

Teri Pichot, LCSW, MAC, LAC

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Employment

PRIVATE PRACTICE

Individual, Couple, and Family Therapist; International Consultant, Author, and Trainer, February 1995 - Present

Provide individual, couple, and family therapy utilizing Solution-Focused Brief Therapy. Provide international consultation and training to community agencies and professionals. Founder of the Denver Center for Solution-Focused Brief Therapy. Provide a regular class schedule of over ten solution-focused related courses. Provide international certification in SFBT through IASTI.

UNIVERSITY OF DENVER

Adjunct Faculty, December 2011 to present

Co-taught the “Solution-Focused Brief Therapy” course for the Morgridge College of Education (Counseling Psychology Program) – Winter Quarter 2012. Teach the “Solution-Focused Brief Practice” (formally “Brief Practice Modalities”) course for the Graduate School of Social Work.

JEFFERSON COUNTY PUBLIC HEALTH, SUBSTANCE ABUSE COUNSELING PROGRAM

Outpatient Program Coordinator, December 1997 – February 2011

Acting Program Coordinator, July 1997 - December 1997

Assistant Program Coordinator, November 1995 - July 1997

Provide clinical and administrative supervision for the Substance Abuse Counseling team. Participate in budget design and implementation, contract development, employee recruitment and interviewing. Develop and implement quality clinical programs which utilize Solution Focused Therapy. Provide local and national training on approaches and techniques used by the program. Provide coordination and public relations between the Health Department and community agencies. Designed and implemented an animal assisted activities/therapy program for substance abusing clients and their children. Developed and implemented the program evaluation component for the alcohol, drug, and tobacco programs. Provided family and couples case management and therapy services.

Organized and hosted the 2006 Conference of Solution Focused Practice in Denver, Colorado. This was co-sponsored by the Solution Focused Brief Therapy Association (SFBTA) and the Jefferson County Department of Health and Environment. This four-day event was internationally attended. The event raised over \$20,000.00 of revenue for the SFBTA.

UNIVERSITY OF DENVER, GRADUATE SCHOOL OF SOCIAL WORK

Adjunct Faculty, Autumn Quarter 2005

Taught a 10-week class to second year graduate students entitled, “Drug Interventions.”

ARAPAHOE HOUSE

Adolescent Family Case Manager, February 1994 - November 1995

Developed and implemented the Adolescent Family Program. Provided family and individual assessment. Provided family therapy utilizing Solution Focused, Motivational, Structural, and System theories. Facilitated educational, process, and therapy groups. Provided case management, home visits, treatment planning, and coordination with other providers.

CHILDREN IN FAMILY PRESERVATION SERVICES

Family Specialist, May 1993 - February 1994

Provided soft and concrete services, individual child and adult brief/solution therapy, family therapy, crisis intervention, court testimony, evaluation and assessment, and treatment planning.

ADOLESCENT AND FAMILY COUNSELING

Contract Alcohol/Drug Counselor, May 1993 - February 1994

Facilitated education and therapy groups for the Adams County Correctional Facility. Provided court-ordered and voluntary group counseling utilizing William Miller’s Motivational theory.

ALTERNATIVES TO FAMILY VIOLENCE

Relief Women’s Counselor, January 1992 - January 1994

Provided crisis intervention, problem resolution, individual and group counseling. Completed intakes and documentation. Managed the crisis line.

ARAPAHOE HOUSE

Counselor and Case Manager, August 1992 - August 1993

Provided case management, intakes, client advocacy, crisis intervention, evaluation and assessment, treatment planning, and documentation. Facilitated court-ordered and voluntary individual and group counseling sessions.

Education

UNIVERSITY OF DENVER, GRADUATE SCHOOL OF SOCIAL WORK

Master of Social Work, Concentration - Children, Youth, and Families, 1994

Integration of Animals into Therapeutic Settings – Audited Class

18 hours – July 18, 19, & 26, 2003

METROPOLITAN STATE COLLEGE OF DENVER

Bachelor of Science, Human Services, 1992

Alcohol and Drug Counseling Emphasis

Certificate of Completion of Drug/Alcohol Training Program - April, 1991

President's Honor Roll - 1989-90, 1990-91, & 1991-92

Colorado Scholar Award - 1991

Graduated Summa Cum Laude

Publications

Pichot, T. (in press). Insoo Kim Berg. In C. G. Franklin (Ed.). Encyclopedia of social work. New York: NASW and Oxford University Press.

Pichot, T. (in press). Steve de Shazer. In C. G. Franklin (Ed.). Encyclopedia of social work. New York: NASW and Oxford University Press.

Pichot, T. (in press). Steve de Shazer and Insoo Kim Berg. In E. S. Neukrug (Ed.). Encyclopedia of theory in counseling and psychotherapy. Thousand Oaks, CA: Sage.

Pichot, T. (2013). Leading a team from a solution-focused perspective. In F. N. Thomas, Solution-focused supervision: A resource-oriented approach to developing clinical expertise. (pp. 215-223). New York: Springer.

Palmer, L., Pichot, T., & Kuovskaya, I. (2012, September). Giving expression and hope to the future: Assessing two tax time brief intervention strategies. Paper presented at the annual conference of the Financial Therapy Association, Columbia, MO.

Pichot, T. (2012). Animal assisted brief therapy: A solution-focused approach 2nd ed. New York, NY: Routledge.

Fine, A. H., O'Callaghan, D., Chandler, C., Schaffer, K., & Pichot, T. (2010). Application of animal assisted interventions in counseling settings: An overview of alternatives. In A. H. Fine (Ed.), Handbook on animal-assisted therapy: Theoretical foundations and guidelines for practice 3rd ed. (pp. 193-222). San Diego, CA: Academic Press.

