

DU Retirees

2022



Upcoming Retiree Events

Fall
Luncheon
October
19, 2022

Spring
Luncheon
March 15,
2023

Board Members

Pam Whitt,
Chairperson

Diane Wendt,
Vice Chair

October 2022 News and Information

Hello DU Retirees

We are fully into Fall and I am thrilled. Our Fall Luncheon is coming up fast. We are so pleased to host the new Vice Chancellor of HRIC (Human Resources Inclusive Community) at our luncheon. Vice Chancellor Jeff Banks joined DU this Fall and is very excited about our organization. You'll have a chance to meet him at the luncheon. The RSVP line is open, so get your reservations in early.

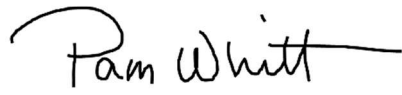
During the last two years we have continued to work for our organization even though we couldn't be as active as we would have liked during the Pandemic. We lobbied for and successfully obtained the ability for Retirees to stay with Kaiser or opt for Cigna. We were able to successfully offer membership to DU Retirees with 5-19 years of service in addition to those with 20 years of service. I'm happy to say we have had a few contact us and become part of our Association. We will continue to reach out and encourage more retirees to join us in the future.

I can't wait to see all of you in October at the luncheon.

Be Well,

Carole
Burgess
Secretary

Cathy Grieve
Roscoe Hill
Maril Hughes
Bill Lobb
Jennifer
Thompson
Diane Wendt
Joan Winn



Pam Whitt, Chairperson

DU Retirees Organization Board

DU Retirees Annual Fall Luncheon

Join us for the 2022 DU Retirees Fall Luncheon on Wednesday, October 19th from 11:30 am-1:30 pm at the Wellshire Event Center located at 3333 South Colorado Boulevard. Enjoy reconnecting with DU friends and colleagues while celebrating the arrival of the autumn season. RSVP via email to Carole Burgess at cburgess@du.edu or by phone at 303-871-3268

Crimson Classic 5K Run or 1.5 Mile Walk

The University of Denver's 10th Annual Crimson Classic 5K Run/ 1.5 Mile Walk will take place on Friday, October 21, 2022 on Carnegie Green Lawn at 3pm. Music, stretching, and snacks will start at 2:15pm. The focus of the Crimson Classic is to celebrate wellness and to bring together our community. This is a free event! [Learn more and register for the event.](#)

DU Enrichment Program

*The Enrichment Program offers non-credit programs from outstanding DU faculty, industry experts and community partners. There are still seats in these fall courses and others (in -person are in crimson, live via Zoom are gold): **Road Trip: American West**, **Incredible India: A Journey Through the***

Magical yet Modern Land (includes dinner at Little India), Exploring the Promise of Traditional Chinese Medicine: Artificial Intelligence Meets Ancient Wisdom and Confronting Finitude: A Class About Life and Living Within Limits. The Longbrake Foundation endowment may be applied to any individual Enrichment Program course and retirees also enjoy a 20% tuition discount (use code DURF22 at checkout). Browse our [catalog](#) for details on these and many other classes taking place this fall or visit our [website](#) for more information about the Enrichment Program.

Members of the DU Retirees Organization Are Eligible to Receive RTD booklets

You may request up to two (2) RTD booklets per quarter. Each booklet contains 10 tickets. Requests are honored on a first come first serve basis. There is a new contact for booklet requests this year. Submit your request by email to Benefits@du.edu.

Retirement Journey: New Roads, New Horizons

It is said that many people put more time into planning a vacation than they do their retirement yet retirement can last 20-30 years. Time abundance can be a real problem if one doesn't have a plan to use it wisely.

