

**IRIS B. MAUSS**  
**Curriculum Vitae**

Department of Psychology  
University of Denver  
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***Education and Academic Positions***

Assistant Professor, Department of Psychology, University of Denver (2005--).  
Ph.D. in Psychology, Stanford University (2005).  
M.A. in Psychology (with highest honors), Heinrich-Heine University, Düsseldorf, Germany (1997).  
B.A. in Psychology, University of Trier, Germany (1993).

***Fellowships and Awards***

Stanford Psychology Department, Award for Excellence in Teaching (2004).  
NIMH Consortium in Affective Science, Predoctoral Fellowship (2000 – 2003).  
Stanford University, Graduate Research Award (2003).  
Society for Personality and Social Psychology, Travel Award (2003).  
Norman H. Anderson Research Award (2002, 2004).  
Amsterdam Symposium on Feelings and Emotions, Travel Award (2002).  
Social Cognitive Neuroscience, Travel Award (2001).  
Stanford University, Graduate Fellowship, Tuition and Stipend (1998–2000).

***Funding***

1R21AG031967 National Institute on Aging (2008-2010).  
    *“The impact of reappraisal ability on adjustment to stressful life events.”* –  
    \$235,000 (direct costs)      Role: PI  
Faculty Research Fund, University of Denver (2007-2008).  
    *“The role of emotion regulation and genetic vulnerabilities in predicting  
    adjustment to stressful life events.”* – \$2,990      Role: PI  
Professional Research Opportunities for Faculty, University of Denver (2006-2008).  
    *“Interpersonal trauma and emotion regulation: Vulnerability to long-term  
    negative outcomes.”* – \$15,000      Role: PI

### ***Research Interests***

- Health effects of emotion and emotion regulation.
- Automatic and deliberate emotion regulation.
- Coherence and dissociation of response systems in emotion and emotion regulation.
- Sociocultural norms regarding emotion and emotion regulation.

### ***Publications***

- Mauss, I. B.**, & Butler, E. A. (in press). Cultural background moderates the relationship between emotion control values and cardiovascular challenge versus threat responses. *Biological Psychology*.
- Caston, A. T., & **Mauss, I. B.** (in press). Resilience in the face of stress: Emotion regulation ability as a protective factor. In S. Southwick, D. Charney, M. Friedman, & B. Litz (Eds.), *Resilience to stress*. Cambridge University Press.
- Mauss, I. B.**, Butler, E.A., Roberts, N. A., & Chu, A. (in press). Emotion control values and responding to an anger provocation in Asian-American and European-American individuals. *Cognition and Emotion*.
- Schooler, J. W., & **Mauss, I. B.** (in press). To be happy and to know it: The experience and meta-awareness of pleasure. In M. L. Kringelbach & K. C. Berridge (Eds.), *Pleasures of the brain*. Oxford University Press.
- Tamir, M., & **Mauss, I. B.** (in press). Social-cognitive factors in emotion regulation: Implications for well-being. In I. Nyklicek, A. Vingerhoets, M. Zeelenberg, & J. Denollet (Eds.), *Emotion regulation and well-being*. Springer.
- Mauss, I. B.**, & Robinson, M. D. (2009). Measures of emotion: A review. *Cognition and Emotion*, 23, 209-237.
- Bailenson, J. N., Pontikakis, E. D., **Mauss, I. B.**, Gross, J.J., Jabon, M.E., Hutcherson, C.A., Nass, C., & John, O. (2008). Real-time classification of evoked emotions using facial feature tracking and physiological responses. *International Journal of Human Machine Studies*, 66, 303-317.
- Mauss, I. B.**, Bunge, S. A., & Gross, J. J. (2008). Culture and automatic emotion regulation. In M. Vanderkerckhove, C. von Scheve, S. Ismer, S. Jung, & S. Kronast (Eds.), *Regulating emotions: Culture, social necessity, and biological inheritance* (pp. 39-60). London: Blackwell Publishing.
- McRae, K., Ochsner, K. N., **Mauss, I. B.**, Gabrieli, J. J. D., & Gross, J. J. (2008). Gender differences in emotion regulation: An fMRI study of cognitive reappraisal. *Group Processes and Intergroup Relations*, 11, 143-162.
- Mauss, I. B.**, Bunge, S. A., & Gross, J. J. (2007). Automatic emotion regulation. *Social and Personality Psychology Compass*, 1, 146-167.
- Mauss, I. B.**, Cook, C. L., Cheng, J. Y. J., & Gross, J. J. (2007). Individual differences in cognitive reappraisal: Experiential and physiological responses to an anger provocation. *International Journal of Psychophysiology*, 66, 116-124.
- Mauss, I. B.**, Cook, C. L., & Gross, J. J. (2007). Automatic emotion regulation during an anger provocation. *Journal of Experimental Social Psychology*, 43, 698-711.
- Siemer, M., **Mauss, I. B.**, & Gross, J. J. (2007). Same situation - different emotions: How appraisals shape our emotions. *Emotion*, 7, 592-600.

