BED BUG TREATMENT CHECKLIST FOR STUDENTS

If, upon thorough inspection of your living space, you receive confirmation from Pest Express and Housing and Residential Education (HRE) staff that you have bed bugs in your space, please follow the instructions below. These steps are necessary to for successful eradication of the bed bugs from your living space and also to prevent the spread of bed bugs. Bed bugs can travel in clothing, bags, backpacks, laptops, furniture; anything with small spaces to hide.

Housing and Residential Education department will provide you with the following tools to assist in this process:

1. Bed bug packet: Includes bags, bed bug protocol sheet, and bed bug check list sheet
2. Access to dryer on campus to treat personal items free of cost
3. Access to pioneer laundry service (dry clean) free of cost

PREPARE ROOM FOR PEST EXPRESS:

___ All beds must be stripped down to the bare sleeping surface. Place sheets, blankets, and bedding in sealed garbage bags provided by HRE to be laundered.
___ Clean up all clutter, remove all non-furniture items from under the bed and discard cardboard boxes. Remember, clutter provides places for bugs to hide.
___ Empty your trash bin(s) and your recycling bin(s)
___ Empty all dresser, desk, drawer, and closet contents into plastic bags to allow Pest Express to treat those areas/spaces.
___ Please make sure you pull all the furniture in the room about 6 inches away from the wall, items (decorative pieces, books etc.) need to be laid out as flat as possible—make sure there are no piles.
___ Personal electronics (i.e. laptops) should be left on the desktop during treatment so they can be examined. Textbooks and study materials should also be left in your room during treatment.
___ Take all items off the floor.
___ Place any shoes or other small, non-washable items from your closet into plastic garbage bag and tie the bag off tightly. Leave this in your room until the treatment is completed
___ Remove all open food.
___ If you have plants or small pets (fish etc.) please remove them from your room during treatment

LAUNDER ALL CLOTHING AND BEDDING:

___ All clothing and bedding must be laundered—run these items through dryer for 30-40 minutes. Bag ALL clothing items in your room in the bags HRE provides you. This includes everything in your closet, under your bed, in dresser drawers, towels, bedding, EVERYTHING. Be sure to tightly tie the bag off.
___ Items that are ok being run through dryer on high heat can be brought to the industrial dryer on campus (Halls or JMAC). Empty the contents of the bags in the dryer and dry on Permanent Press for 30-40 minutes. University staff will provide access to this industrial dryer.
___ For items that cannot be treated with high heat (dry clean items or any other items that can be damaged by heat) will need to be sent to Pioneer Laundry Service. These items need to be bagged and labelled (label will be sent to you by HRE) appropriately. These bags will need to be dropped off with Pioneer Laundry Service truck on campus (Halls basketball court: Mon, Wed, Fri 10am-1pm; Nagel-Nelson circle: Mon, Wed, Fri: 1:30pm-4:00pm)
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___Back packs should be treated as clothing. If they are unable to go into the dryer, please let HRE staff know and we will work to find an alternate treatment.

VACATE ROOM:

___Leave the room for at least 4-5 hours following treatment by Pest Express

AFTER ROOM HAS BEEN TREATED:

___Follow-up will be determined as needed. Students should inform HRE staff of any returning signs of bugs or bites.