

# PARENT & FAMILY HANDBOOK 2011 ~ 2012

*University of Denver*

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**The content of this handbook has been collected from several university websites, through contributions from many university staff and faculty members, and was organized by**  
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**University of Denver Parent Programs Coordinator**

**The Office of Parent Relations would like to extend our gratitude to Jo Calhoun, Associate Provost of Academic Resources, for her comprehensive editing of this handbook**

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# ACADEMICS AND YOUR STUDENT

## *Academic Life and the Quarter System*

The University of Denver operates on the academic quarter system. In this system, most students enroll in classes for three quarters: Fall, Winter and Spring. Each quarter consists of 10 weeks of classes and four days of final exams. Summer and Interterm (the breaks in between each quarter) offer opportunities for students to take additional courses. Students are considered full-time if they take between 12 and 18 credits in a given quarter. Courses range from 2 to 5 credits, with most courses counting as 4 credits. In general, most students take 4 courses each quarter.

To meet the student status requirements for residence, athletics and financial aid, students are recommended to remain at or above 12 credits each quarter. Students may fall below 12 credits if they experience academic difficulty or have other special circumstances, such as health issues, that may warrant a lighter course load. Undergraduate students who consider taking less than 12 credits should consult an academic adviser in the Center for Academic and Career Development. Academic calendars and deadlines for each quarter can be viewed online at the Office of the Registrar at [www.du.edu/registrar](http://www.du.edu/registrar).

## *Common Curriculum Matrix*

An undergraduate at the University typically completes between 52 and 60 academic credits in the Common Curriculum, corresponding to 13 to 15 courses:

- Advanced Seminar (1 course)
- First-Year Seminar (1 course)
- Language (1 to 3 courses)
- Ways of Knowing (8 courses)
- Writing and Rhetoric (2 courses)

Please utilize the navigation options on the website [www.du.edu/commoncurriculum/ataglance/index.html](http://www.du.edu/commoncurriculum/ataglance/index.html) to explore the descriptions, learning outcomes and courses offered under each category of the Common Curriculum.

Because certain programs have slightly different requirements in the Common Curriculum, and because AP and IB courses or transfer courses from other universities and colleges may change the distribution of the requirements, students should always consult an adviser regarding Common Curriculum planning for courses at the University and abroad.

## *Registering for Courses*

The registration process for new students begins the summer before they come to campus when they register for their First-Year Seminar. Students should receive registration instructions in the mail by June.

Students will register for the rest of their classes as part of Discoveries, DU's new student orientation program. During Discoveries, students will receive information from various departments about majors and minors, work with their Faculty Mentor to build a fall schedule, learn about University undergraduate requirements, and register for fall courses online. Later in their academic career, students select advisers from their major area of study. Professional academic advisers at the Center for Academic and Career Development also are available to assist students with questions or other academic issues.

## Grades

Students may access their grades, along with other academic information, via webCentral, an online portal. Grades are available on the web as soon as they are validated in the Office of the Registrar. Privacy regulations do not permit the University to release grades over the telephone. If students require an official copy of their grade report for a quarter, they may print their final grade screen from their account on webCentral. Because this screen includes the University seal, a printed copy of the online report will count as an official grade report. For most programs, grade reports are mailed only upon special request. Such requests must be made by the student and renewed each year. Forms are available online or by contacting the Office of the Registrar.

## Family Educational Rights and Privacy Act (FERPA)

[www.du.edu/registrar/general/privacypolicy.html](http://www.du.edu/registrar/general/privacypolicy.html) • (ph) 303.871.3897

The University of Denver is committed to the safeguarding and accurate maintenance of student records. The Family Educational Rights and Privacy Act (FERPA) of 1974 provides students with a number of rights regarding their educational records. Occasionally students will need to release part or all of their student record to third parties such as parents, attorneys, or employers. The University of Denver will not release student records without the written consent of the student. Students and alumni who wish to release student records should complete a release form found on the website for the Office of the Registrar, <http://www.du.edu/registrar/general/privacypolicy.html>.

## Academic Colleges and Programs

Open the door to a world of possibilities. Undergraduate students at DU will get a multidisciplinary education that's rooted in a clear commitment to taking on the great issues of our time. Enriched by diverse learning experiences that extend from the classroom to the field, laboratory, community and professional world, students will be informed by diverse perspectives that deepen understanding of the global culture.

Select from more than 100 undergraduate programs, including traditional majors and compelling dual degree programs that span a variety of disciplines, including business, education, social work, art history, geographic information science, international studies, public policy and engineering. At DU, students can:

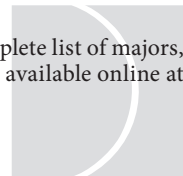
- Follow our broad base of foundational courses with unique interdisciplinary classes and in-depth studies within a major.
- Choose between individual, interdisciplinary and dual undergraduate/graduate degree programs.
- Explore nontraditional options at University College and The Women's College.

Students can choose from programs in:

- Arts, Humanities and Social Sciences
- Business
- Engineering and Computer Science
- International Studies
- Natural Sciences and Mathematics

## Majors and Minors

Majors and minors are available in a variety of academic areas. A complete list of majors, minors and academic programs offered at the University of Denver is available online at [www.du.edu/registrar/general/unddegree.html](http://www.du.edu/registrar/general/unddegree.html).



### **Undecided/Undeclared**

Approximately 20 percent of all incoming students are “undeclared.” As someone who has not committed to a specific degree program, students have the opportunity explore different academic majors and clarify their goals while they research their interests through courses, programs, and co-curricular activities. Resources are available to help students decide on a major through the Center for Academic and Career Development.

### **Arts, Humanities & Social Sciences**

Gain depth of knowledge in one or more majors while taking advantage of the breadth of a curriculum geared to the development of critical thinking skills, as well as written and oral proficiency. Students can:

- Hone writing techniques under the guidance of distinguished poets.
- Conduct experiments on brain functions.
- Gain mastery in digital media studies.
- Analyze foreign cultures.
- Explore the meaning of rituals.

AHSS graduates go on to graduate and professional schools or enter the workforce with the knowledge and vision necessary to achieve professional success, gain personal satisfaction, and contribute to the betterment and beauty of the world.

### **Daniels College of Business**

As a parent, you want your child to thrive in business school, but you also want to know that there will be a positive return on your investment. We get that as a business college. That’s why Daniels couples a rigorous training in business fundamentals with the principles of values-based leadership. This powerful combination equips students to succeed in any business climate. Our business degrees are highly ranked by Business Week, U.S. News and World Report, the Financial Times and Beyond Grey Pinstripes. It’s a reputation that opens doors for top-notch internships and jobs.

### **Engineering & Computer Science**

Access the latest technology, tools and research findings from today’s top engineering and computer science fields at DU’s School of Engineering and Computer Science. Select from three degrees:

- Mechanical and Materials Engineering
- Electrical and Computer Engineering
- Computer Science

From biomechanics and nanotechnology to the integration of art-speak with techno-talk, our programs will equip students with the experience, insight and knowledge they need to direct change and positively affect the human experience.

### **Josef Korbel School of International Studies**

The Bachelor of Arts Program in International Studies will help students transform their passion for business, law, environmental studies, social work, communication, or information technology into a career they will love. Through this innovative curriculum, students learn to:

- Adapt to global issues
- Grasp how the world works
- Cultivate an international approach to professional development

Simply put, Korbel will help students gain the critical knowledge and skills needed to affect meaningful and positive change in today’s globalizing world.

### **Natural Sciences & Mathematics**

Gain cutting-edge instruction and research opportunities in the areas of biological sciences, chemistry and biochemistry, environmental science, geography, mathematics and physics and astronomy. Choose from our six distinct departments and pursue individual or dual undergraduate degrees.

## ***Frequently Asked Questions About Academics***

### **Q. Will my student have the opportunity to meet with academic advisers?**

**A.** Yes. All first-time, first-year students enroll in a First-Year Seminar. First-Year Seminar instructors serve as academic advisers and Faculty Mentors for a student's entire first year at DU. Students will meet individually with their mentor during winter and spring quarters for advising and registration help. Faculty Mentors are also a good source of support if students need assistance any time during their first year. If your student is undecided, he or she may also wish to meet with an academic adviser in The Center for Academic & Career Development in the Driscoll Student Center.

### **Q. How much will my student need to study each day?**

**A.** As a general rule, two hours of study are needed for every one hour of class; i.e., a 4-hour course would have eight hours of study time per week. However, study time depends on course load, difficulty, and each student's needs and abilities.

