, October 16, 1991.

PROFESSIONAL CLINICAL EXPERIENCE

Counseling Psychologist

Counseling and Career Services. Individual and group counseling and psychotherapy; American Psychological Association accredited program internship training and clinical supervision. Psychological assessment and testing; individual and group career assessment and counseling; consultation and outreach; program and clinical services evaluation and research. University of California, Santa Barbara, 1988-1995

Counseling Psychologist - Multicultural Counseling Experience

Individual and group multicultural counseling, outreach, and consultation; Educational Opportunity Program, El Centro Chicano; Educational Opportunity Program American Indian Student Services. University of California, Santa Barbara, 1988-1995

Senior Psychologist

University Counseling Center. Individual and group counseling and psychotherapy; psychological assessment and testing. American Psychological Association accredited program internship training and clinical supervision. Specialty area: Anxiety disorders individual and group assessment and treatment; Behavior Therapy and Anxiety Management Services Coordinator. Colorado State University, 1984-1988

Senior Psychologist - Multicultural Counseling Experience

Multicultural counseling, outreach, consultation, and training services with Hispanic and Latino/a students, El Centro Chicano/Hispanic Student Services. Colorado State University, 1984-1988

Mental Health Therapist

Larimer County Community Mental Health Center. Individual and family therapy. Outreach psychotherapy services, Spanish and bicultural Spanish/English assessment and treatment with Mexican American clients; psychological assessment and testing. Clinic and home-based services and treatment. Loveland, Colorado, 1986

Internship in Psychology

Individual, group, and couples counseling and psychotherapy; intake, diagnosis, crisis interventions; consultation and outreach. University of Texas Counseling-Psychological Services Center. University of Texas, Austin, 1983-1984

Learning Skills Counselor

Study skills training and counseling; anxiety management, career counseling and assessment. University Counseling Service, University of Wisconsin, Madison, 1980-1981

Special Education Counselor

Special education individual counseling with emotionally disturbed children - separation anxiety/school phobia, ADHD behavioral disorders assessment and treatment; home-based, family, and school environment treatment interventions; Educational Diagnostician - learning, behavioral, and cognitive abilities assessment and testing. Developmental Education and Enrichment Program. Uvalde, Texas, 1976-1979

PROFESSIONAL ADMINISTRATIVE EXPERIENCE

Coordinator. Testing, Research, and Evaluation Services. Counseling and Career Services. University of California, Santa Barbara, 1993-1995

Coordinator. Psychological and Career Testing Services. Counseling and Career Services.
University of California, Santa Barbara, 1990-1995

Coordinator. Behavior Therapy and Anxiety Management Services. University Counseling
Center, Colorado State University, Fort Collins, 1984-1988

PROFESSIONAL COUNSELOR LICENSURE, PUBLIC EDUCATION EXPERIENCE, AND
CERTIFICATION

Licensed Professional Counselor, Texas. License number 01721 (1983-1989)

Professional Counselor (1974). Life certification, Texas

Professional Special Education Counselor (1976-1979). Life certification, Texas

Special Education, K-12 (1976-1979). Educational Diagnostician (School/Educational Psychology);
Language/Learning Disabilities; Emotionally Disturbed Children. Certification, Texas

SERVICE

National Service

Journal of Counseling Psychology. Ad hoc editorial reviewer, 2005-2008

APA Accreditation Site Visitor. American Psychological Association Committee on Accreditation,
Office of Program Consultation and Accreditation, 1998 to present

APA Division 17 Society for Counseling Psychology Health Psychology Section

Reviewer: Graduate Student research projects in counseling health psychology, 2004 - 2008

APA Division 45 Society for the Study of Ethnic Minority Issues. APA Annual Convention Program
Reviewer, 2005-2006; 2007.

American Psychological Association Division 17, Counseling Psychology,
Awards and Recognition Committee member, 2003-2006

Grant Reviewer. *Workforce in Training Grants to Reduce Racial and Ethnic Disparities in
Mental Health Services*. Substance Abuse and Mental Health Services Administration Center
for Substance Abuse Treatment. Department of Health and Human Services, Washington, DC,
August 12 – 16, 2002. Selected due to multicultural mental health training and cultural competency
expertise.

