



PERFORMING REFLEXIVITY IN LEARNING ENVIRONMENTS

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“Reflexivity cannot be done alone”

-John T. Warren

WHAT DO
YOU DO AT
DU?



WHAT IS REFLEXIVITY?

Reflexivity is a form of advocacy that features a heightened self-awareness and vulnerability to critique, particularly in terms of one's effects on others present learning environment.

Self-reflexivity is “having an ongoing conversation with your whole self about what you are experiencing as you are experiencing it”

—Adair Linn Nagata, 2004, p. 139

REFLEXIVE PRACTICES

- Bodymindfulness: “the integral experience of one’s body, emotion/feeling, mind, and spirit—and *mindfulness*, the Buddhist practice of cultivating awareness”

- Metacommunication: Communication about communication
- Flexibility: “so that one can easily and immediately shift one’s verbal and nonverbal style and tailor the content of what one wants to communicate is a competency that is valuable” (Nagata, 2004, p. 143)

WHAT MAKES REFLEXIVITY
SO VALUABLE AS A
PRACTICE IN LEARNING
ENVIRONMENTS?

WHAT IS PERFORMANCE?

- Performance is a method of analysis
- Performance is an object of study
- Performance is an aesthetic practice

HOW DOES PERFORMANCE RELATE TO REFLEXIVITY?

Performance is Rehearsal for Revolution!

“I believe the stakes are high and the benefits are great; but we must first do the work.”

—Warren, 2011, p. 143

“The intellect needs the guts and adrenaline that horrific suffering and anger, evoked by some of the pieces, catapult us into. Only when all the charged feelings are unearthed can we get down to ‘the work.’ la tarea, nuestro trabajo-changing culture and all its oppressive interlocking machinations.”

—Anzaldúa, 2009, p. 127

RULES FOR PERFORMANCE

- This is a *private* workshop
- Feel free to play, but take your play seriously
- Be aware of yours and others bodies
- Be open and do not leave any of your identities at the door

1. Brainstorm Prompt
2. Vote on Narratives to Workshop
3. Workshop Narratives through Performance
4. Debrief Performances

PROMPT: THINK OF A TIME IN WHICH
YOU WISHED YOU WOULD HAVE BEEN
MORE REFLEXIVE IN A LEARNING
ENVIRONMENT

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DEBRIEF

What is the relationship between reflection and reflexivity?

What are your take-aways or next steps?