

Rebecca K. Wilson, MSW, LCSW

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Summary

- Experienced in supporting adolescents, adults, families, and the acutely mentally ill within outpatient, residential, and community based settings.
- Frequently requested therapist for treatment of trauma and experienced EMDR provider.
- Exceptionally clear and concise communication skills.
- Consistently demonstrates success through clinical interventions with challenging populations.
- Entrusted with complex consumer care issues due to proven ability to effectively collaborate with multidisciplinary treatment teams and to advocate for consumer needs.
- Requested vicarious trauma trainer and guest lecturer.

Licensure

- Licensed Clinical Social Worker, Colorado

Education

- **Master of Social Work, Trauma Response and Recovery Certificate**, University of Denver 2007
- **Bachelor of Psychology**, University of Missouri Columbia 2003

Professional Experience

Therapist, 2009-present

Private Practice

- Successful manager/owner of a small private practice, providing individual therapy and case management.

Therapist, Collaborative Youth Services, 2007-present

Community Reach Center

- Multi-faceted clinician responsible for therapeutic, case management and psychosocial interventions.
- Trusted with highly independent position which requires a large amount of time within community based settings.
- Requested trauma therapist, with demonstrated success in alleviating and/or eliminating symptoms of anxiety and PTSD.
- Developed and facilitated sought after and highly successful groups targeting woman's issues.
- Regularly receives positive feedback regarding abilities to effectively collaborate with large and diverse treatment teams.
- Trusted in abilities to effectively assess lethality, enhance stability, and pursue hospitalization when necessary.
- Primary sought out EMDR therapist within the center.
- Exceeds expectations in chart reviews and time lines for completing documentation. Consistently demonstrates the ability to adhere to the highest standards of corporate compliance.
- Requested to provide clinical supervision to unlicensed mental health providers.

Shelter Advocate, 2008-2009

Women's Crisis and Family Outreach Center

- Competencies in providing crisis and advocacy services to victims of domestic violence as an overnight and on-call advocate.
- Maintained safety of the household, supported the crisis hotline, regularly communicated with staff and law enforcement, assisted with parenting skills, and supported residents experiencing distress throughout the night.

Therapist, Internship and Contract, 2006-2008

Rape Assistance & Awareness Program, Denver

- Requested as contract therapist for monthly vicarious trauma trainings which were provided to staff.

- Received remarkable reviews in abilities to carry out responsibilities of: individual therapy, facilitation of survivor groups, effective interventions provided to the crisis hotline, and completion of agency intakes.

Family Advocate, 2007-2008

Catholic Charities

- Supported families residing in transitional living shelter for women and children at high risk of homelessness and victimization.
- Provided crisis management, mediation, and parenting skills; supervision of household chores and meal times in addition to maintaining safety of household.

International Intern, 2006

Women to Women, Sarajevo Bosnia-Herzegovina

- Interned with the first women's NGO of the country, providing project planning, program assessment, and grant/report editing services.
- Provided child care within a safe house for battered women and children.
- Increased multi-cultural competencies and learned of community based intervention methods.

Case-Manager, Internship, 2005-2006

Jewish Family Service, Denver

- Assisted in the maintenance of a food pantry, provided ongoing case management to caseload, conducted diversity trainings amongst volunteers, assisted in grant research, provided eviction and utility financial assistance, and contributed to the development of homeless mentoring program.

Mentor, 2004-2005

AmeriCorps, St. Louis MO

- Tutor/mentor serving in an inner-city middle school.
- Provided individual and group tutoring, developed after-school programs, facilitated teambuilding activities, created and implemented a safety/prevention intervention program.

Behavioral Therapist, 2003-2004

Private family, Columbia MO

- Provided individual behavioral therapy to an autistic female within her preschool environment.

Residential Clinician, 2004

Boys and Girls Town, Columbia MO

- Milieu clinician within residential units for adolescent males and females. Assisted in maintaining safety and supervision within household, administering medications, conflict mediation, household chores, progress notes, organizing recreational activities, tutoring and mentoring.

Additional Accomplishments

- Guest lecturer of DU and CU trauma courses.
- Completion of over 200 hours of post-degree training, including personality disorders, trauma work, developmental disorders, autistic spectrum, mood disorders, documentation, issues pertaining to legality, etc.
- Recipient of Colorado Clinical Social Workers Society merit scholarship in 2006.

Professional Affiliations

- National Association of Social Workers member.