



Summer Quarter '26

COURSE	INSTRUCTOR	CLASS TIMES	PRE-REQs	ATTRIBUTES	SCHEDULE TYPE	COURSE DESCRIPTION
KINE 2050: Sport Psychology	Dr. Lahra Ahearn (adjunct)	Asynchronous	--	Wellness	Online	Sports psychology aims to improve athlete well-being and performance. In this class, students learn about the key concepts and theories from sport psychology such as motivation, anxiety, goal setting, imagery, and team cohesion. A key component of the course requires students to not only apply these concepts through cornhole tournaments throughout the semester, but to also interrogate taken-for-granted assumptions embedded in the field of sport psychology.
KINE 3980: Internship in Kinesiology and Sport	Dr. Sara Campbell	Section 1 Asynchronous Section 2 Asynchronous	Application approval; KINE majors only Application approval; SCF concentration only	--	Internship	The purpose of this course is to provide students in the kinesiology and sport studies major an experience for gaining knowledge, skills, and attitudes in related career fields through experiential learning and reflective practice. Through real-world experience, students will develop a more accurate and nuanced understanding of the realities of everyday practice in kinesiology and sport. These experiences are essential for students in the major to test out, integrate, negotiate, and transform their newly acquired theoretical and evidence-based academic subject knowledge within the realities of everyday practice. During internship, students will complete additional course assignments via distance technologies. <i>For more information: https://du.digication.com/kinesiology-and-sport-studies/internships.</i>
CPSY 3610: Exercise Physiology in Kinesiology & Sport Studies - Equivalent to KINE 3035: Physiology of Sport Performance	Dr. Clayton Kuklick	Asynchronous	BIOL 3241 or KINE 2035 - will waive pre-req for any interested students	--	Online	The purpose of this Exercise Physiology course is to help students gain the knowledge and skills to become a quality coach and or sport psychology consultant. Students will know how to apply Exercise Physiology theoretical and scientific concepts to practicality. Students will learn how to integrate their knowledge and skills to identify and solve problems related to training and coaching practices used to create physiological adaptations to athletes. Course activities and assignments were created to engage students in critical thought and application. Cross-listed with CPSY 4610. Pre-requisite: KINE 2035 or BIO3241
CPSY 3620: Kinesiology in Sport Studies - Equivalent to KINE 2000: Foundations of Kinesiology and Sport	Dr. Clayton Kuklick	Asynchronous	--	--	Online	Kinesiology is the study of muscles, bones, and joints as they are involved in producing movement. The purpose of this Kinesiology course is to help students gain the knowledge and skills to become a quality coach and or sport psychology consultant. Students will learn how to apply Kinesiology theoretical and scientific concepts to practicality. Students will learn how to integrate their knowledge and skills to identify and solve problems related to training and coaching practices. By understanding how muscles, bones, and joints interact to create movement, coaches can develop training methods and coaching practices to facilitate the development of athletes' sport skills and reduce the incidents of injury. Course activities and assignments were created to engage students in critical thought and application. Cross listed with CPSY 4620.
CPSY 3635: Athletic and Performance Nutrition - Equivalent to KINE 2040: Athletic Nutrition	Tessa Koschel (adjunct)	Asynchronous	--	--	Online	Undergraduate course introducing coaches and administrators to best practices in performance nutrition for sports performance enhancement and wellbeing, with instruction on leveraging research for continued adaptation. The focus of this course is to facilitate students' ability to influence the operational environment to deploy nutrition to the front lines of competition, with a secondary examination of facilitating students' understanding of individual differences, needs, and motivations for food choices. Guiding athletes and lay people to proper nutritional habits requires clearly identifying barriers to positive nutrition choices and eliminating them through open, direct, and positive nutrition messaging. Course content will include role modeling nutrition, encouraging a sense of family at team meals, leveraging media to internalize nutrition behaviors, and impacting the availability of positive nutrition choices.
CPSY 3725: Philosophy & Ethics of Sport - Equivalent to KINE 3010: Ethics & Leadership in Kinesiology & Sport	Dr. Joseph Mills	Asynchronous	--	--	Online	The Ethics of Sport Coaching is an advanced-level course based on the social foundations of sport, exercise, and coaching. Course content includes the history and formation of sport, exercise, and sport coaching, social issues (e.g., race, class, gender, inclusivity), how sport can be used for desirable ends and the public good, sport's organizers' roles in demonstrating and encouraging ethical behavior, reducing negligence, and promoting a healthy and safe environment for all stakeholders.