Pre-Health Education & Advising

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What is pre-health?  
How to get connected?  
What to know for the 1st year?
Pre-Health Advising

academic and extracurricular advising for students from all majors who are interested in pursuing careers in health and health care
Supporting students in preparation for professional school and in the pursuit of becoming an excellent healthcare provider

- Academic advising & curriculum planning
- Pre-health events & activities
- Portfolio development
- Guidance through application process
Academic advising and curriculum planning
(in collaboration with your major advisor)

professional school prerequisites, suggested/elective courses, coursework timing

For most pre-health students...
CHEM1010 & CHEM 1240:
General Chemistry I & Lab
in the fall of 1st year
Pre-health events and activities
workshops, speakers, networking, and student organizations
Portfolio development
volunteer, clinical, and research experiences on and off DU campus
Guidance through the application process

• entrance exam prep
• personal statement workshop
• recommendation letters
• choosing schools
• interview skills and practice
• and more…
General timeline...

1st year

• Make a general curriculum plan
• Develop study skills
• Focus on your transition to college and your coursework
• Get involved with health-related and other clubs
• Explore health careers: explorehealthcareers.org
• Start/continue building your ‘resume’
• Engage in self-assessment
Most important... don’t stress!

• Take advantage of the opportunities and resources available
• Sign-up for the pre-health weekly newsletter
• Attend the pre-health advising session during orientation week
• Come to the pre-health group advising for 1st year students (during 2nd week of classes)
• Keep engaged!
Find more information on the Pre-Health Advising portfolio website
https://du.digication.com/pre-health-advising-1
(login with your DU ID & password)

To subscribe to the Pre-Health weekly newsletter:
https://science.du.edu/content/contact-pre-health-advising

Questions?
Contact Pre-Health Education & Advising
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THANK YOU