

Fisher Infant Department Safe Sleep Policy

As defined by the American Academy of Pediatrics (AAP), “Sudden infant death syndrome (SIDS) is a cause assigned to infant deaths that cannot be explained after a thorough case investigation, including a scene investigation, autopsy, and review of the clinical history.” In order to prevent this occurrence in the infant classroom to the best of our ability, we will be following the guidelines below to create safest classroom environment for the children in our class.

1. Children will be placed on their backs to sleep until they are one year of age unless a physician signs a sleep position waiver.
2. Children under six months of age will be given a pacifier at nap time after discussing pacifier use with parent.
3. The room will be at a temperature that is comfortable for a lightly clothed adult.
4. Nap mats will have well-fitted sheets.
5. Children will be given many opportunities for movement to support motor and cognitive development. This includes tummy time and limiting the use of *ExerSaucers* and swings.
6. Fisher prohibits smoking anywhere in the building or on the premises.
7. Staff maintains sight and sound supervision of sleeping children at all times.
8. All infant staff are trained in safe sleep and proper swaddle practices.

Child’s name: _____ Date: _____

Parent signature: _____ Date: _____

Staff signature: _____ Date: _____

National Association for the Education of Young Children, (2012). *Program administrator guide to evaluating safe sleep and SIDS reduction practices*. Retrieved from National Association for the Education of Young Children website:
<http://www.naeyc.org/files/academy/file/ProgramAdministratorGuideSafeSleep.pdf>