

## Anne L Polyzou, LCSW, CAC III

### Education:

2002-2003

**University of Michigan**, Ann Arbor, MI  
**MSW**, Concentration in Interpersonal Practice/Mental Health, GPA 3.9

1997-2001

**University of New Mexico**, Albuquerque, NM  
**BA**, Majors in Psychology and Sociology

### Licenses and Certifications:

March 2006

**LCSW**, Licensed Clinical Social Worker, State of Colorado

March 2008

**CAC III**, Certified Addictions Counselor Level III, State of Colorado

November 2010

Dialectical Behavior Therapy Certification (Intensive)

February 2005

Multisystemic Therapy Certification

### Professional Experience:

Aug 2008 – Present

Aurora Mental Health Center, Hampden Academy Day Treatment, Aurora Colorado  
**Program Director/Clinical Supervisor**

- Provide clinical supervision and administrative oversight to the adolescent day treatment program.
- Conduct assessments to determine medical necessity for day treatment placement of all BHI Medicaid consumers requesting day treatment level of care.
- Maintain and supervise a staff of special education teachers, therapists, para-professionals, and interns.
- Provide group, individual and family therapy services for clients in a day treatment and outpatient setting.
- Participate in the development and implementation of a comprehensive DBT program for adolescents and caregivers.
- Serve as a site supervisor for Smith College School of Social Work interns.
- 2009 Aurora Mental Health Center "Manager Of The Year".

Aug 2011 – Present

Metropolitan State College of Denver  
**Adjunct Faculty, Social Work Department**

- Teaching/facilitating undergraduate foundational social work classes.
- Maintain student assignments and feedback through Black Board.

July 2006 – Aug 2008

Aurora Mental Health Center, Intensive Outpatient Services, Aurora Colorado  
**Adolescent and Family Therapist**

- Conduct mental health assessments, establish diagnosis, and refer clients for appropriate services.
- Provide individual and family therapy to adolescents referred for outpatient services.
- Developed and facilitate treatment groups for adolescents, including Social Skills Group and Dialectical Behavior Therapy Group for Adolescents.
- Create and implement ongoing treatment plans for family and individual clients.

- Collaborate with outside agencies involved with youth/families to ensure appropriate services are in place.
- Provide clinical supervision to MSW therapist working toward hours for licensure.

Jan 2004 – July 2006

Savio House, Denver Colorado

**Family Therapist, Day Treatment/RTC**

- Supervised group counselors assigned to Drug and Alcohol Treatment Groups.
- Provided individual and family therapy for adjudicated youth and their families.
- Conducted group therapy sessions for residential and day treatment clients.
- Provided crisis management support through an on-call emergency pager.
- Facilitated monthly staffings with treatment teams and consulting psychologists.
- Provided treatment updates in court; collaborating with caseworkers, probation officers and attorneys.

Dec 2002 – Dec 2003

University Hospital, University of Michigan, Ann Arbor, MI

**Therapist / Social Work Intern, Child and Adolescent Psychiatry**

***Child and Adolescent Inpatient Psychiatry:***

- Provided individual and family therapy for clients in a psychiatric inpatient unit.
- Participated in daily treatment milieu meetings with other psychiatry staff to discuss client progress and treatment plans.
- Located and arranged follow-up services for clients subsequent to discharge.

***Child and Adolescent Outpatient Psychiatry:***

- Conducted outpatient evaluations; consulted with colleagues to establish diagnosis.
- Met weekly with clients to provide individual therapy services on an ongoing basis.

Dec 2001-Aug2002

University Hospital, University of New Mexico, Albuquerque, NM

**Mental Health Technician, Children's Psychiatric Center**

- Provided patient care and direct supervision to children and adolescents at three levels of care (Acute Services, RTC, Partial Hospital Day Program).
- Participated in the development and implementation of individual client treatment programs.
- Worked in an educational and therapeutic milieu as a member of a team of clinical therapists, caseworkers, teachers, psychiatrists and nursing staff.
- Served as a member of the crisis response team.

Jan 2000-May 2001

Juvenile Probation/Parole Department, Albuquerque, NM

**Volunteer Juvenile Probation/Parole Officer**

- Met with juveniles (and parents) who had committed misdemeanor offenses to discuss the offence, corrective actions, and relative psychosocial issues.
- Counseled juveniles on setting goals and reforming maladaptive behavior patterns.
- Referred more intensive cases to clinical social workers for follow-up.
- Established and prescribed consequences for juvenile offenders including drug and alcohol education classes, community service, first offenders program, or individual and family counseling.

Aug 1999-Mar 2000

Psychology Clinic, University of New Mexico, Albuquerque NM

**Trained Para-Professional Crisis Counselor, Agora Crisis Center**

- Received training for dealing effectively with issues surrounding rape, suicide prevention and general crisis.
- Counseled individuals dealing with crisis either by telephone or the walk-in clinic.
- Linked callers with resources such as counseling, shelters, or support groups.
- Served as a board member, offering advice and decision making at meetings concerning funding, publicity, and policies.

**Past Research and Teaching Experience:**

Aug 2002-Aug2003

**Research Assistant, University of Michigan School of Social Work**

- Assisted in the research the cognitive makeup of the sex-offending population. Responsibilities included previewing and summarizing pertinent research articles for inclusion as references and guide work and collaboration on compellation and dispatch of research surveys and projects.

Spring 2001

**Teaching Assistant, University of New Mexico, Sociology Department**

- Worked as a teaching assistant for undergraduate Sociology Research Methods course. Responsibilities included collaboration on syllabus development, administration of review sessions prior to exams, grading student papers and projects, and leading discussion, classes, and projects pertaining to Social Research.