

STUDENT LIFE DIVISION

# Alcohol Advisory Council

INFORMATION  
GUIDE

2009-2010



# Mission

**The Student Life Division Alcohol Advisory Council** serves as a clearinghouse to recommend policy, support programming initiatives, and build coalitions with various internal and external constituents. Our goals are to enhance education and awareness among all DU constituents about the impact of abusive alcohol use; to illuminate prevention initiatives through passive and active programming; and to provide effective intervention and response resources.

# Alcohol & Drug Policy

*Violations of the policy include, but are not limited to:*

- Any possession or use of alcohol by any person under the age of twenty-one, or any possession or use of alcohol by any person in violation of relevant University policies.
- Any unauthorized manufacture or distribution of alcohol while on University premises, or any distribution of alcohol to any person under the age of twenty-one.
- Any act which causes a person to ingest alcohol without his/her effective consent.
- Any possession on University premises of any item designed, fashioned, or modified to facilitate and/or disguise the use of alcohol in violation of this policy, whether or not the item has been used for such purposes.

Possible sanctions if found responsible of an Alcohol violation include but are not limited to:

- warning
- probation
- suspension
- dismissal
- written assignments
- restrictions
- drug education
- community service
- interventions
- alcohol education class
- counseling assessment decision-making workshop
- behavioral agreement
- housing termination
- parental notification
- restitution
- housing room change

For a complete list of sanctions visit [www.du.edu/ccs/sanctions.html](http://www.du.edu/ccs/sanctions.html)

# Alternatives to Alcohol Use

Multiple student organizations and campus resources provide opportunities for DU students to engage in social activities and campus programs that do not involve the use of alcohol.

**The University of Denver Programming Board (DUPB)** offers several such programs for students. Each week, the “Films” committee of DUPB shows films for FREE that have left the theater, but have not yet reached DVD. Popcorn is also provided free of charge and other student organizations frequently co-program to offer additional food (e.g. ice cream socials, etc.) and fun.



Once a year, the “Pioneers Present” committee offers a major non-concert event for students. Past programs have included national comedy acts and speakers. The committee has future plans to host their version of American Idol called “Colorado Idol.”

The DUPB “Traditions” Committee works year round to program fun and exciting activities for Homecoming & Parents’ Weekend, Winter Carnival, and May Days. Activities include a Homecoming Tailgate with food provided by the DU Grilling Society (a student group), and the Homecoming Parade; Winter Carnival “Olympics” including free ice skating, broomball tournaments, and more, and a ski weekend with on-mountain activities; and a week of outdoor activities including a volleyball tournament, a carnival and a major concert on the lawn.

Late Night @ DU is committed to programming events for students on campus during late night and weekend hours (Thursday through Saturday nights; 7 pm to midnight). The mission of the Program is to foster a sense of community on campus by providing students with opportunities to build relationships, and develop as leaders in socially responsible environments. Late Night @ DU hosts DU Unplugged the first Friday of every month in Sidelines Pub. This regular event showcases student performers and provides meal vouchers good for food and non-alcoholic beverages during the show. Late Night @ DU also teams up with various student organizations on campus to co-host events including trivia nights, concerts, game nights, and much more.

For more information visit

[www.du.edu/studentlife/campusactivities/latenight.html](http://www.du.edu/studentlife/campusactivities/latenight.html)

# The Health & Counseling Center

**The Health and Counseling Center (HCC)** offers on-campus comprehensive healthcare for students including medical care, brief counseling and health education. With regards to alcohol, drugs, and tobacco, the HCC offers the following assistance:

