

Allison Troy Caston
Department of Psychology
University of Denver
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Major Research Interests

- The clinical implications of emotion regulation in typical and atypical populations (i.e., individuals with mood disorders)
- Long-term consequences (including social, physiological, and psychological consequences) associated with specific emotion regulation strategies
- Underlying processes that may support effective emotion regulation (i.e., cognitive control).

Education

Doctor of Philosophy in Affect/Social Psychology
Developmental Cognitive Neuroscience
University of Denver, Denver, CO
Advisor: Iris Mauss, Ph.D.
Anticipated 2011
Overall GPA: 3.9

M.A., Affect/Social Psychology, 2008
University of Denver, Denver, CO
Advisor: Iris Mauss, Ph.D.
Thesis title: Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression

B.A., Psychology, *Summa Cum Laude*, 2003
North Carolina State University, Raleigh, NC
Advisor: Amy Halberstadt, Ph.D.

Honors and Academic Awards

Graduate Studies Doctoral Fellowship, Tuition and Stipend University of Denver (2006 – Present)
Graduate Students of the Four Faculties (GSFF) Travel Award, University of Denver (2008)
Psi Chi (2002)
Gamma Beta Phi (2001)

Publications

Caston, A. T., & Mauss, I. B. (in press). Resilience in the face of stress: Emotion regulation as a protective factor. In S. Southwick, D. Charney, M. Friedman, & B. Litz (Eds.), *Resilience to stress*. Cambridge University Press.

Submitted Manuscripts/ in Preparation

- Caston, A. T.**, Wilhelm, F. H., Shallcross, A. J., & Mauss, I. B. (in preparation). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression.
- Mauss, I. B., Shallcross, A. J., **Caston, A. T.**, Ferrer, E., John, O. P. & Gross, J. J. (in preparation). Socioemotional correlates of emotional response system coherence.

Conference Talks

- Caston, A. T.** (2008). Reappraisal ability and cognitive control. Second Annual University of Colorado/University of Denver (CU/DU) Research Day, Boulder, CO.
- Caston, A. T.**, Shallcross, A. J., & Mauss, I. B. (2008). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression. XXIX International Congress of Psychology, Berlin, Germany.
- Caston, A. T.** (2007). Seeing the silver lining: Does cognitive reappraisal ability moderate the relationship between stress and depression? First Annual University of Colorado/University of Denver (CU/DU) Research Day, Denver, CO.

Conference Posters

- Caston, A. T.**, Joormann, J., & Mauss, I. B. (2009). What processes support emotion regulation ability? The relationships between attention inhibition and cognitive reappraisal ability. Annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Hagemann, T., **Caston, A. T.**, Shallcross, A. J., & Mauss, I. B. (2008). Religious coping and adjustment to stressful life events. XXIX International Congress of Psychology, Berlin, Germany.
- Caston, A. T.**, Shallcross, A. J., & Mauss, I. B. (2008). Resilience in the face of stress: Cognitive reappraisal ability moderates the relationship between stress and depression. Emotion pre-conference of the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Shallcross, A. J., **Caston, A. T.**, Prager, E., & Mauss, I. B. (2008). Good grief: The ironic benefits of accepting negative experiences on depressive symptoms. Annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Drapala, D.A., Felton, A.N., Partin, K.E., **Troy, A.S**.**, & White, M. W. (2003, April). Individual perceptions of the role of the parent: How do they differ? Poster presented at the North Carolina State University Undergraduate Research Symposium, and the Carolinas Psychology Conference, Raleigh, North Carolina.
- Troy, A.S**.**, & Choudhury, M.C. (2000, May). Food Chain Alkaloid Uptake in Crickets. Poster presented at the National Zoo, Zoofari Day, Washington, D.C.

** Denotes presentations made using maiden name - Troy

Research Positions

- 2006 – Present **Graduate Research Assistant**, Emotion Regulation Lab
Director: Iris Mauss, Ph.D., University of Denver
Duties include theoretical project development, data collection, data entry, recruiting participants from the community, data analysis, and research assistant training for a longitudinal study examining the relationship between stress, emotion regulation and long-term coping
Project Title: Coping with Stress
- 2007 – Present **Research Assistant**, Reading and Language Lab
Director: Janice Keenan, Ph.D., University of Denver
- 2005 – 2006 **Professional Research Coordinator**, Duke Clinical Trials Program
Director: Ashwin Patkar, MD, Duke University Medical Center
- 2004 – 2005 **Professional Research Assistant**, Duke Center for Nicotine and Smoking Cessation Research
Director: Jed Rose, MD, Duke University Medical Center
- 2002 – 2003 **Undergraduate Research Assistant**, Child Development Lab
Director: Amy Halberstadt, Ph.D., North Carolina State University

Professional Membership

- 2007 – Present Society for Personality and Social Psychology

Research Groups

- 2006 – Present Cognitive Research Group
2006 – Present Neuroscience Research Group
2006 – Present Stress, Trauma, and Coping Research Group

Statistical Coursework

- Spring 2001 Introduction to Statistics
Fall 2002 Research Methods I
Spring 2003 Research Methods II
Fall 2006 Research Design
Winter 2007 Statistical Inference
Spring 2007 Correlation and Regression
Summer 2007 Structural Equation Modeling – Foundations, and Advanced Longitudinal Modeling – Workshops conducted at the University of Kansas Summer Institute

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Fall 2007
Winter 2008

Analysis of Variance
Structural Equation Modeling