

# Small Biz Boot Camp for Entrepreneurs, Freelancers, Clinicians and Non-Profit Innovators

## Kathryn (Kate) Ross

Kathryn (Kate) Ross, Associate Professor of the Practice of Social Work, has been teaching at DU's Graduate School of Social Work since 2003. Simultaneously, in 2006, she launched a nonprofit organization which still thrives and serves the Denver metro region today: Yoga for the People. As both an entrepreneur and social worker, Ross brings a unique perspective to the Center for Professional Development's Small Business Boot Camp.

As a member of the MSW curriculum committee, Ross helped to develop the foundation curriculum and the Health and Wellness Concentration. Today, she coordinates the foundation curriculum and the advanced standing program, and she works on curriculum assessment. The courses she teaches include Integrated Social Work Practice for Social Justice, Community Practice, Evolving Perspectives and Trends in Health and Wellness, Wellness Promotion across the Lifespan, Disability Studies, Advanced Standing Seminar and Mind Body Social Work.

From 2009 to 2015, Ross served as faculty director for the University of Denver's Wellness Living and Learning Community, which enables undergraduate students to focus on wellness, while living and learning together throughout the year. Ross developed three wellness courses, as well as taking the students on retreats and leading co-curricular events.

Ross' other professional experience includes wilderness programming, social work with high-risk youth and families, statewide voter education, job training and program development. Her interest in community mind-body social work includes yoga and the integration of spirit into daily practice.

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