Program Reviewer, Society of Behavioral Medicine, American Psychological Association,
Division 38 Annual Convention. 2002-2003.

American Psychological Association Division 17, Counseling Psychology, Awards and
Recognition Committee member, 2001-2003. Early Career Scientist/Practitioner Award
John D. Black Award for Outstanding Achievement in the Practice of Counseling Psychology.

American Psychological Association Division 17, Counseling Psychology, Program Reviewer,
2001-2003.

Program Review Committee, 2001-2003. Program Review of the American Psychological
Association Annual Convention.

Program Review Committee, Reviewer, the Rocky Mountain Psychological Association Annual
Convention, Park City, Utah, 2002.

Reviewer for the Student Research Award, Health Psychology Section,
American Psychological Association Division 17, Counseling Psychology, 1999.

American Psychological Association Accreditation Committee. Since 1997.

Nominated: American Psychological Association's Committee on Ethnic Minority Affairs
(CEMA), 1999. Name on file for consideration to serve on other APA governance groups.

Program Review Committee, Reviewer, the Rocky Mountain Psychological Association Annual
Convention, Park City, Utah, 1996.

University of Wisconsin-Madison, Career Connections Program. 1997-present.

Community and Public Service

Rocky Mountain SER. Community Service Agency. Denver Head Start Program, Jobs for
Progress, Inc. Service training and program development. Denver, Colorado, 1999-2002.

Member, University of Denver Northwest side Schools Partnership United for Educational
Excellence. Denver, Colorado, 1995-1999.

La Clinica Tepeyac Community Medical Clinic. Agency provides medical services for the
community including underserved Spanish-speaking clients. Evaluation and service training
site for graduate students. Denver, Colorado, 1998-2000.

Television Channel 9 Health Fair Volunteer. La Clinica Tepeyac, Community Medical Clinic.
Stress and anxiety management assessment and referral. Denver, Colorado, 1999.

El Centro de las Familias, Community Mental Health Agency. Faculty liaison, practicum and
internship site for graduate students in Counseling Psychology, University of Denver, Denver,
Colorado, 1999-2004.

Adolescent Counseling Exchange. Community Service Agency. Denver, Colorado. Consultation and
training services 1999.

Educational Community Service: Class Presentations

Bicultural Hispanic Mental Health Issues. Professional presentation to graduate students in
counseling. Michael Cusick, M.A., Instructor. Denver Seminary, December 2001; April 2002.

Multicultural Diversity Issues: Meaning and Power Through Alliance Development. Presentation to
Chicano/Chicana Studies class, Metropolitan State College, Ramon Del Castillo, Ph.D.,
instructor, Denver, Colorado, March 30, 2000.

Group Counseling for Self-Enhancement/Growth With College Students, Theory and Research of
Group Counseling, Donald R. Atkinson, Ph.D., Professor. Department of Education, University
of California, Santa Barbara, February 5, 1993; February 8, 1995.

Mental Health Issues of Mexican American clients. Cross-cultural counseling class, master's
degree in counseling, Ron Alexander, Ph.D., instructor, Antioch University, Santa Barbara,
California, November 1993.

Counseling With Hispanics Clients, Cross-cultural counseling class, J. Manuel Casas, Ph.D.,
Professor, Department of Education, University of California, Santa Barbara, 1992.

Hispanic Mental Health Issues, Cross-cultural counseling class, master's degree in counseling
course. Ernest Woods, Ph.D., instructor, Antioch University, Santa Barbara, CA, Oct. 1991.

Minority Issues and Alcohol Use. Drug and Alcohol Abuse seminar. Counseling Psychology
Program, Colorado State University, Fort Collins, March 1987.

Mexican American Self-Efficacy and Psychological Stress. Graduate studies class, *Cultural Factors
in Mental Health*, Department of Educational Psychology, University of Texas at Austin, 1983.

