

40 hours/week

- Provide brief counseling and medical discharge planning for general medicine patients.
- Provide treatment planning for all adults on the psychiatric unit.
- Provide group and individual therapy with patients using DBT, CBT, ACT and motivational interviewing.
- Work with outside agencies to refer patients to home health care, skilled nursing facilities, hospice and medical respite.
- Work on the treatment model committee to implement trauma informed care and created an animal assisted therapy proposal for the inpatient adult psych unit

November 2008- *Denver Health STEP Program* 2929 W 10th Ave
November 2011 Substance Abuse Therapist *Denver, CO 80204*

40 hours/week

- Provide outpatient substance abuse treatment, education, and prevention for high risk youth ages 10-21 who are living at the Family Crisis Center. Wrote tx plans and used cognitive behavioral and motivational enhancement therapies. Most clients were diagnosed with depression, ADHD, conduct disorder, reactive attachment disorder, PTSD, anxiety, bipolar disorder, psychosis and substance abuse or dependence.
- Trained in TF-CBT by the Kempe Center
- Presented cases at weekly team meeting
- Conducted UAs
- Conducted group therapy, individual and family therapy sessions
- Completed comprehensive initial assessments using the KSADS, wrote treatment plans, progress notes, psychosocial evaluations and diagnosed using the DSM-IV, and managed my own case load independently.
- Provided animal assisted therapeutic interventions with the use of a Black Labrador retriever guide dog for the blind in training.
- Participated in staffings, TDMs and court hearings with GAL's, PO's and Caseworkers
- Trained DU/GSSW interns

June 2007- *Shiloh Home, Inc.* 6350 W Coal Mine Ave
November 2008 Offense Specific Clinician *Littleton, CO 80123*

50-60 hours/week

- Managed my own caseload of male juvenile registered sex offenders.
- Counseled youth ages 12-17 with diagnosis such as PTSD, conduct disorder, anxiety disorders, sexual abuse of a child, PPD, mood disorders, OCD and ADHD.
- Diagnosed youth with the use of the DSM-IV.
- Completed assessments, psychosocial evaluations, treatment plans, monthly reports, case management, and daily progress notes.
- Conducted staffings, participated in court hearings and school safety plan meetings.
- Weekly case presentations at team meetings.
- Provided cognitive behavioral therapy, motivational interviewing, strengths based interventions, education on the cycle of abuse, polygraph preparation, experiential therapy, systems perspective and sensory integration.
- Experience working with multi-disciplinary teams that include probation officers, caseworkers, GALs, defense attorneys, parents, extended family, foster parents, victim therapists, psychologists, polygraphists, psychosexual evaluators and outside therapists.
- Independently facilitated group, family and individual therapy.
- Provided animal assisted therapeutic interventions with the use of a Black Labrador retriever guide dog in training.

March 2005- *Guide Dogs for the Blind* *Denver, CO*
Current Volunteer Dog Trainer

- Raise puppies from 8 weeks to 16 months and train them to be guide dogs for legally blind involving basic obedience training and socialization.
- Incorporate guide dogs in training at work with clients as a therapy dog.

Seminars/Trainings

- Sex Offender Management Board 3 day Conference 2007, 2008, 2009, 2010
- TF-CBT Kempe Center 2 day training
- PESI Trauma/Attachment Disorder Interventions 1 day training
- Impaired Driving Offender Treatment/Driving With Care 2 day training and certification to run DUI classes.
- 2 day Animal Assisted Therapy workshop through Professional Therapy Dogs of Colorado
- 2 day DBT training at Noeticus Counseling Center
- EMDR level I and II
- Biofeedback online four day training