- Mauss, I. B.**, Evers, C., Wilhelm, F. H., & Gross, J. J. (2006). How to bite your tongue without blowing your top: Implicit evaluation of emotion regulation predicts affective responding to anger provocation. *Personality and Social Psychology Bulletin*, *32*, 589-602.
- Mauss, I. B.**, Levenson, R. W., McCarter, L., Wilhelm, F. H., & Gross, J. J. (2005). The tie that binds? Coherence among emotional experience, behavior, and autonomic physiology. *Emotion*, *5*, 175-190.
- Wilhelm, F. H., Pfaltz, M. C., Gross, J. J., **Mauss, I. B.**, Kim, S. I., & Wiederhold, B. K. (2005). Mechanisms of virtual reality exposure therapy: The role of the behavioral activation and behavioral inhibition systems. *Applied Psychophysiology and Biofeedback*, *30*, 271 - 284.
- Mauss, I. B.**, Wilhelm, F. H., & Gross, J. J. (2004). Is there less to social anxiety than meets the eye? Emotion experience, expression, and bodily responding. *Cognition and Emotion*, *18*, 631-662.
- Mauss, I. B.**, & Gross, J. J. (2004). Emotion suppression and cardiovascular disease: Is hiding your feelings bad for your heart? In L.R. Temoshok, A. Vingerhoets, & I. Nyklicek (Eds.), *The expression of emotion and health* (pp. 62-81). London: Brunner-Routledge.
- Mauss, I. B.**, Wilhelm, F. H., & Gross, J. J. (2003). Autonomic recovery and habituation in social anxiety. *Psychophysiology*, *40*, 648-653.
- Brown, W. M., Bensafi, M. B., Bremner, E. A., Mainland, J. D., Johnson, B. N., Young, N. L., **Mauss, I. B.**, Ray, B., Gross, J., Richards, J., Stappen, I., Levenson, B., & Sobel, N. (2003). Sex-steroid derived compounds induce sex-specific effects on autonomic nervous system function in humans. *Behavioral Neuroscience*, *117*, 1125-34.
- Egloff, B., Wilhelm, F. H., Neubauer, D. H., **Mauss, I. B.**, & Gross, J. J. (2002). Implicit anxiety measure predicts cardiovascular reactivity to an evaluated speaking task. *Emotion*, *2*, 3-11.
- Vogt, J., **Mauss, I. B.**, Lahl, O., & Kalveram, K. T. (1997). The relative impact of aircraft noise and number: A full factorial laboratory design. In A. Schick & M. Klatte (Eds.), *Contributions to psychological acoustics* (pp. 99-106). Oldenburg: BIS.

### ***Submitted Manuscripts/in Preparation***

- Hsieh, F., Ferrer, E., Chen, S., **Mauss, I. B.**, & Gross, J. J. (submitted). Examining coherence in emotion response systems through network structure and signal transmission. *Psychometrika*.
- Evers, C., **Mauss, I. B.**, Fischer, A. H., & Manstead, A. S. R. (submitted). Emotion experience, behavior, and physiology: A dissociation model of implicit and explicit anger components.
- Caston, A. T., Shallcross, A. J., Wilhelm, F. H., & **Mauss, I. B.** (submitted). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression. *Emotion*.
- Mauss, I. B.**, Shallcross, A. J., Caston, A. T., Ferrer, E., John, O. P. & Gross, J. J. (in preparation). To be happy and to show it: Socioemotional correlates of emotional response system coherence.
- Wolff, B. C., Wadsworth, M., Wilhelm, F. H., & **Mauss, I. B.** (in preparation). Dispositional and social contextual influences on autonomic stress reactivity.

