BED BUG TREATMENT
CHECKLIST for Students

Steps to be taken by students if bed bugs have been confirmed in their residence:
Bed bugs can travel in clothing, bags, backpacks, laptops, furniture; anything with small spaces to hide. Therefore, all actions should be performed inside your room to prevent the spread of bed bugs.

*It is imperative that the following be done AFTER the room has been inspected and the presence of bed bugs have been confirmed, but BEFORE room is treated:

1. LAUNDER ALL CLOTHING AND BEDDING
   ___ All clothing and bedding must be washed. Bag ALL clothing items in your room in the bag HRE provides for you. This includes everything in your closet, under your bed, in dresser drawers, towels, bedding, EVERYTHING. Be sure to tightly tie the bag off.
   ___ Laundry may be sent to PIONEER LAUNDRY to be properly treated at no cost to the student. If this option is chosen, please follow PIONEER LAUNDRY instructions for bagging and let your Resident Director know when it is ready to be picked up. Please keep enough items needed for 2 days and use the laundry facilities in your building to properly treat them.
   ___ If choosing to do own laundry, bring laundry bags immediately to laundry room and empty contents into the dryer and dry on Permanent Press. Immediately after unloading and starting laundry, dispose of plastic bags in a dumpster outside of the building.
   ___ Run the dryer on high heat for at least 20 minutes before washing; the dryer heat on campus is above 130º degrees which is what is needed to kill them. Wash twice, in hot water, and dry on high heat. Place cleaned laundry in a new garbage bag, do NOT unpack until given clearance to do so.
   ___ If you take your items off campus to be laundered, be sure to inquire about water and hot air temperatures to ensure they are hot enough to eliminate the bugs, bed bugs can survive temperatures up to 120º F.*
   ___ Items that are delicate or have the possibility of shrinking or color fading: put into plastic bags and seal tightly. Work directly with your Resident Director on how these items will be handled.
   ___ Backpacks should be treated as clothing. If they are unable to go in a dryer, resident should work with Facilities to put backpacks into the University owned heating tent.
*If you have any questions or concerns during this process, please contact the Administrator on call or the Resident Director in your building.

2. PREPARE ROOM FOR EXTERMINATOR
   ___ Clean up all clutter; remove all non-furniture items from under beds and discard cardboard boxes. Remember, clutter provides places for bugs to hide!
   ___ Empty all dresser, desk and dresser drawer contents into plastic tubs or plastic bags.
   ___ Personal electronics (i.e. cell phones, MP3 players, laptops) should be left on the desktop during treatment so they can be examined. Textbooks and study materials should also be left in your room (not bagged) during treatment. Check with your resident director if you have any questions about these instructions.
   ___ Take all items off the floor, including closet floors.
   ___ Move all items into center of room, at least six inches away from the walls.
   ___ Remove all open food.
3. **VACATE ROOM**
   
   ___ Leave room for **at least 4 hours** following treatment by a professional exterminator.

4. **AFTER ROOM HAS BEEN TREATED:**
   
   ___ Custodial will clean the room after the exterminator is finished and you will be notified when they are finished.
   ___ Room will be inspected and a second treatment will be administered by the exterminator 7-10 days after the initial Treatment if necessary. A staff member will be present; students are welcome to be present if desired
   ___ Follow-up will be determined as needed. Students should inform staff of any returning signs of bugs or bites.