

# Lindsey M. Spraker, LSW, CTRS

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## EDUCATION

*Licensure: Licensed Social Worker #627*

Issued: 3/2010

*University of Denver*

Denver, CO

Master of Social Work

June, 2009

Concentration: Clinical Track: High Risk Youth Certification: Animal Assisted Social Work

CGPA 3.87

Program Nationally Accredited by CSWE

*University of Wisconsin – La Crosse*

La Crosse, WI

Bachelor of Science in Therapeutic Recreation

May, 2006

Minor: Psychology

CGPA 3.69

Program Nationally Accredited by NRPA/AALR

Dean's List

## SOCIAL WORK RELATED EXPERIENCE

*Lifelong Adult Education Services, Inc.*

Denver, CO

### **Therapist**

1/10 – Present

- Provide therapy, case management, and child protection services to families and adults with disabilities.
- Complete SSI screenings, psycho-educational screenings, comprehensive assessments, and academic testing.
- Facilitate psycho-educational course for clients receiving TANF benefits.

*Creative Perspectives, Inc.*

Englewood, CO

### **Interventionist**

8/09 – 12/09

- Provided 1:1 center-based and community-based interventions for clients with Autism Spectrum Disorder.
- Created developmentally appropriate goals for individual clients to enhance independence and success in daily living.

*Department of Human Services – Family Crisis Center*

Denver, CO

### **Graduate Intern**

8/08 – 5/09

- Assisted in program development, co-facilitated groups, established therapy goals and future placement options for clients.
- Developed Affective Education curriculum, created animal assisted program, and worked with individual clients and groups.

*University of Denver*

Denver, CO

### **Graduate Research Assistant**

10/08 – 2/09, 11/07 – 4/08

- Conducted research surveys on homeless young adults regarding correlation between mental health and past abuse/trauma.
- Conducted research surveys on homeless young adults focusing on transiency, education levels, and mental health issues.

*Colorado Youth at Risk*

Denver, CO

### **Graduate Intern**

9/07 – 5/08

- Facilitated and organized a group of youth regarding Leader's Challenge events and meetings.
- Assisted with donation and grant requests, fundraising events, and overall youth involvement in the program.

*Riverfront, Inc.*

La Crosse, WI

### **Service Associate/Team Scheduler**

8/05 – 8/07

- Responsible for introducing beneficial leisure alternatives to participants with developmental disabilities, Multiple Sclerosis, Traumatic Brain Injuries and other special needs, as well as provided assistance with transportation and companionship.
- Assisted with therapeutic activities including fitness, crafts, games, and socialization for participants including hygiene maintenance and meal assistance.
- Ensured that each client had the correct staff, arriving at the correct time, and for the correct purpose.

*Family & Children's Center*

Holmen, WI

**Therapeutic Recreation Intern**

1/06 – 5/06

- Conducted duties of a CTRS in a Day Treatment facility for youth at-risk ages 8-16 over a period of sixteen weeks.
- Planned, organized, and facilitated therapeutic recreation groups connecting Leisure Awareness, Leisure Education, Leisure Resources and Social Skills with clients' thoughts, behaviors, goals and outcomes.

*A.B.L.E., Inc.*

Houston, MN

**Direct Service Provider**

8/05 – 10/05

- Provided residents with daily cares including ADL's, ROM requirements, and goal implementation.

*UW-La Crosse Therapeutic Recreation Program*

La Crosse, WI

**Kids on the Block Puppeteer**

10/04 – 5/05

- Performed shows at various schools educating elementary school-aged youth about children and adults with disabilities.

*YMCA of La Crosse*

La Crosse, WI

**Surround Care Teacher**

1/03-5/03, 9/04-3/05

- Supervised elementary youth (ages 4-10) doing activities such as arts, board/card games and athletics.
- Conducted behavior modification, appropriate social skills and emotional expression education.

*Central Wisconsin Center for the Developmentally Disabled*

Madison, WI

**Special Activities Helper**

6/04 – 8/04

- Responsible for resident (ages 40 and up) recreation including games, crafts, community outings, money management, leisurely walks, and appropriate social interaction.

*Horse Sense for Special Riders*

La Crosse, WI

**Activity Assistant**

9/03 – 10/03

- Helped riders with special needs in advancing cognitive, physical, sensory, and social skills through encouragement, support and direction.

*Cerebral Palsy Agency of Racine – Camp Kinder*

Racine, WI

**Camp Director, Lead Counselor**

1/04, 6/99 – 8/03

- Responsible for the health and happiness of children (ages 3-21) with Cerebral Palsy, Multiple Sclerosis, Down syndrome, ADHD, and Autism during the summer through games, crafts, swimming, respite overnights, and special events.
- Supervised and delegated responsibilities to counselors and staff each day.

**RELATED EXPERIENCE***Colorado Youth at Risk*

Denver, CO

**Mentor**

6/08 – Present

- Assisted one youth in academics and future planning, attend monthly workshops, and provided overall support and guidance.

**CERTIFICATIONS**

Certified Therapeutic Recreation Specialist (CTRS)

12/2006 - 12/2011

- National Council for Therapeutic Recreation Certification

**WORKSHOPS/IN-SERVICES**

The Effects of Trauma and PTSD on Persons with Intellectual Disabilities

January 25, 2011

Advanced Animal Abuse Forensic Evaluators – Link Training

April 27 – April 28, 2011

**REFERENCES***Available upon request.*