AASP Southwest Regional Student Conference Schedule
Location: Daniel Felix Ritchie School of Engineering and Science

Friday, April 7, 2017

2:00pm – 3:00pm  Registration/Check-in  Outside Room 510
3:15pm – 3:30pm  Welcoming Remarks  Room 510
3:30pm – 4:45 pm  Keynote Address  Room 510
Jean François Ménard, MA; Founder & President of Kambio Performance
Working with Cirque Du Soleil, Olympic Athletes, and More:
Experiences from 10 years of Applied Sport and Performance Consulting

5:00pm – 6:00pm  Professional Panel I  Room 510
Clients of SPP
Members: TBA

7:30pm – 10:00pm  Student Social at TBD

Saturday, April 8, 2017

8:15am – 10:15am  Katie Hardie, MA, MBA, CSCS, CC-AASP  Room 401
Managing Stress for Coaches’ Optimal Performance
*AASP Southwest Regional Conference Attendees Welcome*

8:30am – 9:00am  Breakfast/Late check-in (AASP)  Outside Room 510
9:00am – 9:15 am  Welcoming Remarks  Room 510
9:15am – 10:15am  Professional Panel II  Room 510
Professionals working with SPP practitioners
Members: TBA

10:30am – 12:00pm  Keynote Address  Room 510
Tyler Christiansen, CSCS, TSAC-F

12:00pm-1:00pm  Professional Workshop  Room 510
Andy Gillham, PhD, CC-AASP, CSCS; Ludus Consulting LLC
Coach Evaluation to Professional Development to Progress

1:00pm – 2:00pm  Lunch
2:05pm – 2:30pm
Student Presentations

*1st and 10: Beginning the Consultation Journey*
Eric Bagby, Northwest Missouri State University

*Developing leaders through mental skills training*
Alex Easby, University of Denver

*Utilization of self-talk in collegiate cross country runners*
Zachary Holloway, Riley Robbins, Adams State

2:35pm – 3:00pm
Student Presentations

*Developing A Holistic Athlete: A Consultant’s Reflections*
Implementing PETTLEP Imagery
Tavia Rutherford, University of Denver

*Mindfulness in Sport: Acceptance vs Complacency*
Kirsten Cooper, University of Denver

3:00pm – 4:00 pm
Jessica Dale Bartley, PsyD, CC-AASP
& Melissa Streno, PsyD, CC-AASP
Room 510

*The Role of the Coach and Support Staff in Identifying and Treating an Athlete with an Eating Disorder*

4:05pm – 4:30pm
Student Presentations

*Turning Experience into Practice*
Stephanie Hale, Breigh Jones, Demi Maglio, Jessie Pauley
University of Denver

*All the World’s a Stage: A Self-reflective Approach to Understanding the Consultant as a Performer*
Sarah Hudak, University of Denver

*A Case for Evaluating Sleep Performance*
Cody Pendergrass, University of Denver
4:35pm – 5:00pm  Student Presentations

A Transtheoretical Approach to Performance Excellence
John Rowe, University of Denver  Room 401

Collegiate baseball hitting confidence as a function of rituals and superstitions
Caitlin Haworth, Christopher Newport University  Room 400

Visual Attention to the Idealized Body
Casey Nelson, University of Denver  Room 301

5:00pm – 5:15pm  Closing Remarks  Room 510