

## ***The Bully, the Bullied and the Bystander***

by Barbara Coloroso

***The Bully, the Bullied and the Bystander*** is a well-written, important book on a difficult subject by author and educator Barbara Coloroso, advisor on bullying to kids, parents, school administrators and professionals. "Bullying," says Coloroso, "should not be written off as just part of growing up. It is about utter contempt (not anger) for another human being that drives bullying. We need to stop it in its tracks."

Bullying incidences occurred as our own two girls moved through schools in Massachusetts and we have all read the headlines regarding this disturbing trend.

This is a serious issue with big consequences for children, from preschool to high school and tops the list of problems in the school environment.

Coloroso takes an in-depth look at the tragedy that typically involves the bully, the person being bullied and the onlooker. She identifies behavior patterns, steps to take if your child is a bully, ways to protect the child who is bullied and advises how to evaluate a school's anti-bullying policy and much more. Learn more at her website: [www.kidsareworthit.com](http://www.kidsareworthit.com)

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