

## STUDENT HEALTH INFORMATION

### ***Q: What is the Student Health & Counseling Center (SHCC)?***

**A:** The Student Health & Counseling Center is an outpatient, on-campus facility that provides a wide range of medical and mental health services. Physicians, nurses, psychologists, physician assistants, and other professionals staff the center.

### ***Q: Who may use the SHCC?***

**A:** All students enrolled for academic credit (full-time or part-time; undergraduate or graduate) may use the SHCC. Students' spouses are also welcome for general medical care.

### ***Q: What MEDICAL services are available at the SHCC?***

**A:** The Following Medical Services are Available:

- General medical care, gynecology, sports medicine
- Specialist services: (except in Summer) Dermatology, Gynecology, Nutrition
- Procedures, EKG's, IV infusions, immunizations, allergy shots, injections
- Lab tests and confidential HIV testing
- Discounted prescriptions and birth control
- Travel health advice / immunizations
- Nursing consultation and assessment
- Same day appointments for illness/injury
- After hours on-call service
- Referral services

### ***Q: What MENTAL HEALTH services are available at the SHCC?***

**A: The Following Counseling Services are Available:**

**COUNSELING & BEHAVIORAL HEALTH CENTER (CBHC)**

- Counseling/ Psychotherapy (individual, couples, group) 12 session model for students
- Psychological testing (e.g., for learning disabilities and attention deficit disorder)
- Crisis intervention and emergency services (24 hours/day, 7 days/week)
- Psychiatric consultation (medication management) when referred by Student Health Center and CBHC staff
- Consultation/ Outreach
- Sport psychology, health psychology, and behavioral medicine
- Training and research
- Referral services

***Q: What if I have my own doctor in the area; Would I still use the SHCC?***

**A: Many Students do because.....**

- The SHCC is convenient--- it is right here on campus.
- If you are sick or injured, we are able to see you the day---- you do not have to travel far or wait days for a visit.
- If you need a specialist, we can find one for you and make an appointment for you.
- You can obtain most prescription medications right here---- you do not have to trek to a pharmacy.
- Upon your request, we will be glad to provide your personal physician with any information about your health care at the SHCC or obtain information from your physician about your past medical history.

***Q: Where is the Health & Counseling Center located?***

**A: On the University Park Campus in the Ritchie Center, 3rd floor North**

***Q: When is the SHCC open and what numbers do I call?***

**A: Hours are as follows:**

**Health:**

8:30am - 5:30pm, Monday - Friday (All year)

9:00am - 1:00pm, Saturday (Sept.-May, except December)

Phone: (303) 871-2205

Fax: (303) 871-4242

Nursing: (303) 871-4133

Prescription Refills: (303) 871-4199

H&C Fee/ Insurance: (303) 871-4136

After hours: (303) 871-2205

**Counseling:**

8:30am - 5:30pm, M-F (All year)

Phone: (303) 871-3511

Fax: (303) 871-4242

After hours: (303) 871-3000

Please note: The SHCC is closed on DU holidays and DU holiday weekends.

***Q: What do I do in an Emergency?***

**A: Medical Emergencies**

Call 911 or Campus Safety at 303-871-3000 in a true life-threatening medical emergency (severe injuries, severe bleeding, unconsciousness, etc.). as you should go directly to a hospital emergency room.

**Mental Health Emergencies**

In case of an emergency during business hours, call 303-871-3511 or come to the SHCC. For after hours emergency calls, please call Campus Safety at 303-871-3000 and ask to speak to the "counselor-on-call." A "counselor-on-call" is available 24 hours a day, 7 days a week to all university students.

***Q: Where are the closest hospitals?***

**A:** The hospital closest to the University Park Campus is:

Porter Adventist Hospital

2525 S. Downing St.

Denver, CO 80210

Tel: (303) 778-1955

*\* Hospital insurance coverage may vary with your health insurance plan. There are other hospitals in the surrounding area and you may want to check your health insurance plan network for participating hospitals.*

## How to Find Us

The Student Health & Counseling Center is located in the Ritchie Center, 3rd Floor North (on Buchtel Blvd. facing the I-25 Side)

**\*\*Make sure you use the elevator or stairs on the NORTH end of the building, as it is the only way to get to our offices!**



**The DU Student Health & Counseling Center**  
**Quick Facts and Reminders for 2004-2005**  
**about Fees and Insurance Premiums**

**Please note, only a *student* may waive the insurance or health fee.**

We welcome each of you to the University of Denver and look forward to assisting you in maintaining good health while you pursue your educational goals. DU has established an excellent two-part health care program. Read below for quick facts and helpful links. IT IS IMPORTANT FOR YOU TO READ **ALL** THE INFORMATION BELOW.

**1. THE HEALTH & COUNSELING FEE**  
**\$100 per quarter , \$150 per semester**  
**Summer term is \$100**

The Health & Counseling fee may appear on your tuition bill each term. If not, you may elect to pay the fee at Student Financial Services or at the Student Health & Counseling Center. This fee allows you to visit our Health Center and receive many services with no out-of-pocket costs.

**All Undergraduates must pay the Health & Counseling Fee.**

If you are a graduate student, you may elect to waive the fee. We do not encourage waiving, however, as keeping the fee goes a long way towards reducing out-of-pocket medical expenses and provides convenient access to comprehensive medical care right on campus. **Please think carefully before waiving. Once you waive this fee, you cannot pay it again until the following term.** For more detailed information before waiving go to <http://www.du.edu/healthservices/> and click on "Health & Counseling Fee"

To waive the Health & Counseling Fee (graduates only) you must do so **on-line** by the deadline which is 3 weeks from the first day of classes EACH TERM. Please use the link at the bottom of this page. **Not waiving by the deadline means that you will be responsible to pay the fee.**

**2. THE STUDENT HEALTH INSURANCE PLAN PREMIUM**  
**\$805 semi-annually (Due Each Fall & Spring term)**

The Student Health Insurance Premium may appear on your tuition bill each coverage period. If not, and you are enrolled at DU for at least one hour of graded credit, you may elect to pay the premium (an enrollment form must accompany payment) at the DU Health & Counseling Office. You must **enroll** by the **fall & spring deadlines which are 3 weeks from the first day of classes EACH fall & spring for Semester students (Law) or Quarter students.**

The Student Health Insurance Plan provides comprehensive insurance coverage for medical and mental health needs. With proof of other adequate, comprehensive health insurance, all students, undergraduates and graduates, may waive this premium off the tuition bill by completing a waiver form online. **Please think carefully and check with your other, current health insurance plan before waiving this premium as many other plans limit the type of care and benefits allowed outside of their service area.** For more detailed information before waiving go to <http://www.du.edu/healthservices/> and click on "Student Health Insurance Plan"

To waive the Student Health Insurance Plan premium, you must do so **on-line** by the **fall deadlines which are 3 weeks after the first day of classes. The deadlines are different for Semester students (Law) & Quarter students.** Please use the link below. **Not waiving by the deadline means that you will be responsible to pay the premium.**

**To Access the Waiver Link go to My Web at:**  
**[https://myweb.du.edu/pls/mdb/twbkwbis.P\\_WWWLogin](https://myweb.du.edu/pls/mdb/twbkwbis.P_WWWLogin)**