Pichot, T., & Dolan, Y. (2009). Solution-focused brief therapy: Its effective use in agency settings. (French Trans.). Belgium: Bookshop Publisher SATAS. (Original work published, 2003)

Pichot, T. (2009). Transformation of the heart: Tales of the profound impact therapy dogs have on their humans. Bloomington, IN: iUniverse.com.

Pichot, T., with Smock, S. A. (2009). Solution-focused substance abuse treatment. New York, NY: Routledge.

Pichot, T., & Dolan, Y. (2008). Solution-focused brief therapy: Its effective use in agency settings. (N. Mishima, Japanese Trans.). Japan: Kongo Shuppan. (Original work published, 2003)

Pichot, T. (2008, Winter). Domestic Violence: A Different Way of Thinking. Jefferson County Department of Health and Environment, Partners for Healthy Families Newsletter, Jeffco F.I.T. Coalition, vol 6, 1 & 2.

Pichot, T. (2008). Transforming agency practice through solution-focused supervision. In P. De Jong & I. K. Berg, Interviewing for solutions (3rd ed.) (pp.324-333). Belmont, CA: Thomson Brooks/Cole.

Pichot, T. (2007, August). Using solution-focused therapy with adolescents. Jefferson County Department of Health and Environment, Substance Abuse Counseling Program Newsletter, Solutions, 7(2), 1 & 3.

Pichot, T., & Dolan, Y. (2007). Solution-focused brief therapy: Its effective use in agency settings. (Chinese Trans.). Taiwan: Psychological Publishing. (Original work published, 2003)

Pichot, T. (2007). Looking beyond depression. In T. S. Nelson & F. N. Thomas (Eds.). Handbook of solution-focused brief therapy: Clinical applications. (pp. 117-133). Binghamton, NY: Haworth.

Pichot, T. (2007, February). Goodbye to a Dear Friend and Mentor. Jefferson County Department of Health and Environment, Substance Abuse Counseling Program Newsletter, Solutions, 6(1), 1 & 2.

Pichot, T., & Coulter, M. (2007). Animal assisted brief therapy: A solution-focused approach. Binghamton, NY: Haworth.

Pichot, T. (2005). Thoughts from a solution focused supervisor. In T.S. Nelson (Ed.). Education and training in solution-focused brief therapy. Binghamton, NY: Haworth.

Pichot, T. (2005). Thoughts from a solution focused supervisor. Journal of Family Psychotherapy, 16(1/2), 277-279.

Pichot, T. (2004, September). Jumping through Hoops for all the Right Reasons. Jefferson County Department of Health and Environment, Substance Abuse Counseling Program Newsletter, Solutions, 3(2), 1 & 2.

Pichot, T. (2004, September). Introducing R.E.A.D. as an Intervention with SACP Clientele. Jefferson County Department of Health and Environment, Substance Abuse Counseling Program Newsletter, Solutions, 3(2), 3.

Pichot, T. (2003, September). "Rocky" the Therapy Dog Enters the SACP Arena. Jefferson County Department of Health and Environment, Substance Abuse Counseling Program Newsletter, Solutions, 2(2), 1 & 3.

Pichot, T. (2003, September). "Rocky's" First Day on the Job. Jefferson County Department of Health and Environment, Substance Abuse Counseling Program Newsletter, Solutions, 2(2), 2.

Pichot, T., & Dolan, Y. (2003). Solution-focused brief therapy: Its effective use in agency settings. Binghamton, NY: Haworth.

Pichot, T. (in press). Discovering the true expert of the therapeutic process. Professional Counselor.

Pichot, T. (March 2002). Don't be afraid to ask for help. The Adventist Review, 179(10), 28-30.

Pichot, T. (2001). Co-creating solutions for substance abuse. Journal of Systemic Therapies, 20(2), 1-23.

Pichot, T. (2001). What's the big deal about solution focused therapy, anyway? Professional Counselor, 2(3), 39-41.

Pichot, T. (1998). [Review of the book Time-effective psychotherapy: maximizing outcomes in an era of minimized resources]. Journal of Marital & Family Therapy, 24(4), 511-512.

Interviews

TOM MARTINO SHOW (630 KHOW) DENVER
Using SFBT with People Who Struggle with Substance Misuse
Aired April 30, 2013

IN COUNTRY TELEVISION (DISH CH. 230/DIRECT TV CH. 344)
Working Dawgs: The Human/Animal Bond
Aired January 19, 2010

CBS EVENING NEWS WITH DAN RATHER
Impact of Columbine Shooting and What Parents Should Know
Aired April 26, 1999

DENVER'S CHANNEL 7 MORNING NEWS
Solution Focused Therapy and its Application at the Substance Abuse Counseling Program

