

JANELLE WASHBURNE, MSW, LSW

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EDUCATION:

Sex Therapist American Association of Sex Educators, Counselors and Therapists(AASECT) Current

Continuing education, supervision and certification through AASECT.

Marriage and Family Therapist Denver Family Institute 2010

Strong clinical skills enhanced through live and taped supervision, coursework and conducting family, couples, children and individual therapeutic assessments and interventions. Completed a two year educational program and earned a certificate in Marriage and Family therapy.

Master of Social Work University of Denver 2009

Clinical family track. Learning several therapeutic modalities in working with individuals/ families.

Bachelor of Science in Retail Management Michigan State University 1984

Minor area of study: Psychology and Sociology.

OUTSTANDING QUALIFICATIONS:

- Knowledgeable in several modes of therapy: Sex Therapy, Structural, Strategic, Cognitive Behavioral, Solution Focused, Emotionally Focused Therapy and others.
- Over 25 years of outstanding leadership, professional and team work abilities in various settings.
- Strong written and verbal communication skills, including public speaking and group facilitation.
- High level of mental health assessment, goal setting and crisis intervention skills.

RELATED EXPERIENCE:

Adjunct Professor: University of Denver, Graduate School of Social Work 2011-present

- Teaching a 10 week course in Cognitive Approaches to second year graduate students. Includes role plays, guest speakers, dyad work, practical application to student's life and work, quizzes and final case conceptualization.

Private Psychotherapy Practice: 2009-present

- Providing supportive therapy to couples and individuals dealing with challenges such as: infidelity, compulsive sexual behavior, abuse, sexual/gender identity, relationships, depression and anxiety.
- Receiving supervision for general therapy practice and sex therapy practice.
- Supervising University of Denver student intern at field placement of Metro CareRing. Helping intern to develop and complete projects in a changing environment and working for a non-profit. (2010-2011)
- Supervising a Denver Family Institute student intern regarding professional use of self, developing therapeutic skills and case conceptualization. Also includes live and recorded supervision of student's client sessions. (2011-)

Marriage and Family Therapist, MSW Intern: Denver Family Institute 2008-2010

- Provided supportive family, couples, individual and children's play therapy.
- Ability to access crisis situations and respond appropriately.
- Apply interactive, solution focused, emotionally focused techniques to enhance client and family systems.
- Developed a new, dynamic brochure for the Denver Family Institute.
- Earned a certificate in Marriage and Family Therapy after completion of the two year course.

School Based Counselor, MSW Intern: Catholic Charities 2007-2008

- Provided counseling services to children, grades K-8, using play and art therapy.
- Facilitated classroom workshops regarding friendship skills and bully proofing.
- Collaborated with parents, teachers and staff regarding program development and advocating for children.
- Developed curriculum and facilitated small group workshops for new students.
- Testified in court as a witness in a child custody dispute.

Spiritual Counselor, Mile Hi Church of Religious Science 2006-2010

- Successfully completed a rigorous 150 hour, two year training, licensing exam and oral panel to attain a Religious Science Practitioner license.
- Offering support and assistance to congregants through spiritual counseling and facilitating study groups.

- Life Coach** **2001-2008**
- Guiding clients in a supportive, empowering and creative environment to handle life changes such as job transitions, divorce, as well as grief and loss.
 - Motivational speaking engagements to businesses and networking groups.

VOLUNTEER EXPERIENCE:

- **Gender Identity Center of Colorado** **2011**
Providing therapy for clients questioning their identity and transitioning. Writing letters of approval for the client to receive hormone treatment.
- **Mile Hi Church: Ministry of Prayer** **2010**
Providing phone prayer support and brief counseling for congregants in crisis.
- **Sacred Heart** **2008**
Provided counseling to women and children in transitional housing.
- **Praying Hands Ranch** **2008**
Prepared horses and assisted riders using therapeutic riding skills, as well as working with court mandated juveniles.
- **Father Ed Judy House** **2008**
Facilitated and supported women in transition through life skills workshops.
- **Denver Homeless Project** **2008**
Coached participants regarding interviewing skills for their job search.
- **Colorado Worker's Education and Employment (CWEE)** **2004-2005**
Developed and facilitated monthly skills and empowerment workshops.
- **Warren Village** **1998-2001**
Participated in Millionaire's makeover program and facilitated motivational workshops.
- **Rape Crisis Center** **1981**
Attended a 40 hour training program and served women in crisis over the phone.

MANAGERIAL EXPERIENCE:

- **Director and Image Consultant,** **BeautiControl Cosmetics** **1990-2008**
Managed over 25 image consultants, a top seller and recruiter in Denver, Colorado.
- **Better Sportswear Manager,** **Lazarus Department Store** **1986-1988**
Supervised over 15 employees and managed a multimillion dollar department.
- **Assistant Manager,** **The Limited** **1984-1986**
Assisted in store merchandising, promotions and increasing sales.

ADDITIONAL TRAININGS:

- Consultation group on the Crucible therapeutic approach (Ruth Morehouse, PhD, 2010-2011)
- Crucible: Intimacy and Desire Clinical workshop (2010)
- Genograms: Monica McGoldrick (CAMFT 2010)
- Emotional Manipulation (Cross Country Education 2010)
- American Family Therapist Association (AFTA) Conference (2010)
- American Association of Sex Educators, Counselors and Therapists (AASECT) Conference (2010)
- The Practice of Sex Therapy (Florida Sex Therapy Institute, 2009)
- One Foot Out the Door (Michelle Weiner Davis, CAMFT, 2009)
- Pedagogy of Privilege Conference (University of Denver, 2009)
- Military and Therapy (Denver Family Institute, 2009)
- Emotionally Focused Therapy (Sue Johnson, Denver Family Institute, 2009)
- Cognitive Behavioral Therapy in Children (University of Denver, 2009)
- What Smart Therapists Know (Pat Covalt and Jim Thomas, DFI, 2009)
- Prevention and Treatment of Adolescent Substance Abuse (Dave Blair, University of Denver, 2009. Audited course)

- Globalization of Social Work and Poverty in Mexico (University of Denver, travel abroad program, 2008)
- Strategic Marriage and Family Therapy (Cloe Madanes, CAMFT, 2008)
- Solution Focused Therapy (Mark Coulter, University of Denver, 2008)
- Depression and Anxiety Disorders (Institute for Brain Potential, 2008)
- Sand Tray and Art Therapy (Dr. Leigh Baker, Denver Family Institute, 2008)
- Demystifying the Transgender Experience: Building Competency for Social Workers (University of Denver, 2008)
- Healing Hidden Scars: Women, Trauma and Addiction (Betty Ford Center, 2008)
- Group Facilitation and Conflict Management Courses (Mile Hi Church, 2006)

- **AWARDS AND MEMBERSHIPS:**

- **Phi Alpha Honor Society, University of Denver** **2009**
- **National Association of Social Workers (NASW) member** **2008-present**
- **American Association of Marriage and Family Therapists (AAMFT) member** **2008-present**
- **American Association of Sex Therapists, Educators and Therapists (AASECT)** **2009-present**
- **Toastmasters of Inverness:** **2004-2007**
 President, Board of Directors, and Toastmaster of the Year.
- **DTC-Business Professional Women’s Network:** **2004-2007**
 Woman of the Year nominating committee.