### **Q. What if my student wants to be a Business major?**

**A.** The University of Denver's Daniels College of Business requires a secondary admission process for students interested in pursuing a business major. For most students, the application process and admission decision will occur early in the fall quarter of one's sophomore year. A small number of high-achieving students may be granted direct admission to Daniels when accepted to the University of Denver, and transfer students will apply to both the University and to Daniels concurrently.



**Q. My student is falling behind in courses. Where can he or she get help?**

A. Students can get assistance in several places. The student's first—and often best—source of help is the faculty member teaching the course. First-year students are also encouraged to speak with their Faculty Mentor if they find they are having any academic difficulty. The academic advisers at The Center for Academic & Career Development are an excellent resource and offer a variety of free workshops ranging from time management to test-taking and study skills. Students can also get help at specific resources like the Math Lab, the Writing & Research Center, and through private tutors.

**Q. What happens if my student goes on academic probation?**

A. If a student's cumulative GPA drops below 2.0, the student goes on academic probation, and a letter is sent to the student. It is very important that students who receive this letter make an appointment with the adviser identified in the letter. An adviser will be able to help make a plan and share resources to help students get back on track academically. Students return to good academic standing when their cumulative GPA is 2.0 or above.

For more frequently asked questions about academics, please visit [www.du.edu/studentlife/advising/FAQadvising.html#4](http://www.du.edu/studentlife/advising/FAQadvising.html#4)



## DIVISION OF STUDENT LIFE



The Division of Student Life at the University of Denver provides an array of services, resources, and programs to make your student's experience at DU rich with opportunity. During their collegiate career at DU, your student will grow both personally and academically; Student Life is here to support and guide them along the way.

### Our Mission

*The Student Life Division is a partner in student learning. With students, faculty and staff, the Division creates a dynamic environment that encourages love of learning, ethical and caring behavior and respect for difference. In all our programs and services, we seek to serve the public good.*

13 areas support this mission:

#### Academic Resources

- Academic Advising and Orientation
- Disability Services Program
- Learning Effectiveness Program

#### Campus Life

- Campus Activities
- Driscoll Student Center
- Student Conduct
- Student Outreach and Support

#### Career Services

- Career Development
- Employer Partnerships
- Data Information/Technology & Marketing

#### Health & Counseling Center

- Counseling Services
- Gender Violence Education and Support Services
- Health Promotions
- Medical Services

#### Housing and Residential Education

- Housing Operations
- Residential Education

#### All of these offices work collaboratively to provide students with:

- A welcoming and invigorating intellectual, social and residential community
- Programming and support for a successful transition to college
- Advising, counseling and advocacy toward the achievement of academic and professional success
- Opportunities to develop confidence and competence as citizens and leaders in a diverse community, both locally and globally
- Relationships with staff and peers that encourage strong identity development, model ethical and caring behavior, and enhance personal growth and change

### Our Commitment to Diversity

*We believe that every person matters.*

*We respect and embrace the uniqueness of identities, gifts, perspectives, histories and life experiences of all members of our community.*

*We are committed to creating an empowering, accessible and equitable environment for a plurality of voices by:*

- *Building relationships through kind words and actions*
- *Examining how our actions individually and institutionally affect members of our community*
- *Confronting those who speak or act insensitively while inviting challenges to our bias, assumptions, and positions of privilege*
- *Taking the time and the risk to build genuine connections with others with whom we do not typically interact*
- *Promoting the achievement and support of a diverse student body, staff and faculty team*

## **Academic Advising**

[www.du.edu/studentlife/advising/](http://www.du.edu/studentlife/advising/) • [www.du.edu/studentlife/Discoveries](http://www.du.edu/studentlife/Discoveries) • (ph) 303.871.2455  
The Academic Advising and Discoveries Orientation Office is part of The Center for Academic and Career Development. We are located in Suite 30, Driscoll Student Center South, right below the Bookstore. The mission of Academic Advising and Discoveries Orientation (AADO) is to create an inclusive environment that empowers undergraduate students to successfully transition into college, take ownership over their education, pursue academic interests, engage in learning, and develop a comprehensive network of resources to persist to graduation. Advising support exists on multiple levels, with multiple avenues for consultation, however, the primary source for students' academic careers at DU is their Faculty Adviser, whether they are a first-year, transfer, or continuing student. While advising resources abound, it is important for students to be an active participant in the advising process and to take personal accountability for their academic experience. Our office is staffed by full-time professionals with advanced degrees and offers assistance to students beyond basic degree planning and registration. For more information on how our staff can be of help, please visit [www.du.edu/studentlife/advising/aboutadvising.html](http://www.du.edu/studentlife/advising/aboutadvising.html) and [www.du.edu/studentlife/Discoveries/](http://www.du.edu/studentlife/Discoveries/)

## **Campus Activities**

[www.du.edu/studentlife/campusactivities](http://www.du.edu/studentlife/campusactivities) • (ph) 303.871.3111

The Office of Campus Activities is committed to enhancing the educational mission of the University by encouraging student involvement where experience is the foundation for learning, providing opportunities for life skills development, and fostering a sense of community where all members feel supported, valued and challenged.

It is a proven fact that students who are involved in out-of-class activities are more positive about their college experience; more satisfied with their social life, living environment, and academic major, and are more likely to graduate from college than a student who was not involved.

The staff at the Office of Campus Activities is here primarily to assist students and their organizations in succeeding in their endeavors. Students are encouraged to stop by the Campus Life Suite and meet with a member of our staff to develop a personal involvement plan for their college years. We believe that the more involved a student becomes in extracurricular activities at DU, the more successful a student will become in his/her future. Visit [www.du.edu/studentlife/campusactivities](http://www.du.edu/studentlife/campusactivities) to get detailed information about Student Organizations, Student Government, Volunteer Opportunities, Greek Life, and more.

## **Career Center**

[www.du.edu/studentlife/career](http://www.du.edu/studentlife/career) • (ph) 303.871.2150

The DU Career Center is a service that assists students in navigating the career planning and development process both as a student and as an alumnus. The Career Center offers individualized services and appointments, access to alumni and employer contacts for career advice and job/internship opportunities and multiple online resources available 24/7 including extensive job and internship databases specifically for DU students and alumni.

Additionally, students and alumni have access to:

- Career assessments (free and fee-based)
- Three annual career fairs highlighting jobs and internships
- Assistance with self-branding and marketing: resumes, cover letters, mock interviews
- Regular workshops and events that focus on numerous career topics as well as networking with alumni and employers
- Hundreds of online resources containing information such as career options, graduate schools, salaries, jobs, internships and employers

Current students, recent graduates and alumni are eligible for career services assistance. Individual alumni career counseling services are fee-based beyond one year after graduation although all online services and events are available at no cost.

## ***Disability Services Program***

[www.du.edu/studentlife/disability/dsp/](http://www.du.edu/studentlife/disability/dsp/) • (ph) 303.871.2372/ 2278

The DSP is dedicated to providing students with disabilities equal opportunity to participate in the University's programs, courses and activities. DSP provides appropriate accommodations at no cost to any student who has a documented disability or medical condition, as required by the Americans with Disabilities Act (Amendments Act) and Section 504 of the Rehabilitation Act.

DSP provides a range of accommodations, including, but not limited to:

- Test accommodations (examples: extended time, minimal distraction)
- Alternate format texts & materials
- Course substitutions
- Wheelchair accessible/Classroom changes
- Early registration
- Note takers
- Sign language/oral interpreters
- Referrals to other services and programs

**DSP serves more than 800 DU students in all programs, from first year students to graduate and law students, and some who are working on their Ph.D.s.**

## ***Discoveries: New Student Orientation***

[www.du.edu/studentlife/Discoveries/](http://www.du.edu/studentlife/Discoveries/) • (ph) 303.871.3860

The Discoveries Orientation program is designed to help students make the best possible start to their experience at DU, whether they're beginning their college career or transferring from another institution. Orientation activities are designed to prepare students for the exciting experiences and challenges that are a part of a liberal arts education—both academically and socially.

For first-year students, Discoveries will begin Sunday, September 4, 2011 and continue until Saturday, September 10. Students' orientation groups will be determined by the First-Year Seminar course a student registers for. **This is the only fall course that students will register for** before they arrive in September. Students will receive a packet explaining exactly how to do that in June 2011, after they've submitted their deposit. A student's registration for their First-Year Seminar registers them for Discoveries Orientation.

Before students arrive on campus, they should verify that they have all of the updates they need on their personal computers by visiting <http://www.du.edu/uts/helpdesk/newstudent.html>. Once students arrive on campus, they will receive information about how to connect to DU wireless. University Technology Services will be in JMAC and Centennial Towers residence halls if students have any questions.