Join Barbara Kreisman, PhD, and her husband, Scott McLagan, for a class targeted to those looking into retirement, or already experiencing it first-hand. This class will cover the history of retirement and our relationships with our work, the importance of mental, emotional and physical health during aging and much more. There will be numerous guest speakers including Dottie Lamm, wife of former Governor Richard Lamm. Tuition is

on a sliding scale. Barbara is a Emerita Professor of Practice and former Associate Dean of the Daniels College of Business and Scott recently retired from his College of Business faculty role where he has taught for 20 years. The course will be delivered in person as a workshop for three consecutive Saturdays beginning November 5-8 a.m. to noon. Barbara is now associated with the Knoebel Institute for Healthy Aging, Daniel Ritchie School of Engineering.

The Knoebel Institute for Healthy Aging is offering a preferred rate of \$100 for members of the DU Retirees Organization to enroll in this class. Members who request it, are eligible to receive a \$100 stipend from the Longbrake Endowment Fund to cover this cost. This Endowment fund was established in 2020 by David Longbrake, Past President of the DU Retirees Organization, to encourage and support lifelong learning for members of the DU Retirees Organization. The number of awards are limited annually and available to members on a first come, first serve basis.

To register and to gain additional information: https://dughost.imodules.com/s/1150/community/index.aspx?sid=1150&gid=1014&pgid=23859&content_id=26981

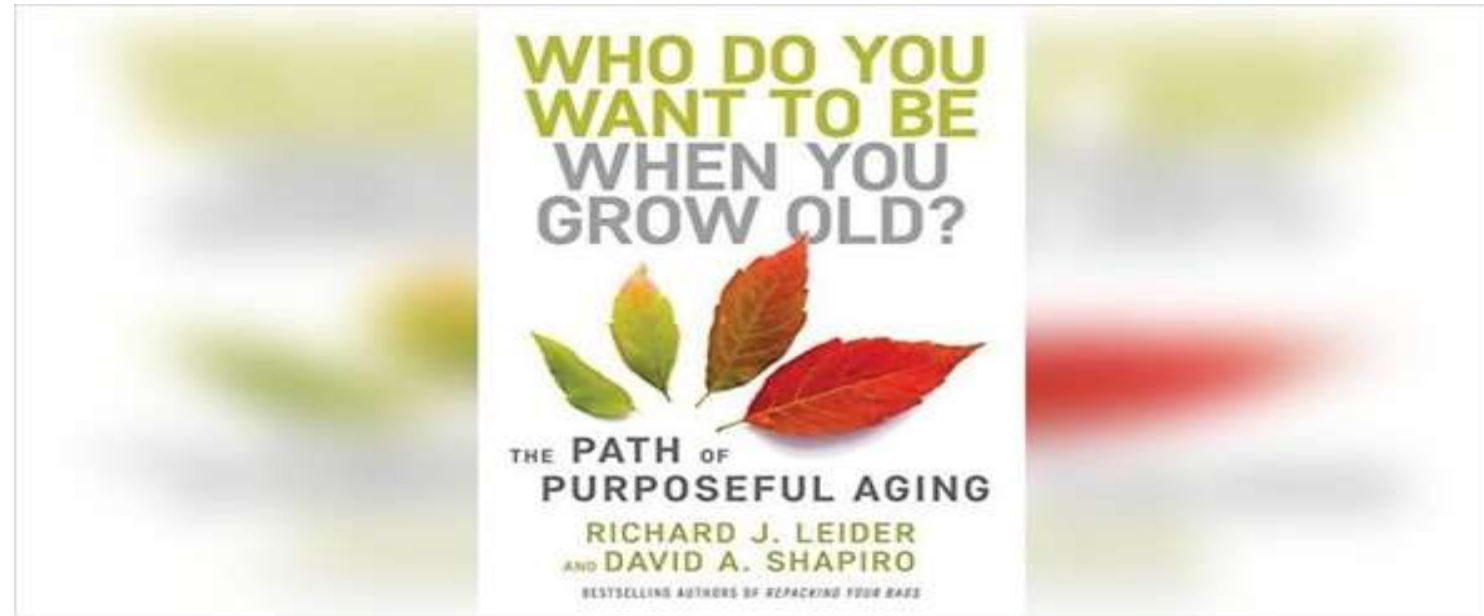
The Path to Purposeful Aging

The Knoebel Institute for Healthy Aging is hosting this program

When: Thursday, September 29, 10 - 11:30 am

Where: Room 510, Ritchie School of Engineering & Computer Science, 2155

Google Maps directions



In this program, Richard Leider (best-selling author, award-winning coach, and keynote speaker) will talk about the path of purposeful aging (with aging viewed broadly: we're all in the process of aging (regardless of how old we are). He'll share insights from his latest book, Who Do You Want to Be When You Grow Old? The Path of Purposeful Aging, including the following topics:

