



COVID-19 Plan for Managing Reduce Quarantine Periods

The University adopted this protocol to be in full compliance with current state and local orders and consistent with existing federal and state guidance. The Provost's Office may issue updated protocols, which become effective upon adoption, to comply with changes in state and local orders, to be consistent with new federal and state guidance, or to adapt to changing conditions on campus. Please watch for updates to these protocols and regularly check the DU COVID-19 [website](#) for news and other important information.

University of Denver COVID-19 Plan for Managing Reduced Quarantine Periods for the DU Community, Including for Students in Congregate Living

Following the CDC's recent changes to its [quarantine guidance](#), and CDPHE's implementation of those changes, the University of Denver (DU) implements the following procedures to facilitate and document appropriate adherence to the new guidance.

1. The calculation of the quarantine period begins after the last exposure to someone confirmed positive for the virus that causes COVID-19 where the exposure occurred from 48 hours prior to the sample collection for the positive test or 48 hours prior to the onset of the confirmed positive individual's symptoms, whichever is longer.
2. If DU does not inform the DU community member of the need to quarantine (e.g., because the exposure notification happened outside of the DU community), the individual must report the start date of quarantine to the report COVID line at 303-871-2683 by call or text or to reportCOVID@du.edu.
3. The default quarantine period will last 14 days (released on day 15) from the last exposure.
4. During the 14-day period following exposure, daily documented symptom monitoring is required using DU's electronic symptom monitoring software. If a person becomes symptomatic at any point during quarantine, testing is required.
5. Reduced quarantine of 10 days (released on day 11) is allowed if an individual remains asymptomatic during the entire quarantine period, as documented by the individual's daily use of DU's electronic symptom monitoring software.
 - a. Failure to complete the daily symptom monitoring for the entire quarantine period will invalidate the option of a reduced 10-day quarantine and require completion of a full 14-day quarantine.
 - b. Failure to complete all DU quarantine requirements, including but not limited to daily symptom monitoring and obtaining a negative result from a nasal swab PCR or DU saliva sample PCR test at the start of quarantine, and to follow all CDC quarantine guidance, including residing in a space with a separate bathroom and bedroom and with meal preparation or meal delivery with no contact with others, will result in removal of campus access until 14 days have elapsed.
6. Reduced quarantine of 7 days (released on day 8) is allowed if an individual remains asymptomatic during the entire quarantine period, as documented by the individual's daily use

of DU's electronic symptom monitoring software, and the individual obtains negative results from nasal swab PCR or DU saliva sample PCR tests at the start of quarantine and within 48 hours of planned release from quarantine (approximately day 6).

- a. Failure to complete all DU quarantine requirements, including but not limited to daily symptom monitoring and testing, and to follow all CDC quarantine guidance, including residing in a space with a separate bathroom and bedroom and with meal preparation or meal delivery with no contact with others, will result in removal of campus access until 14 days have elapsed.
 - b. Testing at the start of quarantine is to immediately capture any connected cases and allow for contact tracing appropriately and testing on day 6 is to determine whether the individual is positive prior to release from quarantine. The individual is responsible for scheduling their test for release from quarantine at DU's testing facility.
7. Due to the greater risk of transmission of the virus among individuals living in "congregate" housing, the changes to the quarantine guidance **do not** automatically apply to students living in congregate housing and will be applied to such students only if all conditions are met.
- a. To be eligible for reduced quarantine as set forth above, students living in congregate housing (DU-owned or operated residence halls and apartments; fraternity or sorority houses, whether or not DU-owned or operated) must complete their entire quarantine in DU-operated quarantine space and must follow all quarantine DU requirements (including but not limited to daily symptom monitoring and testing) for the duration of their quarantine period.
8. Individuals who are within 90 days of a positive COVID test (with the record uploaded to myhealth.du.edu) are not required to quarantine following exposure or travel.
9. Individuals who do not live in congregate housing and who are 14-days post their second vaccination (with a vaccine record uploaded to myhealth.du.edu) are still required to symptom monitor and test following their testing schedule and if exposed. However, if they remain asymptomatic post exposure or travel and have negative test results, they are not required to quarantine.