Throughout the week, students will participate in activities such as:

- small group discussions
- large group presentations
- interaction with faculty
- language placement tests
- academic advising
- registration for the rest of their fall quarter courses
- and much more!



Students should not plan to do anything that week that isn't DU-related. Missing Discoveries could have an impact on their fall registration. The goal is to help students get to know the University of Denver and what it means to be a part of our community. Also, during evening activities, students will have a chance to meet other students and sample just a few of the many different extracurricular opportunities available at DU.

Parents and family members of students register online for Parent and Family Orientation by visiting this link: [www.du.edu/studentlife/Discoveries/parentsandfamilies.html](http://www.du.edu/studentlife/Discoveries/parentsandfamilies.html). An orientation schedule can be found on that page as well. Please note – students will have a full schedule beginning September 4th, that is separate from the Parent and Family Orientation schedule. Parent and Family Orientation is designed to offer families information and resources to successfully provide support throughout your student's career at the University of Denver. Please visit the Parents and Families section of the Discoveries website to view a schedule, important dates, health information, and a To-Do List for Parents: [www.du.edu/studentlife/Discoveries/parentsandfamilies.html](http://www.du.edu/studentlife/Discoveries/parentsandfamilies.html).

## ***Driscoll Student Center***

[www.du.edu/studentlife/driscoll/](http://www.du.edu/studentlife/driscoll/) • (ph) 303.871.4232

The Driscoll Student Center is a gathering place for all members of the University community, alumni and guests and is home to the flagship offices of the Division of Student Life, which include the Center for Academic & Career Development, Campus Life, the DU Bookstore, Living & Learning Communities, Pioneer ID Card office, Sodexo Dining Services, and the Center for Community Engagement & Service Learning.

## ***First-Year Seminars & Mentoring Program***

All first-time, first-year students (NOT transfer students) enroll in a First-Year Seminar (FSEM 1111). Completion of this 4-credit course is one of the graduation requirements for all students, so if this is your student's first time as a full-time college student, your student is required to take an FSEM, regardless of the number of AP credits a student may be bringing with them. Students will register for First-Year Seminar the summer before coming to DU and will choose the rest of their first quarter courses during Discoveries Orientation in the fall.

First-Year Seminars are designed to provide students with an in-depth academic experience that will be rigorous and engaging. Students will develop the kinds of academic skills that will prepare them for successful college work, including writing, critical reading and thinking, discussion, argument and debate. Faculty members have selected course topics about which they have particular expertise and enthusiasm. For students to be able to engage with faculty in the exploration of these topics is an extraordinary opportunity for academic and personal growth.

First-Year Seminar instructors will also serve as academic advisers and Faculty Mentors for a student's entire first year at DU. Students will meet individually with their mentor during winter and spring quarters for advising and registration help. Faculty Mentors are also a good source of support if students need assistance any time during their first year.

The seminars will meet for 4 hours per week for the fall quarter. Registration for First Year Seminars is from June 15th – July 15th. Descriptions of First Year Seminar Courses and registration information can be found here: [www.du.edu/studentlife/fys/fys\\_descriptions.html](http://www.du.edu/studentlife/fys/fys_descriptions.html).

## **Gender Violence Education & Support Services**

[www.du.edu/studentlife/Sexual\\_Assault/](http://www.du.edu/studentlife/Sexual_Assault/) • (ph) 303.871.3853

The mission of the Gender Violence Education and Support Services (GVESS) office is to educate the University of Denver campus community about gender violence related issues, including domestic violence, sexual assault, and stalking. GVESS also provides support services to victims, survivors, and secondary survivors of gender violence.

The philosophy behind the GVESS office states that everyone has the right to live without abuse, fear, and violence. GVESS recognizes that gender violence is a community problem and that women and men must work together to eradicate it from our society. The GVESS office believes that by providing educational resources, endorsing healthy relationships, promoting bystander interventions, and advocating for victim and survivor rights, we can help change the societal conditions that cause gender violence.

As part of our mission to educate, GVESS oversees the Gender Violence Resource Center, which is located in Nelson Hall room #102. The center houses a collection of books, journal articles, and videos about gender violence. These materials include prevention strategies, causes of, and self-help workbooks for victims and survivors. A lending process is in place for DU community members.

GVESS also works with people whose lives are affected by gender violence and the multifaceted problems they face. We assist victims and survivors, their friends, and family by providing support during all stages of reporting and recovery. We understand that every victim and survivor responds to a traumatic experience in a different way. GVESS is committed to treating victims and survivors with dignity and respect and supports their autonomy in decisions when working toward self-identified goals. All of our counseling and referral services are confidential and free of charge. Support services are provided in Nelson Hall room #103 or by calling 303-871-3853.

GVESS oversees the DU Sexual Assault Survivor Advocate Network (The SASA Network), which assists DU students, staff, faculty, and visitors who have been sexually assaulted. Victim Advocates are trained to provide emotional support and referral information for victims, survivors, and their friends and family. The SASA Network operates the 24/7 crisis line all year long. To contact an advocate, please dial 303-871-3456.

GVESS serves individuals who have had their lives impacted by gender violence in a culturally-competent, non-judgmental, and empathic way. We serve women, men and transgender individuals of all racial, ethnic, religious, class backgrounds, sexual orientations, and social identities.

## **Health & Counseling Center**

[www.du.edu/duhealth/](http://www.du.edu/duhealth/) • (ph) 303.871.2205

The Health & Counseling Center is an on-campus facility that provides a wide range of on-site medical and mental health services. Physicians, nurses, psychologists, nurse practitioners, physician assistants, and other professionals staff the HCC. All students enrolled for academic credit (full-time or part-time, undergraduate or graduate) may use the HCC. The HCC provides professional counseling services for individuals with a wide range of concerns from stress, homesickness, career decision-making, relationship problems and LGBTIQ related issues, to more serious problems such as eating disorders, trauma, or depression and anxiety disorders. Because we understand that health and learning are inextricably connected, the HCC also supports health promotion and education on campus. The Health Promotion department within the HCC disseminates accurate and timely health information, providing evidence-based prevention resources, and fosters a health-minded campus culture in which students can be empowered to make healthy lifestyle choices.

## ***Housing & Residential Education***

[www.du.edu/housing/](http://www.du.edu/housing/) • (ph) 303.871.2246

Living on campus kick-starts students' DU experience; it connects them to the social and intellectual life of the University. That's why we require first- and second-year undergrads to live on campus, and why we offer comfortable, convenient housing options for all our students. Whether they're new to DU or have several years experience here, students can live, work, and learn together with other students on campus.

Our comfortable, up-to-date buildings offer a range of living options. Students will share a bedroom with a roommate their first year, but after that they can have a shared room in a suite, or their own room in a suite. All our buildings share a few common characteristics.

- **Convenience-** All the halls are right on campus, with short walks to classrooms, the athletic center, and light rail.
- **Safety-** You need a keycard to get into the residential parts of our buildings, and the halls have front desks staffed 24/7.
- **Room for fun-** Our halls have big main lounges for watching TV or playing pool, and lots of small, comfortable lounges for studying or hanging out.
- **Learning opportunities-** Living and learning communities, theme floors, and classrooms in the residence halls make learning a part of day-to-day life.

Explore our undergraduate halls in detail by taking a video tour on this website: [www.du.edu/housing/buildings/index.html](http://www.du.edu/housing/buildings/index.html).

## ***Learning Effectiveness Program***

[www.du.edu/studentlife/disability/lep/index.html](http://www.du.edu/studentlife/disability/lep/index.html) • (ph) 303.871.2150

Recognized as one of the top comprehensive support programs in the country, the LEP helps students reach their full potential. Founded in 1982 as a program for students with learning disabilities, the LEP has grown to serve over 200 students with learning challenges, learning disabilities and ADHD each academic year. LEP offers comprehensive support services to students with learning disabilities, ADHD, and/or a history of learning challenges including:

- One-on-one weekly support sessions with academic counselors
- Individual, subject-specific tutoring
- Time management and organization skill development

## ***Office of Student Conduct***

[www.du.edu/studentconduct](http://www.du.edu/studentconduct) • (ph) 303.871.4504

The Office of Student Conduct (OSC) at the University of Denver supports the University and Student Life Division missions by providing programs and services designed to foster a positive and safe environment for student learning. OSC strives to achieve a campus community in which individuals:

- demonstrate respect for others, for themselves, and for the University;
- uphold high standards of personal and academic integrity;
- are accepting of differences and gain an appreciation for living in a pluralistic society;
- understand the impact of their behavior both upon the University and the surrounding Denver community;
- freely accept the responsibility for and consequences of their conduct; and
- seek opportunities to repair harm that they caused through a restorative process.

