

Curriculum Vitae

Nancy R. VanDeMark, Ph.D.

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Education

Doctor of Philosophy in Public Affairs, 2006, University of Colorado at Denver
Masters of Social Work, 1985, University of Denver, Concentration: Administration and Planning
Bachelor of Arts, 1980 Colorado State University, Major: Social Work, Minor: Spanish

Professional Experience

- 2007-present Organizational and Program Evaluation Consultant, Denver, Colorado
- 2005-present Adjunct Faculty, University of Denver, Graduate School of Social Work
Courses: Applied Practice Evaluation Research and Methods for Evaluating Practice and Programs
- 2006-07 Executive Director, Arapahoe House Inc., Denver, Colorado
- 2002-06 Director, Colorado Social Research Associates, Denver, Colorado
- 1993-02 Chief Operating Officer, Arapahoe House, Denver, Colorado
- 1990-93 Program Manager, Arapahoe House, Denver, Colorado
- 1987-90 Program Director, Eating Disorders Center, St. Luke's Hospital, Denver, Colorado
- 1986-87 Primary Counselor, Eating Disorders Center, Presbyterian / St. Luke's Medical Center, Denver, Colorado
- 1982-86 Addictions Counselor, Adolescent Addictions Unit, Presbyterian / St. Luke's Medical Center, Denver, Colorado

Sponsored Research

- 2005-07 Community Treatment Provider Principal Investigator, Brief Strategic Family Therapy protocol administered by the University of Miami and supported by the National Institute on Drug Abuse Clinical Trials Network. Sub-contract with University of Miami totaling \$304,318 annually for three years. Grant No. U10 DA013716-04S1. J. Szapocznik, P.I.
- 2001-04 Principal Investigator, Center for Substance Abuse Prevention (CSAP) Services Demonstration Grant, Starting Early Starting Smart for Residential Treatment. Award totaled \$974,594 over three years. Grant No. UD1 SP09896-03-1.
- 2000-03 Principal Investigator, Center for Substance Abuse Treatment (CSAT), Center for Mental Health Services (CMHS), Center for Substance Abuse Prevention (CSAP) Cooperative Agreement to Study Women with Alcohol, Drug Abuse and Mental Health Disorders who have Histories of Violence: Phase II – New Directions for Families. Award totaled \$2,220,000 over three years. Grant No. SAMHSA UD1TI11401-05-2.
- 2000-03 Principal Investigator, CSAT, CMHS, CSAP, Cooperative Agreement to Study Children of Women with Alcohol, Drug Abuse and Mental Health Disorders who have Histories of Violence – New Directions for Families. Award totaled \$600,000 over three years. Grant No. SAMHSA UD1 TI12634-03-1.

- 1998-00 Principal Investigator, CSAT, CMHS, CSAP Cooperative Agreement to Study Women with Alcohol, Drug Abuse and Mental Health Disorders who have Histories of Violence Phase I – New Directions for Families. Award totaled \$1,042,426 over two years. Grant No. UD1 TI11401-01.
- 1994-97 Project Coordinator, CSAT and CMHS Services Demonstration Project: The CONNECTIONS Program for Homeless Persons with A Dual Diagnosis. Award totaled 935,235 over three years. Grant No. UD3-SM51803, M. Kirby, P.I.
- 1993-97 Community Treatment Provider Project Manager, National Institute on Drug Abuse Treatment Services Research Branch: Project to Evaluate The Cost Effectiveness Of Matching Clients To Drug Treatment Programs. Sub-contract with University of Denver totaling \$1,157,661. Grant No. 1-R01-DA08745, G. N. Braucht, PI

Grant Funded Projects

- 2007-08 Interim Project Director, CSAT Access to Recovery Grant: Colorado Access to Recovery. Grant No. H 79 TI019433, J. Wood, Authorizing Official.
- 1999-02 Project Director, CSAT Targeted Capacity Expansion Grant: Expanded Outpatient Services for Female Offenders and Continuing Care for Male Offenders. Sub-contract with Colorado Alcohol and Drug Abuse Division totaling \$1,412,401 over three years. Grant No. H79 TI11979, J. Wood, P.I.
- 1994-99 Project Director, CSAT Grant: Provision of Comprehensive Substance Abuse Residential Treatment for Women and Children. Sub-contract with Colorado Alcohol and Drug Abuse Division totaling \$5,125,361 over five years. Grant No. 5-HD8-TI00642. J. Wood, P.I.
- 1992-96 Project Manager, CSAP Grant: Prevention Demonstration Project Targeting Middle School Youth at High Risk For Substance Abuse. Award totaled \$1,110,153 over four years. Grant No. H86-SP02631, M. Kirby, P.I.

Peer Reviewed Publications

VanDeMark, N. R., Burrell, N. R., LaMendola, W. F., Hoich, C. A., Berg, N. P., & Medina, E. (2010). An exploratory study of engagement in technology-supported substance abuse intervention. *Journal of Substance Abuse Treatment, Prevention, and Policy*, 5(10). Retrieved from <http://www.substanceabusepolicy.com/content/5/1/10> doi:10.1186/1747-597X-5-10

Toussaint, D. W., **VanDeMark, N. R.**, Silverstein, M., & Stone, E. (2009). Exploring factors related to readiness to change tobacco cessation for clients in substance abuse treatment. *Journal of Drug Issues*, 39(2), 277-291.