Aired 1998

Presentations/Workshops

USING SOLUTION-FOCUSED PRACTICE IN AGENCY AND PROFESSIONAL PEER SETTINGS

SFBTA Conference on Solution-Focused Practices 2014

Santa Fe, New Mexico, 11/7/14

1.25 Hour Presentation

ASAM CRITERIA

ASAM CRITERIA AND DOCUMENTATION

Addiction Technology Transfer Center, 10/27/14, 10/28/14

Butte, Montana

8 Hours per day Presentation

SOLUTION-FOCUSED BRIEF THERAPY

Changing Tides Family Services, 10/21/14 & 10/22/14

Eureka, California

7 Hours per day Presentation/Consultation

Monthly 1 Hour Telephone Consultation - 12/1/14 - present

SOLUTION-FOCUSED SUBSTANCE MISUSE TREATMENT

USING SOLUTION-FOCUSED BRIEF THERAPY IN AGENCY SETTINGS

2014 American Association of Marriage and Family Therapy – Annual Conference

Milwaukee, Wisconsin, 10/17/14

Invited Presenter

4.0 Hour Presentation

SOLUTION-FOCUSED SUBSTANCE MISUSE TREATMENT

2014 Colorado Behavioral Healthcare Council – Annual Conference

Breckenridge, Colorado, 9/27/14

3.0 Hour Presentation

SOLUTION-FOCUSED BRIEF THERAPY

Mid Erie Mental Health Center, 9/3/14 & 9/4/14

Buffalo, New York

7 Hours per day Presentation/Consultation

Monthly 1 Hour Telephone Consultation - 11/3/14 - present

SOLUTION FOCUSED GROUP THERAPY

Clinica Family Health Services, 8/25/14

Lafayette, Colorado

4 Hour Presentation/Consultation

SOLUTION-FOCUSED PRACTICES TO ENHANCE ENGAGEMENT

Kempe Center, 8/20/14, 8/21/14, 11/24/14, 11/25/14, 2/12/15, 2/13/15, 5/14/15, & 5/15/15

Rifle, Ft. Collins, Littleton, & Canon City, Colorado

14 Hours per location Presentation

USING SOLUTION-FOCUSED THINKING TO PREVENT BURNOUT

SOLUTION-FOCUSED APPROACHES FOR LEGAL PROFESSIONALS WORKING WITH EXTERNALLY MOTIVATED CLIENTS

SOLUTION-FOCUSED APPROACHES TO WORKING WITH EXTERNALLY MOTIVATED CLIENTS

University at Buffalo, 7/16/14, 7/17/14

30th Annual Buffalo Niagara Summer Institute

Buffalo, New York

7 Hours per day Presentation

ASAM CRITERIA

ASAM CRITERIA AND DOCUMENTATION

Addiction Technology Transfer Center, 6/19/14, 6/20/14

Butte, Montana

8 Hours per day Presentation

USING SOLUTION-FOCUSED THINKING WITH CHALLENGING PEOPLE

Denver Regional Council of Governments, Area on Aging, 6/16/14

Denver, Colorado

8 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY

Mental Health Center of Denver, 6/12/14 & 6/17/14

Denver, Colorado

8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY INTRODUCTION

Arapahoe Douglas Mental Health Center, 5/29/14

Littleton, Colorado

2 Hours Presentation/Consultation

USING SOLUTION-FOCUSED THINKING IN CRISIS AND STRESSFUL MOMENTS

Donner Alliance, 5/15/14

Denver, Colorado

4 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY

Aurora Mental Health Center, 5/14/14

Aurora, Colorado

8 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
USING SOLUTION-FOCUSED THINKING ON THE PRACTITIONER
Solution Land, 4/26/14 & 4/27/14
Tokyo, Japan
8 Hours per day Presentation/Consultation with Translation

USING SOLUTION-FOCUSED THINKING IN PALLIATIVE CARE AND END OF LIFE
2014 Social Work Palliative Care Conference, 4/10/14
Denver, Colorado
2 Hours, Featured Speaker

SOLUTION-FOCUSED BRIEF THERAPY
Kaiser Permanente, Downey, California Offices, 3/26/14 & 3/27/14
Bellflower, California
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF PRACTICE
Children's Hospital Immunodeficiency Program, 2/24/14
Aurora, Colorado
3 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
Psychological Society of the Pikes Peak Region, 2/21/14
Colorado Springs, Colorado
4 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THINKING IN A SCHOOL SETTING
Southern Ute Indian Tribe, 2/6/14, 2/7/14
Ignacio, Colorado
14 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
SOLUTION-FOCUSED BRIEF THERAPY PART TWO
Behavioral Health Network, 12/5/13, 12/6/13, & 11/14/14
Springfield, Massachusetts
7 Hours per day Presentation/Consultation
Monthly 1 Hour Telephone Consultation - 1/14/14 to present

SOLUTION-FOCUSED BRIEF THERAPY
Division of Child and Family Services, Children's Mental Health
Las Vegas, Nevada, 11/21/13, 11/22/13, 12/11/14, & 12/12/14
Reno, Nevada, 12/3/14 & 12/4/14
8 Hours per day Presentation

ASAM CRITERIA

Utah Department of Corrections, 11/14/13
Salt Lake City, Utah
8 Hour Presentation

SOLUTION-FOCUSED BRIEF THERAPY 101
SFBTA Conference on Solution-Focused Practices 2013
Toronto, Canada, 11/7/13
6 Hour Presentation

SOLUTION-FOCUSED SUBSTANCE ABUSE TREATMENT
Spanish Peaks Mental Health Center, 10/28/13
Pueblo, Colorado
8 Hours Presentation

SOLUTION-FOCUSED BRIEF THERAPY
University of Denver Grant, 10/24/13, 10/25/13
Oklahoma City, Oklahoma
14 Hours Presentation/Consultation

ASAM CRITERIA
ASAM CRITERIA AND DOCUMENTATION
Addiction Technology Transfer Center, 10/17/13, 10/18/13
Great Falls, Montana
8 Hours per day Presentation

SOLUTION-FOCUSED STRATEGIES FOR THE MOST DIFFICULT CONVERSATIONS
2013 Utah Leadership Conference
Park City, Utah, 10/4/13
2 1.25 Hour Presentations

USING SOLUTION-FOCUSED BRIEF THERAPY FOR LASTING CHANGE
2013 Colorado Behavioral Healthcare Council – Annual Conference
Breckenridge, Colorado, 9/27/13
3.0 Hour Presentation

SOLUTION-FOCUSED SUPERVISION AND MANAGEMENT
Centennial Mental Health Center, 8/29/13
Sterling, Colorado
6 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
Nashville YMCA, 7/17/13 & 7/18/13
Nashville, Tennessee
14 Hours Presentation/Consultation

