

## EDUCATION

University of Denver  
Graduate School of Social Work  
Doctor of Philosophy, August 2013  
Dissertation: *Social Presence and Therapeutic Demands: The Role of Technology in the Therapeutic Alliance*

University of Denver  
Graduate School of Social Work  
Master of Social Work, June 2000  
Concentration: Child Welfare

Regis University  
Bachelor of Arts, May 1997  
Major: Communication Arts and Spanish

## RESEARCH EXPERIENCE

Jefferson Center for Mental Health  
*Dialectical Behavioral Therapy Program, October 2010-present*

- Created and evaluated online Dialectical Behavioral Therapy (DBT) program
- Provided research support for implementation and modification of other DBT based programs within the center
- Assisted center in improving fidelity to DBT treatments
- Collected and analyzed outcome data for DBT programs

Graduate School of Psychology, University of Denver  
*Healthy Adolescents Relationship Project, April 2010-March 2012*

- Facilitated groups in support of developing a treatment manual aimed at reducing revictimization and violence among adolescent girls.

The Bridge Project, University of Denver  
*Research Assistant, September 2009-2013*

- Collected, managed, and analyzed data to determine effectiveness of an after school program
- Created and validated a measure of Positive Youth Development

University of Colorado Hospital  
*Dialectical Behavioral Therapy in Bipolar Disorder, 2007-2010*

- Provided individual and group DBT treatment for adult clients with Bipolar Disorder

## TEACHING EXPERIENCE

University of Denver  
*Adjunct Faculty, 2011-present*

- Assessment of Mental Health and Drug Use in Adults
- Mental Health Interventions with Children
- Foundations of Research Methods and Design
- Social Work with Groups
- Denver Urban Issues and Policy, Service Learning Course
  - Focus on Mental Illness and Stigma

Metropolitan State University  
*Adjunct Faculty, 2011-2012*

- Foundations of Applied Field Research
- Quantitative Thinking (Statistics for Social Work)

University of Colorado Denver School of Medicine  
*Clinical Instructor, 2006-2011*

- Psychiatry Clinical Skills Lab
- Dialectical Behavioral Therapy
- Child Welfare and Mental Health

## PROFESSIONAL EXPERIENCE

Private Therapy Practice, Denver, CO  
*Therapist, 2010-present*

- Provide individual and family therapy
- Provide clinical supervision for therapists seeking social work licensure

Jefferson Center for Mental Health, Wheat Ridge, CO  
*Consultant, 2012- present*

- Provide ongoing support and consultation for the Dialectical Behavior Therapy Team
- Developed and facilitated a modified DBT for Depressive Disorders group
- Provide ongoing support and development for computer mediated mental health interventions

University of Colorado Hospital, Denver, CO  
*Clinical Social Worker, 2005-2010*

- Conducted initial mental health assessments in the Outpatient Psychiatry Clinic
- Provided ongoing individual, couples, family and group therapy for patients ranging infant to geriatric
- Coordinated with outside agencies to ensure appropriate continuity of care and assisted doctors in the clinic locate and access appropriate community resources
- Supervised Psychiatry Residents, Medical Students and Social Work Interns on therapy cases and therapeutic techniques
- Analyzed clinic database and oversaw a committee to improve clinic operations

18<sup>th</sup> Judicial District Juvenile Assessment Center, Englewood, CO  
*Mental Health Specialist, 2005*

- Conducted safety, risk and psychosocial assessments for youth in the legal system

- Conducted assessments of mental health emergencies for youth in custody

Denver Department of Human Services, Family Crisis Center, Denver, CO  
*Therapist, 2001-2005*