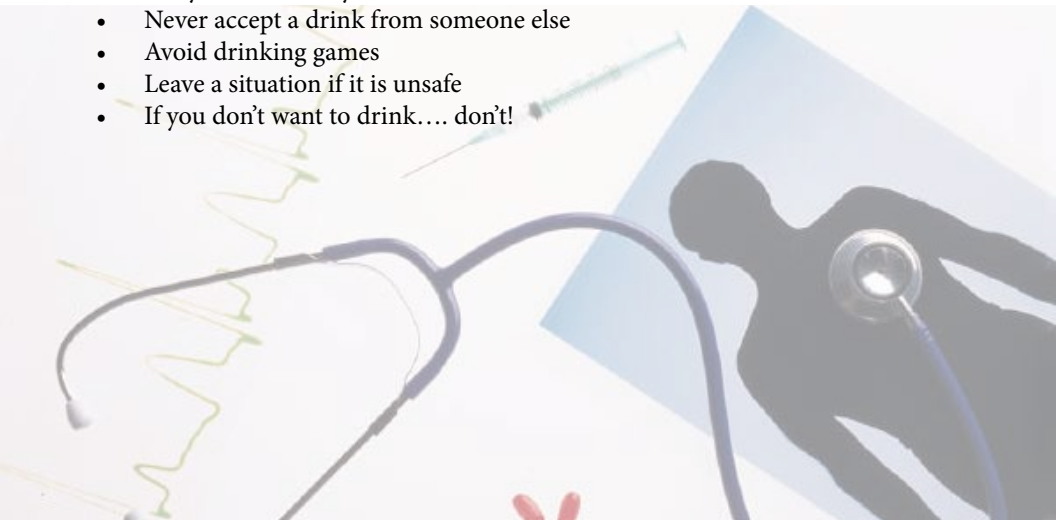
- Free online alcohol assessment (e-CHUG) & personalized feedback
- Free online marijuana assessment & personalized feedback (e-TOKE)
- Free tobacco cessation counseling & classes
- Substance abuse assessment & counseling
- Referrals for further or off-campus treatment
- Medical assessments and prescriptions
- Psychiatry specialist on site

Additionally, HCC's website has links to various community resources including HCC staff contact information and local AA meetings. If you have further questions call 303.871.2205 or visit [www.du.edu/duhealth](http://www.du.edu/duhealth)

While the majority of college students report using alcohol during college, most college students do not suffer consequences as a result of their drinking (judicial, personal, or academic). The majority of college students use alcohol responsibly if they choose to use at all. There are several tactics that anyone can use to reduce their risk if they consume alcohol.

These include the following:

- Drink no more than one drink an hour
- Eat before & during drinking
- Avoid mixing alcohols (beer, wine, liquor) and other drugs (illicit or prescription)
- Use a designated driver, light rail, taxis, or the DU shuttle
- Party with friends you trust
- Never accept a drink from someone else
- Avoid drinking games
- Leave a situation if it is unsafe
- If you don't want to drink.... don't!





## Drug Facilitated Sexual Assault: Information and Facts

It is important to recognize that...

### *Alcohol is the #1 drug used to facilitate sexual assault*

An overwhelming percentage of sexual assaults occur when alcohol is involved. Alcohol does NOT cause sexual assault to happen as there has to be someone present with the intent to do harm. However, alcohol is routinely used as a means to facilitate a sexual experience. When someone is under the influence of alcohol they are unable to consent to sexual intimacy of any kind. Therefore, students who give their sexual partner alcohol in the hopes of initiating a sexual experience are potentially creating a situation where they may become a perpetrator of sexual assault.

In recent years there has been an increase in the use of additional drugs to impair someone's ability to know what is going on and to subsequently make them more vulnerable to sexual assault. These drugs, like GHB or Rohyponol ("roofies"), can be secretly slipped into a beverage (non-alcoholic or alcoholic drinks alike). The drug has no smell or taste, and generally no color. These drugs can be present at bars and clubs, but also at parties and intimate gatherings. The reality is that "date rape drugs" can be slipped into a drink at any social setting. Survivors of sexual assault are not at fault for what has been done to them, whether drugs were used or not. The perpetrators of this crime are fully responsible for their illegal behavior. There are some things that can be done, however, to reduce the chance that an individual will unknowingly consume a substance like GHB or Rohyponol.

## How to Reduce the Risk of Consuming “Date rape drugs”

- **ALWAYS keep your drink in sight.** Don't leave it while dancing or going elsewhere.
- **At a bar or club, accept drinks only from the bartender or server.**
- **At social gatherings, don't accept open-container drinks from anyone** (including from a punch bowl). Get your own drink directly from a safe source.
- **Remember these drugs can leave your system very quickly and are hard to trace after only 12-16 hours.** Please seek help immediately if you suspect you have been drugged.

If you experience the following symptoms, call someone you trust and go to the hospital (or the Health and Counseling Center if during business hours):

- Dizziness, extreme drowsiness, time that can't be accounted for and can't be attributed to anything else, or any other unexplained symptoms.
- Try to retain a sample of the beverage.

For more information on “date rape drugs” like GHB or Rohypnol, contact the Gender Violence Education and Support Services Office at 303-871-3853, The DU SASA Network 303-871-3456 or the DU Health and Counseling Center at 303-871-2205.

