

The DU Parents Program e-Newsletter

Jan 22, 2009

Dear DU Parent,
Greetings from the University of Denver Parents Program. Parents@DU is an electronic newsletter that will keep you up to date on the latest news and events at DU.

Please let us know what you'd like to see in upcoming issues. You may contact Laura Stevens at laura.stevens@du.edu or Sharon Bond at sharon.bond@du.edu. You may access past issues at www.du.edu/studentlife/parents/.

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"Moms" and Grandmothers Weekend

February 26th, 27th and 28th, 2009

DU Parents Council and Staff will welcome "moms" and grandmothers to campus February 26th - 28th, 2009, for a weekend of activities to share with their students. Events will begin on Thursday, with a student production of Threepenny Opera. Friday and Saturday, students and family may participate in a cooking class in HRTM, or attend lectures, Tea at the Brown Palace,

Pioneer Hockey or Lacrosse, tour of the carillon, Threepenny Opera, or take the Denver Rio Grande Ski Train to Winter Park. Check the Parents Program web site for more details and please share this invitation with all "moms" and grandmothers in your family. **Online registration is now available.**

[Register Now...](#)

Winter Career and Internship Fair

Christopher Peraro, M.A.



Is your son or daughter a junior or senior and about to enter the working world? Are you concerned about their entrance into a very difficult job market? Well, there is hope on the horizon. The University of Denver Career Center is sponsoring its annual Winter Career and Internship Fair on February 18, 2009 from 3pm-6pm in the Driscoll Center Ballroom. We have attracted several big names to our campus including Eli Lilly, Wells Fargo, Chipotle Mexican Grill, Northwestern Mutual, Enterprise Rent a Car, and DISH Network to name a few. Please encourage your son or daughter to join us with professional attire and resume in hand.

Welcoming Back our Study Abroad Students, and Preparing for Next Year

Michelle Rembolt

Study Abroad Advisor

Over 600 students have returned to campus this quarter - students who only recently were touring museums in Europe, hiking in South America, and learning Swahili in Africa. Research has shown that there is a need for a period of reflection during this time, as the process of adjusting back to life at home can be more difficult than adjusting to a new culture. The Study Abroad Office at DU has organized several activities and made resources available to our returning students

2009 Career Center Summer Internship Grant Program

Ruth Prochnow, M.S.

The DU Career Center will be offering grants in the amount of \$2,500 to eight (8) undergraduate students for working a minimum of 200 hours at an unpaid internship during the summer of 2009. All the details and the online application for this program are on the front page of the Career Center's website (www.du.edu/career). Please email Ruth Prochnow at ruth.prochnow@studentlife.du.edu or call her at 303-871-4705 if you have any additional questions. This is a wonderful opportunity for your son or daughter!

Pioneer Pride e-Newsletter Office of First and Second Year Experience

The Pioneer Pride is an electronic newsletter that offers information to undergraduate first and second year students. The resources, events and services promoted in the Pioneer Pride focus on academic support, social opportunities, and inclusive excellence. This service is free to both the student and to the departments and organizations submitting information.

[Click here for the latest Pioneer Pride newsletter and past publications](#)

Gender Violence Education and Support Services

Lisa Ingarfield, Program Director

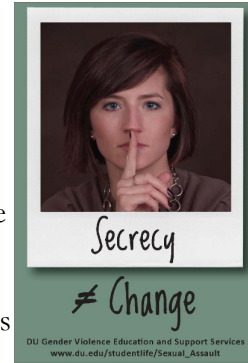
in order to help them through the readjustment phase and equip them for whatever international experiences they wish to pursue next.

These activities and resources include the following:

- **Welcome Home Open Houses** - Returnees are welcome to stop by the I-House:
 - January 16: 1-3pm
 - January 21: 2-4pm
 - January 27: 9-11am
 - January 29: 1-3pm
- **Crimson & Gold Global Gala** - DUPB, AUSA Senate, the I-House, and Campus Activities have joined forces to bring you the first annual Crimson & Gold Global Gala! The Gala is scheduled for the evening of Thursday, February 26th 2009 at Mile High Station. The exact time and program will be posted on our website soon - stay tuned!
- **Reflection Essay** - A mandatory requirement for students to submit a 3-5 page paper describing cultural differences that they experienced abroad.
- **Photo Contest** - a chance for students to display their best work and earn recognition and prizes!
- **Health & Counseling Center** - We encourage students to seek support that they may need with "reverse culture shock" and adjusting to life at home.
- A comprehensive list of [re-entry resources](#), as well as more detailed information for the items listed above can be found on our website.