- Conducted initial mental health assessments for residents ages 6-17 to determine diagnosis, treatment, and placement needs
- Provided individual, group and family therapy to resident youth
- Conducted emergency mental health assessments, completed mental health holds and facilitated hospitalization
- Created and implemented a Progressive Discipline and a Reward Level System
- Created and implemented a training program for milieu staff including: Effects of Abuse and Neglect on Development; Attachment Theory and Effects of Separation; Techniques of Behavior Modification; Developmentally Appropriate Activities and Discipline; Child and Adolescent Development; Progressive Discipline and Responding to Oppositional Behaviors; Mental Health Diagnoses and Treatment in Children and Adolescents; Managing Vicarious Trauma
- Provided clinical supervision to milieu staff and social work interns

Denver Department of Human Services, Denver, CO  
*Child Protection Caseworker, 1999-2001*

- Investigated reports of child abuse and neglect and assessed family situations for safety, risk and placement decisions
- Maintained ongoing caseload of 15-17 monolingual Spanish speaking families

## PEER REVIEWED PUBLICATIONS

Lopez, A. (in press). An investigation of the use of Internet based resources in support of the therapeutic alliance. *Clinical Journal of Social Work*, [accepted 10/2014]. \*Special edition journal on the role of Social Work and Technology

Lopez, A. (2014). Social Work, technology and ethical practices: An evaluation of the National Association of Social Workers' Technology Standards. *Social Work in Health Care*, 53(9), 815-833. \*Special edition journal on the role of Social Work and Technology

Lopez, A., Yoder, J., Brisson, D., Lechuga-Pena, S., & Jenson, J.M. (2014). Validation of a measure of Positive Youth Development. *Research in Social Work Practice*. (In Press).

Brisson, D., Lopez, A. & Yoder, J. (2013). Neighborhood contextual effects on the mental health trajectories of low-income mothers: A test of collective efficacy and neighborhood problems. *Journal of Community Psychology*. (In Press).

Yoder, J., & Lopez, A. (2013). Parents' perception of involvement in their children's education: Findings from a qualitative study of public housing residents. *Child and Adolescent Social Work Journal*, 30(5), 415-433.

Lopez, A. & Chessick, C.A. (2013). DBT Graduate Group pilot study: A model to generalize skills to create a 'life worth living.' *Social Work in Mental Health*, 11(2), 141-153.

Bender, K., Brisson, D., Jenson, J., Forrest-Bank, S., Lopez, A., & Yoder, J. (2011). Challenges and strategies for conducting program-based research in after-school settings. *Child and Adolescent Social Work Journal*, 28, 319-334.

Lopez, A. (2010). The search for a middle ground. *Reflections: Narratives for Professional Helping*, 16(1), 39-45.

Lopez, A. (2009). Moral residue: Difficult ethical choices in the treatment of refractory anorexia nervosa. *Clinical Social Work Journal*, 38(2), 236-239.

Lopez, A., Yager, J & Feinstein, R.E. (2009). Medical futility and psychiatry: Hospice care as a last resort in the treatment of refractory anorexia nervosa. *International Journal of Eating Disorders*, 43(4), 372-377.

## CONFERENCE PRESENTATIONS

Lopez, A., Yoder, J., Brisson, D., Lechuga-Pena, S., & Jenson, J.M. (2014). Validation of a measure of Positive Youth Development. Presented at the Society for Social Work Research Conference. San Antonio, TX.

Yoder, J., Brisson, D. & Lopez, A. (2012). Residential father-child relationship determining differential delinquency trajectories. Presented at the Society for Social Work Research Conference. Washington, D.C. January 11, 2012.

## SERVICE TO THE COMMUNITY

CHARG Resource Center  
*Volunteer Program, 2013 – present*

- Offer technical support for website and social media
- Work with agency and student groups to develop service projects

Mental Health Colorado  
*Pro-Bono Volunteer Program, 2006 – present*

- Provide clinical supervision to therapists doing volunteer work in the community
- Trained interpreters to translate for mental health evaluations
- Conducted mental health screenings at health fairs for the uninsured

## SPECIALIZED SKILLS

Statistical Software: SPSS; Stata; MPlus; Amos; and Winsteps