Wellbeing Innovator

Wellbeing Innovator Objectives:

- Serve as a liaison between well@du and your division/department to promote program awareness and involvement among your coworkers.
- Connect employees to resources and provide support and education.
- Help to cultivate a culture of wellbeing in the DU community and provide feedback to the Wellness Program manager.

Wellbeing Innovator Expectations/Responsibilities:

- Attend onsite innovator training sessions with the Wellness Program manager and key partners of the well@du program. This may be done as a half day or multiple sessions.
- Attend quarterly on-site trainings or meetings.
- Develop an understanding and actively support well@du’s goals, objectives and programs.
- Be a trusted source to collect feedback and recommendations from your department/division to share with the innovator network and Wellness Program manager.
- Use your passion for health and wellness to serve as an innovator and positive influence on our workplace culture. Connect co-workers to resources and provide guidance on benefits, behavior change and health education.
- Create excitement around leading a healthy lifestyle.
- Other commitments may include communicating with the wellness manager, distribution of program materials, and/or participation in wellbeing programs.

Commitment as a Wellbeing Innovator:

- We ask that you commit 1 year to your role as a wellbeing innovator. You will receive 1500 wellmetrics points for your participation from January – May 2017. You are still eligible for incentives offered by the wellbeing program.

Application Process

- Please submit your application by December 14, 2016 to be considered for the 2017 Wellbeing Innovator Network. Applications require a signature from your manager.
- Innovators will be notified by January 5, 2017. Wellbeing innovators will be selected based on the following criteria:
  - Agreement to meet the innovator expectations/responsibilities
  - Personal commitment to health and wellbeing
  - Commitment to supporting your department’s health and well-being
  - Commitment to providing support and guidance to your colleagues
Thank you for your interest in becoming a wellbeing innovator! Your application must be approved by your manager. Please send your completed application to well@du – Human Resources – Mary Reed Building via campus mail OR scan/email to well@du.edu by December 14. Applicants will be selected and notified by January 5th.

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**Application Questions:**

- Why is total well-being (physical, social, financial, mental, and community) important to you?
- Why is supporting the wellbeing community at DU important to you? Why do you want to be a wellbeing innovator?
- What ideas do you have to improve the overall health and wellbeing within your department as well as campuswide?

**Agreement and Signature**

By submitting this application, I understand that if my application is accepted, I am committing to be a wellbeing innovator for one year. I have reviewed the wellbeing innovator expectations and responsibilities and I agree to be a liaison and advocate for the wellness program and my department/division. I understand that I am giving permission for my name to be listed on communication materials as a wellbeing innovator for my specific department/division.

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