Students who plan to study abroad during the Fall 2009 term are already in the midst of the application process. The priority deadline for some programs was January 20th, while other programs require an application by March 13th. Students should procrastinate no more -- come by the I-house and get started ASAP! General [application information](#) may be found on our website.

If your student has experienced any kind of gender violence (sexual assault, dating/domestic violence or stalking) there are confidential and free support services to help her or him. These services are also available to you too.



Gender Violence Education and Support Services Office: 303-871-3853, which includes:

- The SASA Network - on call crisis hotline: 303-871-3456 (24/7)
- The Gender Violence Resource Library (Books, DVDs): 303-871-2220

Athletics and Recreation

Jeremy Decker

Director of Advertising and Venue Sales

GET IN THE GAME - Denver Pioneer Athletics

DU Athletics is in full swing for the Winter, and your student has tickets for the all the games! **A valid DU student ID gets your student a ticket to all DU men's basketball, women's basketball and gymnastics events (hockey sold separately).** DU students can take their valid DU ID to the Ritchie Center Ticket Office and get their ticket!

For ticket information or event details, call the Ritchie Center Ticket Office at 303.871.2336, or for the full DU Athletics calendar go to www.denverpioneers.com.

DU ATHLETICS IN ACTION

Denver Pioneer Men's Basketball brings

Winter Quarter is the Perfect Time to Discuss Major and Career Decision Making

Patricia O'Keefe, M.A.

Assistant Director, Career Center

The Career Center can assist in student anxiety over decisions related to majors and career direction; students can utilize the Career Center website at www.du.edu/career, under "Web Resources" to read about majors and careers. Parents can help students with this anxiety by encouraging them to visit the Career Center in winter quarter and meet with a Career Counselor,

Career and major information is what the Career Center is all about, and also utilize the many resources through the web site. Through the Career Center website (www.du.edu/career) one can access web links to resources on everything from Career Advice, Career and Major Exploration to Graduate School Information under those titles in the "Web Resources" section.....

To view the rest of this article, please click this link: [Articles: "Major and Career Decision Making"](#)

Housing and Residential Education

Mandy Harris

Assistant Director - Occupancy

We are excited to announce that we are in the process of working on the housing renewal and room selection for the 2009-2010 school year. All students who currently reside in the residence halls will have the opportunity to select their on-campus living space for the upcoming year. In the middle of February, each on-campus student will be provided with a detailed room selection guide for the 2009-2010 academic year via email and in

NCAA madness to Magness Arena!

- **PACK THE HOUSE!** Jan. 24, DU vs. Western Kentucky, starts at 7:00pm. Includes exclusive student promotions, including a customized DU longboard giveaway!
- Jan. 29, DU vs. South Alabama, starts at 7:00pm
- Feb. 5, DU vs. Middle Tennessee, starts at 7:00pm

Denver Pioneer Hockey it's the run to the WHCA PLAYOFFS @ Magness Arena!

- Jan. 30, DU vs. Alaska Anchorage, starts at 7:35pm
 - Jan. 31, DU vs. Alaska Anchorage, starts at 7:05pm
 - Feb. 27, DU vs. St. Cloud St, starts at 7:35pm
 - Feb. 28, DU vs. St. Cloud St, starts at 7:05pm
- Denver Pioneer Gymnastics** continues its nationally ranked season.

- Feb. 14, DU vs. Oklahoma, starts at 6:00pm.
- Feb. 21, DU vs. Texas Woman's University, starts at 6:00pm.

DU Recreation Winter Quarter Intramural Sports

DU students are back in the competitive spirit this quarter and Intramural Sports have once again sold out. The Intramural Sports program provides fun and competitive sporting opportunities on the DU campus for all students. Currently, 100 teams are registered to compete this quarter with sports including: basketball, indoor soccer, dodgeball, and broomball. Intramural Sports updates, game results, and league champions are always available online at www.recreation.du.edu/im.