## **Parent Relations**

[www.du.edu/studentlife/parents](http://www.du.edu/studentlife/parents) • (ph) 303.871.2744 or 303.871.3708

The Office of Parent Relations is just for you – the parents and guardians of our students. We promote awareness of and involvement in your student's educational experience. By sharing academic and social activities, you will experience the same excitement, discoveries, challenges, and changes your son or daughter encounters at college.

If you are having difficulty finding answers to your questions and concerns, please visit our website or call our office. Our goal is to assist you, and to assist you in helping your student.

### **Parents Association**

The Parents Association was established in 1994 to encourage mutual understanding and facilitate communication between the University and parents, to provide opportunities for parents to be actively involved in their students' college experience, and to sponsor programs and provide services that meet the needs of DU parents. All parents are encouraged to join the Parents Association to be informed and involved.

The Parents Association website offers important information, opportunities for involvement, and event registration. Parents@DU, the parent's electronic newsletter, is emailed to parents bi-monthly. If you would like to receive the email newsletter, please contact [parents@du.edu](mailto:parents@du.edu) and give the email addresses you would like added to our list. Grandparents are encouraged to join this email list as well.

Homecoming / Parents & Family Weekend and Moms and Dads Weekends are enjoyable times for parents and families to visit their students and campus. Dates, schedules, and registration information can be found on the website [www.du.edu/studentlife/parents/events](http://www.du.edu/studentlife/parents/events), and in parents' newsletters.

Each quarter of the academic year, members of the Parents Association are entered into a drawing for a \$250 gift certificate to be used at the DU Bookstore for student textbooks. Association members also receive the Parents Calendar and a 10% discount on gifts and apparel purchases at the DU Bookstore.

### **Parents Association Membership Dues**

Membership purchased prior to September 6th, 2011:

- Four-year membership and a copy of Helen Johnson's book, Don't Tell Me What To Do, Just Send Money (to be picked up during Parent & Family Orientation) - \$109
- Four-year membership - \$99
- One-year membership - \$59

Membership purchased after September 6th, 2011:

- Four-year membership - \$109
- One-year membership - \$59

### **Parents Association Council**

The Parents Association Council is an advisory board made up of a diverse group of parents representing different geographic regions and all four undergraduate classes. The Council meets twice a year and works with University staff to foster communication between DU and the parent community, to advocate for issues and interests that enhance the student experience at DU and to promote the unique relationship between parents and the University of Denver. Parents interested in receiving more information about the Council should contact Laura Stevens at 303.871.2744 or [laura.stevens@studentlife.du.edu](mailto:laura.stevens@studentlife.du.edu).

## ***Student Outreach & Support***

[www.du.edu/studentssupport](http://www.du.edu/studentssupport) • (ph) 303-871-4724

Student Outreach & Support connects students in need of resources to appropriate campus or community services. This support comes through an individualized approach using C.A.R.E. philosophy (Communicate, Assess, Refer, Educate). Student Outreach & Support communicates with appropriate campus resources on student issues, including hospitalizations and crisis situations.

## ***University Chaplain***

[www.du.edu/studentlife/religiouslife/](http://www.du.edu/studentlife/religiouslife/) • (ph) 303.871.4488

The University of Denver recognizes the wide diversity of religious traditions represented among its students, faculty, staff and administrators. DU intends that members of all of those traditions are able to find support on campus. DU also hopes that members of the University Community will have multiple opportunities to engage one another in conversations or experience that deepen understanding.

The Chaplain offers programs and worship experiences aimed at all (or no) religious traditions. These range from book discussions to “Music and Meditation” to topical conversations to service projects. A quarterly listing of these programs can be found on the University Chaplain website <http://www.du.edu/studentlife/religiouslife/>.

There are numerous opportunities for students, faculty and staff to connect with their religious roots -- or to take wings and acquaint themselves with different traditions. At DU, these opportunities fall into two, sometimes overlapping, categories. The University provides a committee of religious organizations to help meet the spiritual needs of students. A complete list of religious organizations, including religious student groups can be found at [http://www.du.edu/studentlife/religiouslife/faith\\_groups.html](http://www.du.edu/studentlife/religiouslife/faith_groups.html).

The Chaplain’s Office supports the integrity of each individual community member’s quest for truth, meaning, and belonging; advocates for the inclusion of religious/spiritual values in the University’s conversations about, and commitment to, the Public Good; celebrates the diversity of the world’s religious and spiritual traditions and their expression, especially as represented at the University.



## ADDITIONAL ACADEMIC PROGRAMS, RESOURCES & SERVICES FOR STUDENTS

### *Athletics & Recreation*

Students at the University of Denver are able to exercise their bodies as well as their minds. The Ritchie Center provides state-of-the-art facilities and equipment to provide students with fitness and recreation opportunities. The Ritchie Center is home to DU's 17 NCAA Division I teams, the Coors Fitness Center, and intramural and club sports for students, faculty and alumni.

Undergraduate students taking at least twelve credit hours, and Graduate students taking at least 9 credit hours, have free access and discounted rates for DU Recreation programs at the Ritchie Center

#### **Intramural Sports**

[www.recreation.du.edu/intramurals](http://www.recreation.du.edu/intramurals) • (ph) 303.871.3845

Intramural Sports is an organized program that allows the students, faculty and staff of DU to participate in team, dual, and individual sport activities. Intramural Sports provide a great opportunity for physical activity for leisure time while promoting wellness and fellowship. Examples of intramural sports that may be available include softball, ice hockey, outdoor soccer, broomball, kickball, flag football, ultimate Frisbee, and more.

#### **Club Sports**

[www.recreation.du.edu/clubsports](http://www.recreation.du.edu/clubsports) • (ph) 303.871.3845

Club sports at DU continue to grow, now reaching more than 800 students as one of the largest student organizations on campus. Club sports are open to students of all abilities and provide opportunities to continue participating in a sport they love or try a new sport. Participants compete at local, regional and national levels, gain leadership skills, and meet new people. Currently, DU offers a number of active club sports from which students can choose. If a particular sport is not currently represented, students are encouraged to start a new club.

Current club sports include:

- Alpine Club
- Club Men's Baseball
- Club Men's Basketball
- Club Women's Basketball
- Club Cross Country
- Club Curling
- Club Cycling
- Club Dance Team
- Club Equestrian
- Club Figure Skating
- Club Golf
- Club Men's Ice Hockey
- Club Women's Ice Hockey
- Club Kayaking
- Club Men's Lacrosse
- Club Women's Lacrosse
- Club Racquetball
- Club Rock Climbing
- Pioneers Men's Rugby
- Club Ski Team
- Club Snowboarding
- Club Softball (Fastpitch)
- Club Men's Soccer
- Club Women's Soccer
- Club Taekwondo
- Club Tennis
- Club Ultimate Frisbee
- Club Volleyball
- Club Water Polo



## **Coors Fitness Center**

[www.recreation.du.edu/fitness](http://www.recreation.du.edu/fitness)

At the Ritchie Center, we don't believe that all health results are measured in pounds and inches. We know that a healthier way of living and feeling good is what's important. We emphasize and provide quality, personal attention to all of our members by offering an educated approach to fitness.

As Ritchie Center members, students, staff, faculty, and alumni have access to the following resources. Schedule a tour to get your **5 FREE Visit pass**.

- Coors Fitness Center
- Personalized attention and workout development with a Life Style Coach to Free Fit 101 Orientation Session
- Degreed and Nationally Certified Personal Trainers
- El Pomar Natatorium, Denver's only Olympic size pool
- Six outdoor, lighted tennis courts
- Ice programs like Drop In Hockey, Stick & Puck, and Public Skate sessions
- Program discounts and special offers throughout the year

## **Denver Pioneer Athletics**

[www.denverpioneers.com](http://www.denverpioneers.com) • Tickets (ph) 303.8871.2336 x2

Students at the University of Denver receive exclusive student ticket offers for Denver Pioneer athletic events. Students may enjoy two pre-packaged ticket options:

## **Hockey Student Season Tickets**

Season tickets to all regular season home DU Pioneer Hockey games. Tickets go on sale in September each year. Hockey season tickets are limited to the first 425 students and have sold out eight consecutive seasons.

## **The Pioneer Pass**

Each student's DU UD includes a pre-paid ticket to all regular season home games for men's and women's basketball, gymnastics, men's and women's lacrosse, and women's volleyball – more than 60 events! These offers are available to current DU students only.

