Health and Counseling Center

Overview Presentation

Discoveries Orientation
Parent and Family Session
Today We’ll Discuss…

- Overview of the Health and Counseling Center (HCC)
- Services and initiatives
- Hours and locations
- How to schedule an appointment
- Health & Counseling Fee benefits
- Health insurance requirement and options
Our Mission

• Provide exceptional, inclusive, integrated health care
• Promote student success and wellness through education, advocacy and outreach to the University of Denver community
• Strive to provide culturally competent clinical services, medical treatment, outreach programming, advocacy and training opportunities
Our Structure

- Medical Services
- Counseling Services
- Center for Advocacy, Prevention & Empowerment (CAPE)
- Health Promotion
- Collegiate Recovery Community (CRC)
- Administration & Finance
Medical Services

- Comprehensive primary/acute care
- Same-day access/nurse triage
- Specialists: Dermatology and Nutritionist
- Diagnostic tests/Laboratory
- Travel Health
- Women’s/Men’s/Transgender Health
- Immunizations
Counseling Services

• Individual, Couples, Group Counseling
• Psychiatric evaluation and medications
• Psychological testing
• Stress, Depression, Anxiety
• Drug or alcohol abuse
• Crisis intervention
• Outreach and workshops
CHANGES TO COUNSELING SERVICES

Clinical Decision Model

Counseling Sessions Per Year

Co Pay for Group Counseling

*For students who pay the Health and Counseling Fee

Health & Counseling Center | Ritchie Center & Asbury Location | 303.871.2205 | www.du.edu/hcc
CAPE
Center for Advocacy, Prevention, & Empowerment

- Supports survivor healing by providing advocacy and support to survivors of sexual assault, relationship violence, stalking and sexual harassment
- Free
- Confidential

CAPE supports survivor healing by providing advocacy and support to survivors of sexual assault, relationship violence, stalking, and sexual harassment.

All services are confidential and free of charge.
Daytime Advocacy: 303-871-3853 • After-Hours Crisis: 303-871-2205 • cape@du.edu
HCC - Asbury, 1981 S. University Blvd. • Appointments available Mon - Fri, 8am - 4:30pm
Health Promotion

• Focus areas:
  • Alcohol and other drugs
  • Mental health
  • Gender violence
  • Sexual health

Request a Workshop
or
HCC Participation in Your Event!
Collegiate Recovery Community

THE COLLEGIATE RECOVERY COMMUNITY:
We are a welcoming community where you can meet other students, find sobriety-friendly social events, attend support meetings, receive guidance from professional staff and find referrals for other resources on and off campus.

BENEFITS:
- Community lounge, study and social network
- Alcohol and Drug free social events
- Sober housing option
- Support meetings
- Peer mentoring and orientation programs
- Educational seminars and events

COMMUNITY  SOBRIETY  RECOVERY
HCC Hours

The HCC is open at the following days and times:

- **8:00 am – 5:00 pm** Mondays & Fridays
- **9:00 am – 5:00 pm** Tuesdays
- **8:00 am – 7:00 pm** Wednesdays & Thursdays
- **Closed** Saturdays & Sundays

Health & Counseling Center | Ritchie Center & Asbury Location | 303.871.2205 | www.du.edu/hcc
HCC Locations

HEALTH & COUNSELING CENTER (HCC)
Here for all your health and wellness needs!

RITCHIE CENTER
Located on the North side, 3rd Floor
Medical Services
Counseling Services

ASBURY
Located on the corner of University & Asbury
Health Promotion
CAPE (Center for Advocacy, Prevention, and Empowerment)
Gender Violence Services & Advocacy

303-871-2205 info@hcc.edu www.du.edu/hcc

Evening Hours Weds/Thurs until 7:00pm
On-Call Services available 24/7

Health & Counseling Center | Ritchie Center & Asbury Location | 303.871.2205 | www.du.edu/hcc
To schedule an appointment please visit: du.edu/hcc

Click on “My Health” to make an appointment
MyHealth is your online link to the DU Health & Counseling Center. Once inside this secure website you can make appointments, email your providers, check lab results, and review your HCC billing statements.

Please log in using your PioneerWeb username and password to access your MyHealth account.

Username:
Password:

Please login using your university-assigned (PioneerWeb) username and password.

Log in using:
Username: DU ID Number
Password: PioneerWeb Password
1. Once logged in click "Appointments"

2. Click "Schedule an Appointment" to get started
Select the type of coverage you have. If you are not sure please call us at, 303-871-2205.

*depending on the type of coverage you choose the next slide will look different
After selecting your coverage type you will be prompted to answer additional questions specific to the type of appointment you are trying to schedule.

If you are having any problems please call us at, 303-871-2205

If all this information is correct for your appointment
Please select “Schedule” to receive a confirmation

If you do not keep your appointment or cancel less than 1 day in advance, you will be charged a $25.00 Missed Appointment fee.

You must complete a clinical questionnaire prior to your appointment.
This questionnaire provides your healthcare provider with important details pertinent to your health status. Please fill out the form as best as possible at this time.

Please fill out the questionnaire at this time.
When the HCC is Closed

Call the HCC to speak with an on-call medical provider or on-call counselor.

