

SUZANNE M. SMITH, Licensed Clinical Social Worker (#1923)

Align Counseling of Colorado

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www.aligncc.com

SPECIALTIES

- Couples counseling
- Attachment and adjustment with post adoptive parents and children
- Family therapy
- Eye Movement Desensitization and Reprocessing (EMDR)- Level II
- Chronic illness
- Individual therapy

WORK AND CLINICAL EXPERIENCE

- 09/12-Present Adjunct professor at The University of Denver's Graduate School of Social Work
- 09/10-10/13 Facilitator of Children Come First in Divorce or Separation; an Arapahoe County approved and mandated class for parents and guardians of children experiencing divorce, separation and custodial changes taught through the Center for Divorce and Parenting.
- 10/12-10/13 Bereavement counselor at The Denver Hospice
- 11/09-11/12 Social worker at The Denver Hospice
- 12/08-Present Private practice therapist working with individuals, couples and families- office in Centennial, CO
- 09/06-03/10 *Student Therapist.* Denver Family Institute, Denver, CO. Provided family, couples and individual therapy.
- 09/08-05/09 *Intern Therapist.* Chinese Children Adoption International (CCAI). Provided therapy with post adoptive parents of Chinese children specializing in attachment and adjustment.
- 11/07-11/08 *Case Manager* on geriatric psychiatry unit at North Valley Hospital, Thornton, CO
- 09/02-05/03 *Intern.* Kaiser Permanente Highline Mental Health Center, Denver, CO. Provided mental health services to individuals, couples and families, and intensive outpatient and family group facilitation.
- 09/00-05/01 *Intern.* Rishel Middle School, Denver, CO. Mental health service provider at Catholic Charities sponsored and after-school program. Developed curriculum and facilitated anger management groups. Provided individual and family therapy.

EDUCATION

- 09/06-09/10 Denver Family Institute, Denver, CO. Post Graduate Certificate in Couples and Family Therapy.
- 09/99-06/03 University of Denver Graduate School of Social Work, Denver, CO. Masters of Social Work.
- 01/92-12/94 University of Colorado, Boulder, CO. Completed second major in psychology with an emphasis in neuroscience.
- 09/86-05/90 University of Northern Colorado, Greeley, CO. Bachelor of Arts in Journalism and Mass Communications.

VOLUNTEER EXPERIENCE

- 04/98-09/07 *Patient Representative.* The Children's Hospital, Denver, CO. Played liaison role between guardians of patients and hospital staff. Provided hospital amenities information to families of patients.
- 05/99-04/02 *Association of Volunteers Board of Directors.* The Children's Hospital, Denver, CO. Member of child advocacy and hospital initiatives group. Chairperson of Annual 2002 Volunteer Conference named "Bricks and Mortar".
- 09/04-07/05 *Grief phone ministry.* Queen of Peace Catholic Church, Aurora, CO. Conducted outreach calls to bereaved family members.
- 10/03-10/03 *Co-facilitator of four session grief group.* Our Lady of Loretto Catholic Church, Foxfield, CO.
- 11/98-09/99 *Volunteer,* Johnson Center Resident Hospice, Englewood, CO. Visited patients and their families and provided assistance to staff with the feeding and basic hygiene of patients.

- 02/98-09/98 *Home Respite Caregiver.* Centura Health Portercare/Avista Hospice, Louisville, CO. Provided respite relief to primary caregivers by visiting and assisting terminally ill patients.
- 06/97-05/98 *Bereavement Counselor.* Centura Health Portercare/Avista Hospice, Louisville, CO. Provided bereavement counseling in the homes of primary caregivers for one year following the death of their loved ones.

AWARDS AND PRESENTATIONS

- 09/92-12/94 Psi Chi Psychology National Honor Society at the University of Colorado at Boulder
- 2010 Student of the year 2010 Colorado Association Colorado Association of Marriage and Family Therapists
- 10/12 EMDR presentation to the Douglas County 18th Judicial District Probation Officers
- 02/13 Attachment presentation support group for those suffering bipolar and anxiety disorders
- 05/14 Guest lecturer The University of Denver Graduate School Of Social Work- trauma and attachment
- 10/23/14 Guest speaker at Bethany Christian Services Adoption Agency- “What you do know about attachment will help you”.
- 11/11/14 Guest speaker at Project 127 Adoption and Foster Support Group- “History matters: Connecting your child’s past with the present”.
- 04/15 Guest lecturer The University of Denver Graduate School of Social Worker- couples therapy class on

PUBLICATIONS

- Ward T.C.; Intemann P.; Brittin L.; Carder S.; **Kelley (now Smith) S.**; Tran V.; Smock T. (1995) Interaction Between Long-Term Potentiation and the Action of a Peptide Transmitter. *Peptides*. Volume 16, Number 5, pp. 917-919(3).

TRAININGS and WORKSHOPS

- 05/07 Salvador Minuchin, MD- Structural Family Therapy
- 05/08 William Dogherty, PhD- Smart Marriages
- 11/08 Journey to Me Conference for post adoptive parents and professionals- keynote speaker, Bryan Post, LCSW
- 05/09 Sue Johnson, PhD- Hold Me Tight
- 09/10 Monica McGoldrick- Transforming Life Narratives: Weaving Stories of Healing
- 09/11 John Gottman, PhD and Julie Gottman, PhD- Level One training- The Art and Science of Love
- 06/11 Eye Movement Desensitization and Reprocessing (EMDR) - Level One
- 12/11 Eye Movement Desensitization and Reprocessing (EMDR) – Level Two
- 02/13 Daniel Hughes, PhD- Attachment Focused Family Therapy
- 11/14 Bessel van der kolk- Trauma, attachment and neuroscience
- 11/14 Intro to Internal Family Systems
- 02/15 PACT (Psychobiological Approach to Couples Therapy) Level 1 training- module 1
- 04/15 Daniel Seigel, MD- 2015 CCA Annual Conference
- 05/15, 08/15 *Enrolled in PACT Level 1 training- modules 2 and 3*

- *Current member of the Colorado chapter of the National Association of Social Workers*