- *The good life*
- *The problem with living a default life*
- *Late-life crisis*
- *Growing whole as we grow old*

- *How to ensure our music plays on*
- *Reimagining aging and retirement*

RSVP

Lamont School of Music Concerts, Fall 2022

For ticket reservations-contact Jea King at jeaking@du.edu or by phone at 303-979-1484.

Saturday, October 8

Eric Whitaker with Lamont Strings and Kantorei

7:30 pm at Gates Concert Hall

Wednesday, October 12

Lamont Wind Ensemble

7:30 pm at Gates Concert Hall

Free tickets and parking

Friday, October 28

Lamont Jazz Ensemble

7:30 pm at Hamilton Recital Hall

Free tickets and parking

Friday, November 4

Lamont Opera Theatre: Handel's Alcina

7:30 pm at Gates Concert Hall

Free tickets and parking

Financial advice at no additional cost to you

Meeting with a TIAA financial consultant is included as a benefit for both current and former DU employees. Best of all, it's provided at no additional cost to you! TIAA financial consultants take into consideration additional assets outside of the University of Denver retirement plan. This can include your spouse's/partner's savings for a more comprehensive review— you can even have them join you at the meeting.

Schedule your appointment at TIAA.org/schedulenow or by calling 800-732-8353, weekdays, 6 a.m. to 8 p.m. (MT).

DU to Require Duo Multi-Factor Authentication (MFA) for Retirees This Fall

What is Duo Multi-Factor Authentication (MFA)?

The University of Denver requires Duo security for all employees, students, and community members who access Office 365 email and applications to protect themselves and the University against cybercrime. [Duo Multi-Factor Authentication](#) enhances security by adding a second layer of authentication to your login. Duo is stronger than a password alone because there are two factors confirming who you are: something you have (such as your phone or device) and something you know (your password).

Is Duo Free (No Cost)?

The application is free for all University employees, students, and community members. Be advised that a "Push" authentication uses a very small amount of internet data traffic to function. Voice calls are sent only when you request them and would be billed by your carrier like any other inbound voice call. The University will not reimburse users for any expenses incurred. If you would incur significant expense using Duo on a smartphone, then you may want to enroll in an alternative method, such as a landline. Please be advised that the University of Denver does not provide hardware tokens for Duo.

Roll-out Plan for Retiree Community

Members of the IT Team have been working on a rollout plan for the retiree community. The projected implementation for this project is Fall 2022. Individuals interested in opting in early can do so through the IT Service Portal or contact the IT-Help Center at 303-871-4700 to make an appointment with an IT Technician to facilitate this process.

Useful Links:

DU Retiree Benefits <https://www.du.edu/human-resources/benefits/retirees.html>

DU Master Calendar of Events

Information <https://www.du.edu/calendar/index.html>

Newman Center Presents <http://www.newmancenterpresents.com>

Lamont School of Music <https://www.du.edu/ahss/lamont/performance-tickets/calendar-all.html>

DU Athletics <http://www.denverpioneers.com/>

DU Enrichment Programs <https://Universitycollege.du.edu/enrichment/>

Use Code DURW18 for a 20% discount; some restrictions apply.

Osher Lifelong Learning Institute Programs (OLLI) <http://portfolio.du.edu/olli>

Retirees are exempt from the \$20 up charge for on campus classes.

Institute for Healthy Aging

<https://www.du.edu/knoebel-institute-healthy-aging/news/events.html>