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**COUNTDOWN to CONFERENCE**
6 WEEKS FROM TODAY!
April 20, 2018 | 8am - 5pm

**REGISTRATION**
for HerDU 2018 Opens on March 27th

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We are committed to being heard, hearing you, hearing her, hearing them.

The Colorado Women’s College is pleased to have the voice of Amal Kassir, a spoken word poet who will undoubtedly surprise and inspire us in a number of ways. Amal’s Tedx Talk, *The Muslim on the Plane* made waves, as she shared her personal experience as a modern Muslim woman in America.

Amal will open HerDU 2018 with a powerful voice that you will never forget.
Carrington’s yoga journey has been a diverse one. Through the exploration of Bikram, Ashtanga, Iyengar, Kundalini, Vinyasa and everything in between, she realized that yoga was much bigger than just the physical endeavor of asana. But rather it was a way to dive in to the very core of self, which is the place of spirit, the place of connection, the place of the divine. Carrington is registered with the Yoga Alliance as an eRYT 500, having gratefully attained her RYT200 teaching certification in 2004 and her RYT500 in 2010. Her classes are a canvas of movement, breath, prayer, humor and stories intertwined with spirit, sweat and magic. Ultimately, the soul of her teaching practice is about bringing people to a deeper knowing and acceptance of themselves and helping them to piece together the individual parts of the self into the more powerful whole. We are excited to have Carrington join us to share her journey at the HerDU Conference on April 20th.

**What Is HerDU?**

HerDU is the next iteration of the annual women’s conference at the University of Denver. This year’s event will retain many important elements of the annual conference, such as excellent content, brilliant speakers and opportunities for greater campus sisterhood. We will be adding new touches such as yoga, poetry, and more connection time with one another. We look forward to seeing you on April 20th!

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**DU WOMEN TAKE ACTION ON CAMPUS WITH THESE AMAZING OPPORTUNITIES:**

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**March 29**

**LUNAFEST FILM FESTIVAL**

Celebrate Women’s History Month by enjoying powerful short films by, about, and for women! Join Colorado Women’s College at the University of Denver on March 29th for our 3rd annual LUNAFEST. Ticket sales will benefit the CWC Women’s Leadership Scholars Program, providing leadership education and scholarships to Colorado women who are first-generation college students.

Buy tickets now! Use discount code “HerDU” for 50% off all ticket prices.

Free LUNA Bars for all attendees. Register for the event [here](#).