Preparing for Fall Registration

BA in Kinesiology and Sport Studies
Your BA Degree at a Glance

183 Total Credits

Take advantage of your credit flexibility to pursue a second major, multiple minors, or explore new passions!
First-Year & Transfer Students

For more information and resources for advising and registration, get started here!

Connect with Academic Advising at advising@du.edu

First-Year Courses

The common curriculum provides the opportunity to gain new perspectives across the liberal arts and foster a vibrant, intellectually curious community.

- First-Year Seminar (FSEM 1111)
- Writing and Rhetoric (WRIT 1122 and 1133 or WRIT 1533)
- Foreign language
  - Be mindful of placement testing deadlines
Common Curriculum

Scientific Inquiry (SI)

Natural and Physical World (12 credits)
- Year-long lab sequence of 3 courses
- Recommended for your first or second year

Society and Culture (8 credits)
- Social Sciences

Analytical Inquiry (AI)

Natural and Physical World (4 credits)
- Mathematics, formal reasoning, or computational sciences

Society and Culture (8 credits)
- Arts and humanities

Advanced Seminar (ASEM)
- Year 3 or later
02. Electives

Can I pursue a second major? What about minors?

Yes! With your elective credits, you may choose to pursue

- 1 major + 1 minor
- 2 majors

Complementary Disciplines

- Biological Sciences  ·  Business Administration minor
- Psychology  ·  Wellness minor
- Integrated Sciences  ·  And more!
Program Structure

This program emphasizes experiential learning and the integration of *knowing* and *doing*.

- 20 credits of required courses
- 20 elective credits
- Internship in kinesiology and sport

Degree Objectives

Our program develops well-prepared, curious, and ethical scholar-practitioners and leaders who integrate diverse ways of knowing to *solve personal problems, address social issues, and live meaningful lives.*

Students develop as *scholar-practitioners* in diverse fields and contexts and graduate prepared for success in a wide variety of careers.
KINE Core Courses

Required for all KINE majors

- KINE 1005: Resistance Training and Strength and Conditioning Methods
- or
- KINE 1015: Foundations of Olympic Weightlifting and Powerlifting

- KINE 2000: Foundations of Kinesiology and Sport Studies
- KINE 3005: Research in Kinesiology and Sport
- KINE 3000: Diversity, Equity, and Inclusion in Kinesiology & Sport
- KINE 3010: Ethics and Leadership in Kinesiology and Sport
- KINE 3980: Internship in Kinesiology and Sport
What to Expect: Your First Year Schedule

Fall Quarter
- FSEM 1111
- SI or AI
- Foreign Language or SI
- KINE 1005 or KINE 1015

Winter Quarter
- WRIT 1122
- SI or AI
- Foreign Language or SI
- AI

Spring Quarter
- WRIT 1133
- SI or AI
- Foreign Language or SI
- KINE 2000

16 credit hours recommended per quarter

- Common Curriculum
- Major
- Minor
Example Schedule:
KINE Major + BIO Minor

Fall Quarter
- FSEM 1111
- SI, AI, or Foreign Language
- CHEM 1010 + CHEM 1240 (lab)
- KINE 1005 or KINE 1015

Winter Quarter
- WRIT 1122
- SI, AI, or Foreign Language
- BIO 1011 + BIO 1021 (lab)
- AI

Spring Quarter
- WRIT 1133
- SI, AI, or Foreign Language
- BIO 1010 + BIO 1020 (lab)
- KINE 2000
2nd Year & Beyond

KINE Electives

- Sociology of Sport
- Sport Psychology
- Motor Learning for Skill Acquisition
- Administration of Sport, Fitness, and Wellness
- Athletic Nutrition
- Biomechanics of Kinesiology and Sport + Lab
- Prevention and Care of Athletic Injuries
- Strength & Conditioning Coaching
- Special Topics
Professional Training

Our curriculum aligns with the longstanding thought leaders in the American Kinesiology Association (AKA). We prepare students for nationally recognized, leading certifications such as:

- National Strength and Conditioning Association's (NSCA)
- Certified Strength and Conditioning Specialist (CSCS)
- Certified Performance and Sport Scientist (CPSS)
- Tactical Strength and Conditioning Facilitator (TSAC)

Required Internship (1-8 credits)

You are required to complete an internship to gain invaluable knowledge, skills, and attitudes in related career fields. This will be your opportunity to transform academic subject knowledge into applied practice.

- On-site work experience
- Asynchronous online coursework
Meet Our Faculty and Staff!

Brian Gearity
Professor & Director MASC; Associate Dean for Academic Affairs, GSPP

Clayton Kuklick
Clinical Associate Professor
Still have questions? Let’s connect!
Student Affairs Resources

**DUhelp**
- Start here if you need help on campus

**Office of Academic Advising**

**Student Disability Services (SDS)**
- Accessibility, inclusivity, and elevating the identity of Disability

**Learning Effectiveness Program (LEP)**
- Support learning and neurodiversity

**First@DU**
- First-generation, minoritized, and underrepresented student support

**Cultural Center**
- Identity-based support and programming
More Resources

Health and Counseling Center

Financial Aid

Center for Advocacy, Prevention, & Empowerment (CAPE)

Office of Veterans & Military Resources

Career & Professional Development

DU Food Pantry

Equal Opportunity & Title IX
THANK YOU