***Selected Conference and Invited Talks***

- Mauss, I. B., & Caston, A. T.** (2009). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression. Association for Psychological Science, San Francisco, CA.
- Mauss, I.B.** (2009). Co-chair and discussant in symposium on “Automatic emotion regulation: Neural bases and implications for psychological health.” Association for Psychological Science, San Francisco, CA.
- Caston, A. T., Shallcross, A. J., **Mauss, I. B.** (2009). Resilience in the face of stress: The ability to down-regulate negative versus up-regulate positive emotions differentially predicts depression and well-being. Western Psychological Association, Portland, OR.
- Caston, A. T., Shallcross, A. J., & **Mauss, I. B.** (2008). Seeing the silver lining: Cognitive reappraisal ability moderates the relationship between stress and depression. XXIX International Congress of Psychology, Berlin, Germany.
- Mauss, I.B.** (2008). Cultural background, emotion control values, and emotional responding. Annual meeting of the American Psychological Society, Chicago, IL.
- Mauss, I.B.** (2008). Emotion regulation: Affective consequences and implications for psychological health. Psychology Colloquium Series, Free University, Berlin, Germany.
- Quirin, M., & **Mauss, I.B.** (2008). Co-chair and discussant in symposium on “Implicit affective processes: Implications for social cognition and self regulation.” Annual meeting of the Society for Social and Personality Psychology, Albuquerque, NM.
- Mauss, I. B.** (2007). Automatic emotion regulation and anger. Invited talk at the annual meeting of the Western Psychological Association, Vancouver, British Columbia, Canada.
- Mauss, I. B.** (2007). Automatic emotion regulation and anger. Invited talk at the Institute for Personality and Social Psychology, UC Berkeley, CA.
- Mauss, I. B.** (2006). Are there emotion “modules”? Response system coherence in emotions. Neuroscience Research Group, University of Denver, CO.
- Mauss, I. B.** (2006). Cool, calm, and unconscious: Automatic emotion regulation and anger. Social Psychology Colloquium, University of Colorado, Boulder.
- Butler, E. A., Wilhelm, F. H., **Mauss, I. B.**, Gross, J. J. (2006). Respiratory sinus arrhythmia and the implicit evaluation of emotion regulation during social interaction. Annual meeting of the Society for Psychophysiological Research, Vancouver, British Columbia, Canada.
- Mauss, I. B.** (2006). Automaticity and emotion regulation. Psychology Colloquium Series, University of British Columbia, Vancouver, British Columbia, Canada.
- Mauss, I. B. & Gross, J. J.** (2006). Cool, calm, and unconscious: Automatic emotion regulation and responses to an anger provocation. Annual meeting of the Society for Social and Personality Psychology, Palm Springs, CA.
- Mauss, I. B. & Gross, J. J.** (2004). Blow your top or bite your tongue: Automatic emotion regulation and anger. Annual meeting of the Society for Psychophysiological Research, Santa Fe, NM.
- Mauss, I. B.** (2004). Blow your top or bite your tongue: Automatic anger regulation. Psychology Colloquium Series, University of Wisconsin, Madison, WI.
- Mauss, I. B.** (2003). Blow your top or bite your tongue: Anger regulation and health. Psychology Colloquium Series, University of California, Irvine, CA.