University of Denver (DU) Service

- DU Latino/a Studies Center. Faculty member, 2005 to present
- PROF Research Review Committee, 2004
- DU Faculty of Color Association (FOCA), 2002 to present
- DU Coalition of Faculty of Color in Clinical Programs (CFCCP), 2002 to present
- DU Multicultural Initiatives Advisory Council (MIAC), 2002-2003
- SPARC, University of Denver university-wide committee, represented the College of Education, 1997-1998
- Latino/a Student Alliance - MEChA University of Denver. Faculty liaison, 2000-2001

University of Denver Morgridge College of Education Committees

- MCOE Faculty Workload Task Force
- MCOE Faculty Diversity Committee, 2005-2007
- Chair, Research and Scholarship Committee, 2004-2005
- Research and Scholarship Committee member, 2003-2004
- Faculty Search Committee, Quantitative Research Methods Program, 2004-2005
- Program Planning and Review Committee, 2002-2003
- College Advancement Committee of Education, 2001-2002
- Community Engagement Committee, College of Education, 2001-2002
- Appointment/Promotion/Tenure Committee, 1999-2000; 2000-2001
- Co-Chair with Dan Manzanara, Diversity Task Force, Counseling Psychology Division, College of Education, University of Denver, 1996
- Member, Diversity Task Force, Counseling Psychology Division, College of Education
- Graduate Student Selection Committee member, masters and Ph.D. applicants
Counseling Psychology Program, College of Education, 1996-2005
- Enrollment Management and Curriculum Committee. College of Education, 1995-2001
- Member, University of Denver/Northwest side Schools: United for Educational Excellence, 1995-2001
- Chair, Graduate Student Selection Committee, master's degree students, 1995-1996.

CONTINUING PROFESSIONAL EDUCATION AND TRAINING

National Multicultural Conference and Summit. Multicultural and Diversity Issues. Hollywood, California. January 25-26, 2005. 13 CE hours.

Accreditation Site Visitor Training Workshops. American Psychological Association Program Consultation and Accreditation, Los Angeles, April 1998; Honolulu, July 27, 2004.

Grants 101. Professional Grant Proposal Writing Workshop. The Grant Institute. Denver, Colorado, May 17-19, 2004.

Behavior Socioeconomic Context and Cardiovascular Disease: A Life Span Approach. APA 2001 Annual Convention. San Francisco, August 24, 2001. 1 CE hour.

Closing the Gap: Using Technology to Promote Healthy Behavior. American Psychological Association 2001 Annual Convention. San Francisco, August 24, 2001. 2 CE hours.

National Multicultural Conference and Summit II. Multicultural and Diversity Issues. Santa Barbara, California. January 25-26, 2001. 13 CE hours.

Integrating Medicine, Science, and the Spirit: The Wisdom of the Heart. Joan Borysenko. Family Therapy Institute of Santa Barbara, California, February 25, 2000. 6 CE hours.

Beyond Prozac: Depression, Stress, Diet, and Drugs. Institute for Natural Resources, Berkeley, CA. Denver, Colorado, June 17, 2000. 6 CE hours.

Alcoholism and Chemical Dependency: Detection and Treatment. Psycho-Legal Associates, Huntington Beach, CA. Santa Barbara, California, October 11, 1998. 7 CE hours.

A Practitioner's Guide to DSM-IV. An Intensive One-day Clinical Training Workshop. Allen Frances, M. D. Institute for Behavioral Healthcare, Institute for the Advancement of Human Behavior, Portola, CA. Los Angeles, California, November 12, 1994. 6.5 CE hours.

