Holistic Student Development: Facilitating Student Success

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Overview

1. Millennials and Generation Z: Emerging Adulthood
   • Student characteristics
   • Generalizations and patterns do not define or replace individual experience

2. Holistic Student Development

3. Faculty and Staff Educators Partnership
   • Discoveries Orientation: FSEM and Campus Life and Inclusive Excellence
   • Mentoring/Advising Team

4. Skilled Navigators for Life

5. Tools for Success and Communication
   • Faculty Feedback
   • Student Profile
   • FERPA
Emerging Adulthood

• Later ages of adulthood transitions

• Distinguishing features of this stage:
  • Identity exploration
  • Instability
  • Self-Focus
  • Feeling in-between
  • Optimism
Characteristics of our Students

**Millennials** or Generation Y
Born approximately: Early 1980s to Early 2000s

- Diverse
- Pressured to perform
- Ambitious/achievers
- Team-oriented
- Connected
- Service oriented
- Structured
- Protected
- Technologically savvy
- Entitled

**Generation Z**
Born Approximately: 2000s to Present Day

- Diverse
- Global
- Thrifty
- Visual
- Technologically savvy yet want interpersonal communication
- Born in the crisis period of terrorism
- Changing household structures
Embedding Diversity, Equity, and Inclusive Excellence into the fabric of the environment is critical.
Holistic Student Development

Our students:

• **Learning styles**
  A student’s unique approach to learning based on strengths, weaknesses, and preferences. [Visual, Auditory, Tactile]

• **Intersections of Identity**
  Racial/Ethnic, Socio-Economic, Sexual Orientation, Ability/Disability, Learning Differences, Gender Identity, Religious Identity, Political Identity, First-Generation, Nationality, etc.

• **Emotional Intelligence**
  Identifying and Managing one’s emotions. Awareness, Reflection and Understanding Self.

• **Engaging on Campus and in the Community**
  Developing their Sense of Belonging
**Parent & Family’s Journey**

**ACCESS**
- Trying to create access and introduction to the DU Experience and resources to assist them in understanding how to be partners to support their student.

**TRANSITION**
- Transitioning from involved advocate to informed supporter
- Empowering students to build their network of resources.
- For more involved parents- leaning back and giving space for student growth as adults.

**EDUCATION**
- Learning about the resources available to their student to be informed partners.
- Understanding holistic student development and what to expect in this next phase of their student’s life.

**PARTNERSHIP**
- Developing effective partnerships with the University to empower their student to own their experience.
Seamless Learning

• Students are connecting their experiences inside and outside of the classroom.

• Academic Affairs and Campus Life and Inclusive Excellence collaborating to create an inclusive learning environment that is seamless to students.

• Seamless learning contributes to the student’s personal, interpersonal, and community development.
Seamless Learning:
Academic Experience (Curricular)

**Academic Experience:** Support an engaged partnership between students and faculty as they cultivate critical and creative thought and advance scholarly inquiry.

**First Year Seminar:** Introduction to DU’s academic enterprise
- Rigorous and Engaging
- Academic Skill-Development (cognitive, intrapersonal, and interpersonal)
- Academic Advising and Mentoring

**85 seminars 2016 Fall Quarter**
- Not disciplinary based; faculty teaching their intellectual passion
- Engage students in the excitement of learning new things
- Students’ academic advisor for the full first year, regardless of declared major
Seamless Learning: Campus Life and Inclusive Excellence (Co-Curricular)

**COGNITIVE**
- Academic Preparedness
- Understanding own learning styles (cognitive diversity and strength-based)
- Skill-building: time management, organization, study, critical thinking, innovation, and problem-solving

**INTRAPERSONAL**
- Intercultural and Cultural Competence
- Emotional Intelligence and Preparedness
- Health and Wellness

**INTERPERSONAL**
- Sense of belonging & Community Development
- Living & Learning Together
- Public Good
- Intercultural and Cultural Competence
Seamless Learning: Integrated Student Experience

Connecting Learning= Academic + Campus Life and Inclusive Excellence

- Advising as a strong network across years of study

**FSEM Faculty Mentor**
- Mentor students in their academic transition into the University.
- Help students with academic advising in their first year.
- Teach students in their FSEM course.
- Connect students to appropriate campus resources.

**The DU Academic Advising Partnership**

**Staff Academic Advisor**
- Engage students in strengths-based advising/coaching.
- Partner with students on their academic development and preparedness.
- Develop students through time management, study skills, and other skill-building.
- Educate students on academic policies.
- Advise students on the Common Curriculum.
- Assist students with major exploration.
- Help students with graduation planning.

**Faculty Major Advisor**
- Mentor students through the major curriculum including course selection.
- Mentor students with research opportunities in their major field.
- Mentor students through their academic experience including experiential learning, internships, and/or independent study opportunities.
- Help students network in their major field of study.

**Goal:** Teaching students to access the strong network of resources at DU to navigate their college experience and beyond.

Excellence • Innovation • Engagement • Integrity • Inclusiveness
Seamless Learning: Integrated Student Experience

- Resource Map
Family Education Rights and Privacy Act (FERPA)

- Provides students with four rights:
  - The right to inspect and review education records held by DU.
  - The right to request amendment of records that the student believes are inaccurate.
  - The right to file a complaint with the U.S. Department of Education concerning any failure by the University to comply with FERPA.
  - Control over disclosure of education records.
- The rights are now the student’s rights.
Student Records & Privacy

Communication!

- Best source of information is communicating with your student.
- We establish our relationship with students based on their status as emerging adults.
- We expect students to take primary responsibility for their education and well-being.
- We recognize our obligation to parents of DU students.
- Students may submit a release to share information with parents.
- Health records are different.
What Parents and Families can do:

Parents and families can encourage their students to:

- **Develop** a Proactive Communication Plan with you to keep you in the loop
- **Use** the resources available to meet their goals
- **Create** a Plan with their Staff and Faculty Academic Advisors
- **Ask** for help proactively
Skill-Building through all of the Dimensions of Holistic Student Development:

- Creative Problem-Solving
- Critical Thinking
- Innovation
- Self-Awareness, Reflection, & Self-Efficacy
- Teamwork
- Communication
- Self-Awareness
- Leadership development
- Time Management

- Understanding, learning, and respecting each other’s diverse backgrounds, experiences, and identities.
- Moral & ethical development
- Accepting responsibility for their actions
- Being flexible and focused.
- Engaging in something bigger than self-Public Good.

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