



# Resources for Transgender/ Gender Variant youth, their families and educators

updated 9/2016

## Organizations & Online resource

- Gender Identity Center of Colorado: [www.gicofcolo.org](http://www.gicofcolo.org)
- Gender Spectrum: [www.genderspectrum.org](http://www.genderspectrum.org)
- GLSEN: [www.glsen.org](http://www.glsen.org)
- Transgender and Gender Non-Conforming Youth: Recommendations For Schools: [www.transgenderlaw.org/resources/tlcschools.htm](http://www.transgenderlaw.org/resources/tlcschools.htm)
- TransYouth Family Allied: <http://imatyfa.org>
- Transyouth Education and Support (TYES) has been meeting in the Denver area, and an associated group is now forming near Boulder. The groups supports family members as well as the children themselves. Children of all ages welcome. Parents often attend without their children in order to learn from others in similar situations. The group is only open to parents and siblings of gender variant children. Contact [TYES.group@gmail.com](mailto:TYES.group@gmail.com)

## Publications

- *Be Who You Are* by Jennifer Carr
- *My Princess Boy*, about a little boy who wants to be a princess, and his mother wrote a book about it. Book and news stories links at [www.myprincessboy.com](http://www.myprincessboy.com)
- *Answers to Your Questions About Transgender Individuals and Gender Identity*. From the American Psychological Association Task Force on Gender Identity, Gender Variance, and Intersex Conditions, answering basic questions about transgender and listing some available resources. [www.apa.org/topics/sexuality/transgender.aspx](http://www.apa.org/topics/sexuality/transgender.aspx)
- *If You Are Concerned About Your Child's Gender Behaviors: A Parent Guide* from Children's National Medical Center: [childrensnational.org/~media/cnhs-site/files/departments/gender-and-sexuality-development-program/gvparentbrochure.ashx?la=en](http://childrensnational.org/~media/cnhs-site/files/departments/gender-and-sexuality-development-program/gvparentbrochure.ashx?la=en)
- *Mom, I Need To Be a Girl* by Just Evelyn:  
[http://ai.eecs.umich.edu/people/conway/TS/Evelyn/Mom\\_I\\_need\\_to\\_be\\_a\\_girl.pdf](http://ai.eecs.umich.edu/people/conway/TS/Evelyn/Mom_I_need_to_be_a_girl.pdf)
- Supporting Boys and Girls when the line isn't clear—*NY Times* article:  
[www.nytimes.com/2006/12/02/us/02child.html](http://www.nytimes.com/2006/12/02/us/02child.html)
- *The Transgender Child: A Handbook for Families and Professionals* (2008) By Stephanie Brill and Rachel Pepper This comprehensive first-of-its-kind guidebook explores the unique challenges faced by families raising gender variant and transgender children. Through extensive research and interviews, as well as years of experience working in the field, the authors cover gender variance from birth through college.
- Transkids Purple Rainbow—for parents of transkids; featured is a link to a Barbara Walter's special on transkids. [www.transkidspurplerainbow.com](http://www.transkidspurplerainbow.com)
- Two professions present opposing views on children with GID:  
[www.npr.org/templates/story/story.php?storyId=90229789](http://www.npr.org/templates/story/story.php?storyId=90229789)
- Article about having children with gender dysphoria, refuting one therapist's view in the NPR special above: <http://tgmentalhealth.com/2010/01/08/parents-dealing-with-gender-ysphoria-in-young-children>
- *Welcoming our Trans family & friends* by PFLAG: <https://lgbtrc.usc.edu/files/2015/05/Welcoming-Our-Trans-Family-and-Friends.pdf>
- PFLAG Transgender resources: [www.pflag.org/transgender](http://www.pflag.org/transgender)