ASAM PPC-2R FUNDAMENTALS

Addiction Technology Transfer Center, 6/18/13, 6/19/13, & 6/20/13
Butte, Montana
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
SOLUTION-FOCUSED SUPERVISION AND MANAGEMENT
SOLUTION-FOCUSED GROUP THERAPY
SOLUTION-FOCUSED BRIEF THERAPY WITH CO-OCCURRING DISORDERS
Kern County Mental Health, 6/13/13, 6/14/13, 8/28/14, & 8/29/14
Bakersfield, California
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
Crossroads' Turning Point, 5/24/13
Pueblo, Colorado
7 Hours Presentation/Consultation

USING SOLUTION-FOCUSED BRIEF THERAPY EFFECTIVELY
Kaiser Permanente, Fontana, California Offices, 5/9/13 & 5/10/13
Fontana, California
8 Hours per day Presentation/Consultation

SOLUTION FOCUSED SUBSTANCE ABUSE TREATMENT
Mental Health Partners, Integrated Services, 4/15/13
Boulder, Colorado
7 Hour Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
SOLUTION-FOCUSED BRIEF THERAPY PART TWO
The Center for Mental Health, 3/19/13, 3/20/13, 10/2/14, & 10/3/14
Montrose, Colorado
7 Hour per day Presentation/Consultation
Monthly 1 Hour Telephone Consultation - 3/19/13 - present

SOLUTION-FOCUSED BRIEF THERAPY
SOLUTION-FOCUSED SUPERVISION AND MANAGEMENT
SOLUTION-FOCUSED GROUP THERAPY
Aspen Pointe, 2/25/13, 2/26/13, 2/27/13, 2/28/12, 3/1/13, 4/18/13, 4/19/13,
6/24/13, 6/25/13, 1/20/14, 1/21/14, & 1/22/14
Colorado Springs, Colorado
96 Hours Presentation/Consultation

USING SOLUTION-FOCUSED THINKING IN HOSPICE
The Denver Hospice, 2/15/13
Denver, Colorado
4 Hour Training

USING SOLUTION-FOCUSED THINKING IN A SCHOOL SETTING
ADVANCED SOLUTION-FOCUSED THINKING
*San Juan Board of Cooperative Education Services, 2/7/13, 2/8/13, 12/12/13, &
12/13/13*
Durango, Colorado
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED SUBSTANCE ABUSE TREATMENT
SOLUTION-FOCUSED SUPERVISION AND MANAGEMENT
Addiction Technology Transfer Center, 1/17/13 & 1/18/13
Las Vegas, Nevada
7 Hours per day Presentation/Consultation

SOLUTION-FOCUSED SUBSTANCE ABUSE TREATMENT
SOLUTION-FOCUSED SUPERVISION AND MANAGEMENT
Addiction Technology Transfer Center, 1/10/13 & 1/11/13
Reno, Nevada
7 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
*Kaiser Permanente, Palmdale and Lancaster, California Offices 12/12/12,
12/13/12, & 12/14/12*
Palmdale, California
8 Hours per day Presentation/Consultation

EXCITED ABOUT SFBT? NOW WHAT?
SFBTA Conference on Solution-Focused Practices 2012
Minneapolis, Minnesota, 11/17/12
1.25 Hour Presentation

SOLUTION-FOCUSED BRIEF THERAPY
Gerard Academy, 10/30/12, 10/31/12, & 11/1/12
Austin, Minnesota
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
SOLUTION-FOCUSED BRIEF THERAPY TRAINING FOR SUPERVISORS
The Guidance Center of Westchester, 10/10/12, 10/11/12, & 10/12/12
Mount Vernon, New York
8 Hours per day Presentation/Consultation

SOLUTION FOCUSED BRIEF THERAPY OVERVIEW
*University of Wisconsin, Milwaukee, School of Continuing Education, October
2012 – present*
16 Week Online Class offered 1-2 times per year

SOLUTION-FOCUSED BRIEF THERAPY
SOLUTION-FOCUSED BRIEF THERAPY TRAINING FOR SUPERVISORS
SOLUTION-FOCUSED GROUP THERAPY
SOLUTION-FOCUSED BRIEF THERAPY WITH TRAUMA
*Ada County Juvenile Court Services, 10/3/12, 10/4/12, 10/5/12, 1/16/14, 1/17/14,
9/22/14, & 9/23/14*
Boise, Idaho
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED STRATEGIES FOR EFFECTIVELY ENGAGING THE MOST
CHALLENGING CLIENTS
Utah Fall Substance Abuse Conference, 9/26/12
Saint George, Utah
1- Hour Presentation

ADULT ASAM PPC-2R: WHAT IT IS AND HOW TO USE IT TO ENSURE A SOLID
FOUNDATION FOR TREATMENT
Utah Fall Substance Abuse Conference, 9/26/12
Saint George, Utah
1 Hour Presentation

USING SOLUTION-FOCUSED THINKING IN PROBLEM-FOCUSED WORK PLACES
WORKING WITH EXTERNALLY MOTIVATED OR MANDATED CLIENTS
INTERNATIONAL PANEL DISCUSSION
SOLUTION-FOCUSED CASE MANAGEMENT
5th Asia Pacific Solution-Focused Approach Conference
Singapore 8/31/12 – 9/1/12
1 Hour Key Note, 1 Hour Plenary, 1.5 hour Panel Discussion, 6 Hour Post-
conference Workshop

ASAM PPC-2R BOOSTER WEBINAR #4
Addiction Technology Transfer Center, 8/14/12 & 8/22/12
1.5 Hour Webinars

SOLUTION-FOCUSED BRIEF THERAPY
Kaiser Permanente, Fontana, California Offices 7/18/12, 7/19/12, & 7/20/12
Fontana, California
8 Hours per day Presentation/Consultation

