



Meet Greg Maly, an International Studies student who offsets conflict resolution with music and yoga

MA in International Studies, Josef Korbel School of International Studies
BA in Policy Ethics and Conflict, St. Mary's College

Tell us a bit about yourself:

I came from D.C., I'm a native Washingtonian, and I spent the last five years working for the United States Institute of Peace. I'm a musician - guitar and vocals – and I toured extensively throughout the U.S. playing funk music. I actually came to Denver a lot and liked it. I'm also really into yoga and biking.

What brought you to the Josef Korbel School?

It has an amazing reputation and it's not in D.C., New York or Boston. I was really impressed by some of the professors. Also, all the people I hired from Korbel were great. I got into some of the D.C. schools but ultimately opted to come here. I came to Denver to make time to breath and not feel the beltway pressure that exists. I wanted to spend some time somewhere else while I'm still growing.

What do you like to do in your spare time?

I do an hour and a half of hot yoga every day. It completely centers me and allows me to go through any situation without getting stressed. I also play a lot of music. I miss having a group of guys to rock out with.

What is one of your favorite bands and/or songs?

That's tough because I like and have played so many different kinds of music. I've been listening to a lot of blues recently. Joe Bonamassa is one of my favorite artists that I've been listening to as of late.

Where do you see yourself after graduating?

I'll probably end up back in D.C., but right now I'm enjoying being in Denver. I want to work with the U.N. in New York. I also want to go abroad for awhile. The conflict scene is very dependent on the ripeness of the conflict, but I'm interested in Latin America, Africa and the South Pacific.

Do you have any book recommendations?

I was a big fan of Mountains Beyond Mountains by Tracy Kidder. That and Freakonomics was really fun.

***-M. Schwinn, MA candidate, International Security
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