

Clinical Social Worker and Addiction Counselor

Psychodynamically trained clinician, skilled administrator, and experienced supervisor orientated through feminist, trauma-informed, and harm reduction approaches. Core competencies include:

Strength based and collaborative treatment planning – electronic health record maintenance – individual counseling and therapy – group therapy – psychoeducation – clinical and administrative supervision – staff training

Professional Experience

- 2012 to present **Radiant Psychotherapy, LLC**, Owner, Therapist, Supervisor
- Empower and gently guide clients in their identified growth areas. Integrate therapeutic approaches to tailor therapy to develop sense of self and to promote connection with self, body, others, and the world.
 - Clinical focus on addiction, parents, helpers/healers, and trauma survivors.
 - Create and maintain collaborative, strength-based treatment plans.
 - Seek out relevant trainings for continuing education experiences and practice enhancement.
 - Conduct clinical supervision for masters level interns, CIT, CAC I, CAC II, and LPCs in individual and group setting.
 - Maintain electronic health records. Upkeep finances, billing, taxes, and licenses.
- 2014 to present **University of Denver**, Graduate School of Social Work, Adjunct Professor
Winter 2015: SOWK 4003: Clinical Theory and Practice
- 2012 to present **Harm Reduction Action Center**, Clinical Volunteer
- Provide harm reduction based, brief, solution focused addiction related counseling, recovery counseling, and trauma therapy to active injection drug users.
 - Worked with families of active injection drug users to coordinate care and raise awareness of the concepts of harm reduction and recovery.
- 2013 - 2014 **The Empowerment Program, Inc.**, Behavioral Health Director:
Substance Use Disorders, Therapist, and Clinical Care Manager
- Provided re-entry services to women released from Denver County Jail including intensive clinical care management, resource gathering, intra- and inter-agency referrals, individual therapy preparation, and

individual trauma therapy. Facilitated psychoeducational and therapy groups focused on trauma healing, recovery from substances, reuniting with family, effective parenting, creating and repairing relationships with family, friends, and partners, and shame.

- Diversified clinical documents to reflect participant variance and to ensure staff efficiency including Addiction Severity Index (ASI), ASAM, and DSM-5 substance use disorder diagnosing. Created and implemented yearly chart review procedure for all staff to comply with Office of Behavioral Health (OBH) standards. Ensured OBH compliance regarding substance use services, services for criminal justice population, services for women, administrative and clinical documentation, and general agency practices and policies.
- Supervised CIT, CAC I, CAC II, MSW, LPCc, and masters level interns in individual and group settings. Standardized supervision best practices in agency. Developed internship training manual and “Resource Hunt”.

2013

Gender Identity Center of Colorado, Clinical Volunteer

- Provided individual counseling and therapy for clients focusing on gender identity, gender transition, coming out to family, and relationship dynamics with partners, families, friends, co-workers, and the public.

2010 - 2012

Arapahoe House, Inc., Women’s STIRRT (Addiction Technician, Case Manager, Primary Therapist II), New Directions for Families (Primary Therapist II)

- Provided residential and outpatient treatment services in a family-focused, co-occurring treatment setting to mothers involved with DHS and/or probation or parole. Guided mothers through various aspects of wholeness including maintaining or regaining custody of children, entering and supporting recovery, establishing life skills, and approaching and resolving trauma. Conducted individual and group therapy sessions that focused on mental health, trauma, and substance dependence recovery. Created and maintained collaborative, strength-based treatment plans. Connected clients to community resources. Coordinated with DHS, probation, community mental health, and community housing organizations to ensure continuum of care.
- Task supervised social work interns. Provided shift leadership and support to other staff members. Selected as lead weekend mediator to provide guidance and intervention in client crisis situations.

Education and Credentials

Master of Social Work, Loyola University Chicago

Areas of Concentration: Treatment of women, sexuality, psychotherapy with adults, interpersonal violence, homelessness

Master of Art, Women's Studies, Loyola University Chicago

Area of Concentration: feminization of depression

Capstone: *Object Relations Theory: Resolving the Bad Object*

Bachelor of Arts, Psychology, State University of New York at Potsdam

Thesis: *Pattern Recognition Relating to Personal Values*, Thesis Advisor: Richard Williams, Ph.D.

Areas of concentration: Transgender transitions, human sexuality.

State of Colorado **Licensed Clinical Social Worker** (#9923477)

State of Colorado **Licensed Addiction Counselor** (#437)

Additional Training and Experience: Advanced Motivational Interviewing, Trauma Informed Care, Clinical Supervision, Seeking Safety, Helping Women Recover, Strategies for Self-Improvement and Change, Auricular Detoxification Specialist Trainee

Professional Organizations

2014 to present	National Acupuncture Detoxification Association (NADA)
2013 to present	International Society for Traumatic Stress Studies (ISTSS)
2008 to present	National Association of Social Workers (NASW)