SOLUTION FOCUSED THINKING FOR MANAGEMENT TEAMS
Boulder County Area Agency on Aging, 7/13/12
Boulder, Colorado
7 Hour Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY

Kaiser Permanente, San Diego, California Offices 7/10/12, 7/11/12, 11/13/12
San Diego, California
8 Hours per day Presentation/Consultation
Monthly 1 Hour Telephone Consultation

SOLUTION-FOCUSED BRIEF THERAPY
Montana Department of Public Health and Human Services, Mental Health Services, 6/27/12 & 6/28/12
Helena, Montana
14 Hour Presentation

SOLUTION-FOCUSED BRIEF THERAPY
Kaiser Permanente, West Covina, California Offices 6/20/12 & 6/21/12
West Covina, California
8 Hours per day Presentation/Consultation

SOLUTION FOCUSED SUPERVISION AND MANAGEMENT
SOLUTION FOCUSED CASE MANAGEMENT
Boulder County Community Justice Services, 6/13/12 & 6/14/12
Boulder, Colorado
14 Hour Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY REFRESHER
WORKING WITH EXTERNALLY MOTIVATED PATIENTS
WORKING WITH PATIENTS WHO HAVE PERSONALITY DISORDERS
USING SOLUTION-FOCUSED BRIEF THERAPY WITH COUPLES AND FAMILIES
Naval Medical Center, 5/23/12, 5/24/12 & 5/25/12
Portsmouth, Virginia
21 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
Spanish Peaks Mental Health Center, 5/16/12, 5/17/12, 5/18/12, 8/9/12, & 8/10/12
Pueblo, Colorado
35 Hours Presentation/Consultation

ASAM PPC-2R
ASAM PPC-2R AND DOCUMENTATION
Addiction Technology Transfer Center, 4/26/12, 4/27/12
Billings, Montana
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
Kaiser Permanente, Los Angeles, California Offices 3/28/12, 3/29/12, 3/30/12
Hollywood & Woodland Hills, California
8 Hours per day Presentation/Consultation

ASAM PPC-2R REVIEW
ASAM PPC-2R FUNDAMENTALS
WORKING WITH EXTERNALLY MOTIVATED CLIENTS
Addiction Technology Transfer Center, 3/21/12, 3/22/12, 3/23/12
Reno, Nevada
7 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY
Florida Certification Board/Southern Coast Addiction Technology Transfer Center, 3/14/12, 3/15/12
Tampa Bay, Florida
14 Hour Presentation

ASAM PPC-2R REVIEW
ASAM PPC-2R FUNDAMENTALS
WORKING WITH EXTERNALLY MOTIVATED CLIENTS
Addiction Technology Transfer Center, 2/29/12, 3/1/12, 3/2/12
Las Vegas, Nevada
7 Hours per day Presentation/Consultation

SOLUTION FOCUSED THINKING FOR MANAGEMENT TEAMS
Boulder County Community Services Department, 2/10/12
Boulder, Colorado
7 Hour Presentation/Consultation

ASAM PPC-2R BOOSTER WEBINAR #3
Addiction Technology Transfer Center, 2/8/12 & 2/22/12
1.5 Hour Webinars

SOLUTION-FOCUSED BRIEF THERAPY
APPLICATION OF SOLUTION-FOCUSED BRIEF THERAPY TO GROUPS
Crossroads' Turning Point, 2/2/12 & 2/3/12
Pueblo, Colorado
10 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY: APPLICATIONS FOR DUAL DIAGNOSIS
TREATMENT
38th Advanced International Winter Symposium: Addictive Disorders, Behavioral Health and Mental Health
Colorado Springs, Colorado 1/31/12
4 Hour Presentation

SOLUTION FOCUSED FINANCIAL MANAGEMENT COACHING (CLIENT VIDEO AND
STUDENT PRESENTATION)
University of Georgia, College of Family and Consumer Economics, 12/16/11 &

1/17/12
Athens, Georgia

SOLUTION-FOCUSED BRIEF THERAPY 201: ENGAGING AND PARTNERING WITH
SUBSTANCE USING CLIENTS IN AN AGENCY SETTING
SFBTA Conference on Solution-Focused Practices 2011
Bakersfield, California 11/10/11
7 Hour Presentation with Amanda Wallace

SOLUTION-FOCUSED BRIEF THERAPY
National Association of Social Workers, Colorado Chapter, 11/4/11
Denver, Colorado
7 Hour Presentation

ASAM PPC-2R FUNDAMENTALS/REVIEW
Addiction Technology Transfer Center, 10/6/11 & 10/7/11
Helena, Montana
8 Hours per day Presentation/Consultation

ADOLESCENT ASAM PPC-2R: HOW TO ENSURE CORRECT LEVEL OF CARE AND A
SOLID FOUNDATION FOR TREATMENT
Utah Fall Substance Abuse Conference, 9/21/11
Saint George, Utah
2 1- Hour Presentations

ADULT ASAM PPC-2R: WHAT IT IS AND HOW TO USE IT TO ENSURE A SOLID
FOUNDATION FOR TREATMENT
Utah Fall Substance Abuse Conference, 9/21/11
Saint George, Utah
1 Hour Presentation

SOLUTION-FOCUSED STRATEGIES FOR EFFECTIVELY ADDRESSING MENTAL
HEALTH ISSUES
Tri-County Health Department/Nurse Family Partnership Program, 9/13/11
Greenwood Village, Colorado
2 Hour Presentation

SOLUTION FOCUSED SUBSTANCE ABUSE TREATMENT
Sobriety House, 9/7/11 & 9/14/11
Denver, Colorado
7 Hour per day Presentation