## **Campus Safety**

[www.du.edu/campus-safety](http://www.du.edu/campus-safety)

Emergency Dispatch **911** then (ph) 303.871.3000

Non-Emergency (ph) 303.871.2334

Anonymous Tip-Line (ph) 303.871.3130

Safety always is a priority at DU. Campus Safety is dedicated to serving the DU community with specialized programs and services, including the DU, emergency phones, women-only rape aggression defense class, alcohol and drug abuse training, and a critical incident notification system that contacts students via text message and voice mail when campus emergencies arise. Officers are on duty 24 hours a day, 7 days a week, and patrol the campus and surrounding areas with patrol vehicles, bicycles, and by foot. Campus Safety has several divisions, including Patrol, Investigations, Crime Prevention, Security Services and Communications.

## **Critical Incident Notification System (CINS)**

Critical Incident Notification System (CINS) is designed to alert you via email, phone, voice mail, text message, and PDA in the event of an emergency on campus. Sign up now through [www.du.edu/risk/cimp/cins\\_registration.html](http://www.du.edu/risk/cimp/cins_registration.html).

## **E-Phones**

Blue light emergency phones (E-phones) are installed at multiple locations throughout

campus, such as along walkways, in parking lots and in some buildings. When an individual picks up an E-phone, the call is immediately connected to the Campus Safety Dispatch Center. Students are encouraged to become familiar with the E-phone locations on the routes they frequently travel.

### **Rape Aggression Defense (R.A.D.)**

The Rape Aggression Defense System is a program of realistic self-defense tactics and techniques for women. The R.A.D. System is a comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. R.A.D. is not a Martial Arts program. Our courses are taught by nationally certified R.A.D. Instructors and provide each student with a workbook/reference manual. This manual outlines the entire Physical Defense Program for reference and continuous personal growth, and is the key to our *free lifetime return and practice policy* for R.A.D. graduates. For additional information visit [www.rad-systems.com](http://www.rad-systems.com) or to register for R.A.D. Classes, visit [www.du.edu/campussafety/contactus.htm](http://www.du.edu/campussafety/contactus.htm).

### **DU Shuttle Service**

The DU Shuttle is a transportation service provided to the University community. The DU Shuttle operates between the hours of 6:00pm and 2:00am. This shuttle operates one wheel chair accessible van by request from 8:00am to 2:00am. Call Campus Security at 303-871-2334 to arrange a pickup. Please visit [www.parking.du.edu](http://www.parking.du.edu) and click on DU SHUTTLE for route and schedule information.

### **Bike Theft Prevention Program**

The University of Denver campus and Denver metro area provide exceptional opportunities for bicycling. Campus Safety is concerned about the security of bicycles parked on campus. Anyone who parks a bicycle on the University of Denver campus at a bike rack is required to secure their bicycle with a U-locking device or a heavy-duty case-hardened chain and lock. This type of bike lock provides the greatest security against theft. Campus Safety will immobilize any bicycle found with an inadequate locking device (i.e. cable or chain). Bicycles unclaimed for seven days will be removed for safe-keeping. In order to have a bike released from Campus Safety, the owner must provide proof of ownership. Any bicycle unclaimed after 90 days will be sold at auction with proceeds reinvested in campus bicycle security programs and equipment. Register bicycles and other property at this website address: [www.du.edu/campussafety/property.htm](http://www.du.edu/campussafety/property.htm)

## ***Center for Community Engagement & Service Learning*** [www.du.edu/engage](http://www.du.edu/engage) • (ph) 303.871.3706

The Center for Community Engagement and Service Learning (CCESL) leads the campus in embracing the University of Denver's commitment of "being a great private university dedicated to the public good." Our mission is to educate, engage, and equip the campus community to accomplish tangible, public work that improves the lives of people in our communities. We value the public good, inclusive excellence, and, as part of higher education's civic mission, building community capacity and engagement.

The CCESL staff works with students, faculty, on-campus partners, and the community through a community organizing framework. Community organizing is about people working together for systemic social change. It is about developing collective self interest by working with others and taking action on issues the community cares about through true democracy, where the power is with the people.

The CCESL staff has written a Community Organizing Handbook that we use in trainings, civic engagement programs and courses. This handbook can be used as a tool to develop public skills and as a guide to organizing people for change. We provide this

online tool as a public resource. If you have questions or would like to print or distribute this handbook please contact us at, 303.871.3706 or [ccesl@du.edu](mailto:ccesl@du.edu).

## ***Center for Multicultural Excellence***

[www.du.edu/cme](http://www.du.edu/cme) (ph) 303.871.2842

The Center for Multicultural Excellence advances diversity and Inclusive Excellence to strengthen the University of Denver as a great private university dedicated to the public good.

The Center for Multicultural Excellence provides a continuum of services and supportive programming to create a welcoming and inclusive campus and to recruit, identify, develop, and utilize the talents, gifts, and worldviews of all of our stakeholders. The key focus of our efforts include:

- **Campus Climate**  
Improving intergroup relations among a diversity of groups on campus via awareness training and education, multicultural skill building, conflict de-escalation, coalition-building, and proactive multicultural programming.
- **Compositional Diversity**  
Recruiting and retaining talented multicultural students, staff, faculty and administrators.
- **Embedding Inclusive Excellence**  
Embedding inclusiveness into all aspects of the University of Denver.

CME also provides an environment for students to meet, relax, study, and socialize 24 hours a day. Please visit [www.du.edu/cme/building\\_policy.html](http://www.du.edu/cme/building_policy.html) to view building access policies and to read more about CME.

## ***DU Bookstore***

[www.dubookstore.com](http://www.dubookstore.com) • (ph) 303.871.3251 or 800.289.3848

The University of Denver Bookstore supports the DU community by providing academic and technology resources for students, faculty, staff, alumni, parents and guests of the University. Built on a foundation of service excellence, product innovation and business integrity, the Bookstore is committed to meeting the needs of our diverse campus community. The Bookstore is dedicated to the University's vision for a sustainable common good by providing goods and services that promote the University of Denver's proud legacy.

The DU Bookstore is located at:

2050 East Evans Avenue

Denver, Colorado 80208

We are located in the Driscoll Center South - Upper Level

Regular store hours are 8:30 am to 6:30pm Monday through Thursday, 8:30 am to 5:00 pm Friday, and 10 am to 3pm on Saturday. Purchases at the DU Bookstore may be made by cash, check, credit card, DU Flex accounts, and DU Bookstore accounts. DU Flex and Bookstore accounts are set up through the DU Pioneer ID Card office at 303.871.4545.

## ***Dining Services***

[www.du.edu/foodservice](http://www.du.edu/foodservice) • (ph) 303.871.2246

The student dining experience is more than great food. It is community experience centered on culinary expertise, fresh ingredients, healthy options and a shared sense of environmental and social responsibility. Our team is committed to creating the best possible dining experience. Join us to experience the comfort, convenience, outstanding food and inviting atmosphere designed especially for students.

### *Additional Academic Programs, Resources & Services for Students*

In order to meet students' campus dining needs, we have designed new and exciting meal plans. These options give students the freedom to fit great meals into their busy schedule. Students can dine when they want and as often as they like. The dining halls will be open throughout the day Monday through Friday, allowing students the flexibility to dine at their convenience.

Students have a choice between an unlimited access meal plan with an all-you-care-to-eat program, or the more traditional block plan. Each plan includes meal plan cash to provide added flexibility. Each meal plan offers a variety of dining options satisfying varied dietary requirements, personal tastes and individual schedules. Whichever one students choose, they are getting excellent meals at a terrific value.

Visit <http://du-dining.com/plans/index.html> to view meal plans, or contact the Pioneer Card office at 303.871.4545 for information about adding meal plan cash to student Pioneer Cards.

## **Laptop Computers**

[www.du.edu/uts/laptops](http://www.du.edu/uts/laptops) • (ph) 303.871.4700

Since requiring all first-year undergraduate students to arrive at the University of Denver with laptop computers in fall, 1999, the number of courses incorporating laptops is growing rapidly. Consequently, DU students are using their laptops as portable libraries, laboratories, and communication ports, enhancing their education and extending their educational reach well beyond the classroom walls.

Our campus offers a quality mobile learning environment, with more than 24,000 Internet connections located in the library, the commons rooms, and every residence hall room. Every building on campus has "smart" classrooms, allowing students to tap into the vast resources on the World Wide Web. Off-campus or in the residence halls, the learning environment is enriched by the ability to connect with professors, classmates, and, via the Internet, the world.

