SELF-AWARENESS

Inner knowledge of and familiarity with one’s:
- Character
- Temperament
- Strengths and areas of vulnerability
- Emotions
- Abilities to discern what values, ethics, and moral reasoning are important

- How do I objectively assess my internal and external wellbeing (or lack thereof) and respond appropriately?
- What will I tolerate and stand for within myself and from others?
- How do I respond to others in ways that are equitable?
- What does it mean to me to view and treat others with dignity and respect?

ACCOUNTABILITY

- Choices, and the results and consequences of those choices, are the responsibility of the person who makes them
- Consequences result from both action and inaction

- What are the pros and cons of my choices/actions?
- How will my decision(s) impact other people?
- Will I be at peace with my choice an hour from now? A month from now?
- When I am held accountable, how do I respond?
- Are there actions I know I should take but seem too difficult or uncomfortable?
- Am I willing/prepared to deal with the consequences (both positive and negative) that may result from the choice I am making?

SELF-ADVOCACY

Inner ability and willingness to effectively:
- Detect and identify situations and circumstances when a correction or change is required
- Identify need
- Identify and locate the resource(s) that can provide what is needed
- Articulate and communicate those needs to appropriate resources
- Proactively pursue and effectively access those resources in order to get needs met and move forward toward positive outcomes

- How do I accurately identify, proactively access, and productively utilize resources?
- How will I get what I need while demonstrating authentic respect for the relationships I have with others?

FOUR CORNERSTONES of LEP Student Development

- Do I have the power to take the next step toward my goal?
- If I do not have the power now, is there a way I can attain the power to take a small step?
- If I don’t have the power, is there a way I can creatively move toward my goal in a different way, while still maintaining my integrity?
- What skills, abilities, or experiences do I need to acquire to make my next move?
- What motivates me internally/externally?

SELF-DETERMINATION

Ongoing attitudes and motivations that:
- Inform, equip, and enable people to identify and move toward meaningful goals and dreams
- Motivate and empower them to act as agents of change in their lives

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