

For Press Release: May 22, 2024

DENVER - On Saturday, June 1, the University of Denver, in partnership with Colorado Sikhs, invites the Denver community to the third Langar@DU event - an opportunity to take part in a communal meal known as Langar. SikhLens will showcase several independent films throughout the afternoon including the premiere of *Rhymes with Hunger*, a short film documenting the 2023 Langar@DU event. To learn more visit: <https://www.du.edu/community-values/langaratdu>

In Sikh tradition, Langar is a way to provide all people, regardless of background, religion, or social status with a free meal. Through Langar, hundreds of thousands of people are fed every day around the world. This meal embodies the selflessness and service that are fundamental tenets of Sikh teachings. By hosting Langar@DU, the message of respect, connection, and community is spread to all those who choose to attend.

The Langar@DU and SikhLens Film Festival is organized by students enrolled in the university's course: Inclusive Community. Students work throughout the academic quarter with community partners to build a product that embraces the values of Langar while creating an engaging and inclusive event to celebrate community.

"I love working with the students at the University of Denver. Their innovation, deep insight and professionalism has allowed DU to build valuable connections throughout Colorado. As ambassadors, building foundations with the community, they help us to understand and welcome each other in new ways", says Mr. Dilpreet Jammu, Executive Director of the Colorado Sikhs.

Attendees can expect free food, fun activities, and fantastic films between 11:30am to 1:30pm on Boettcher Lawn, located west of Olin Hall. Films will be shown in the Reiman Theater and the Anderson Academic Commons throughout the afternoon.

If you are interested in attending the event or would like to speak with student organizers, please contact us at: du.langar@du.edu.