The DU Bookstore offers laptops that are specially priced for educational discounts. Also, many retailers offer financing programs for laptop purchases. If you have concerns about being able to buy or lease a laptop, please contact the Academic Resources Coordinator at 303.871.2619.

For laptop specifications and special requirements for certain majors, visit the Laptop Requirements page online at [www.du.edu/uts/laptops](http://www.du.edu/uts/laptops).

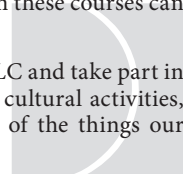
## **Living & Learning Communities**

[www.du.edu/livinglearning](http://www.du.edu/livinglearning) • (ph) 303.871.2464

Living and Learning Communities (LLCs) are academic and residential communities, each dedicated to an interdisciplinary theme. There are five LLCs: Creativity and Entrepreneurship, Environmental Sustainability, International, Social Justice, and Wellness.

LLCs are based on a theme. Every quarter, our students take seminar classes that relate to that theme. These classes are taught by DU professors and credits from these courses can be applied to some majors or minors.

Students live on the same floor of the residence hall that hosts their LLC and take part in programs that enhance their coursework. Special dinners, speakers, cultural activities, retreats or field trips into Colorado's great outdoors are just a few of the things our students do.



What makes the LLCs unique is how our students, faculty and professional staff explore and apply course concepts in real-world community settings. Students deepen their understanding of the world and work to create healthy communities.

## ***Penrose Library***

[www.library.du.edu](http://www.library.du.edu) • (ph) 303.871.2905

Penrose Library provides the many traditional services offered at most college libraries: access to book and periodicals, government documents, special collections, and holdings in different formats such as video and microform. In addition, Penrose offers an online portal through which students can access a vast range of databases, journals and other resources. The Library is central to discovery and creative interaction among students and faculty.

The University is about to begin a long-awaited and very important renovation of Penrose Library, an institution that has served DU students and faculty very well for the last 40 years, but that is now in need of significant renewal. We encourage you to track the progress of the Academic Commons project by checking this link frequently: <http://library.du.edu/site/academicCommons/home.php>.

## ***Pioneer ID Card Office***

[www.du.edu/pioneercard](http://www.du.edu/pioneercard) • (ph) 303.871.4545

Your Pioneer ID Card identifies you as a member of the University community. Your card is part of the University's comprehensive "one card" system. It provides you with a wide variety of features and benefits on and around campus.

Most buildings on the DU campus have door access readers to allow for monitored night and weekend access using your Pioneer ID Card.

Restricted parking lots on campus are accessed using your Pioneer Card. When you pull up to a gated parking lot you will see a card reader device on your driver's side. If you have access to the lot the card reader will flash green and allow you to enter the lot.

The Flex Account is a debit account available with your Pioneer Card. This account provides security and convenience. You need not carry cash, as your ID card can be used to spend previously-deposited funds on and around campus for a variety of merchandise and services.

The Pioneer ID Card allows you to access your Residence Hall, the Penrose Library, the Ritchie Center, the Law Library, parking lots, and several academic buildings throughout campus. You can also use your card for purchases at several locations on and off campus.

### ***On-campus locations:***

- Bookstore
- Penrose Library (copying & book fines)
- Law Library (copying)
- Grill on the Greens (Driscoll North)
- Residence Hall Cafeterias
- Convenience Stores in J-Mac and Centennial Halls
- Jazzman's Cafe (Driscoll South)
- Daniels College of Business Cafe
- College of Law Cafe
- Olin Hall Cafe
- Performing Arts Center Cafe
- Book Drop Cafe (Penrose)
- Arthur Gilbert Cyber Cafe (Cherrington)
- Beans Cafe (HRTM)

### *Additional Academic Programs, Resources & Services for Students*

- Parking Services (permits & fines)
- Health Services
- Pioneer ID Card Office
- Quick Copy Center
- Residence Hall Laundry Facilities
- Pioneer Ticket Office
- Coors Fitness Center / Joy Burns Arena

#### ***Off-campus locations:***

- Anthony's Pizza & Pasta
- Beau Jo's Pizza
- Ben & Jerry's Ice Cream
- Bruegger's Bagels
- Chipotle
- Conoco at University Blvd. & Asbury
- Domino's Pizza
- Garbanzo's Mediterranean Grill
- Illegal Pete's
- Little India
- Mustard's Last Stand
- Noodles & Co.
- Old Chicago
- Papa John's Pizza
- Quizno's Subs on University Blvd.
- Spanky's Roadhouse
- Spicy Pickle
- Tokyo Joe's

#### **Meal Plan**

The ID card system manages students' quarterly meal plan allotments. All meal plans have both all-you-can-eat dining hall meals and meal plan "cash" to spend at the "retail" food outlets on campus. Visit <http://du-dining.com/plans/index.html> to view meal plans, or contact the Pioneer Card office at 303.871.4545 for information about adding meal plan cash to student Pioneer Cards.

#### **Deposits to Flex Accounts**

Students can open a Flex account by depositing money in person with cash or check at the Pioneer ID Card Office or online at [www.du.edu/pioneeridcard/index.html](http://www.du.edu/pioneeridcard/index.html).

#### **Students' Frequently Asked Questions about Pioneer ID Cards**

##### **Q. What do I need to get a Pioneer Card?**

A. In order to receive your ID Card, you must be registered for classes and must present a photo ID to the ID office. Cards are not issued until at least 30 days before classes begin.

The process takes a couple of minutes and does require a picture. No hats allowed for picture.

##### **Q. Do I need a new Pioneer Card each academic year?**

A. No. Your Pioneer Card is designed to last throughout your time at the University.  
Note: Replacement IDs are \$25.

##### **Q. If I am returning next year, what happens to the money in my Flex account?**

A. All funds on your Flex account roll over from year to year and quarter to quarter, unless you request a refund.

**Q. What should I do if I lose my card or it is stolen?**

A. Immediately report the lost or stolen ID Card to the ID Office. You should also immediately deactivate your card online through the Card Management website. Replacement cards are \$25.

**Q. What is the Pioneer ID Card Office and where is it located?**

A. The Pioneer ID office is located in Driscoll Center South on the lower level.

2050 E. Evans, Denver, CO 80208  
Phone: 303-871-4545

For more frequently asked questions about Pioneer ID Cards, please visit [www.du.edu/pioneer/Pioneer\\_FAQ.htm](http://www.du.edu/pioneer/Pioneer_FAQ.htm).

***Pioneer Leadership Program (PLP)***

[www.du.edu/leadership](http://www.du.edu/leadership) • (ph) 303.871.2462

The Pioneer Leadership Program has been developing the leadership skills of some of the University of Denver's most talented undergraduate students since 1995. PLP is a unique academic minor and Living and Learning Community at the University of Denver. Fueled by a value-based, personal code of ethics, the Pioneer Leadership Program instills confidence in leaders so that they are willing to take risks, make the tough calls and ultimately do the right thing.

***Student Employment***

[www.du.edu/studentemployment/about.html](http://www.du.edu/studentemployment/about.html) (ph) 303.871.6792

The Office of Student Employment connects University of Denver students with employers in the greater DU and Denver community. Students interested in employment opportunities may search for information on current job postings and sign up to receive email notifications when jobs are posted matching the students' interests. Our office serves all students looking for off-campus hourly positions and those students with a Work-Study financial aid award looking for on-campus jobs or off-campus community service positions. On-campus supervisors and off-campus business employers may use this site to post job openings targeting currently enrolled students.

**Hours and Location:**

Monday through Friday 8:00am – 4:30pm  
University of Denver  
University Hall, Room 210  
2197 S. University Blvd.  
Denver, CO 80208

***Study Abroad & Cherrington Global Scholars Program***

[www.du.edu/globalscholars](http://www.du.edu/globalscholars) • (ph) 303.871.4912

At the University of Denver, we strive to develop cross-cultural connections and the new perspectives that come with them by encouraging students to study and live abroad for at least one quarter. We want our graduates to appreciate and understand the differences and interdependencies that characterize our world.

The University of Denver strongly invests in study abroad because we believe that as many students as possible should have the opportunity to discover how education really comes to life in an international context.

**Cherrington Global Scholars**

To foster an internationalized campus culture, DU has developed an infrastructure that makes study abroad efficient and affordable. Students on the Cherrington Global Scholars

Program typically spend a quarter abroad and still meet all the requirements of their degree programs—on schedule and at no additional cost for tuition, room, and board. Students who do not qualify for CGS but still want to study abroad are also eligible for many of the CGS programs, along with short-term service learning and faculty-led programs. Students planning to study abroad have a wide choice of universities and independent programs to choose from.