SOLUTION-FOCUSED BRIEF THERAPY
USING SOLUTION-FOCUSED BRIEF THERAPY WITH CHILDREN AND FAMILIES
Naval Medical Center, 8/30/11, 8/31/11 & 9/1/11
Portsmouth, Virginia

21 Hours Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY

New Alternatives, Inc, 8/19/11

San Diego, California

7 Hours Presentation/Consultation

ASAM PPC-2R BOOSTER WEBINAR #2

Addiction Technology Transfer Center, 8/10/11 & 8/25/11

1.5 Hour Webinars

USING SOLUTION-FOCUSED THINKING IN A COLLEGE COUNSELING SETTING

Colorado Mountain College, 6/30/11

Steamboat Springs, Colorado

4 Hours Presentation/Consultation

SOLUTION-FOCUSED STRATEGIES FOR EFFECTIVELY ADDRESSING MENTAL
HEALTH ISSUES

Nurse Family Partnership Program/Invest in Kids, 6/29/11

Avon, Colorado

2 1.25 Hour Presentations

USING SOLUTION-FOCUSED THINKING TO HELP CLIENTS COPE WITH GRIEF, LOSS,
AND TRAUMA

WORKING WITH EXTERNALLY MOTIVATED CLIENTS

Crossroads' Turning Point, 6/16/11 & 6/17/11

Pueblo, Colorado

12 Hours Presentation/Consultation

ASAM PPC-2R BOOSTER WEBINAR #1

Addiction Technology Transfer Center, 5/24/11 & 6/1/11

1.5 Hour Webinars

ON-GOING CONSULTATION: SOLUTION-FOCUSED STRATEGIES FOR EFFECTIVELY
ADDRESSING MENTAL HEALTH ISSUES

TEAM BUILDING

Jefferson County Public Health/Nurse Family Partnership Program

Lakewood, Colorado

3 Hour Consultation Twice Yearly (4/21/11 – Present)

ASAM PPC-2R ADOLESCENT FOCUS

Addiction Technology Transfer Center, 4/5/11

Las Vegas, Nevada

8 Hours per day Presentation/Consultation

ASAM PPC-2R ADOLESCENT FOCUS

Addiction Technology Transfer Center, 4/4/11
Reno, Nevada
8 Hours per day Presentation/Consultation

ASAM PPC-2R FUNDAMENTALS/REVIEW
Addiction Technology Transfer Center, 3/22/11, 3/23/11, & 3/24/11
Billings, Montana
8 Hours per day Presentation/Consultation

ASAM PPC-2R FUNDAMENTALS/REVIEW
Addiction Technology Transfer Center, 3/14/11, 3/15/11, & 3/16/11
Great Falls, Montana
8 Hours per day Presentation/Consultation

ASAM PPC-2R FUNDAMENTALS/REVIEW
Addiction Technology Transfer Center, 3/1/11, 3/2/11, & 3/3/11
Butte, Montana
8 Hours per day Presentation/Consultation

SOLUTION FOCUSED MENTAL HEALTH TREATMENT
SOLUTION-FOCUSED GROUP WORK
SOLUTION-FOCUSED BRIEF THERAPY WITH TRAUMA
Kaiser Permanente, Riverside/Corona, California Offices 2/17/11, & 2/18/11
Riverside, California
8 Hours per day Presentation/Consultation
2 1-Hour Monthly Telephone Consultation Sessions per Month (9/15/11 – 12/31/11)

SOLUTION FOCUSED THERAPY AND ITS APPLICATION TO SUBSTANCE ABUSE TREATMENT
Jefferson County Public Health, 2003 – 2010
3-10 classes per year
14 Credit Hours, ADAD/DBH Approved - Level II and III

SOLUTION-FOCUSED BRIEF THERAPY 201: ADDRESSING HABITS AND CREATING POSITIVE ADDICTIONS: A SOLUTION-FOCUSED APPROACH
SFBTA Conference on Solution-Focused Practices 2010
Banff, Alberta, Canada, 11/18/10
7 Hour Presentation with Yvonne Dolan

USING THERAPY DOGS EFFECTIVELY WITHIN PUBLIC HEALTH
American Public Health Association – 138th Annual Conference
Denver, Colorado, 11/9/10
0.5 Hour Presentation

SOLUTION FOCUSED BRIEF THERAPY & ITS APPLICATION TO MENTAL HEALTH AND

SUBSTANCE ABUSE TREATMENT
Centennial Mental Health Center, 10/7/10, & 10/8/10
Fort Morgan, Colorado
8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED BRIEF THERAPY WITH MANDATED CLIENTS
2010 Colorado Behavioral Healthcare Council – Annual Conference
Breckenridge, Colorado, 10/4/10
1.5 Hour Presentation

HELPING CLIENTS THROUGH DISCHARGE AND OTHER DIFFICULT TRANSITIONS
2010 Colorado Behavioral Healthcare Council – Annual Conference
Breckenridge, Colorado, 10/4/10
1.5 Hour Presentation

TRANSFORMATION OF THE HEART
Affinity Foundation XIII International Congress
Barcelona, Spain, 9/30/10 & 10/1/10
Invited Speaker, 1.0 Hour Presentation

SOLUTION FOCUSED BRIEF THERAPY & ITS APPLICATION TO MENTAL HEALTH AND
SUBSTANCE ABUSE TREATMENT
Mental Health Center Serving Boulder and Broomfield Counties, Consultant,
2/11/10 & 4/13/10
2 Hour Consultation/Presentation per day

SOLUTION FOCUSED SUBSTANCE ABUSE TREATMENT
BRIEF, 3/15/10 & 3/16/10
London, England
6 Hour per day Presentation

SOLUTION FOCUSED BRIEF THERAPY & ITS APPLICATION TO MENTAL HEALTH AND
SUBSTANCE ABUSE TREATMENT
Steamboat Mental Health, 1/21/10 & 1/22/10
Steamboat Springs, Colorado

