**AASP Southwest Regional Student Conference Schedule**

**Location:** Daniel Felix Ritchie School of Engineering and Science

**Friday, April 7, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>2:00pm – 3:00pm</td>
<td>Registration/Check-in</td>
<td>Outside Room 510</td>
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<tr>
<td>3:15pm – 3:30pm</td>
<td>Welcoming Remarks</td>
<td>Room 510</td>
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</tbody>
</table>
| 3:30pm – 4:45pm | Keynote Address
Jean François Ménard, MA; *Founder & President of Kambio Performance Working with Cirque Du Soleil, Olympic Athletes, and More: Experiences from 10 years of Applied Sport and Performance Consulting* | Room 510       |
| 5:00pm – 6:00pm | Professional Panel I
Clients of SPP
*Members: TBA* | Room 510       |
| 7:30pm – 10:00pm | Student Social at TBD                                                  |                |

**Saturday, April 8, 2017**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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| 8:15am – 10:15am | Katie Hardie, MA, MBA, CSCS, CC-AASP
*Managing Stress for Coaches’ Optimal Performance*
*AASP Southwest Regional Conference Attendees Welcome* | Room 401       |
| 8:30am – 9:00am | Breakfast/Late check-in (AASP)                                        | Outside Room 510 |
| 9:00am – 9:15am | Welcoming Remarks                                                      | Room 510       |
| 9:15am – 10:15am | Professional Panel II
Professionals working with SPP practitioners
*Members: TBA* | Room 510       |
| 10:30am – 12:00pm | Keynote Address
Tyler Christiansen, CSCS, TSAC-F | Room 510       |
| 12:00pm-1:00pm | Professional Workshop
Andy Gillham, PhD, CC-AASP, CSCS; *Ludus Consulting LLC
Coach Evaluation to Professional Development to Progress* | Room 510       |
| 1:00pm – 2:00pm | Lunch                                                                 |                |
2:05pm – 2:30pm  Student Presentations

1st and 10: Beginning the Consultation Journey  Room 401
Eric Bagby, Northwest Missouri State University

Developing leaders through mental skills training  Room 400
Alex Easby, University of Denver

Utilization of self-talk in collegiate cross country runners  Room 301
Zachary Holloway, Riley Robbins, Adams State

2:30pm – 2:55pm  Student Presentations

Developing A Holistic Athlete: A Consultant’s Reflections  Room 401
Implementing PETTLEP Imagery
Tavia Rutherford, University of Denver

Making the Podium: Examining the Factors Behind Olympic Resilience  Room 400
Scott Anderson, Cory Helfer, Ashley Simon, University of Denver

Mindfulness in Sport: Acceptance vs Complacency  Room 301
Kirsten Cooper, University of Denver

3:00pm – 4:00 pm  Jessica Dale Bartley, PsyD, CC-AASP & Melissa Streno, PsyD, CC-AASP
The Role of the Coach and Support Staff in Identifying and Treating an Athlete with an Eating Disorder  Room 510

4:05pm – 4:30pm  Student Presentations

Turning Experience into Practice  Room 401
Stephanie Hale, Breigh Jones, Demi Maglio, Jessie Pauley
University of Denver

All the World’s a Stage: A Self-reflective Approach to Understanding the Consultant as a Performer  Room 400
Sarah Hudak, University of Denver

A Case for Evaluating Sleep Performance  Room 301
Cody Pendergrass, University of Denver
4:30pm – 4:55pm  Student Presentations

*A Transtheoretical Approach to Performance Excellence*  Room 401
John Rowe, University of Denver

*Collegiate baseball hitting confidence as a function of rituals and superstitions*  Room 400
Caitlin Haworth, Christopher Newport University

*Visual Attention to the Idealized Body*  Room 301
Casey Nelson, University of Denver

5:00pm – 5:15pm  Closing Remarks  Room 510