



## Study Abroad

### Helpful Hints in Selecting University Requirements

**AHUM** – These courses include: art history, literature, history, world cultures, music, philosophy, religion, and theater.

**SOCS** – These courses include: anthropology (has to be an introduction into the discipline so Anthropology of Spain will not work), world politics, communication, economics, geography, international studies, political science (has to be an introduction into political theory so Chinese Politics will not count), psychology (has to be an introduction into the discipline so Child Psychology will not count), sociology (has to be an introduction into the discipline so Sociology of Family will not count), or public policy.

\* Students have to take courses from different disciplines. For example, if you took an AHUM –History course you cannot take another History course. If you took a SOCS – Sociology course you cannot take another Sociology course to meet this requirement.

**AHUM and SOCS courses are theoretical in nature – not practical.**

**CREX** – these courses include some type of work/performance in which the student is receiving feedback. For example, a Drawing or a Photography course where you are constantly receiving feedback on the work that you produce is an appropriate fit to meet this requirement. A course about the theory of Art is more appropriate for AHUM.

**CREX courses are practical in nature- not theoretical.**

**NATS** – these courses must be lectured-based science classes with an integrated weekly laboratory experience (field trips and research projects DO NOT count as practical lab experience). Students who receive NATS approval abroad will need to complete two NATS courses in the same sequence at DU to meet the requirement. For example, if a student chooses to take Environmental Systems they will need to complete two quarters in this category to meet the requirement.

**Thematic CORE Classes** – these courses must be upper level and interdisciplinary. For example the course can cover both history and political science (history and political science are areas of study from two different disciplines). Therefore, when you study more than one discipline in the same course this is considered interdisciplinary. You can take up to two CORE classes abroad. Your third CORE course must be taken at DU and have the Writing Intensive Attribute. To know if a CORE class is Writing Intensive, you look up classes to add, click on Core Curriculum, scroll down to attribute type, click on Writing Intensive, and then click submit. Only Writing Intensive CORE courses will appear.

**Field Studies, Internships, and Independent Studies DO NOT meet the Foundations and Thematic CORE requirements.**

#### Additional Helpful Hints:

- Students studying abroad can be approved for 1 NATS, 2 CORE, and EITHER 1 AHUM or 1 SOCS or 1 CREX. For approval of University Requirements when studying abroad, please go to <http://du.edu/car/abroad.html>.
- When taking courses that you want to count towards major or minor requirements, you need to get approval from your major or minor department.
- Any course that does not count towards your University Requirements or your major/minor classes will automatically count as elective credits.
- If you have further questions about University Requirements, Niki Latino and Tori Furno have drop-in hours at The Center for Academic and Career Development. Please contact the Front Desk Staff at 303-871-2455 to schedule an appointment.