SOLUTION-FOCUSED SUBSTANCE ABUSE TREATMENT
SFBTA Conference on Solution-Focused Practices 2009
Albany, New York, 11/6/09
1.25 Hour Presentation

TRAINING FOR TRAINERS AND SUPERVISORS
SFBTA Conference on Solution-Focused Practices 2009
Albany, New York, 11/4/09 & 11/5/09
14 Hour Presentation with Peter De Jong, PhD

SOLUTION-FOCUSED THINKING IN ANIMAL ASSISTED INTERVENTIONS
*International Society for Anthrozoology and Human-Animal Interaction
Conference 2009*

Kansas City, Missouri, 10/24/09

1.5 Hour Poster Presentation

SOLUTION FOCUSED BRIEF THERAPY & ITS APPLICATION TO MENTAL HEALTH AND
SUBSTANCE ABUSE TREATMENT

*Larimer County Mental Health & North Range Behavioral Health, 9/21/09,
10/2/09, 10/12/09, 10/16/09, 7/23/10*

Fort Collins and Greeley, Colorado

8 Hours per day Presentation/Consultation

SOLUTION FOCUSED BRIEF THERAPY & ITS APPLICATION TO MENTAL HEALTH AND
SUBSTANCE ABUSE TREATMENT

Partnership for Progress, 6/12/09 & 9/11/09

LaJunta, Colorado

8 Hours per day Presentation/Consultation

SOLUTION-FOCUSED ANIMAL ASSISTED THERAPY

University of Denver, Guest Speaker, 2/17/09

Professor Philip Tedeschi

3 Hour Presentation

SOLUTION-FOCUSED SUBSTANCE ABUSE TREATMENT

SFBTA Conference on Solution-Focused Practices 2008

Austin, Texas, 11/14/08

1.25 Hour Presentation

SOLUTION FOCUSED BRIEF THERAPY 101

SFBTA Conference on Solution-Focused Practices 2008

Austin, Texas, 11/13/08

6 Hour Presentation

SOLUTION FOCUSED BRIEF THERAPY & ITS APPLICATION TO MENTAL HEALTH AND
SUBSTANCE ABUSE TREATMENT

*Mental Health Center Serving Boulder and Broomfield Counties, Consultant,
9/11/08, 10/2/08 – 10/3/08*

8 Hours per day Presentation/Consultation

3 Hour Paperwork Consultation – 2/2/09

2 Hour Consultation for Supervisors – 2/2/09 & 2/23/09

2 Hour Consultation per Month (November 2008 - June 2009)

SOLUTION FOCUSED THERAPY AND ITS APPLICATION AND USE WITH DIFFICULT
POPULATIONS

3rd National Conference on Women, Addiction, and Recovery, 9/16/08
Tampa Bay, Florida
1.5 Hour Presentation

PARTNERING WITH ANIMALS TO CREATE MIRACLES
Bridges of Understanding Conference
Denver, Colorado, 5/8/08
1 Hour Presentation

SOLUTION FOCUSED BRIEF THERAPY 101
SFBTA Conference on Solution-Focused Practices 2007
Toronto, Canada, 11/2/07
6 Hour Presentation with Joel Simon

THE MIRACLE QUESTION
SFBTA Conference on Solution-Focused Practices 2007
Toronto, Canada, 11/4/07
1.25 Hour Presentation

SOLUTION FOCUSED THERAPY AND ITS APPLICATION AND USE WITH DIFFICULT
POPULATIONS
Prenatal Plus Statewide Conference, 4/26/07
Genesee, Colorado
6 Hour Presentation

OVERVIEW OF SOLUTION FOCUSED THERAPY & SUBSTANCE ABUSE TREATMENT
OVERVIEW OF ANIMAL ASSISTED THERAPY
Metropolitan State College of Denver, Guest Speaker, 3/16/07, 4/4/08, 5/1/09
Professor Kathy Clark
2.5 Hour Presentation

WORKING WITH THERAPY DOGS TO CREATE MIRACLES
SFBTA Conference on Solution-Focused Practices 2006
Denver, Colorado 11/4/06
1.25 Hour Presentation

SOLUTION FOCUSED CRISIS MANAGEMENT FOR FRONTLINE STAFF
Children's Services Council of Palm Beach County, May 12, 2006
Palm Beach, Florida
8 Hour Presentation

SOLUTION FOCUSED CRISIS MANAGEMENT FOR SUPERVISORS
Children's Services Council of Palm Beach County, May 11, 2006
Palm Beach, Florida
8 Hour Presentation

SOLUTION FOCUSED THERAPY AND ITS APPLICATION TO SUBSTANCE ABUSE
TREATMENT

*Denver Health, Behavioral Health Services Training Center, Nov. 2002 – May
2006*

2-3 classes per year

14 Credit Hours, ADAD Approved - Level II and III

SOLUTION FOCUSED THERAPY AND ITS APPLICATION AND USE WITH DIFFICULT
POPULATIONS

Prenatal Plus Statewide Conference, 4/20/06

Genesee, Colorado

1 Hour Presentation

OVERVIEW OF ANIMAL ASSISTED SOLUTION FOCUSED THERAPY AND ITS
APPLICATION TO SUBSTANCE INVOLVED FAMILIES

*University of Denver, Guest Speaker, 1/31/06, 7/22/06, 8/10/07, 8/8/08, 7/29/09,
7/31/10, 7/30/11*

