

Rachel Speer, LCSW

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Objective

To use my education and experience to obtain a position with the University of Denver.

Education

September 2007- June 2009 University of Denver Colorado

Masters of Social Work

Certificate in Trauma Response and Recovery; High Risk Youth Focus

- Graduated with honors, Degree Conferred June 2009

January 2004- May 2004 Universidad de Sevilla Seville, Spain

CIEE Liberal Arts Program

August 2001 – May 2005 University of Colorado Colorado

Bachelor of Arts, Spanish

- Deans List Spring 2002, Degree Conferred May 2005

Work Experience

Aurora Mental Health Center Aurora, CO

Bi-lingual School-based Therapist February 2009 – current

- Provide culturally competent play therapy, individual therapy, family therapy, and couples therapy utilizing various modalities, theories, and interventions within a multidisciplinary team.
- Conduct bio-psychosocial assessments to complete a clinical formulation and identify applicable modalities and interventions for use in the therapeutic relationship.
- Provide supervision to Masters level students and clinicians.
- Member of El Centro, the Spanish-speaking group developed to identify barriers to services for the Spanish-speaking community, implement program changes based on barriers, provide support for bilingual and minority staff, collect and analyze data, and apply for grants that would increase culturally competent trainings for staff.
- Provide consultation and training for staff on diversity issues related to the gay, lesbian, bisexual and transgender community, and their intersecting identities.
- Train staff and public on understanding mental health and first response techniques as a certified Mental Health First Aid Instructor.
- Member of the Disaster Response Team and have assisted the community in response to community tragedies and disasters.

Emergency Services July 2011-November 2012

- Provide emergency mental health evaluations to determine appropriate placement for persons who have been admitted to the emergency room.

Denver Health and Hospital Authority Denver, CO

Health Coach and Behavioral Health Clinician January 2013 – December 2013

- Conducted culturally competent bio-psychosocial assessments and provided telephonic anxiety and depression interventions to consumers involved in the program.
- Developed modules to address grief and loss for use in the telephonic program.
- Translated modules in the anxiety and depression intervention from English to

Spanish.

- Provided consultation for staff on diversity issues related to the gay, lesbian, bisexual and transgender community, and their intersecting identities.
- Provided wellness and support services to help consumers improve health outcomes related to smoking cessation, weight management, nutrition, stress reduction and other chronic medical conditions.

Synergy Outpatient Programs Denver, CO
Bi-lingual MST Family Therapist May 2009- February 2010

- Provided culturally competent individual therapy, family therapy, and couples therapy utilizing various modalities, theories, and interventions including Multisystemic Therapy.
- Interfaced and developed relationships with various systems such as the Department of Probation, Human Services, and the courts.

Mental Health Center of Denver Denver, CO
Bi-lingual Therapist (Intern) July. 2008 – May 2009

- Provided culturally competent case management services as well as play therapy, individual therapy, family therapy, and couples therapy utilizing various modalities, theories, and interventions within a multidisciplinary team based on bio-psychosocial assessments completed.

Denver Public School; Bryant Webster Dual Language School Denver, CO
School Social Worker (Intern) September 2007 – May 2008

- Responded to staff referrals and provided counseling, education, interventions, and other services helpful to the school community to students and families such as facilitation of the Why Try and 2nd Step curriculum.
- Completed truancy evaluations and participated in the assessment process to determine a students eligibility for special education services.

Jefferson County Juvenile Assessment Center Golden, CO
Bi-lingual Juvenile Assessment Specialist December 2006 – December 2007

- Assessed juvenile who were arrested or beyond control of parent to determine appropriate recommendations and interventions to address behavioral concerns.
- Wrote reports for court records for juveniles based on personal client assessments and interviews.

Jefferson County School Age Enrichment Program Westminster, CO
Assistant Program Director August 2000 – August 2003

- Provided care for children ages 5-11 in a before and after school child care program.
- Prepared curriculum for use in the program to enrich children's learning.
- Coordinated activities with outside agencies.

Experience and Qualifications

- Bilingual and bi-literate in Spanish and English.
- Completed graduate research in understanding diversity and inclusiveness in the workplace.
- Experience in developing training for staff to address diversity issues and multicultural issues.
- Eight years experience working with the Hispanic community; communicating and translating in a variety of situations including.
- Experience in obtaining and organizing community resources and providing information to clients as needed for both the English speaking and Spanish speaking community.

- Trained in Eye Movement Desensitization and Reprocessing (EMDR) and utilizing modality in practice.
- Certified as a Mental Health First Aid Instructor.
- Trained as a Working Minds suicide prevention trainer.
- Certified as a Behavioral Health Disaster Response trainer.
- Extensive experience working with the public and community in a variety of outreach activities and volunteer work.
- Experience in developing and maintaining partnerships with community organizations.
- Proficient in many computer software applications, including: MS Word, MS Excel, MS Access, and various email applications.

**Extracurricular
Activities and
Volunteer Experience**

American Red Cross Denver, CO
Mental Health Volunteer December 2009– current

- Provide emergency response mental health services to those affect by disasters such as the Boulder wildfires and other community tragedies.

University of Denver Denver, CO
Member of Phi Alpha Honors Society January 2009– current

- Maintained a 3.85 grade point average.

University of Denver Denver, CO
Co-president of the Multicultural Social Justice Organization June 2008-June 2009

- Organize and lead events that promoted social justice in the Denver community such as presenting on immigration rights, policy, environmental justice, HIV/AIDS awareness, and other multicultural issues. Facilitated discussions around race, racism, privilege and oppression.

Intercambios de Comunidades Boulder/Denver, CO
English Teacher June 2008- June 2009

- Provide English instruction to members of the Spanish speaking community in the Denver metro area.

Presentations

Collaborative Family Healthcare Association’s 15th Annual Conference Broomfield, CO
Anxiety and Depression Intervention October 12, 2013
 With Dr. Rachael Meir, Marisa Taylor and Christina Garcia

Aurora Mental Health Center Aurora, CO
Mental Health Work with LGBT Youth and Adults June 7, 2013
 With Dr. Eli Johnson

Aurora Mental Health Center Aurora, CO
Mental Health Work with LGBT Youth May 21, 2013
 With Dr. Eli Johnson

Aurora Mental Health Center’s 2nd Annual Conference Aurora, CO
Self-Care in the Mental Health Field April 20, 2013
 With Marisa Taylor and Savina Treves

Teaching

University of Denver	Denver, CO
Graduate School of Social Work	
<i>Child and Adolescent Development: Building Resilience</i>	Spring 2014
<i>Power, Privilege and Oppression</i>	Summer 2014
<i>Power, Privilege and Oppression</i>	Fall 2014
<i>Child and Adolescent Development: Building Resilience</i>	Spring 2015
Graduate School of Professional Psychology	
<i>Group Interventions</i>	Spring 2015
University of Phoenix	Denver, CO
<i>Models of Helping</i>	Spring 2014
<i>Working with Groups</i>	Spring 2015