



**Child and Adult Care Food Program  
Milk Substitute Request Form**  
(Food preferences are not an appropriate use of this form)

Use this form if a participant does not have a disability, but is requesting a special accommodation **only** for a **Milk Substitute**. This form will help you determine if the requested milk substitute meets the nutrient standards set forth by the National School Lunch Program. Providers and school food authorities participating in federal nutrition programs are encouraged to accommodate reasonable requests.

Participant's Name: \_\_\_\_\_ Participant's Age: \_\_\_\_\_

Substitute requested: \_\_\_\_\_

Please describe the medical or other special dietary need that restricts your child from consuming cow's milk:

\_\_\_\_\_

**Milk Substitutes:** Fluid milk substitutes may be served in substitution of fluid milk for a participant who cannot consume fluid milk due to medical needs, special dietary needs, or preference (other than disability). If the milk substitute is dairy based, such as goat's milk, the substitute must be pasteurized, follow the same fat requirements as cow's milk, and meet the nutrition standards outlined below. The CACFP requires the fluid milk substitute to be nutritionally equivalent to milk and meet the following nutritional standards:

| Nutrient     | Amount per Cup<br>(8 fl oz) | % DV |
|--------------|-----------------------------|------|
| Calcium      | 276 mg                      | 28%  |
| Protein      | 8 g                         | 16%  |
| Vitamin A    | 500 IU                      | 10%  |
| Vitamin D    | 100 IU                      | 25%  |
| Magnesium    | 24 mg                       | 6%   |
| Phosphorus   | 222 mg                      | 22%  |
| Potassium    | 349 mg                      | 10%  |
| Riboflavin   | 0.44 mg                     | 26%  |
| Vitamin B-12 | 1.1 mcg                     | 18%  |

**Participant/Parent/Guardian Section**

- I choose to provide the substitute I requested to my provider. By providing a creditable milk substitute, I understand that my provider may receive meal reimbursement for the participant.
- I choose not to provide the substitute requested. I understand that my provider is not required, but has the discretion, to purchase and provide a creditable milk substitute as requested.

Participant/Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Provider Section:** Complete this section and the nutrient analysis of the substitute requested by the parent/guardian.

- I have determined the nutritional quality of the non-dairy milk substitute requested.  
The substitute requested is: **(Circle one)** CREDITABLE NOT CREDITABLE
- I understand I have the discretion to purchase and provide a creditable substitute, as requested, if the parent does not provide the milk substitute. I understand I may only claim meal reimbursement for eligible meals.

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The American with Disabilities Act Amendment Act defines a disability, in part, as a physical or mental impairment that substantially limits a major life activity or major bodily function of an individual. For additional information on the definition of disability, please refer to Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act Amendments Act of 2008

Locate information regarding the ADAAA, which expanded the definition of disability, at:  
<https://www.law.georgetown.edu/archiveada/documents/ComparisonofADAandADAAA.pdf>

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