Professor Philip Tedeschi

3 Hour Presentation

SOLUTION FOCUSED BRIEF THERAPY 101

SFBTA Conference on Solution-Focused Practices 2005

Fort Lauderdale, Florida, 11/3/05

6 Hour Presentation with Joel Simon

SOLUTION-FOCUSED SUPERVISION

SFBTA Conference on Solution-Focused Practices 2005

Fort Lauderdale, Florida, 11/5/05

1.25 Hour Presentation

OVERVIEW OF SOLUTION FOCUSED THERAPY & ITS APPLICATION TO MENTAL
HEALTH AND SUBSTANCE ABUSE TREATMENT

*Southwest Counseling Center, Las Cruces, New Mexico, Consultant, 5/17/04,
5/2/05 – 5/3/05*

8 Hours per day Presentation/Consultation

ANIMAL ASSISTED SOLUTION FOCUSED BRIEF THERAPY

SFBTA Conference on Solution-Focused Practices 2004

Park City, Utah, 11/5/04

1.25 Hour Presentation with Marc Coulter

SOLUTION FOCUSED BRIEF THERAPY 101

SFBTA Conference on Solution-Focused Practices 2004

Park City, Utah, 11/4/04

6 Hour Presentation with Joel Simon

OVERVIEW OF SOLUTION FOCUSED THERAPY & SUBSTANCE ABUSE TREATMENT

University of Denver, Guest Speaker, 4/23/04

Professor Carole Ivanoff

3 Hour Presentation

OVERVIEW OF ANIMAL ASSISTED SOLUTION FOCUSED THERAPY AND ITS APPLICATION TO SUBSTANCE INVOLVED FAMILIES

University of Denver, Guest Speaker, 4/20/04, 7/23/04, 1/25/05

Professor Philip Tedeschi

75 Minute Presentation

OVERVIEW OF ANIMAL ASSISTED SOLUTION FOCUSED THERAPY AND ITS APPLICATION TO SUBSTANCE INVOLVED FAMILIES

University of Health Sciences Center, Graduate School of Nursing, Guest Speaker, 4/3/04

Professor Denise Webster

75 Minute Presentation

ASAM PPC-2R BASICS: APPLYING LEVEL OF CARE CRITERIA

Denver Health, Behavioral Health Services Training Center, 1998 - 2003

2-3 classes per year

7 Credit Hours, ADAD Approved - Level II and III

CO-CREATING SOLUTIONS FOR SUBSTANCE ABUSE

SFBTA Conference on Solution-Focused Practices 2003

Loma Linda, CA, 11/2/03

1.25 Hour Presentation

CO-CREATING SOLUTIONS FOR SUBSTANCE ABUSE

Public Health in Colorado 2003 Conference

Steamboat Springs, CO, 9/22/03

1.25 Hour Presentation

RESISTING RESISTANCE: BEATING THE ODDS WITH UNMOTIVATED CLIENTS

Bailey, Colorado – 7/25/03, Denver, Colorado – 9/19/03

7 Hour Workshops with Jeff Goldman, LCSW

OVERVIEW OF SOLUTION FOCUSED THERAPY & SUBSTANCE ABUSE TREATMENT

Metropolitan State College of Denver, Guest Speaker, 10/25/02, 4/11/03, 10/25/04

Professor Kathy Clark

45 Minute Presentation

OVERVIEW OF SOLUTION FOCUSED THERAPY AND ITS APPLICATION TO SUBSTANCE INVOLVED FAMILIES

University of Health Sciences Center, Graduate School of Nursing, Guest

Speaker, 4/5/02
Professor Denise Webster
75 Minute Presentation

MOTIVATING MANDATED SUBSTANCE ABUSERS
The 2002 Psychotherapy Networker Symposium
Omni Shoreham Hotel - Washington DC, 3/8/02
2 Hour Presentation with Yvonne Dolan

SOLUTION FOCUSED THERAPY: AN ALTERNATIVE APPROACH
Denver Health Medical Center, Guest Speaker, 7/18/01
1 Hour Presentation

OVERVIEW OF SOLUTION FOCUSED THERAPY
Metropolitan State College of Denver, Guest Speaker, 2/23/01, 2/15/02, 12/6/02, 9/5/03
Professor Todd Lester
45 Minute Presentation

CO-CREATING SOLUTIONS FOR SUBSTANCE ABUSE
The 2000 Annual Conference of the National Organization for Human Service Education, 10/19/00
2 Hour Presentation

OVERVIEW OF SUBSTANCE ABUSE EVALUATION AND TESTING INSTRUMENTS
University of Colorado at Denver, Guest Speaker, 3/27/00
Professor Karin Jordan
2 Hour Presentation

SOLUTION FOCUSED THERAPY AND ITS APPLICATION TO SUBSTANCE ABUSE COUNSELING
Metropolitan State College of Denver, Guest Speaker, 1998
Professor Anne Hatcher
1 Hour Presentation

COMPARATIVE THEORIES AND THEIR APPLICATION TO DRUG AND ALCOHOL TREATMENT
Arapahoe House Training and Staff Development, 1994 - 1995
14 Credit Hours, ADAD Approved - Level II and III

Skills/other qualifications

- Licensed Clinical Social Worker, State of Colorado, #991777.
- Licensed Addiction Counselor, State of Colorado, # 13.
- Master Addictions Counselor, NAADAC, #501785.

- Delta Society Pet Partner #4135
- Reading Education Assistance Dog (R.E.A.D.) Team Member #267
- Member of NASW, NAADAC, Delta Society, and Denver Pet Partners.
- Member of the founding board for the North American Solution Focused Brief Therapy Association (Founded September 2002).
- Member at Large of the North American Solution Focused Brief Therapy Association, 2/20/07 – Present.
- Received the Steve de Shazer Memorial Award for “Significant Contributions to the Field of Solution-Focused Brief Therapy” – 11/19/10
- Computer literate; including PDA, MS PowerPoint, Word, Outlook, Excel.