**Praying on the DU Campus**

As is the case even in public schools, you can pray pretty much anywhere on DU’s campus, individual prayer often being a private act. And, if you ask various individuals, each one may have their own “best place for prayer” on campus. Two places, on the other hand, bear special note.

**Evans Chapel** is in the center of campus, and was originally intended to be a place for private prayer and meditation, and for use by small groups. It is open daily from 6:30 am to 9:00 pm. While some campus groups do use it regularly (the schedule is posted at the door), it is available at other times for worship and devotions, or simply for quiet respite in the midst of a busy day.

**Muslim Prayer Space** can be found in Driscoll South in Suite 29A, next to the Chaplain’s office. While people of all faiths are welcome to use the space, it is primarily intended for use by Muslim members of the community for their daily prayers.

There are several other prayer/meditation spaces on campus. The locations seem to be increasing with some frequency. An updated list can be found at: [du.edu/religionlife](http://du.edu/religionlife) (under the Evans Chapel & Prayer Rooms tab).

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### Restaurants/Markets

**Halal**
- Damascus Grill
  - 1299 W Littleton Blvd.
  - (303) 797-6666
  - damascusgrill.com

- Arash Groceries & Deli
  - 2159 S. Parker Rd.
  - (303) 752-9272

- Jerusalem Market
  - 5470 E Evans Ave
  - (303) 691-2330

**Kosher**
- East Side Kosher Deli
  - 499 S. Elm St.
  - (303) 322-9862
  - eastsidekosherdeli.com

- Brooklyn Pizza (Kosher)
  - 5600 E Cedar Ave.
  - (303) 355-5777
  - brooklynpizzadenver.com

- King Soopers
  - 4600 Leetsdale Dr
  - 80246
  - Large Kosher bakery and fresh kosher meat case

**Vegetarian/Vegan**
- Govinda’s Buffet (Vegetarian)
  - 1400 Cherry St.
  - (303) 333-5461
  - krishnadenver.com

- Little India (Vegetarian-friendly)
  - 2390 S. Downing
  - (303) 298-1939
  - littleindiadenver.com

- Thai Basil (Vegan-friendly)
  - 540 E. Alameda Ave.
  - (303) 715-1188
  - thai basil.us

- WaterCourse Foods (Vegetarian)
  - 837 E. 17th Ave.
  - (303) 832-7313
  - watercoursefoods.com
Walking the Labyrinth

The labyrinth is an ancient pattern found in many cultures around the world. Labyrinth designs were found on pottery, tablets and tiles date as far back as 4000 years. Many patterns are based on spirals from nature. In Native American culture it is called the Medicine Wheel and Man in the Maze. The Celts described it as the Never Ending Circle. It is also called the Kabala in mystical Judaism. One feature they all share is that they have one path which winds in a circuitous way to the center.

The labyrinth is not a maze. There are no tricks to it and no dead ends. It has a single circuitous path that winds into the center. The person walking it uses the same path to return and the entrance then becomes the exit. The path is in full view, which allows a person to be quiet and focus internally. Generally there are three stages to the walk: releasing on the way in, receiving in the center and returning; that is, taking back out into the world that which you have received. There is no right way or wrong way to walk a labyrinth. Use the labyrinth in any way that meets what you need.

Where to walk a labyrinth?

DU, occasionally. Contact the Chaplain for the next opportunity

Iliff School of Theology
2201 S. University Ave. 80210
(303) 765-3115 www.iliff.edu
Available in the Great Hall
Contact Iliff for schedule

St. Barnabas Episcopal Church
1280 Vine 80206
(303) 359-7673 saintb.com/labyrinth
An outdoor installation; always open.

St. John’s Episcopal Cathedral
1350 Washington 80203
303-831-7115 sjcathedral.org
An outdoor installation, open during daylight hours.
The labyrinth is across 13th Street from the front of the Cathedral.

The Rev. Gary Brower, PhD
University Chaplain
Driscoll Center South, Ste 29
Denver, CO 80208
(303) 871-4488
gary.brower@du.edu

Bookstores, gift-shops, markets, eateries, and other religious resources near DU