303-871-2205

Additional Options:
Urgent care or Emergency room

Care Now Urgent Care
1405 E Evans Ave
Denver, CO 80210
720-449-8050

Porter Adventist Hospital
2555 S Downing St Ste 140
Denver, CO 80210
303-765-6380
Health & Counseling Fee (HCF)

Auto Assessed each quarter if enrolled in 6 or more credits

• Helps decrease medical care and counseling costs at the HCC
• Required for all undergraduates
• Graduate students may waive the HCF
• $200 per quarter or $300 per semester (18-19 Academic Year)

**COST-EFFECTIVE**
Coverage is $200 per quarter ($300 per semester)

**CONVENIENT**
With the HCF and SHIP, students will have minimal out of pocket costs

**SIMPLE**
Students can schedule online or over the phone for medical or counseling appointments
Health Insurance

• You are required to have health insurance
• Helps pay for hospital care, medications, serious illness, x-rays
• You can purchase your own insurance or buy Student Health Insurance Plan (SHIP) with United Healthcare ($2976 per year), please call the HCC for enrollment information, 303-871-2205
  • The HCC is the primary care provider for the plan
  • All referrals are required to be issued from a HCC provider, medical or counseling
<table>
<thead>
<tr>
<th>SERVICE</th>
<th>HCF + SHIP</th>
<th>HCF ONLY</th>
<th>OTHER HEALTH INSURANCE/SHIP ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Visit</td>
<td>No Out-of-Pocket Cost</td>
<td>$15 per visit*</td>
<td>$85 - $400 per visit</td>
</tr>
<tr>
<td>Laboratory Tests</td>
<td>No Out-of-Pocket Cost</td>
<td>Discounted</td>
<td>Full Price</td>
</tr>
<tr>
<td>Specialist Consultations, Dermatologist, Nutritionist, Psychiatrist* (combined specialist visits 1-6)</td>
<td>$20 per visit *Referral Required</td>
<td>$55 per visit *Referral Required</td>
<td>$110 per visit</td>
</tr>
<tr>
<td>X-Ray</td>
<td>No Out-of-Pocket Cost</td>
<td>$40 per visit</td>
<td>Varies based on insurance</td>
</tr>
<tr>
<td>Immunizations</td>
<td>No Out-of-Pocket Cost</td>
<td>$20 - $320 per immunization</td>
<td>$20 - $320 per immunization</td>
</tr>
<tr>
<td>Allergy Shots</td>
<td>No Out-of-Pocket Cost</td>
<td>$15 per visit</td>
<td>$15 - $63 per visit</td>
</tr>
</tbody>
</table>

*Price increases if labs or procedures are performed
*Psychiatrist prices vary see below
To view additional service costs, please visit: https://www.du.edu/health-and-counselingcenter/coveragecosts/servicefees.html
Benefit of Health and Counseling Fee (HCF) and Student Health Insurance Plan (SHIP)

## Counseling Services

<table>
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<tr>
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<th>HCF + SHIP</th>
<th>HCF ONLY</th>
<th>OTHER HEALTH INSURANCE/SHIP ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counseling Visit 1-20</td>
<td>No Out-of-Pocket Cost</td>
<td>$15 per visit</td>
<td>$150 per visit</td>
</tr>
<tr>
<td>Counseling Visit 11-20</td>
<td>No Out-of-Pocket Cost</td>
<td>$75 per visit</td>
<td>$150 per visit</td>
</tr>
<tr>
<td>Counseling Visit 21+</td>
<td>$40 per visit</td>
<td>$150 per visit</td>
<td>$150 per visit</td>
</tr>
<tr>
<td>Group Counseling (no session limits)</td>
<td>No Out-of-Pocket Cost</td>
<td>No Out-of-Pocket Cost</td>
<td>$15 per session</td>
</tr>
<tr>
<td>Psychiatrist Intake</td>
<td>$20 per visit</td>
<td>$100 per visit</td>
<td>$200 per visit</td>
</tr>
<tr>
<td>Psychiatrist (combined specialist visits 2-6)</td>
<td>$20 per visit</td>
<td>$55 per visit</td>
<td>$110 per visit</td>
</tr>
<tr>
<td>Psychiatrist (combined specialist visits 7+)</td>
<td>$34 per visit</td>
<td>$110 per visit</td>
<td>$110 per visit</td>
</tr>
</tbody>
</table>

**Please note that fees associated with specialist visits are determined by total number of COMBINED specialist visits (psychiatry, dermatologist, nutritionist) to the HCC**
### Deadlines

#### QUARTER (RESIDENT) STUDENTS

<table>
<thead>
<tr>
<th>QUARTER</th>
<th>COVERAGE PERIOD</th>
<th>WAIVER DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>09/01/2018 - 03/31/2019</td>
<td>09/28/2018</td>
</tr>
<tr>
<td>Spring</td>
<td>04/01/2018 - 08/31/2019</td>
<td>04/19/2018</td>
</tr>
</tbody>
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*For enrollment in Winter, Summer, or Study Abroad coverage, contact the DU HCC at 303-871-2205 or info@hcc.du.edu*

#### SEMESTER (LAW) STUDENTS

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<th>SEMESTER</th>
<th>COVERAGE PERIOD</th>
<th>WAIVER DEADLINE</th>
</tr>
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<tbody>
<tr>
<td>Fall</td>
<td>08/01/2018 - 12/31/2018</td>
<td>08/31/2018</td>
</tr>
<tr>
<td>Spring</td>
<td>01/01/2019 - 07/31/2019</td>
<td>01/25/2019</td>
</tr>
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Questions and Come Visit Us

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CONTACT
303-871-2205
info@hcc.du.edu
www.du.edu/hcc

HOURS
Monday & Friday: 8am – 5pm
Tuesdays: 9am – 5pm
Wednesday & Thursday:
HCC Asbury: 8am – 5pm
HCC Ritchie: 8am – 7pm
Saturdays & Sundays: Closed

*Care consultation available when HCC is closed