

Becky Newquist MSW, LCSW

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EDUCATION

Masters of Social Work

University of Denver, Denver, CO, 2006

Honors: Suma Cum Laude

GPA: 3.96

Concentration: High Risk Youth Clinical Track

Research Study: *Role of parental participation in the treatment successful outcomes of adolescents in a day treatment program*

Bachelor of Science in Social Work

Bethel University, St. Paul, MN, 2005

Honors: Suma Cum Laude, Omnicron Delta Cappa

GPA: 3.89

Major: Social Work

Minor: Biblical and Theological Studies

CLINICAL EXPERIENCE

Bethel Counseling, LLC, Denver, CO

August 2012 - Present

Private Practice Licensed Therapist

- Co-owner of private practice
- Provide evidenced-based professional counseling for adolescents, families, and adults
- Partner with local schools, churches, and other practitioners in the community to offer holistic support to individuals and families in need
- Facilitate seminars and speak in small and large group conferences on mental health awareness, health, and early intervention

Aurora Mental Health Center, Aurora, CO

March 2007-August 2012

Mental Health Therapist

- Provide outpatient individual, group, and family therapy, and case management services with a primary focus on adolescents who struggle with significant mental health disorders
- Co-facilitate comprehensive Dialectical Behavior Therapy (DBT) program for mothers and their daughters who display traits of borderline personality disorder
- Provide clinical supervision to interns working toward a Masters Degree and licensure

Emergency Services Off-Hours Clinician

**October 2009 – May 2010,
August 2012 – March 2013**

- Conduct emergency mental health evaluations and disposition plans for patients admitted to Behavioral Healthcare Inc contracted hospitals (Concurrent with full-time clinical caseload October 2009 – May 2010 and on contract basis August 2012 - present)

Mental Health First Aid Instructor and Site Coordinator

July 2009 – August 2012

- Facilitate and instruct 12-hour course on Mental Health First Aid to community members, including educators, college academic advisors, law enforcement, non-profits, family

members of individual with mental health problems, youth workers, human resources personnel, and managers.

- Manage database of referrals, coordinate site set-up and catering, and maintain communication with the National Council on behalf of other instructors within the mental health center.

Hope Community Church, Denver, CO

July 2010 – July 2013

Youth Ministries Director – Middle and High School

- Develop and oversee youth ministry programming and special events
- Model and promote intergenerational volunteer and mentorship program

Savio House, Denver, CO

July 2006 – March 2007

Multisystemic Family Therapist

- Provided home-based therapy and case management for the caregivers of voluntary, dependent, neglected, and delinquent youth in need of in-home services for family preservation, reunification, or emancipation

TEACHING EXPERIENCE

University of Denver Graduate School of Social Work

March 2013 – Present

Adjunct Professor

- Teach masters level clinical and community concentration courses, “Cognitive Approaches in Social Work”, “Policies and Programs for High Risk Youth”, and “DSM V Assessment of Children and Youth”
- Incorporate a wide range of learning modalities to effectively equip students to pursue clinical careers in social work. Modalities include lecture, role play, multimedia, research papers, practice papers, reflections papers, and professional anecdotes and scenarios.

OTHER TEACHING & RESEARCH EXPERIENCE

- Facilitate mental health mini-seminars for community non-profits, including the Mentoring Symposium (April 2013) and Lutheran Family Services (July 2013)
- Coordinator and Instructor of 12-hour Mental Health First Aid training course for professionals and community members, offering 12 two-day trainings to date.
- Participated in grant-writing project to improve research on special populations within DBT
- Conducted literature review and archival data analysis to publish a Master’s level research study on the role of parental participation in the treatment successful outcomes of adolescents in a day treatment program
- Authored grant proposal for Animal-Assisted Certificate Program for the University of Denver Graduate School of Social Work
- Assisted doctoral faculty in research study on adoption and foster care preparation
- Personal research interests: program efficacy, borderline personality disorder, high risk youth, experiential and adventure therapy, service learning, dialectical behavior therapy

PROFESSIONAL LICENSES, CERTIFICATES, & AWARDS

- Licensed Clinical Social Worker, License # 1165, CO, August 22, 2008
- Certification in Dialectical Behavior Therapy, 2010
- Certified Mental Health First Aid Instructor, 2009

- Certification in Multisystemic Therapy, 2006
- Aurora Mental Health Center All-Star Award 2010

COLLEGIATE EXPERIENCE

- Research and Teaching Assistant – University of Denver, 2005-2006
- Speaker at Commencement Exercises – Bethel University, 2005
- Social Work Teaching Assistant – Bethel University, 2003-2005
- Campus Ministries Team Leader – Bethel University, 2004-2005
- Resident Assistant – Bethel University, 2002-2003

PROGRAM DEVELOPMENT AND SERVICE

- Co-developed and maintain a thriving private practice, effectively managing financials, marketing, promotion, and other administrative tasks for the LLC
- Co-developer of an Adolescent Dialectical Behavior Therapy Skills Group curriculum
- Developed and implemented a Running Group for adolescents with mental health disorders
- Partner with community nonprofit organizations to develop and implement a service learning curriculum for the day treatment program
- Serve as acting program director of Hampden Academy when director is out of the office
- Member of Peer Review Committee at Aurora Mental Health Center 2007 – 2010

PROFESSIONAL DEVELOPMENT

- Training and certification in Multisystemic Therapy
- Training in Dialectical Behavior Therapy with Difficult to Treat Adolescents
- Training in Attachment Disorders Across the Lifespan
- Training in Trauma-Focused Cognitive Behavioral Therapy

SERVICE AND CROSS-CULTURAL EXPERIENCE

- Vice Chair and board member of nonprofit organization, “My Quiet Cave”, whose mission is to bridge the mental health and faith communities
- Participated in Latin American immersion program through Aurora Mental Health Center March 2010, traveling, studying, and living with a host family in Costa Rica
- Service work in Minneapolis, Denver, Romania, Jamaica, and New Mexico
- Educational travel to Senegal, Africa
- Mentor to middle and high school students