- Mauss, I. B.** (2003). Blow your top or bite your tongue: Implicit and explicit processes in anger regulation. Psychology Colloquium Series, Vassar College, NY.
- Mauss, I. B.** (2003). Blow your top or bite your tongue: Implicit processes in anger regulation. Annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, CA.
- Mauss, I. B.** (2002). Implicit processes in emotion regulation. Annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, CA.
- Mauss, I. B., & Gross, J. J.** (2002). Emotion suppression and cardiovascular disease. 24th European Conference on Psychosomatic Research, Lisbon, Portugal.
- Mauss, I. B., Yu, C.-Y., & Gross, J. J.** (2002). Implicit models of emotion influence emotional responding. 12th Conference of the International Society for Research on Emotion, Cuenca, Spain.
- Mauss, I. B.** (2001). Is there less to social anxiety than meets the eye? Experience of social anxiety and bodily responding. Annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, CA.
- Mauss, I. B., & Gross, J. J.** (2000). Emotion suppression and cardiovascular disease. 12th Annual Convention of the American Psychological Society, Miami Beach, FL.
- Mauss, I. B., Vogt, J., & Kalveram, K. T.** (1998). Annoyance responses to aircraft noise. 137th meeting of the Acoustical Society of America, Seattle, WA.
- Mauss, I. B., Vogt, J., Donath, T., & Kalveram, K. T.** (1997). Annoyance responses to aircraft noise. 39th Annual Meeting of Experimental Psychologists, Berlin, Germany.

### ***Conference Posters***

- Wolff, B. C., Wadsworth, M. E., & **Mauss, I. B.** (2009). Mitigating risk for anxiety among young children in poverty: Examining the impact of social support on autonomic stress reactivity. SRCB Biennial Meeting, Denver, CO.
- Caston, A. T., Joormann, J., & **Mauss, I. B.** (2009). What processes support emotion regulation ability? The relationships between attention inhibition, cognitive reappraisal, and distraction. Society for Personality and Social Psychology, Tampa, FL.
- Shallcross, A., & **Mauss, I. B.** (2009). Acceptance of negative emotional experiences moderates effects of stress on depression. Emotion pre-conference, Society for Personality and Social Psychology, Tampa, Florida.
- Hagemann, T., Caston, A. T., Shallcross, A. J., & **Mauss, I. B.** (2008). Religious coping and adjustment to stressful life events. XXIX International Congress of Psychology, Berlin, Germany.
- Butler, E. A., & **Mauss, I. B.** (2008). Culture alters which factors impact the physiological correlates of emotional responding. Annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Caston, A. T., Shallcross, A. J., & **Mauss, I. B.** (2008). Resilience in the face of stress: Cognitive reappraisal ability moderates the relationship between stress and depression. Emotion preconference of the annual meeting of the Society for Social and Personality Psychology, Albuquerque, NM.

- Shallcross, A. J., Caston, A. T., Prager, E., & **Mauss, I. B.** (2008). Good grief: The ironic benefits of accepting negative experiences on depressive symptoms. Annual meeting of the Society for Social and Personality Psychology, Albuquerque, NM.
- Hall, J.L., McRae, K., Goldin, P., **Mauss, I. B.**, & Gross, J.J. (2006). Individual differences in emotion regulation: Subjective, behavioral, and physiological consequences. Annual meeting of the American Psychological Society, New York, New York.
- Hall, J.L., McRae, K., **Mauss, I. B.**, Goldin, P., & Gross, J.J. (2005). Cognitive reappraisal and expressive suppression: Do individual differences moderate the consequences of emotion regulation? Annual meeting of the Society for Psychophysiological Research, Lisbon, Portugal.
- Monique C., Pfaltz, M.C., Gross, J.J., Wiederhold., B.K., **Mauss, I. B.**, Kim, S.I., Wilhelm, F.H. (2005). Mechanisms of virtual reality exposure therapy: the role of the behavioral activation and behavioral inhibition systems. Annual meeting of the Society for Psychophysiological Research, Lisbon, Portugal.
- Mauss, I. B.**, Yu, C.-Y., & Gross, J. J., (2003). Implicit processes in emotion regulation. Annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
- Pastuszek, D., **Mauss, I. B.**, Gross, J.J. (2003). Implicit regulatory goals and emotional response. Annual meeting of the American Psychological Society, Atlanta, Georgia.
- Wilhelm, F. H., **Mauss, I. B.**, Pastuszek, D. S., & Gross, J. J. (2003). A comparison of the Finapres and impedance cardiography for non-invasive estimation of cardiac output during mental stress. Annual meeting of the Society for Psychophysiological Research, Chicago, IL.
- Mauss, I. B.**, Wilhelm, F. H., Levenson, R. W., & Gross, J. J. (2002). Do emotions engender response coherence? Experiential, behavioral, and autonomic responses during sadness and amusement. Annual meeting of the Society for Psychophysiological Research, Washington, DC.
- Mauss, I. B.**, Wilhelm, F. H., Kazsmarska, A., McCarthy, M., & Gross, J. J. (2001). A vicious cycle? Social anxiety, social performance, and social consequences. Annual meeting of the American Psychological Association, San Francisco, CA.
- Mauss, I. B.**, Wilhelm, F. H., & Gross, J. J. (2001). Embodiment of social anxiety. Symposium on Feelings and Emotions, Amsterdam, The Netherlands.
- Mauss, I. B.**, Wilhelm, F. H., Jones, B. B., & Gross, J. J. (2000). Autonomic perception and autonomic reality: Is there less to social anxiety than meets the eye? Annual meeting of the Society for Psychophysiological Research, San Diego, CA.
- Hagemann, T., Vogt, J., **Mauss, I. B.**, & Kalveram, K. T. (1998). Circadian rhythm of salivary immunoglobulin. Annual meeting of the British Psychophysiology Society, Warwick, UK.

