

# *Lillian Ramey, LCSW*

[lillian@riversagecounseling.com](mailto:lillian@riversagecounseling.com)

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## *Career Focus*

Committed to strengths-based therapeutic intervention, supervision, and instruction with emphasis on evidence-based practices.

## *Licensure and Achievements*

Licensed Clinical Social Worker (CO) #992647  
2004 Making a Meaningful Difference Award – SWCMHC  
2005 Staff Member of the Year Award – SWCMHC  
Implemented agency-wide Catalytic Coaching program for staff development  
Implemented a Behavioral Health Consultant position within a Primary Care Medical Clinic

## *Specialized Skills*

- ▶ EMDR (Eye Movement Desensitization and Reprocessing)
- ▶ DBT (Dialectical Behavior Therapy)
- ▶ PCIT (Parent Child Interaction Therapy)
- ▶ TFCBT (Trauma Focused Cognitive Behavioral Therapy)

## *Professional Experience*

*Riversage Family Counseling* 5/10 – present

### **Owner / Therapist / Director**

- Provide individual, family, and group therapy
- Provide supervision, consultation and training on a contract basis
- Provide administration of contract employees

*Highlands University* 09/10 - present

### **Adjunct Faculty**

- Instructed MSW students in Human Behavior and Social Environment course

*Southwest Colorado Mental Health Center, Durango, CO*

### **Outpatient Clinical Director**

2/06-5/10

- Provide administrative and clinical supervision to an average of 12 staff
- Provide agency-wide on-call clinical supervision
- Implement and provide oversight around regulatory requirements and agency development
- Liaison between the Mental Health Center, community agencies, and consumers
- Maintain and oversee program budgets
- Provide child, family, and adult therapy as needed

### **Regional Adolescent DBT Therapist**

8/04-2/06

- Provide individual, group, and family therapy using a DBT approach
- Coordinate DBT group and program development in Cortez, Durango, and Pagosa Springs
- Maintain documentation and coordination between multi-agency systems

<b>Home-based Family Therapist (FICF)</b>	9/03-8/04
<ul style="list-style-type: none"> <li>• Provide home and community based individual and family therapy to children and adolescents in outlying communities</li> </ul>	
<b>Day Treatment Therapist, Durango High School</b>	8/02-9/03
<ul style="list-style-type: none"> <li>• Provide individual, family, and group therapy to high school students in the day treatment program</li> </ul>	
<b>Outpatient Therapist</b>	11/01-8/02
<ul style="list-style-type: none"> <li>• Provide individual and family therapy to children and adults</li> <li>• Address a broad range of mental health issues including Depression, Anxiety, and Trauma for all ages</li> </ul>	
<u>San Juan Community College, Farmington, NM</u>	
<b>Adjunct Faculty</b>	9/01-12/01
<ul style="list-style-type: none"> <li>• Instruct Bachelor's level students in Intro to Human Services course</li> </ul>	
<u>Hospice of Montezuma, Cortez, CO</u>	
<b>Social Worker</b>	5/01-11/01
<ul style="list-style-type: none"> <li>• Counsel and provide case management for terminally ill patients and families on end of life issues</li> </ul>	
<u>Camelot Care Center, Inc. Lincoln, Nebraska</u>	
<b>Treatment Foster Care Clinical Director</b>	11/00-5/01
<ul style="list-style-type: none"> <li>• Develop initial TFC program</li> <li>• Train and clinically supervise treatment level foster families</li> <li>• Supervise administrative and therapeutic staff</li> <li>• Facilitate referral and admission process</li> <li>• Liaison between program, community, and families</li> </ul>	
<b>In-home Therapist</b>	2/99-11/00
<ul style="list-style-type: none"> <li>• Provide home-based individual and family therapy, case management, and crisis intervention for children with behavioral and emotional problems</li> <li>• Train new employees on theory and technique associated with Camelot and Process Therapy</li> </ul>	
<u>Westcare Hospice, Sylva, North Carolina</u>	
<b>Social Worker</b>	5/98-2/99
<ul style="list-style-type: none"> <li>• Counsel terminally ill patients and families relating to grief and end of life issues</li> <li>• Case manage long-term care and community service referrals</li> <li>• Coordinate volunteer staff of 30</li> </ul>	
<u>Camp Woodson, Swannanoa, North Carolina</u>	
<b>MSSW Intern</b>	1/98-5/98
<ul style="list-style-type: none"> <li>• Conduct individual and group counseling and assessment with adjudicated adolescents in a therapeutic wilderness milieu</li> <li>• Lead adventure-oriented activities, such as backpacking and rock climbing, using Reality Therapy to build trust, self esteem, and cooperation</li> </ul>	
<u>Education</u>	
University of Texas at Austin - M. S. in Social Work Concentration: Children and Families	May 1998
University of Houston – B. S. in Psychology with Honors	May 1995
<u>Volunteer Experience</u>	
Facilitator for Crisis Intervention Team training for law enforcement	2006 – 2011
Sexual Assault Services Organization Board Member / Clinical Supervisor	2010 – 2011
Youth Director, Florida Mesa Presbyterian Church	2010 – 2011
Foster Parent for La Plata County	2003 – 2011
Mancos Volunteer Firefighter	2002 - 2003

### *Trainings & Presentations*

Introduction to DBT 2010, 2011  
DBT and Anger Management 2011

### *Professional Activities*

- Play Therapy Conference by Dr. Byron Norton 1996
- North Carolina Association of Death Education and Counseling conference 1998
- Individual and Group Therapy Techniques for Adolescents Training 1999
- Multi-Systemic Therapy Training 2000
- Association of Experiential Education International Conference 2000
- Association for Challenge Course Technology Conference 2001
- Parenting the Out of Control Teenager Seminar 2003
- Colorado Child and Family Conference 2001
- Introduction to DBT Training 2002
- DBT with Adolescents 2003
- DBT with Suicidal Populations 2004
- Attachment Disorder Training Series with Kenny Miller 2005
- EMDR Level I and II training 2007
- Parent Child Interaction Therapy Training 2008
- Trauma Focused CBT training 2009
- EMDR with complex PTSD 2010
- Expert Witness Testimony 2011
- Introduction to Hakomi 2011