VanDeMark, N. R. (2007). Policy on reintegration of women with histories of substance abuse: A mixed methods study of predictors of relapse and facilitators of recovery. *Substance Abuse Treatment, Prevention, and Policy*, 2(28).

Toussaint, D. W., **VanDeMark, N. R.**, Bornemann, A., & Graeber, C. (2007). Modifications to the trauma recovery and empowerment model (TREM) for substance-abusing women with histories of violence: Outcomes and lessons learned at a Colorado substance abuse treatment center. *Journal of Community Psychology*, 35(7) 879-894

Noether, C. D., Brown, V., Finkelstein, N., Russell, L. A., **VanDeMark, N. R.**, Morris, L. S., et al. (2007). Promoting resiliency in children of mothers with co-occurring disorders and histories of trauma: Impact of a skills-based intervention program on child outcomes. *Journal of Community Psychology, 35*(7) 823-843.

Noether, C. D., Finkelstein, N., **VanDeMark, N. R.**, Savage, A., Reed, B. G., & Moses, D. J. (2005). Design strengths and issues of SAMHSA's women, co-occurring disorders, and violence study. *Psychiatric Services, 56*(10), 1233-1236.

VanDeMark, N. R., Russell, L. A., O'Keefe, M., Finkelstein, N., Noether, C. D., & Gampel, J. C. (2005). Children of mothers with histories of substance abuse, mental illness and trauma. *Journal of Community Psychology, 33*(4) 445-459.

Finkelstein, N., Rechberger, E., Russell, L. A., **VanDeMark, N. R.**, Noether, C. D., O'Keefe, M., et al. (2005). Building resilience in children of mothers who have co-occurring disorders and histories of violence: Intervention model and implementation issues. *Journal of Behavioral Health Services and Research, 32*(2) 141-154.

Rinehart, D. J., Becker, M. A., Buckley, P. R., Dailey, K., Reichardt, C. S., Graeber, C., **VanDeMark N. R.**, Brown, E. B. (2005). The relationship between mothers' child abuse potential and current mental health symptoms: Implications for screening and referral. *Journal of Behavioral Health Services and Research, 32*(2) 155-166.

VanDeMark, N. R., Brown, E., Bornemann, A., & Williams, S. (2004). New Directions for Families: A family-oriented intervention for women affected by substance abuse, mental illness and trauma. *Alcoholism Treatment Quarterly, 22*(3/4), 141-160.

Kirby, M.W., Braucht, G.N., Brown, E., Crane, S., McCann, M., & **VanDeMark, N.** (1999) Dyadic case management as a strategy for prevention of homelessness among chronically debilitated men and women with alcohol and drug dependence. *Alcoholism Treatment Quarterly, 7*(1/2) 53-71.

Books and Book Chapters

Johnson, J. L., & **VanDeMark, N. R.** (2006). Ethics in prevention research with children. In J. Kleinig & S. Einstein (Eds.), *Ethical challenges for intervening in drug use: Policy, research and treatment issues* (pp. 243-263). Huntsville, TX: Office of International Criminal Justice.

VanDeMark, N., Brown, E., Chappelow, K., John, D., Marizza, M., & Sandoval-Benavidez, D. (2003). New Directions for Families: Promoting self-sufficiency in substance- and welfare-dependent women. In Center for Substance Abuse Treatment. *Lessons learned: Residential substance abuse treatment for women and their children*. (DHHS Publication No. [SMA] 03-3787, pp. 131-46). Rockville, MD: Center for Substance Abuse Treatment.

Monographs and Commissioned Projects

Writer, Center for Substance Abuse Treatment. (2008). *Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery*, Treatment Improvement Protocol (TIP) Series 48. DHHS Publication No. (SMA: 08-4353) Rockville, MD: Substance Abuse and Mental Health Services Administration.

Workgroup manager and consensus panelist, Center for Substance Abuse Treatment. (2006). *Detoxification and Substance Abuse Treatment*, Treatment Improvement Protocol (TIP) Series 45. DHHS Publication No. (SMA: 06-4131). Rockville, MD: Substance Abuse and Mental Health Services Administration.

Finkelstein, N., **VanDeMark, N. R.**, Fallot, R., Brown, V., Cadiz, S., & Heckman, J. (2004). *Enhancing substance abuse recovery through integrated trauma treatment*. Sarasota, FL: National Trauma Consortium.

