

# Top 10 Tips for reducing your waste

**1** Bring a reusable bag to the grocery store, convenience store, and other places. You will be getting a reusable bag when you check in at orientation!

**2** Carry a reusable water bottle with you everywhere! There are water bottle refill stations in nearly every building on campus, and you'll save a ton of \$\$\$ by not buying bottled water!

**3** Carry a reusable coffee mug with you. While coffee cups are now recyclable at DU (yes, really!), it's best to avoid the waste in the first place. All Sodexo locations give you a discount for your own cup, as do many local coffee shops.

**4** Bring a tupperware with you to eat out. It's kind of dorky, but it will keep your leftovers fresher and prevent those non-recyclable to-go containers.

**5** Get some reusable plates and flatware for your residence hall. You'll save \$\$\$ on the disposable stuff, and keep a bunch of trash out of the landfill. Get them cheap at the DU Thrift Store!

**6** Only take the food that you will actually eat at the Dining Halls. There are cups that let you "Try a Taste" before you take a full serving, and you can go back for more if you're still hungry.

**7** Ditch the straw! Sodexo locations only offer straws upon request, and you can ask for no straw at other restaurants off campus.

**8** Set double-sided printing as your default printer setting. Unless a professor asks specifically for single-sided pages, always opt to print on both side of a page. It's cheaper on your print credit too!

**9** Opt for cloth hand towels in your room. Bring a hand towel with you to the bathroom as part of your "shower kit" so that you can forego the paper towels. It works at home, doesn't it?

**10** Learn the rules for recycling and composting at DU! If you can't reduce your waste, you should try to get items that can be either recycled or composted. All residence halls have access to both.