Coors Fitness Center Usage

their residence hall mailboxes. This information will also be available at www.du.edu/housing beginning the third week of February. This is a great time for students to start thinking about their housing needs for next year!

The Health and Counseling Center

Katie Dunker, M.S.

Assistant Director

Did you know the Health & Counseling Center accepts credit card payment online? This feature is available for anyone to use to pay for services rendered at the Health & Counseling Center. It's quick and simple.

Follow this link to learn more <https://duhcc.org/paymybill/> or go to our homepage at www.du.edu/duhealth and find the "Pay My Bill" link under the "Quick Links" section.

Academics and Your Student Office of Academic Advising

Academic Life and the Quarter System
The University of Denver is on the academic quarter system. In this system most students enroll in classes for three quarters: Fall, Winter, and Spring. (A quarter consists of ten weeks of study and three days of final exams.) Summer and the interterm (time between quarters) offer the opportunity for students to take additional courses. Students are considered full-time if they take between 12 and 18 credits. Courses range from 3 - 5 credits, with most courses counting as 4 credit hours. Students tend to take 4 courses each quarter.

Falling below 12 credits is not recommended in most cases due to residential, athletic, and financial aid requirements, but may occur if a student is having academic difficulty or has other circumstances (such as health issues)

In Fall 2008, DU student visits to the Coors Fitness Center increased by over 45% from the previous fall quarter. When DU students returned to campus this fall, the Coors Fitness Center was completing a renovation project and featured a new equipment layout. DU students recorded an average of 20,000 Coors Fitness Center visits per month, enjoying new cardio and weight equipment and filling fitness classes with record attendance. For more information on the Coors Fitness Center and fitness programs, please visit www.recreation.du.edu.

The Center for Multicultural Excellence Bringing Diversity into Focus

The Center for Multicultural Excellence (CME) works with students, faculty, staff, and alumni to ensure that the University of Denver (DU) remains an exceptional private institution that achieves excellence through diversity.

Please visit us at:

[Center for Multicultural Excellence Website](#)

Learning Science by Working in a Research Lab and Answering Significant Questions

Sandra Eaton

**Department of Chemistry and
Biochemistry**

When a student begins to plan their academic program, the first questions usually relate to what courses to take, the selection of a major, and career goals. As a student becomes more deeply involved in the major a student begins to ask how to experience what it would be like to work as a professional in the area. Course work, although important, is just a beginning. For students in the sciences it is both valuable and rewarding to work in a research laboratory answering questions to which no one, including the faculty member, knows the answers. At the University of

that warrant a lighter load. Undergraduate students who consider taking less than 12 credits should consult an academic advisor in the Center for Academic and Career Development....

To view the rest of this article, please click this link: [Articles: "Academics and Your Student"](#)

Denver student-faculty collaborative research projects are encouraged and funding is available through the Partners in Scholarship Program (PinS) program. In the Department of Chemistry and Biochemistry undergraduate students can select from projects on a wide range of subjects including remote detection of automobile exhaust, proteins that are proposed to be involved in the development of Alzheimer's disease, the localized detection of oxygen in living systems, or the synthesis of new molecules with designer properties. More information about research opportunities can be found by visiting the Department's web site: <http://www.chemistry.du.edu/>.



Did you know? The Parents Association membership dues support Summer Send-off Parties, Parents and Family Orientation, Parents and Family Weekend, "Moms" and "Dads" Weekends, the Pioneer Parents newsletter, and Parents@DU e-newsletter.

Did you know? About the chance to win free books for Parents Association Members? Members names are entered in a drawing for free books for one student for one quarter.

When you join you will also enjoy the following benefits of membership:

- Special discounts - Members receive 10% off gifts and apparel at the DU Bookstore (must have membership card on hand to receive discount).
- Clarion subscription - Members may subscribe to the student newspaper, The Clarion for \$45 per year.
- Early Event Registration - Members may register for select parent weekends prior to open registration.

If you have not taken the opportunity to join or to renew your membership, please take a couple of moments to [Join the Parents Association](#). Thank you for supporting our many programs.



UNIVERSITY OF
DENVER

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[University of Denver Parents Program](#)

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