Selected Peer Reviewed Papers and Presentations

VanDeMark, N.R. *Predictors of relapse and facilitators of recovery among women with histories of substance abuse*. Presentation at the Society for Social Work and Research 12th Annual Conference, Washington, D.C., January, 2008

VanDeMark, N.R., Bornemann, A. & Leppke, Megan. *Model Program for Promoting Resiliency in Children Who Have Experienced Domestic Violence and Trauma: Intervention Description and Findings from the Women, Co-Occurring Disorders and Violence Children's Subset Study*. Presentation at the Infant Mental Health in Colorado: Connecting Policy with Research and Practice, Denver, CO, February, 2007

VanDeMark, N.R. *Reintegration of Women with Histories of Substance Abuse into Society*. Poster presentation at the University of Colorado and Health Sciences Center 9th Annual Research and Creative Activities Symposium. Denver, CO, April, 2006

VanDeMark, N.R. & Toussaint, Danielle W. *The Effectiveness of a Family-Focused Intervention for Parenting Women Affected by Substance Abuse, Mental Illness and Interpersonal Violence*. Poster presentation at the Colorado Women's Research Symposium. Aurora, CO, April, 2005.

VanDeMark, N.R., Bornemann, A., & Williams, S. *In the Spirit of Partnership: Integrating recovering persons into service delivery*. Poster session presented at the annual meeting of the American Public Health Association. Washington, D.C. November, 2004

Rinehart, D. Toussaint, D. W., Garrett, A. & **VanDeMark, N.R.** *An assessment of job-related stress among substance abuse treatment counselors: An agency's response to research findings*. Presentation at the annual meeting of the American Public Health Association, Washington, D.C. November, 2004

Rinehart, D., Garrett, A., Toussaint, D.W., **VanDeMark, N. R.**, & Kirby, M.W. *Mental health prevalence among individuals in treatment for substance abuse: An exploratory study*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii. August, 2004.

VanDeMark, N. R. *An Intervention for Children of Parents with Co-Occurring Substance Abuse and Mental Health Disorders who are Victims of Violence*. Presentation at the Second World Congress on Women's Mental Health, Washington, D.C. March, 2004.

VanDeMark, N. R. *Recovery from Childhood Abuse, Substance Abuse and Mental Illness in the Context of the Parenting Relationship*. Presentation at American Public Health Association Meeting, San Francisco, CA, November, 2003.

VanDeMark, N. R., *Reorganizing School and Community Health and Mental Health Services: The Denver Experience*. Panel presentation at the National Assembly on School-Based Health Care Convention, Denver, CO, July, 2002.

VanDeMark, N. R., Garrett, A. *Women in Residential Treatment for Substance Dependence and their Response to Addressing Issues of Trauma*. Paper presented at the Women's Issues Conference of the Alcohol and Drug Problems Association of North America, Tucson, AZ, September, 2001.

Selected Invited Presentations

VanDeMark, N.R., *Improving Engagement and Retention for Women in Substance Use Disorder Treatment*. Training Session at Summer Institute sponsored by University at Buffalo, School of Social Work. Buffalo, NY, July, 2009

VanDeMark, N.R., *Implementing Trauma Services in a Substance Abuse Treatment Setting: Challenges and Successes*. Plenary panel presentation at the National Conference on Women, Addiction and Recovery: News you can use sponsored by the U.S. Department of Health and Human Services and National Institutes of Health. Anaheim, CA, July, 2006

VanDeMark, N.R., *Reframing Parental Substance Abuse: From Isolation and Shame to Reconnection and Responsibility*. Keynote address to the Third Annual Rocky Mountain Quality Improvement Center Conference entitled *New Partnership and Promising Successes: Bringing Agencies Together to More Effectively Serve Families*. Denver, CO, July, 2005

VanDeMark, N.R., *Helping Families Exposed to Substance Abuse and Violence Recover*. Workshop presented at the Third Annual Rocky Mountain Quality Improvement Center Conference entitled *New Partnership and Promising Successes: Bringing Agencies Together to More Effectively Serve Families*. Denver, CO, July, 2005

VanDeMark, N.R. *Findings from the Women with Co-occurring Disorders and Violence and Children's Subset Studies*. Presentation at the Colorado Alcohol and Drug Abuse Division Research Forum entitled *The Intersection of Childhood Trauma, Addiction, and Mental Health*. Denver, CO, July, 2005

VanDeMark, N.R. & Williams, S. *Integrating Persons with Lived Experience with Substance Abuse, Mental Illness and Trauma into Residential Treatment Settings*. Workshop presented at the Dare to Act Conference. Baltimore, MD. December, 2004

Russell, L. A. & **VanDeMark, N.R.** *A Skills Based Intervention Program for Promoting Resiliency in Children Who have Experienced Domestic Violence and Trauma: Model & Outcomes from the Women, Co-occurring Disorders and Violence Children's Subset Study*. Presentation at the Children's Institute of the Dare to Act Conference. Baltimore, MD. December, 2004

Professional Memberships, Awards and Certifications

President of the Board of Directors, HEART of Boardwalk, Inc., community-based governing board of CHARG Resource Center, a mental health clinic co-governed by consumers and community members in Denver, Colorado, 2008 – present.

University of Colorado and Health Sciences Center, Graduate School of Public Affairs, Outstanding Ph.D. Student of the Year, 2005-06

Certified Addictions Counselor Level III (Colorado) 1982-present