### *Teaching*

Introduction to Social Psychology  
 Graduate Seminar on Emotion and Emotion Regulation  
 Graduate Seminar on Psychophysiology (“Tools Class”)

***Professional Activities & Service***

Board of advisors/Consulting editor: *Cognition and Emotion*; *Journal of Personality and Social Psychology-IRGP* (2010-2011); *Motivation and Emotion*; *Social and Personality Psychology Compass*.

Ad-hoc reviewer for *Anxiety, Stress, and Coping*; *Behaviour Research and Therapy*; *Biological Psychiatry*; *Biological Psychology*; *Brain and Cognition*; *Cognitive Behaviour Therapy*; *Cognition and Emotion*; *Developmental Psychology*; *Emotion*; *European Journal of Personality*; *European Journal of Social Psychology*; *Journal of Cognitive Neuroscience*; *Journal of Experimental Social Psychology*; *Journal of Happiness Studies*; *Journal of Individual Differences*; *Journal of Personality*; *Journal of Personality and Social Psychology*; *Journal of Psychosomatic Research*; *Journal of Social and Clinical Psychology*; *Memory*; *Motivation and Emotion*; *Personality and Individual Differences*; *Personality and Social Psychology Review*; *Psychiatry Research*; *Psychological Science*; *Psychology and Aging*; *Psychophysiology*; *Social and Personality Psychology Compass*; *Social Psychological and Personality Science*.

Co-instructor of two-week workshop on “Biological Bases of Social Behavior and Personality” at the Summer Institute of Social Psychology, Evanston, IL (2009).

Co-organized the emotion pre-conference for the Society for Personality and Social Psychology (2008; 2009). [www.emotionpreconference.org](http://www.emotionpreconference.org)

Conference program committee for the meeting of the Society for Psychophysiological Research (SPR; 2006).

Grant reviewer for UK Economic and Social Research Council, Large Grant Scheme (2008).

Reviewer for Society for Psychophysiological Research (SPR) Training Awards (2008).

Institutional Review Board, University of Denver (2006; 2007; 2008; 2009).

Professional Research Opportunities for Faculty (PROF) committee, University of Denver (2008).

Science Writing: “Control your anger! Should you regulate your emotional reactions or let them rip?” *Scientific American: Mind*, December 2005, 64-71.

Graduation speech at the 2005 psychology department graduation, Stanford University.

Co-organized Personality Area Research Colloquium Series, Stanford University (2002–2003).

Co-organized the Stanford-Berkeley Talks in Social and Personality Psychology (April, 2000).

***Association Memberships***

International Society for Research on Emotion (2002 – present).

Society for Social and Personality Psychology (2002 – present).

American Psychological Society (2000 – present).

Society for Psychophysiological Research (2000 – present).