- DSM-IV: An Update for Clinicians*. CPC Vista del Mar Hospital. R. Wood, Ph.D. and E. Katz, Ph.D. Santa Barbara, California, October 28, 1994. 3 CE hours.
- Human Sexuality*. California Professional School of Psychology, Los Angeles, California, November 11-12, 1993. 10 CE hours.
- Child Abuse: Identification, Assessment, Reporting and Treatment Guidelines*. California School of Professional Psychology, Los Angeles, California, July 10, 1993. 7 CE hours.
- Chemical Dependency Assessment and Treatment*. California School of Professional Psych., Continuing Education Division. Los Angeles, California, April 24-25, 1993. 16 CE hours.
- With Change Comes Anxiety and with Therapy Comes Change*. CPC Vista Del Mar Hospital. S. B. Beyers, Ph.D. February 25, 1993. 2 CE hours.
- Medical and Pharmacological Aspects of Substance Abuse*. University of California Extension, Santa Barbara, January 21-March 25, 1993. 30 class hours, 3-quarter units.
- Campbell Interest and Skill Survey*. David Campbell. NCS Assessments. Los Angeles, California, December 3, 1992. 3 CE hours.
- Law and Ethical Issues in the Practice of Psychology; Clinical Assessment, Diagnosis, and Treatment; Psychological Assessment*. Academic Review, Illene Tonick, Ph.D., director, Los Angeles, California, January 5-6, 1991.
- Basic MMPI-2 Workshop and Advanced MMPI-2 Workshop*. Roger L. Greene, Ph.D. and Kevin L. Moreland, Ph.D. University of Minnesota Continuing Education and Extension, Department of Professional Development and Conferences Services. San Diego Marriott-La Jolla and Scripps Clinic Research Foundation, La Jolla, California, June 30-July 1, 1990.
- Continuing Education in Psychology*. Association for Advanced Training in the Behavioral Sciences. 50 CE hours. Los Angeles, California, March 16-20, 1988.
- The MMPI: Its utilization and interpretation in clinical practice*. Training by Roger L. Greene, Ph.D. Evaluation Research Associates, Inc., Denver, 1986.
- Hispanic Cultural Medicine*. Presentation by Diana Velasquez, Curandera, Member of the Centro de las Familias mental health treatment team, Southwest Denver Community Mental Health Center, Denver, Colorado. Sponsored by Centennial Area Health Education Center, Greeley, Colorado. September 1986.
- Minority Mental Health Research Methodology*. William Vega, Ph.D., San Diego State University. Co Sponsored by the University of Denver School of Social Work, Servicios de la Raza, Centro de las Familias, Southwest Denver Community Mental Health, and the Colorado Institute of Chicano Mental Health. National Institute of Mental Health funded. Denver, Colorado, August 7-8, 1985.

Media Expertise Interviews

- Difulco, Denise (2004). *It's my life and I'll cry or scream or sulk - if I want to!* *Latina*, April 2004, 120-121; 140.
- Anderson, Emily Dee (2001). *Financial impact on students' college experience*. *Columbia Missourian*. University of Missouri-Columbia.
- Singleton, J. (1999). *Coloring the future: Biracial children shade discussions of student identity*. *University of Denver Journal*, 36(3), 10-11. University of Denver, Denver, Colorado.
- McIntyre, P. (1987). *Anxiety management: Stress plays a role in every aspect of life*. *Collegian*, university newspaper, Oct. 30, 3, 9. Colorado State University, Ft. Collins.
- Lertiri, P. A. (1987). *Those graduation blues are upon us*. *Collegian*, university newspaper, April 14, p. 3. Colorado State University, Fort Collins.

Media Coverage

- Thwarting Modern Prejudice*, *APA Monitor on Psychology*, April 2001, 32(4), page 27.
- National Multicultural Conference and Summit II 2001, Santa Barbara, California. Featured in a photograph of the conference as part of an article published in the *APA Monitor*, American Psychological Association national publication.

AWARDS AND HONORS

- Outstanding Faculty Award, Office of Multicultural Affairs, University of Denver, 2001-2002

- Nominee, American Psychological Association Kenneth and Mamie Clark Award for Outstanding Contribution to the Professional Development of Ethnic Minority Graduate Students, 2001-2002
- Nominee, University of Denver William T. Driscoll Master Educator Award, 2001-2002
- Fellow, Advanced Opportunity Fellowship. University of Wisconsin, Madison, 1979-1983
- Pi Lambda Theta, Alpha Beta Chapter, University of Wisconsin, 1980-1983
- National Hispanic Scholar. National Hispanic Scholarship Fund, 1982, 1983
- American Psychological Association Minority Fellowship, Alternate Nominee, 1983

PROFESSIONAL AFFILIATIONS

National and International Organizations

- American Psychological Association (APA)
- National Latina/o Psychological Association (NLPA)
- Sociedad Interamericana de Psicología (SIP)

American Psychological Association Division and Section Memberships

- APA Division 17, Society of Counseling Psychology
- APA Division 17, Health Psychology Section