Leading From Within is a personal empowerment program designed to help you become the authentic leader you were meant to be in all facets of your life. This program includes a powerful self-reflective process (The Personal Compass) that enables you to review and assess your life in a meaningful way along with a supportive environment to help you do that. Using both the indoor and outdoor classroom, you’ll walk away from this workshop with a renewed sense of purpose, passion, motivation and tools to lead your life in a meaningful way.

By participating in the Leading From Within workshop, you will:
- Gain a new self-awareness regarding your ability to lead your life with purpose, passion, and integrity.
- Have greater insight and alignment between all the different roles you play in your life.
- Learn how to lead your life as your authentic self.
- Replace unwanted patterns of your past and re-create new patterns to live and lead by.
- Leave with the tools and resources to continue your journey of self-development.

"I cannot believe that the purpose of life is to be happy. I think the purpose of life is to be useful, to be responsible, to be compassionate. It is, above all to matter, to count, to stand for something, to have made some difference that you lived at all." – Leo Rosten

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LEADING FROM WITHIN

Building Leaders From The Inside-Out

About the instructors: Greg Giesen is an award-winning author, organizational development consultant, sought-after speaker on authentic and manager of people development at the University of Denver. Mike Bleier is a psychotherapist with a private practice and serves as an academic counselor at the University of Denver.

This workshop includes:

- Coffee, shacks and lunch
- *The Personal Compass* workbook
- Inspirational stories to help guide your journey
- An accountability partner(s) that provides support during and after the program
- Quality time for self-reflection work.
- An opportunity to be outdoors (weather permitting)
- The re-awakening of your authentic self
- The opportunity to meet like-minded people
- The opportunity to reinvent yourself as a leader in both your personal and professional worlds.
- A complimentary post-workshop coaching session to help you apply the lessons and insights from the workshop into your life.

Time: 8:00 a.m. – 4:00 p.m.
Location: University of Denver, (Ammi Hyde Building)
Registration: www.du.edu/professional
Costs: $295 (discounts for DU alumni, faculty, or staff)
Questions: Call/email Greg (303-871-3307) or greg.giesen@du.edu

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