## **Transportation Center**

[www.du.edu/transcenter](http://www.du.edu/transcenter) • (ph) 303.871.RIDE

The University of Denver is committed to minimizing traffic and pollution in and around campus. DU encourages students, faculty, and staff to leave their cars at home whenever possible. To help promote transportation options, the University established the Transportation Center - a one-stop shop for information about alternatives to driving alone.

### **Transit**

Riding the bus or light rail is a great way to get to school, work and recreation. Instead of dealing with congestion, construction and road rage, try using transit. Faculty and staff, undergraduate, graduate and law students simply need to show their Pioneer ID card with Eco/College Pass sticker as they board the train or bus.

### **Southeast Light Rail**

The University of Denver light rail station has become an important fixture at the north end of campus, enabling those around the metro area to access DU from Southeast Light Rail. Trains operate from 5 am until 2 am, with enhanced service during morning and evening peak periods. The station is located on Buchtel Boulevard at High Street, across from the Ritchie Center. Visit [www.rtd-denver.com](http://www.rtd-denver.com) to learn more about the Southeast light rail line.

### **skyRide to DIA**

Staff and faculty and full-time students may use their Eco Pass or College Pass for skyRide to DIA. Please note: all Eco Pass holders must pay a \$5 fee when using skyRide to DIA. There will be no additional fee riding skyRide from DIA. There is no charge for skyRide with the student College Pass.

#### **Biking & Walking**

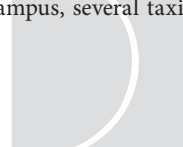
Biking to and from DU and around town is a great way to combine students' daily exercise with their commute. Several Denver bike routes pass close by DU. Students may try adding a bike ride or short walk to a transit trip to expand their available transit options. Bike route maps may be obtained through the City & County of Denver, at area bike shops, and at the DU Bookstore.

### **Shuttle**

If students choose not to bring their car to campus and need an occasional ride, they have several options, including the DU Shuttle, an ADA-compliant van and local taxi service. DU Shuttle, a 15-passenger van that circles campus along a fixed route stopping at high-traffic destinations, is available to anyone with a DU Pioneer ID Card during the academic year. An ADA-compliant van provides point-to-point service for people with disabilities. Reservations must be made for disability services. Please note: fixed-route shuttle does not run before 6 PM. If students need a ride somewhere further from campus, several taxi companies operate in the University of Denver area.

### **Parking Passes**

[www.parking.du.edu](http://www.parking.du.edu) (ph) 303.871.3210



Parking spaces are in high demand at the University of Denver. Purchasing a permit allows the permit-holder access to DU parking lots. All students living on campus who bring a car to DU must purchase a parking permit. Please visit our website [www.parking.du.edu](http://www.parking.du.edu) for parking permit sales information.

## ***Tuition and Financial Aid***

DU has two offices to assist with student financial issues: the Bursar's Office and Financial Aid Office.

### **Bursar's Office**

[www.du.edu/bursar](http://www.du.edu/bursar) • (ph) 303.871.4944 (email) • [bursar@du.edu](mailto:bursar@du.edu)

The Bursar's Office is responsible for the billing and collection of tuition related charges and administering Federal Perkins Loans. Office hours are Monday through Friday, 8 am to 4:30 pm to advise students regarding billing and payment needs. The Bursar's website [www.du.edu/bursar](http://www.du.edu/bursar) offers information about tuition due dates, understanding your bill, payment options, online payments, forms, tuition rates and fees, frequently asked questions, and more.

### **Financial Aid Office**

[www.du.edu/finaid](http://www.du.edu/finaid) • (ph) 303.871.4020

The Office of Financial Aid provides counseling and services to help students and their families finance an education at the University of Denver.

On our website [www.du.edu/finaid](http://www.du.edu/finaid), you will find information on applying for need-based aid, the types of aid available, selecting and applying for educational loans, and many other topics. The site is designed for current and prospective students, parents and alumni for the entire University including undergraduate programs, graduate schools, Law School, University College, and the Women's College.

Additionally, the financial aid staff is available to assist you with your education financing needs. Please contact us by phone, email or schedule an appointment to meet with a financial aid advisor.

## ***University Honors Program***

[www.du.edu/honors](http://www.du.edu/honors) • (ph) 303.871.2035

The Honors Program offers a broad liberal education rooted in the arts and sciences. Just as important, it supports in-depth study in the major. Honors students are able to meet roughly half of the university's undergraduate requirements in small, discussion-based courses taught by top faculty from throughout the University.

The program acts as a clearinghouse for research, internship and service opportunities. It also provides funding for the thesis work or culminating projects necessary for graduation with distinction in the major.

For more information about the Honors Program admissions process and requirements, please visit [www.du.edu/honors](http://www.du.edu/honors)

## ***Writing & Research Center***

[www.du.edu/writing/wrc.htm](http://www.du.edu/writing/wrc.htm) • (ph) 303.871.7456

The Writing Center supports and promotes effective student writing across the University of Denver campus. We help DU students with all kinds of writing projects: class assignments, personal writing, professional writing, and multimedia projects. We serve any student affiliated with the University and invite students in all classes, at all levels of writing ability, and at any stage of the writing process to visit us.

### **To Schedule an Appointment:**

- 1) Go to [myweb.du.edu](http://myweb.du.edu)
- 2) Select the "Student & Financial Aid" tab
- 3) Click on the "Writing and Research Center" menu *or* call 303.871.7456

# TRANSITIONS, FIRST-YEAR PHASES & SURVIVAL SKILLS FOR PARENTS & NEW STUDENTS

## Transitions:

### General Differences Between High School and College

College is a time of transition for students and their families. The following information is designed to help you and your student as you prepare for the transitions. Please note that these issues are addressed in generalities and may not apply to the diverse experiences of all students or parents.

#### **1. Teacher to Student Contact**

High School: Teachers are available daily to identify and assist students who need help.

College: Faculty members are available during weekly office hours and by appointment to address students' needs. Students must take initiative for assistance and guidance.

#### **2. Competition and Grades**

HS: Good grades may be obtained with minimal effort or studying and competition is limited.

C: Students at college compete with the best and the brightest! Minimal effort or lack of initiative in seeking assistance may result in poor grades and limited opportunity.

#### **3. Semesters to Quarters**

HS: Classes took place in marking periods or semesters. Some classes were the same for an entire year.

C: Students at DU take classes via the quarter system, 10 weeks of classes and a finals week. Not going to class or falling behind in studying may result in poor grades.

#### **4. Counseling and Guidance**

HS: Students often rely on parents, teachers, and counselors to set boundaries and help make decisions.

C: Students must rely on their own judgment; and they see the results of making their own decisions. Students are responsible to seek advice.

#### **5. Motivation**

HS: Motivation to complete work and succeed often comes from teachers and parents.

C: Students must motivate themselves to do well academically and get involved socially.

#### **6. Value Judgments**

HS: Students' values are often strongly influenced by parents, teachers, peers, and the community.

C: Students have opportunities to develop their own perspectives, opinions, and values. They also have the freedom to test and challenge the environment around them.

Adapted from: Hatch, Cathie & Mullendore, Richard H. *Helping your first-year college student succeed: A guide for parents*. National Orientation Directors Association, 2000.

## First-Year Phases

Many students go through 10 distinct stages during their first year of college. As a parent of a first-year college student, you can anticipate what may lie ahead during this time of transition.

### **Phase 1: Early Summer Anticipation**

High school seniors graduate and begin looking toward the future. They may experience feelings of sadness, accomplishment, and anticipation.

### **Phase 2: Midsummer Anxiety**

Students begin to realize they soon will be leaving home, family, friends, and the security that each offers.

### **Phase 3: Late Summer Panic**

The student is plunged into the collegiate environment, complete with a new roommate, University bureaucracy, classrooms, homework, and a foreign social world.

### **Phase 4: The Honeymoon**

Friendships are forming, and there are no tests for a couple of weeks. Time to have some fun!

### **Phase 5: The End of the Honeymoon**

Where did all of the time go? Where is all of this hard work coming from? Homesickness may appear in this phase.

### **Phase 6: The Grass is Always Greener...**

Some students begin to imagine that transferring to another school would solve their strange new problems.

### **Phase 7: You Can't Go Home Again**

The feelings associated with this phase begin the first time students come home to visit, and are hit with the harsh realization that family life goes on without them.

