



## HEALTHY CHOICES - \$16.95

Looking for healthy menu options? When placing your order, please select a salad, entree and of course, dessert. The following includes rolls and butter, iced tea with lemon and ice water. We offer these as a plated meal or a convenient buffet.

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### SALAD

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Tomato, Cucumber and Red Onions with a Red Wine Vinaigrette

Mixed Greens, Oranges, Roasted Almonds and Crispy Noodles with a Soy Ginger Dressing

### DESSERT

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Sugar Free Raspberry Mousse

Sugar Free Flourless Chocolate Cake

Summer Pudding with Low Fat Crème Fraiche and Fresh Berries

Fruit Sushi - Sweet Coconut Rice with Fresh Fruit

### ENTREE

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Soy Marinated Grilled Skirt Steak served with Wilted Spinach and Coconut Milk Mashed Sweet Potatoes

Seared Orange Glazed Salmon served with a Brown Rice Pilaf and Sautéed Spring Vegetables

Herb Crusted Pork Tenderloin served with Oven Roasted Vegetables and Sautéed Cannellini Beans

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