### **Phase 8: Primitive Coping Behaviors**

Well into the first quarter, students have learned to use the library, how to navigate the university, and are excited about the things they have learned.

### **Phase 9: Realization**

This phase usually precedes finals. Students realize the great amount of work ahead, and know that the future depends largely on their academic success.

### **Phase 10: Putting it Together**

Sometime during the second quarter, students begin seeing college as a total experience, realizing that hard work and achievement must be priorities but need not totally preclude time for having fun. They have learned what it takes to make the most of the college years.



Adapted from: Hatch, Cathie & Mullendore, Richard H. *Helping your first-year college student succeed: A guide for parents*. National Orientation Directors Association, 2000.

## **Survival Skills: Tips for Parents**

Your student is beginning an exciting and somewhat frightening journey—a journey that will change his or her life. You, too, are beginning this journey. You will share the happiness and sorrow, the successes and failures—secondhand perhaps, but just as vividly. Here are some guidelines that can help you through this transition.

### ***1. Don't ask students if they are homesick***

The power of suggestion can be dangerous. The first few days and weeks of school are filled with new activities and friends. The challenges of meeting new people and adjusting to new situations take time and concentration. Homesickness usually does not occur until someone suggests it. Unless students are reminded of it, they usually escape the loneliness and frustration of homesickness.

### ***2. Write often***

Although first-year students are typically eager to experience away-from-home independence, they still need the security family ties bring. Most would give anything for news of home and family however mundane it may seem. Do not, however, expect a reply to every letter you write or email you send.

### ***3. Ask questions***

First-year students have a tendency to resent interference with their new-found lifestyle, but most desire the security of knowing that someone is still interested in them. Questions tinged with ulterior motives may add more stress than relief, and should be avoided. However, honest inquiries, communication and discussion will help to strengthen the parent/student relationship.

### ***4. Don't worry too much about frenzied phone calls and email***

Parenting can be a thankless job, especially during the college years. Unfortunately, you rarely get to hear about the “A” paper, the new relationship or the details of a good day. Often when troubles become too much for a first-year student to handle (a flunked test, end of a relationship, and a shrunken T-shirt all in one day), sometimes the only place to turn is home. This is often the only time that an urge to communicate is felt so strongly. Be patient with these “nothing is going right” phone calls and email. You are providing a real service as an adviser with a sympathetic ear—a service that may make you feel lousy but works wonders for a frustrated student.

### ***5. Visit, but not too often***

Parental visits, especially when accompanied by shopping sprees and dinners out, are other first-year events that students are reluctant to admit liking, but appreciate greatly. These visits give students a chance to introduce the important people in both of their worlds (home and school) to each other. Additionally, it is a way for parents to become familiar with their student's new activities, commitments, and friends. However, spur-of-the-moment visits are usually not appreciated (preemption of a planned weekend of studying or other activities can have disastrous results). It is usually best to schedule a special day, such as Homecoming/Parents & Family Weekend, to see your student and the school.



## **6. It's all part of growing up**

The first year can be full of discovery, inspiration, good times, and new friends, as well as indecision, disappointment, and mistakes. Students need time to accept that this variety of emotions and experiences often leads to greater acceptance of oneself. Parents often take longer to accept this. Parents need to understand that though many college students get good grades, know what they want to major in, have activity-filled days, and make many friends, many students also experience bumps along the way. Being college-educated does not mean being mistake-proof. Parents who accept and try to understand their student's highs and lows are providing support and encouragement where it is needed most.

## **7. Discuss finances**

Most college students are still financially dependent on their parents to some degree. Sit down and discuss your family's financial situation with your son or daughter. Students need to know how much money will be available to them, and how much of the fiscal responsibility is theirs.

## **8. Prepare for their return**

When the school year ends and your student returns home for vacation, sit down and discuss the rules of living at home. Parents need to respect the individuality their children have worked hard to achieve while they were away at school, and students need to know there are rules and courtesies to be observed at home.

## **9. Trust them**

Finding a place in the world is difficult enough without feeling that the people whose opinions you respect most are second guessing you. One of the most important things you can do as a parent is to let your child know that you trust his or her judgment.



*Adapted from: Hatch, Cathie & Mullendore, Richard H. Helping your first-year college student succeed: A guide for parents. National Orientation Directors Association, 2000.*

## Student Adjustments

The coming year represents a new kind of challenge for students. Students' expectations differ widely, and the campus response may not always meet their particular hopes. But there are some common experiences all students can expect. Students can expect to be challenged both academically and personally. They can expect not to understand everything they experience. They can expect not to always see the relevance of what they are asked to do. They can expect that resources will be available to help them work through their uncertainties.

### Concerns about college

Listed below are topics that may cause concern for many students as they enter college. Following the concerns are questions that your son or daughter may have but may not know how to vocalize. You may find it helpful to talk with your student about his or her concerns before school begins. A parental attitude of support is the most powerful tool for encouraging students to be more responsible for themselves.

### Reasons for being in college

Why am I here? Is it because I want to be? Is it because my parents want me to be?

### Separation difficulty

Can I survive on my own? Will I be able to make new friends?

### Establishing identity on campus

Who am I? How can I do my own thing and maintain the respect of friends, family and myself?

### Social acceptance

How will I fit in? What behavior is acceptable in a university setting?

### Relating with new and different people

How will I react to people who differ from me in religious beliefs, value judgments, political opinions, socio-economic levels, race, etc.? How inclusive am I, and why?

### Concerns about academic success


What about finding my way around campus? Being in large classes with strangers? Relating to the University professors? Keeping up in class and making good grades? How do I adjust to the quarter system? Improving study skills? Dealing with test anxiety? Getting help?

### Points to remember

Students often change their minds, and that's okay. Remember, this is a time of transition. The average student changes majors three times. Your son or daughter may fail at something, and an F in one course does not mean that she or he is a failure in anything else. Instead, look at the amount of effort and interest your student puts into the class. Attempt regular communication, but do not be concerned if your student is not responsive. Asking about what is going on at the University is a good way to show interest without seeming critical or meddling. Everyday conversations may reveal specific points of concern. Expect some tough times. Learning to cope with new people, responsibilities and ideas may cause confusion and discomfort. These are normal growing pains.

### Things to avoid:

- Giving too much advice
- Giving too much supervision
- Trying to solve their problems
- Second-guessing their judgments



Adapted from: Hatch, Cathie & Mullendore, Richard H. *Helping your first-year college student succeed: A guide for parents*. National Orientation Directors Association, 2000.

## DU QUICK QUESTIONS & ANSWERS

***Q. My student is sick. Where on campus can he or she go to be treated?***

A. The Health & Counseling Center is dedicated to providing the DU community with excellent resources for physical and mental health, health promotion, and health education. Call 303.871.2205 for appointments.

Hours are:

Monday, Wednesday – Friday, 8:00am – 5:00pm

Tuesday, 9:00am – 5:00pm

Saturday and Sunday, Closed

When the HCC is closed, students can reach the on-call physician by dialing 303.871.2205 for urgent medical concerns. For more information, visit [www.du.edu/duhealth](http://www.du.edu/duhealth)

***Q. My student has to come home due to a family emergency. Whom do I contact?***

A. If your student is called away from campus because of a personal or family emergency, please call the Office of Parent Relations at 303.871.2744 or 303.871.3708. We will contact the appropriate offices to notify faculty and any others who need to know of your student's absence.

***Q. We have moved. How can my student change his / her permanent address? How can we change our address?***

A1. **Student answer:** Your student may change their permanent address on webCentral (The DU Student Web Portal) at [webcentral.du.edu/cp/home/loginf](http://webcentral.du.edu/cp/home/loginf). Select the student tab. Under Personal Information, click on Update Addresses and Phones.

A2. **Parent answer:** Parents should keep their mailing address up to date to receive university updates from the Office of Parent Relations. Parents can change their mailing address with the Office of Parent Relations through their secure website [www.du.edu/studentlife/parents/informing/address\\_change.html](http://www.du.edu/studentlife/parents/informing/address_change.html). You may also call Parent Relations at 303.871.3708 to change your mailing address.

***Q. Will I be able to access my student's grades?***

A. Parents may obtain non-directory information (grades, GPA, etc.) through the following methods:

**1. Student Permission Form:** This form allows *students* to give blanket approval for their parents' access to their education record.

**2. Parent Request to Receive Access Form:** This form allows *parents* to seek access to their student's education record.

\*Access these forms at: [www.du.edu/registrar/general/privacypolicy.html](http://www.du.edu/registrar/general/privacypolicy.html). For more information please call the Office of the Registrar at 303.871.2284.

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